

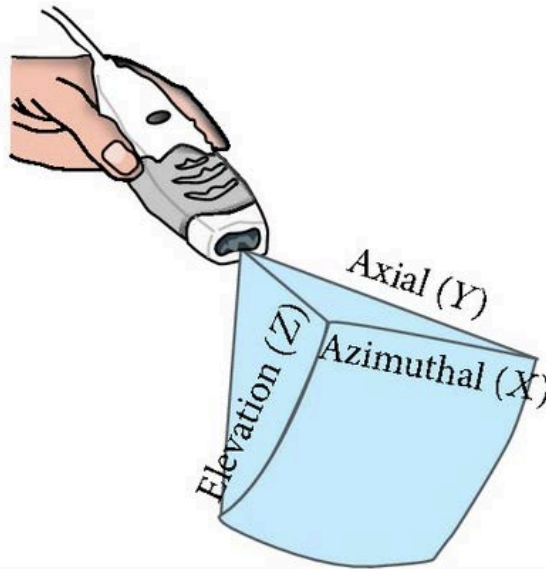
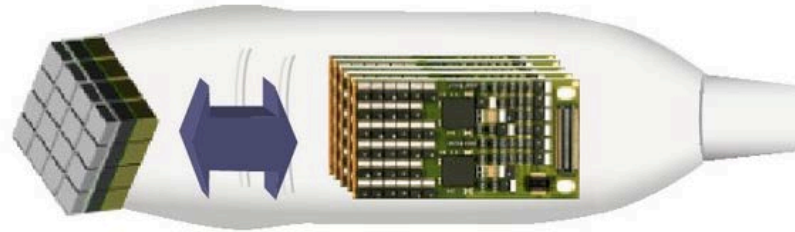
When Does 3D Echo Make a Difference?

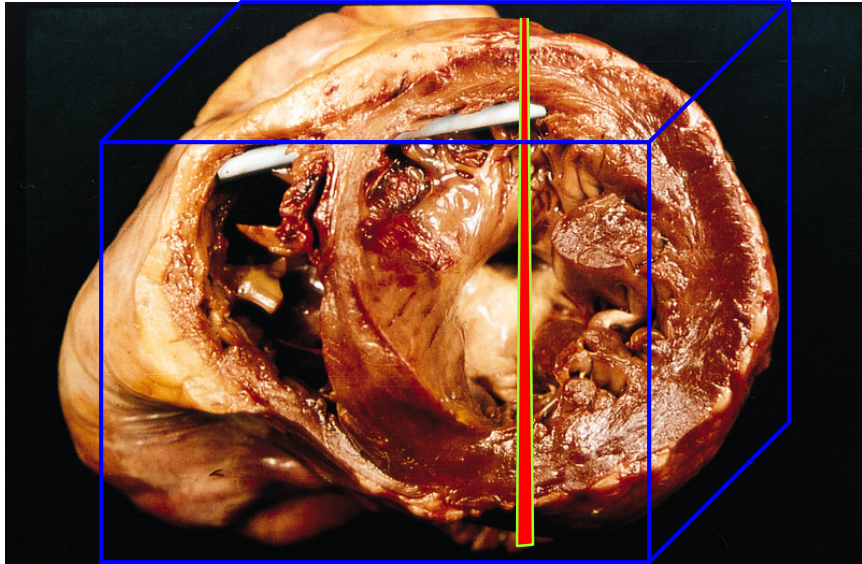
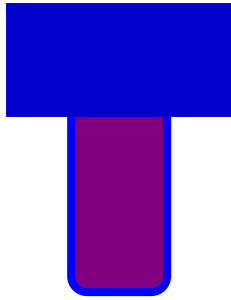
Anthony DeMaria

University of California, San Diego

No Disclosures

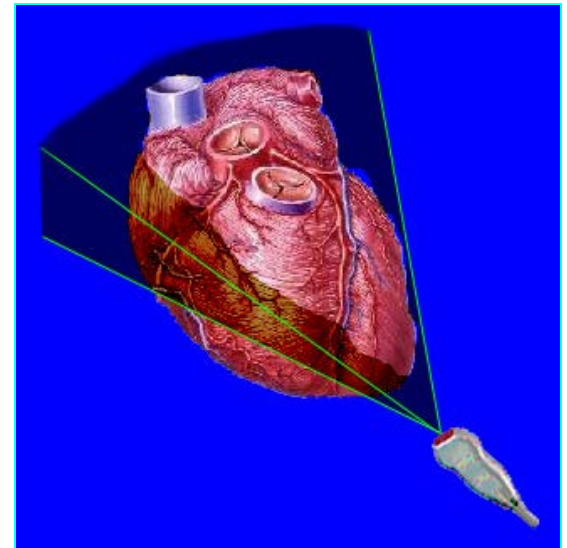
Why do 3D imaging ?





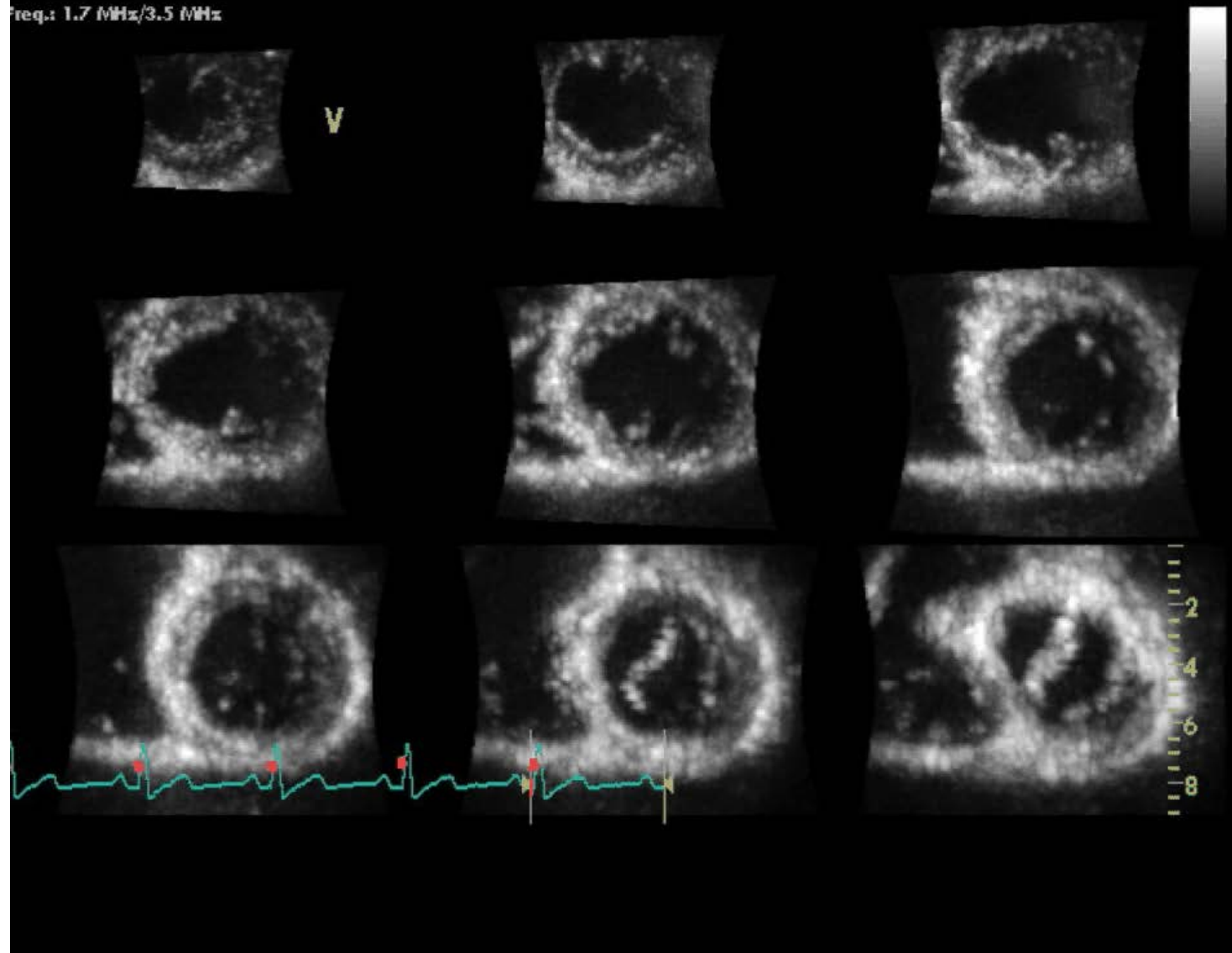
Real-time, Touch-button 3DE

- **Matrix Array Transducer**
- **Fully sampled**
- **Supercomputing**
- **Instantaneous volume rendering**
- **Intelligent Navigator**

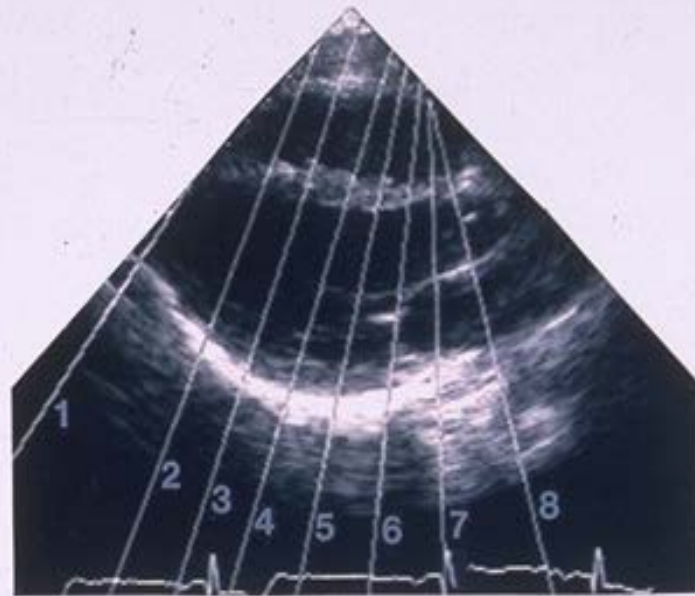
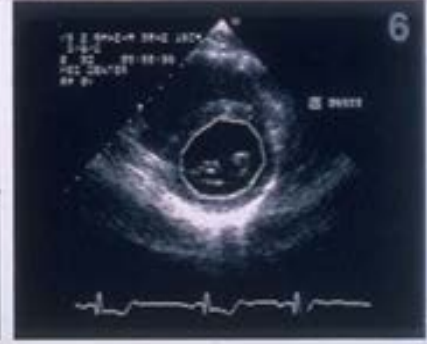
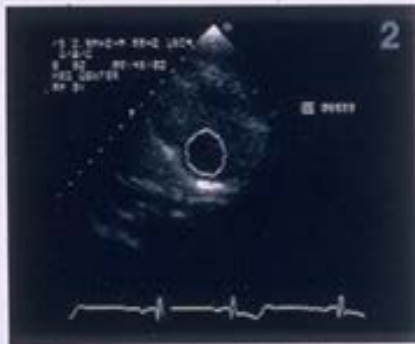


Lossy Compression - not intended for diagnosis

Freq.: 1.7 MHz/3.5 MHz

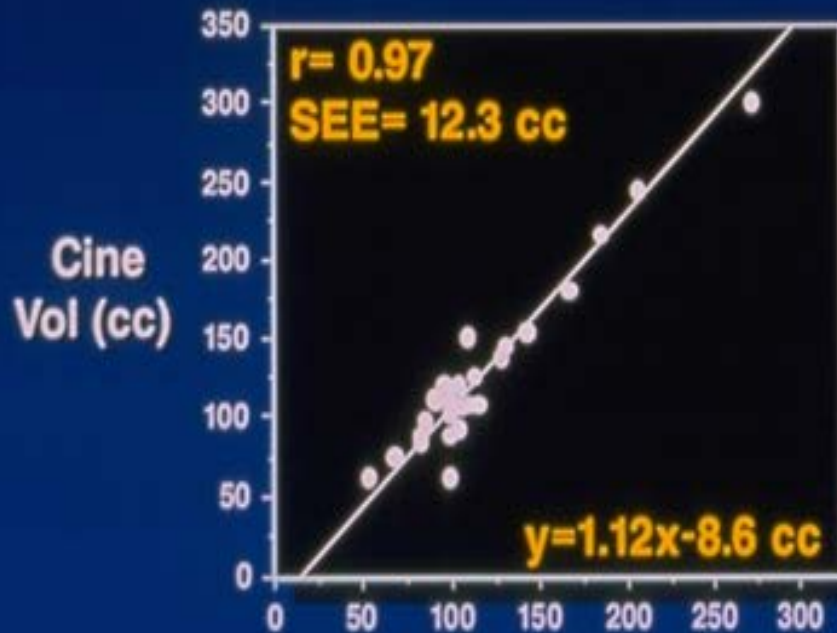


LINE OF INTERSECTION DISPLAY

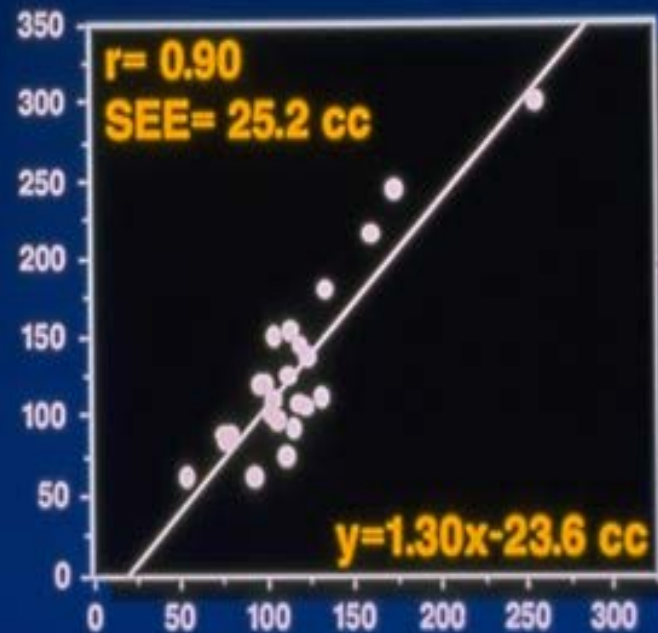


32 YEAR OLD MALE

Echo vs Cine: End Diastolic Volume

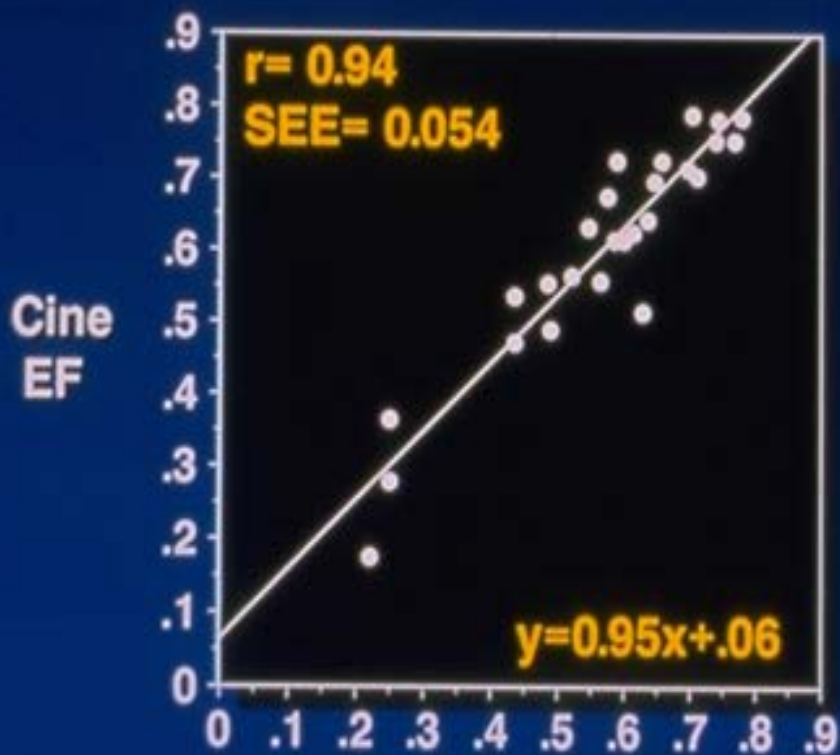


3D Echo Vol

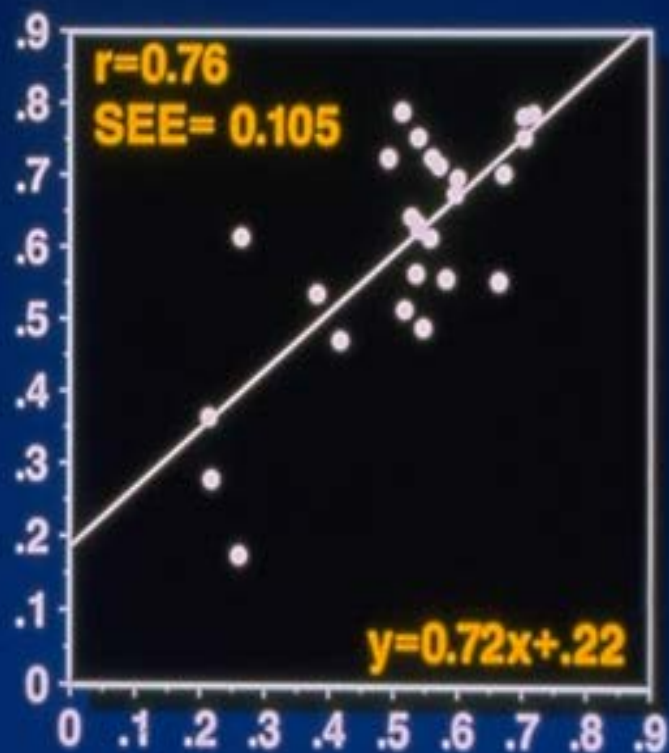


2D Echo Vol

Echo vs Cine: Ejection Fraction



3D Echo EF



2D Echo EF

3D & 2D vs CMR

Table 1. Differences between left ventricular volumes and function assessed by three-dimensional echocardiography and conventional two-dimensional echocardiography in comparison with cardiac magnetic resonance

Author	Three-dimensional echocardiography			Two-dimensional echocardiography		
	End-diastolic volume (mL)	End-systolic volume (mL)	Ejection fraction (%)	End-diastolic volume (mL)	End-systolic volume (mL)	Ejection fraction (%)
Jenkins et al. ⁴⁾	-4 ± 9	-3 ± 18	0 ± 7	-54 ± 33	-28 ± 28	-1 ± 13
Kühl et al. ⁵⁾	-13.6 ± 18.9	-12.8 ± 20.5	0.9 ± 4.4	-	-	-
Caiani et al. ⁶⁾	-4.1 ± 29	-3.5 ± 33	-8 ± 14	-23 ± 86	-19 ± 60	3.7 ± 16
Shiota et al. ⁷⁾	-43 ± 65	-37 ± 67	1 ± 4	-	-	-
Zeidan et al. ⁸⁾	-6 ± 11	-4 ± 9	2 ± 5	-	-	-
Chan et al. ⁹⁾	-10.4 ± 26.4	-0.9 ± 18.8	-	-	-	-
Corsi et al. ¹⁰⁾	2.9 ± 12	2.8 ± 7	-1 ± 5	-	-	-
Sugeng et al. ¹¹⁾	-4	-1	2	-	-	-
Nikitin et al. ¹²⁾	7 ± 28	3 ± 22	-1 ± 10	-	-	-
Jacobs et al. ¹³⁾	-14 ± 17	-6.5 ± 16	-1 ± 6	-23 ± 29	-15 ± 24	1 ± 9
Gutiérrez-Chico et al. ¹⁴⁾	-3 ± 1	2 ± 7	0 ± 6	-	-	-
van den Bosch et al. ¹⁵⁾	-3 ± 12	-12 ± 31	-1 ± 7	-	-	-
Pouleur et al. ¹⁶⁾	-20 ± 31	-12 ± 31	1 ± 11	-	-	-
Qi et al. ¹⁷⁾	-22 ± 23	-15 ± 20	5 ± 10	-	-	-
Bicudo et al. ¹⁸⁾	-4	0.3	-2	-	-	-
Shimada et al. ¹⁹⁾	-9.9	-4.7	-0.13	-	-	-

Mean difference ± SD from cardiac magnetic resonance

Performance of 3-Dimensional Echocardiography in Measuring Left Ventricular Volumes and Ejection Fraction

A Systematic Review and Meta-Analysis

Jennifer L. Dorosz, MD,* Dennis C. Lezotte, PhD,† David A. Weitzenkamp, PhD,†
Larry A. Allen, MD, MHS,* Ernesto E. Salcedo, MD*

Aurora, Colorado

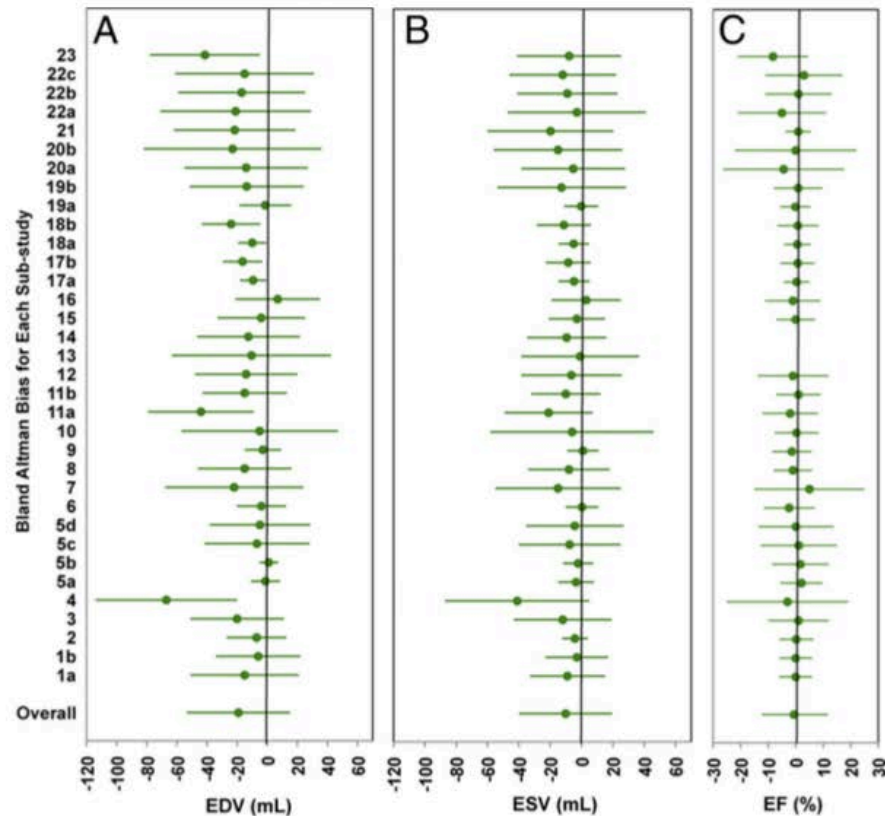


Figure 3 Three-Dimensional Echocardiography Versus Cardiac Magnetic Resonance

The absolute Bland-Altman difference between 3DE and CMR, expressed as bias ± 2 SDs for each substudy. The overall pooled results are shown at the bottom. End-diastolic volume (EDV), end-systolic volume (ESV), and ejection fraction (EF) are shown in **A**, **B**, and **C**, respectively. Abbreviations as in Figures 1 and 2.

A Meta-Analysis and Investigation for the Source of Bias of Left Ventricular Volumes and Function by Three-Dimensional Echocardiography in Comparison With Magnetic Resonance Imaging

Yuichi J. Shimada, MD^a, and Takahiro Shiota, MD, PhD^{b,*}

Determining accurate left ventricular (LV) function is clinically important. Three-dimensional echocardiography (3DE) achieves better estimation than 2-dimensional echocardiography. However, underestimation of LV volumes has often been reported without a systematic attempt to synthesize these data. This meta-analysis aimed to assess the bias of 3DE in evaluating LV volumes and ejection fraction (EF) and to investigate factors affecting that bias. Studies that compared LV volumes and/or EF between 3DE and magnetic resonance imaging were eligible. Meta-analysis of 95 studies including 3,055 subjects revealed significant underestimation of LV end-systolic volume (-4.7 ml, $p < 0.0001$) and end-diastolic volume (-9.9 ml, $p < 0.0001$), whereas measurement for EF revealed excellent accuracy (-0.13% , $p = 0.41$). Meta-regression analysis for factors of systematic bias in volumetry revealed that female gender and existence of cardiac disease were associated with more underestimation, whereas use of semiautomatic tracking and matrix-array transducers counteracted the underestimation. In conclusion, by meta-analysis synthesizing many small studies, we found underestimation of LV volumes and factors affecting the systematic bias by 3DE. These data provide a more detailed basis for analyzing and improving the accuracy of 3DE, an indispensable step toward further clinical application in LV assessment. © 2011 Elsevier Inc. All rights reserved. (Am J Cardiol 2011;107:126–138)

3D Makes a Difference

- LV volumes and EF
 - Choosing pharmacologic therapy
 - Using resynchronization
 - Implanting defibrillators
 - Cardio-oncology
- RV structure and function
- Mitral Valve Disease
 - Prolapse
 - Stenosis
- Tricuspid Valve Disease

Published Trials in Which EF was Part of the Entry Criteria (Partial List)

- **SOLVD Treatment Trial**
- **SOLVD Prevention Trial**
- **SAVE**
- **US Cravedilol Trials**
- **MERIT-HF**
- **CIBIS 1 & 2**
- **COPERNICUS**
- **CAPRICORN**
- **RALES**
- **ELITE 1 & 2**
- **Val-HEFT**
- **PRAISE 1 & 2**
- **OVERTURE**
- **CHARM**
- **PARADIGM**

2012 ACCF/AHA/HRS Focused Update Incorporated Into the ACCF/AHA/HRS 2008 Guidelines for Device-Based Therapy of Cardiac Rhythm Abnormalities

A Report of the American College of Cardiology Foundation/American Heart Association
Task Force on Practice Guidelines and the Heart Rhythm Society

Cynthia M. Tracy, MD, FACC, FAHA, Chair; Andrew E. Epstein, MD, FACC, FAHA, FHRS, Vice Chair*;
Dawood Darbar, MD, FACC, FHRS†; John P. DiMarco, MD, PhD, FACC, FHRS*‡;
Sandra B. Dunbar, RN, DSN, FAAN, FAHA†; N.A. Mark Estes III, MD, FACC, FAHA, FHRS*§;
T. Bruce Ferguson, Jr, MD, FACC, FAHA*||; Stephen C. Hammill, MD, FACC, FHRS‡;
Pamela E. Karasik, MD, FACC, FHRS†; Mark S. Link, MD, FACC, FHRS*†;
Joseph E. Marine, MD, FACC, FHRS†; Mark H. Schoenfeld, MD, FACC, FAHA, FHRS*†;
Amit J. Shanker, MD, FACC, FHRS‡; Michael J. Silka, MD, FACC†; Lynne Warner Stevenson, MD, FACC*#;
William G. Stevenson, MD, FACC, FAHA, FHRS***; Paul D. Varosy, MD, FACC, FHRS†

RECOMMENDATIONS FOR CARDIAC RESYNCHRONIZATION THERAPY IN PATIENTS WITH SYSTOLIC HEART FAILURE

Class I Recommendations

CRT is indicated for patients who have*

- LVEF \leq 35%
- Left Bundle Branch Block (LBBB)
- NYHA class II, III, or ambulatory Class IV symptoms
- Sinus rhythm
- QRS duration \geq 150 ms
- Guideline-Directed Medical Therapy

(Level of Evidence: A for NYHA class III/IV; Level of Evidence: B for NYHA class II)

Tracy CM, Epstein AE, Darbar D, et al. 2012 ACCF/AHA/HRS Focused Update of the 2008 Guidelines for Device-Based Therapy of Cardiac Rhythm Abnormalities. *J Am Coll Cardiol*. October 2, 2012;60(14):1297-1313.

Guidelines for Cardiac Resynchronization

Class IIa Recommendations

CRT can be useful for patients who have:

- LVEF \leq 35%
- Sinus rhythm
- LBBB
- QRS duration 120 to 149 ms
- NYHA class II, III, or ambulatory Class IV symptoms
- Guideline-Directed Medical Therapy

(Level of Evidence: B)

CRT can be useful for patients who have:

- LVEF \leq 35%
- Sinus rhythm
- Non-LBBB pattern
- QRS duration \geq 150 ms
- NYHA class III, or ambulatory Class IV symptoms
- Guideline-Directed Medical Therapy

(Level of Evidence: A)

CRT can be useful for patients who have:

- Atrial fibrillation
- LVEF \leq 35%
- Guideline-Directed Medical Therapy

If a) the patient requires ventricular pacing or otherwise meets CRT criteria and b) AV nodal ablation or pharmacologic rate control will allow near 100% ventricular pacing with CRT.

(Level of Evidence: B)

CRT can be useful for patients who have:

- LVEF \leq 35%
- Guideline-Directed Medical Therapy
- Anticipated requirement for significant ($>$ 40%) ventricular pacing

(Level of Evidence: C)

RECOMMENDATIONS FOR IMPLANTABLE CARDIOVERTER DEFIBRILLATORS

Class I Recommendations

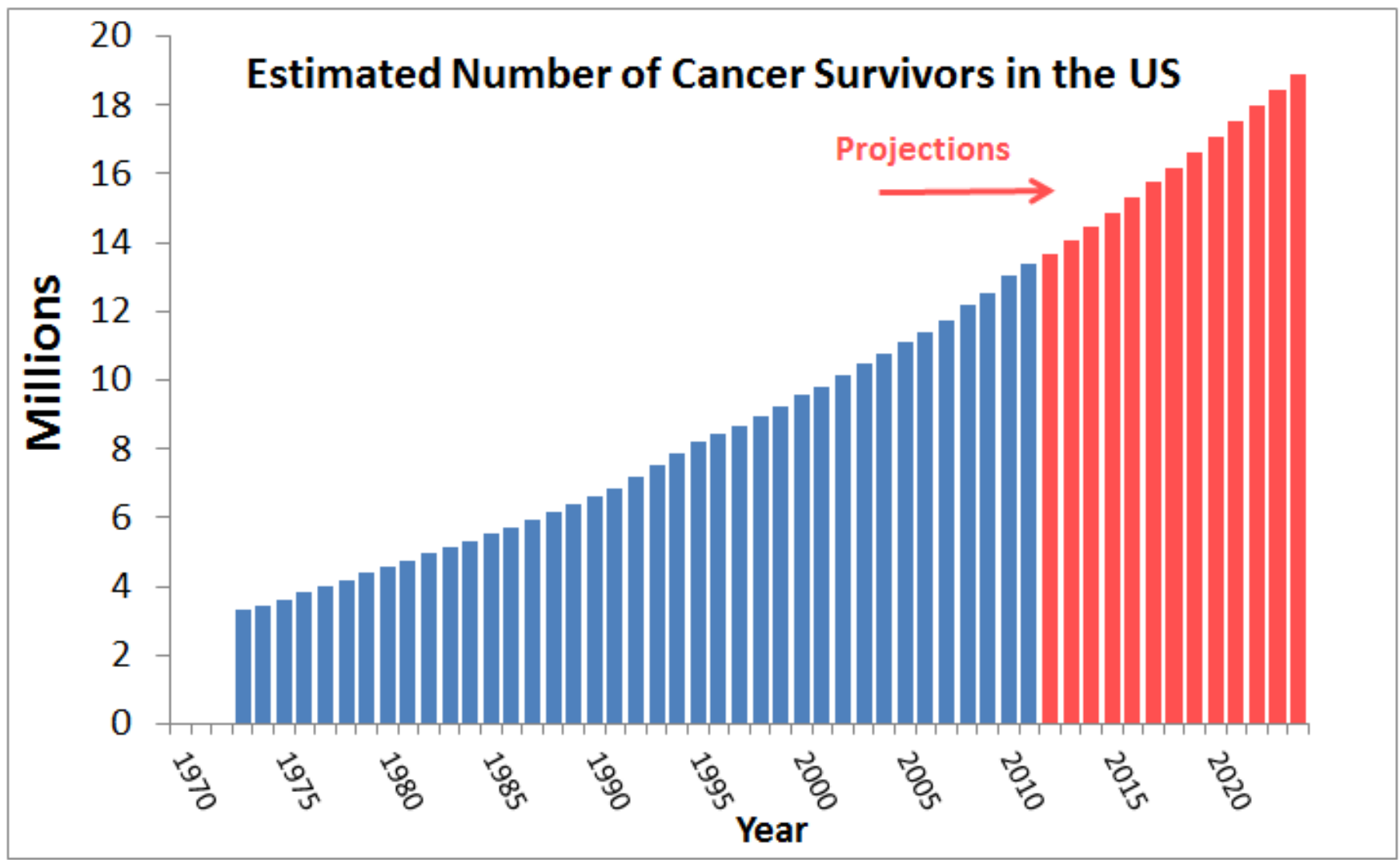
ICD therapy is indicated in patients*:

Level of Evidence: A

- With LVEF \leq 35% due to prior MI who are at least 40 days post-MI and are in NYHA Functional Class II or III
- With LV dysfunction due to prior MI who are at least 40 days post-MI, have an LVEF \leq 30%, and are in NYHA Functional Class I
- Who are survivors of cardiac arrest due to VF or hemodynamically unstable sustained VT after evaluation to define the cause of the event and to exclude any completely reversible causes

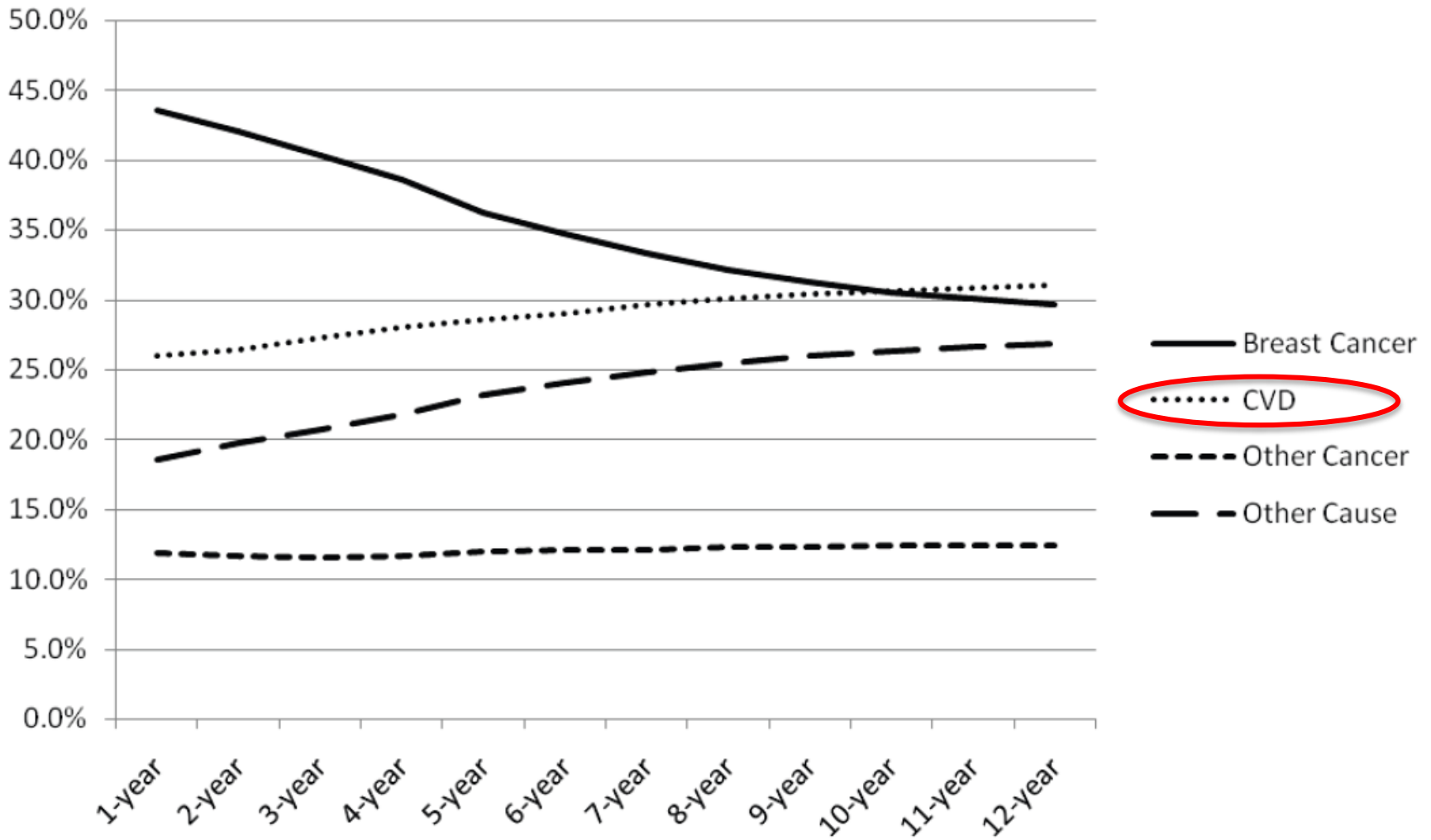
Level of Evidence: B

- With nonischemic DCM who have an LVEF \leq 35% and who are in NYHA Functional Class II or III
- With nonsustained VT due to prior MI, LVEF $<$ 40%, and inducible VF or sustained VT at electrophysiological study
- With structural heart disease and spontaneous sustained VT, whether hemodynamically stable or unstable
- With syncope of undetermined origin with clinically relevant, hemodynamically significant sustained VT or VF induced at electrophysiological study



¹ DeSantis C, Chunchieh L, Mariotto AB, et al. (2014). Cancer Treatment and Survivorship Statistics,

LEADING CAUSES OF DEATH AFTER BREAST CANCER DIAGNOSIS



CARDIOVASCULAR COMPLICATIONS OF CANCER THERAPY

Condition	Survivors (N=10,397)	Siblings (N=3034)	Relative Risk (95% CI)
	<i>percent</i>		
Major joint replacement*	1.61	0.03	54.0 (7.6–386.3)
Congestive heart failure	1.24	0.10	15.1 (4.8–47.9)
Second malignant neoplasm†	2.38	0.33	14.8 (7.2–30.4)
Cognitive dysfunction, severe	0.65	0.10	10.5 (2.6–43.0)
Coronary artery disease	1.11	0.20	10.4 (4.1–25.9)
Cerebrovascular accident	1.56	0.20	9.3 (4.1–21.2)
Renal failure or dialysis	0.52	0.07	8.9 (2.2–36.6)
Hearing loss not corrected by aid	1.96	0.36	6.3 (3.3–11.8)
Legally blind or loss of an eye	2.92	0.69	5.8 (3.5–9.5)
Ovarian failure‡	2.79	0.99	3.5 (2.7–5.2)

CHEMOTHERAPY ASSOCIATED WITH MYOCARDIAL DYSFUNCTION

Chemotherapy Agents	Incidence (%)	Frequency of Use
Anthracyclines		
Doxorubicin (Adriamycin) (6,7)	3-26*	+++
Epirubicin (Ellence) (10)	0.9-3.3	++
Idarubicin (Idamycin PFS) (8)	5-18	+
Alkylating agents		
Cyclophosphamide (Cytosan) (8,11-13)	7-28	+++
Ifosfamide (Ifex) (8,14)	17	+++
Antimetabolites		
Clofarabine (Clolar) (10)	27	+
Antimicrotubule agents		
Docetaxel (Taxotere) (10,15,16)	2.3-8	++
Monoclonal antibody-based tyrosine kinase inhibitors		
Bevacizumab (Avastin) (10,18,19)	1.7-3	++
Trastuzumab (Herceptin) (20-28)	2-28	++
Proteasome inhibitor		
Bortezomib (Velcade) (10,17)	2-5	++
Small molecule tyrosine kinase inhibitors		
Dasatinib (Sprycel) (10)	2-4	++
Imatinib mesylate (Gleevec) (34,35)	0.5-1.7	+
Lapatinib (Tykerb) (32)	1.5-2.2	+
Sunitinib (Sutent) (36,37)	2.7-11	+++

Expert Consensus for Multimodality Imaging Evaluation of Adult Patients during and after Cancer Therapy: A Report from the American Society of Echocardiography and the European Association of Cardiovascular Imaging

Juan Carlos Plana, MD, FASE, Chair, Maurizio Galderisi, MD, FESC, Co-Chair, Ana Barac, MD, PhD, Michael S. Ewer, MD, JD, Bonnie Ky, MD, FASE, Marielle Scherrer-Crosbie, MD, PhD, FASE, Javier Ganame, MD, PhD, FASE, Igal A. Sebag, MD, FASE, Deborah A. Agler, RCT, RDCS, FASE, Luigi P. Badano, MD, PhD, FESC, Jose Banchs, MD, FASE, Daniela Cardinale, MD, PhD, FESC, Joseph Carver, MD, Manuel Cerqueira, MD, Jeanne M. DeCara, MD, FASE, Thor Edvardsen, MD, PhD, FESC, Scott D. Flamm, MD, MBA, Thomas Force, MD, Brian P. Griffin, MD, Guy Jerusalem, MD, PhD, Jennifer E. Liu, MD, FASE, Andreia Magalhães, MD, Thomas Marwick, MBBS, PhD, MPH, Liza Y. Sanchez, RCS, FASE, Rosa Sicari, MD, PhD, FESC, Hector R. Villarraga, MD, FASE, and Patrizio Lancellotti, MD, PhD, FESC, *Cleveland, Ohio; Naples, Padua, Milan, and Pisa, Italy; Washington, District of Columbia; Houston, Texas; Philadelphia, Pennsylvania; Boston, Massachusetts; Hamilton, Ontario and Montreal, Quebec, Canada; Chicago, Illinois; Oslo, Norway; Liege, Belgium; New York, New York; Lisbon, Portugal; Hobart, Australia; Rochester, Minnesota*



ASE Recommendations for echo surveillance of chemo-induced cardiotoxicity

- Anthracycline-based regimen:
echo at baseline, upon completion of therapy and 6 months after
- HER-2 inhibitors (Herceptin/trastuzumab):
echo at baseline, and every 3 months during therapy, and once after completion of therapy

MINIMAL DETECTABLE CHANGE BETWEEN SERIAL EXAMS FOR EF MEASUREMENT WITH SIMPSON'S BIPLANE METHOD IS 12%

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<http://dx.doi.org/10.1016/j.jacc.2012.09.035>

Cardiac Imaging

Reproducibility of Echocardiographic Techniques for Sequential Assessment of Left Ventricular Ejection Fraction and Volumes

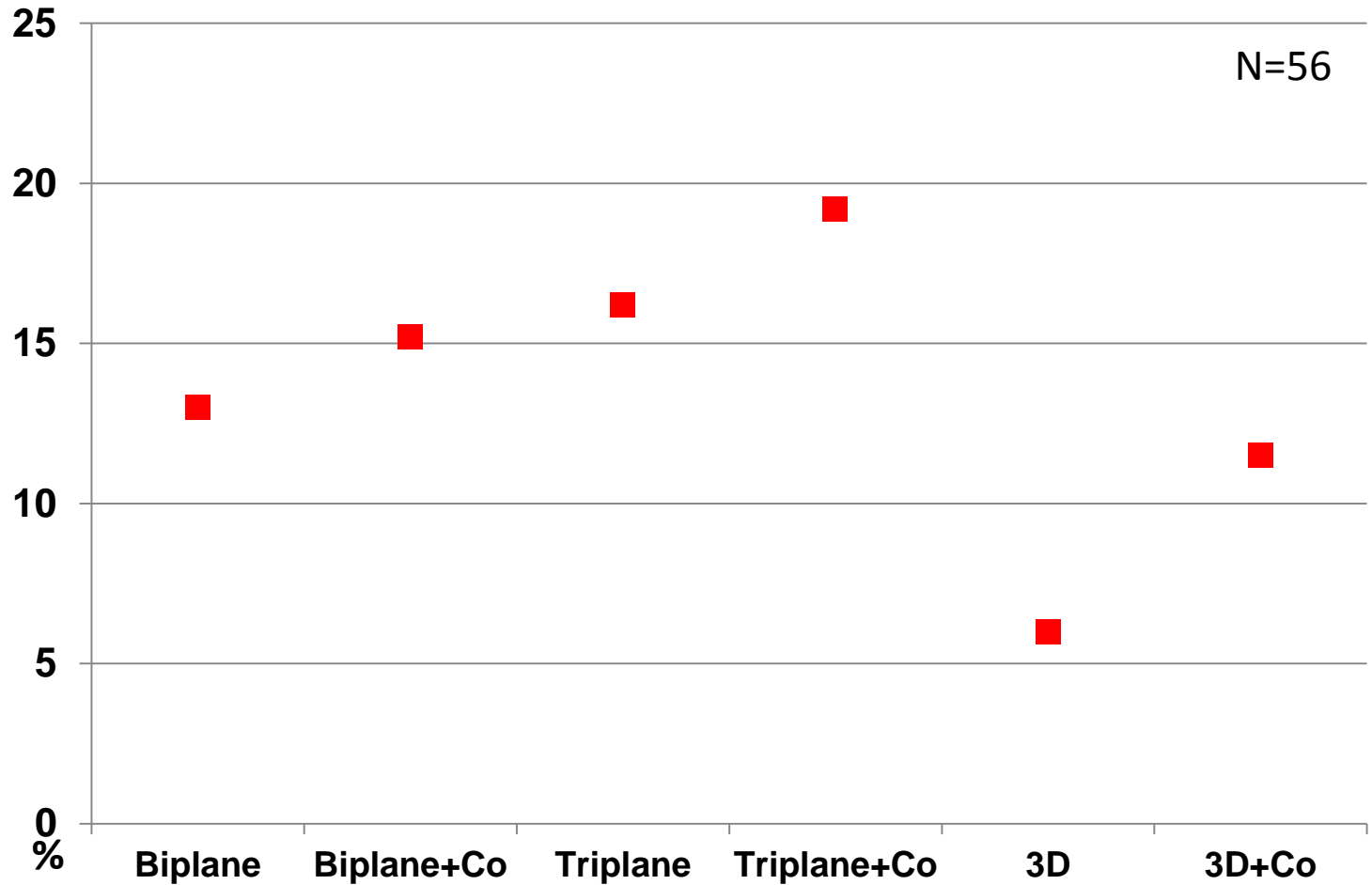
Application to Patients Undergoing Cancer Chemotherapy

Paaladinesh Thavendiranathan, MD, MSc, Andrew D. Grant, MD, Tomoko Negishi, MD, Juan Carlos Plana, MD, Zoran B. Popović, MD, PhD, Thomas H. Marwick, MD, PhD, MPH

Cleveland, Ohio

Thavendiranathan, 2013

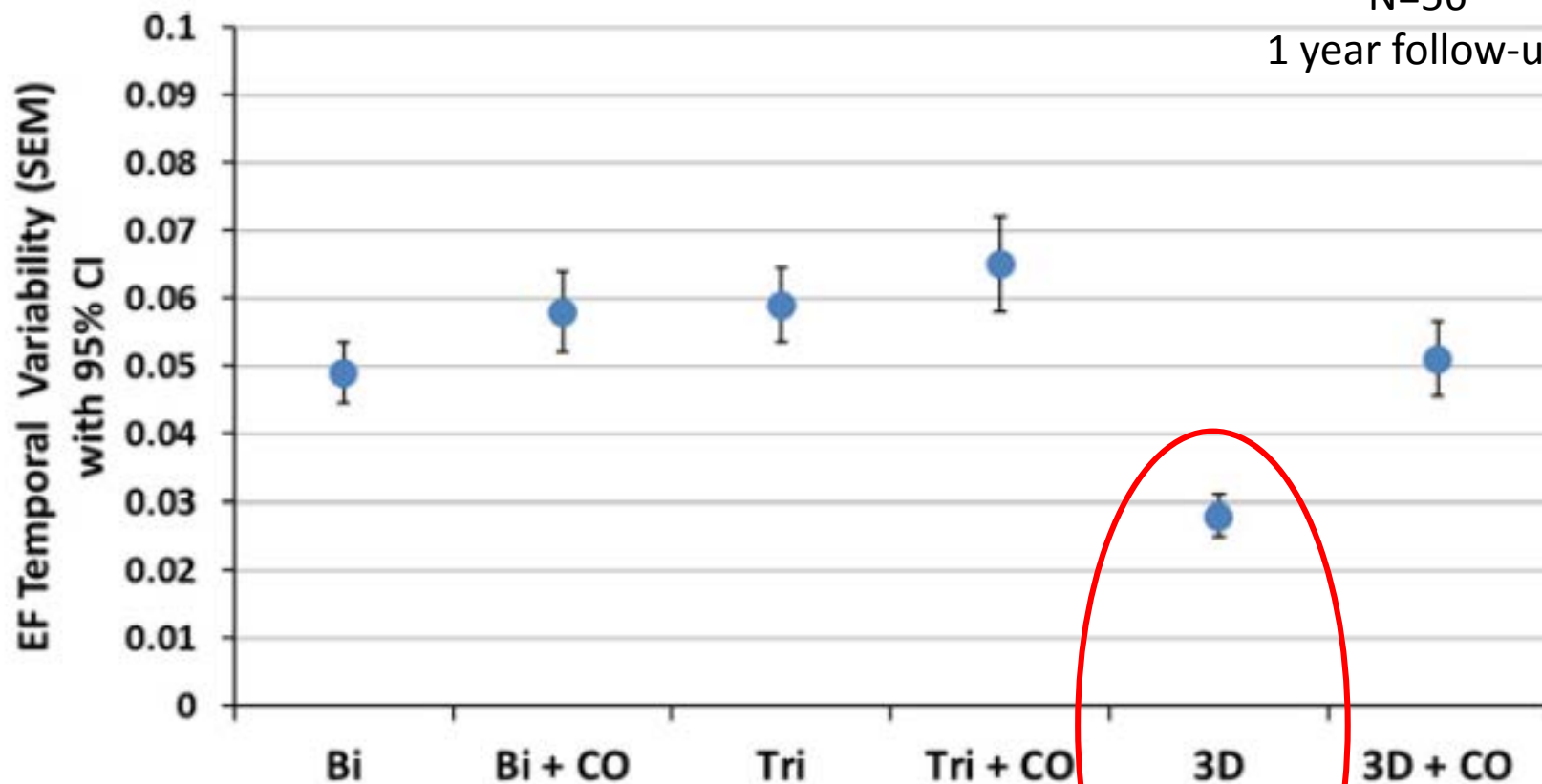
MINIMAL DETECTABLE CHANGE FOR EF MEASUREMENT



TEMPORAL VARIABILITY OF EF

N=56

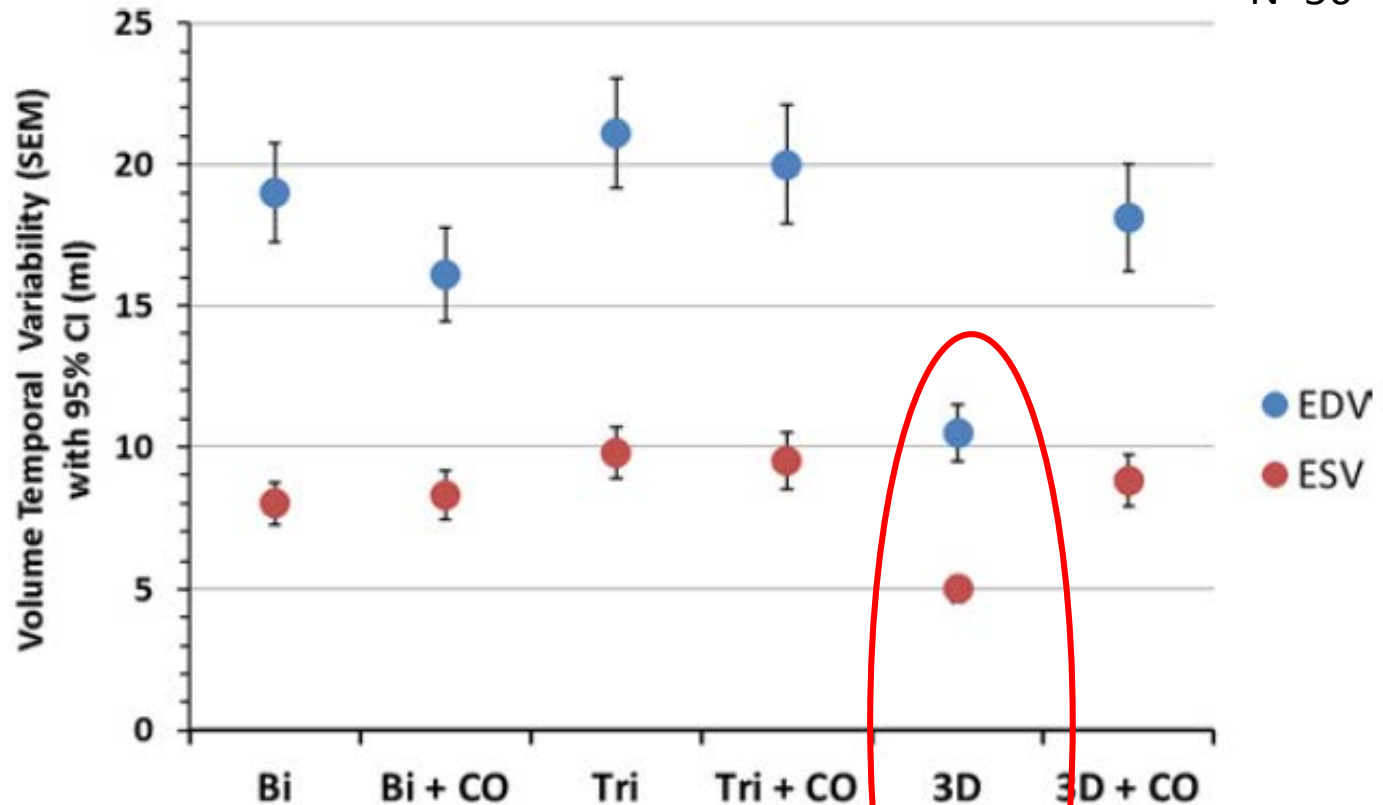
1 year follow-up



EF SEM	0.049	0.058	0.059	0.065	0.028	0.051
95% CI	(0.045–0.054)	(0.053–0.065)*	(0.054–0.065)	(0.058–0.072)	(0.025–0.031)	(0.046–0.057)*

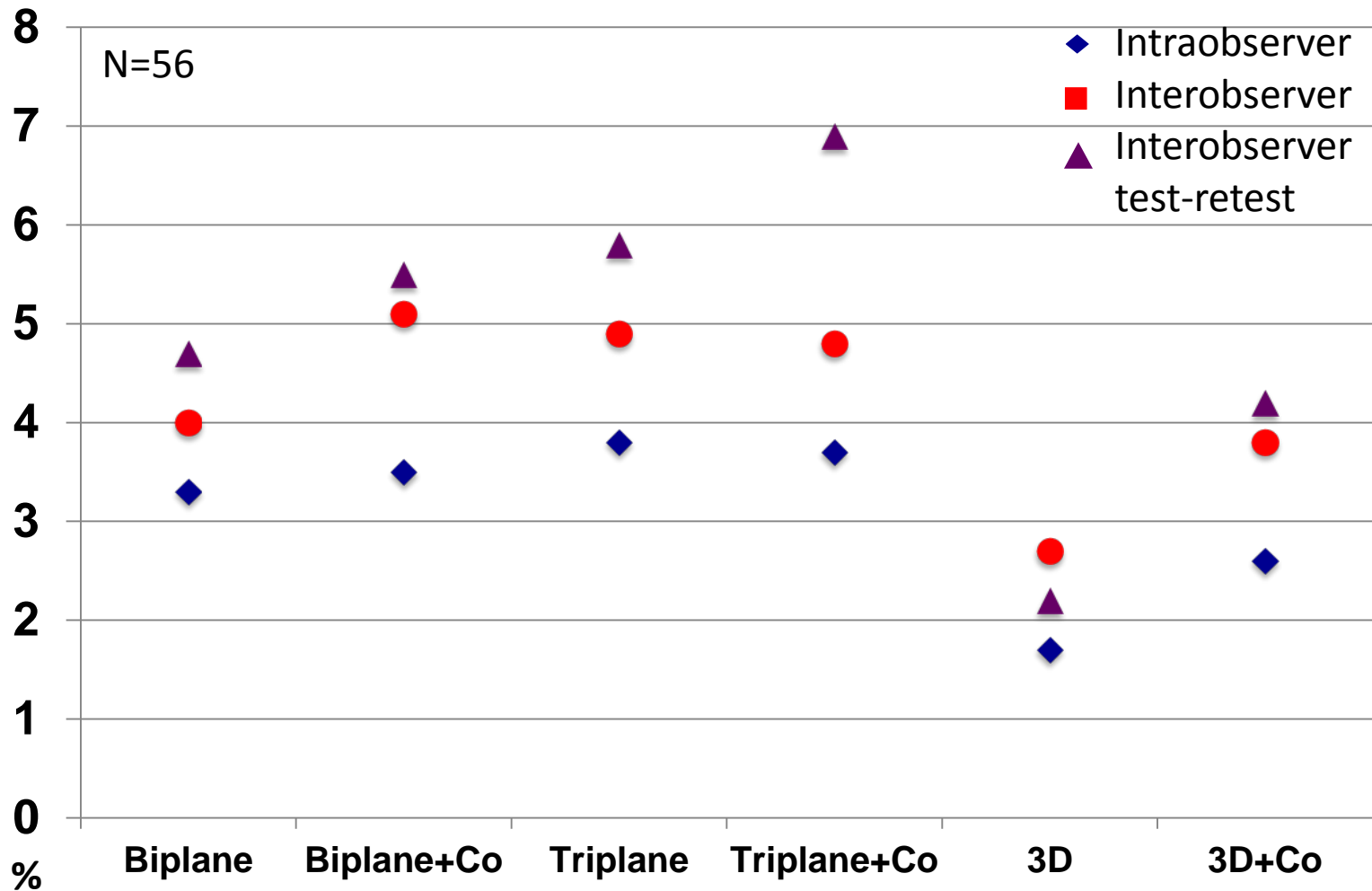
TEMPORAL VARIABILITY IN EDV AND ESV

N=56



EDV SEM (ml) (95% CI)	19.0 (17.4-20.9)	16.1 (14.6-17.9)*	21.1 (19.3-23.2)	20.0 (18.0-22.2)	10.5 (9.6-11.6)	18.1 (16.4-20.2)*
ESV SEM (ml) (95% CI)	8.0 (7.3-8.8)	8.3 (7.5-9.2)	9.8 (8.9-10.7)	9.5 (8.6-10.6)	5.0 (4.6-5.5)	8.8 (8.0-9.8)*

INTEROBSERVER AND INTRAOBSERVER VARIABILITY FOR EF MEASUREMENT



ASE RECOMMENDATION FOR ECHO SURVEILLANCE OF ANTHRACYCLINE CARDIOTOXICITY

Initiation of regimen potentially associated with Type I toxicity

Baseline evaluation of LVEF
3DE (preferred) / 2DE (consider contrast)
GLS, Troponin I

LVEF < 53%*
GLS < LLN**
+ Troponins

Cardiology consultation

LVEF > 53%
GLS > LLN**
- Troponins

F/U at completion of therapy,
and 6 months later***

Dynamic Assessment of Right Ventricular Volumes and Function by Real-Time Three-Dimensional Echocardiography: A Comparison Study With Magnetic Resonance Imaging in 100 Adult Patients

Gregor Leibundgut, MD, Andreas Rohner, MD, Leticia Grize, Alain Bernheim, MD, Arnheid Kessel-Schaefer, MD, Jens Bremerich, MD, Michael Zellweger, MD, Peter Buser, Prof, and Michael Handke, Prof, *Basel, Switzerland*

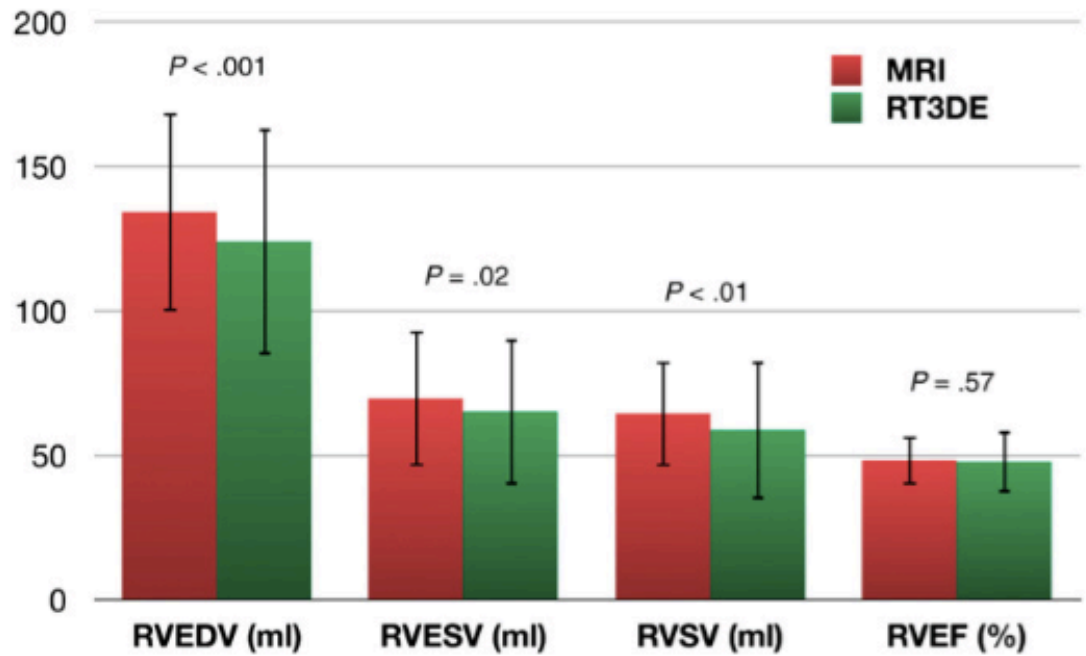
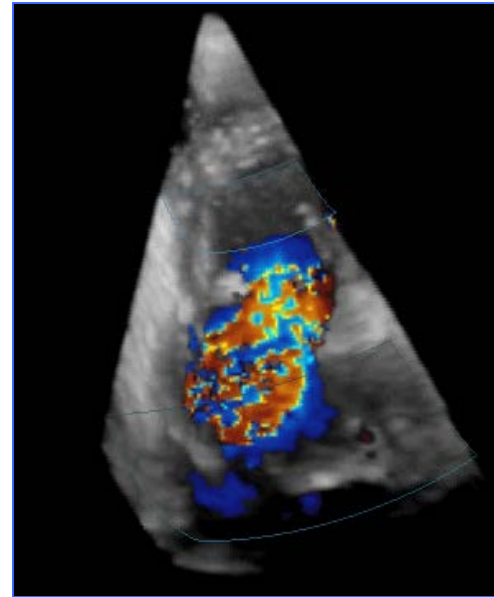
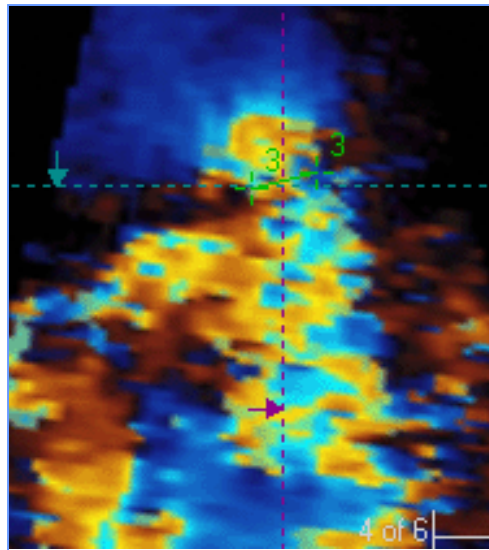


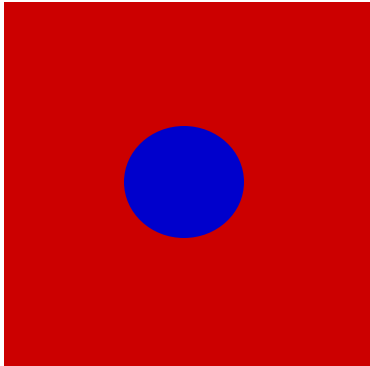
Figure 5 Mean values of RV volumes and ejection fraction obtained by MRI versus RT3DE imaging. Error bars indicate the standard deviation of measurements. *RVEDV*, RV end-diastolic volume; *RVEF*, RV ejection fraction; *RVESV*, RV end-systolic volume; *RVSV*, RV stroke volume.

3D in Mitral Valve Disease



Regurgitation

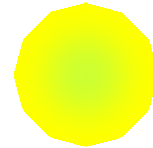
**Round hole
In a flat object**



**Perfect PISA
hemisphere**



**Circular
Vena Contracta**



PISA, Vena Contracta **Pitfalls**

Assumptions

“Regurgitant orifice circular”

“Flow convergence perfect hemisphere”

“Vena contracta circular”

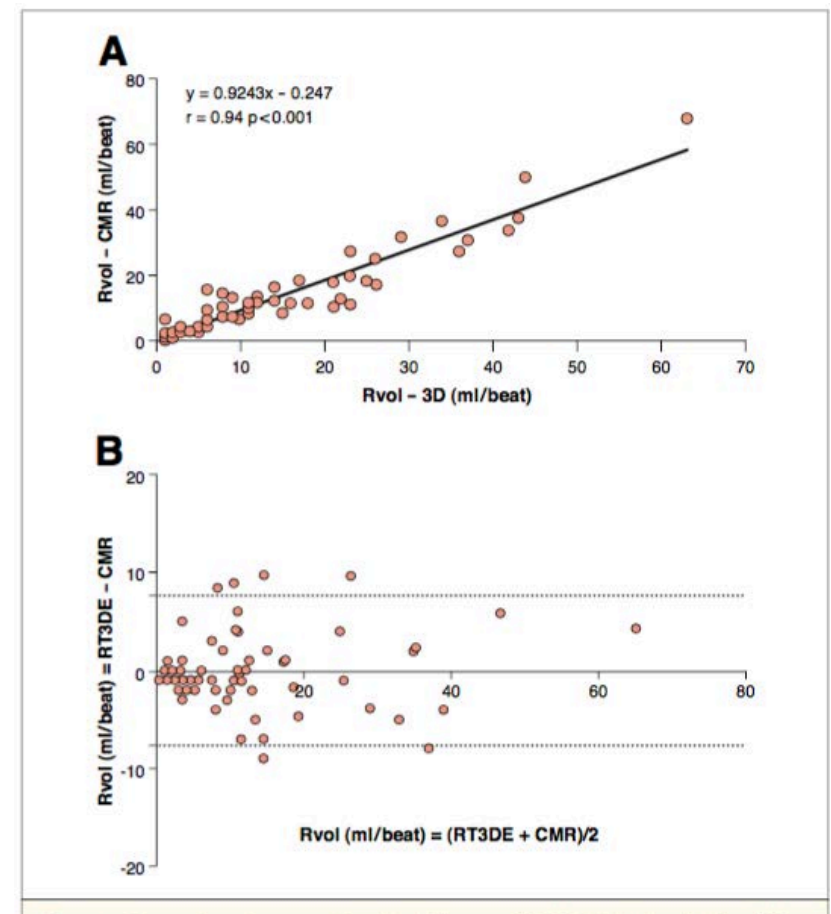
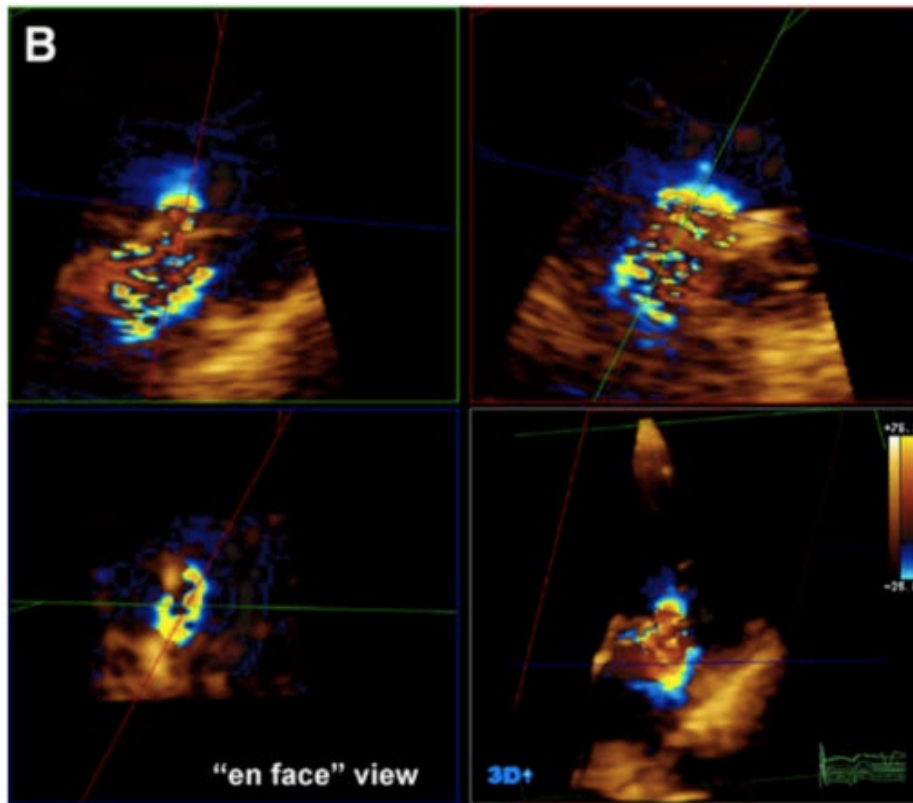
“1 frame in 1 view reflects whole Regurg”

“There is only one regurgitant orifice”

Quantification of Functional Mitral Regurgitation by Real-Time 3D Echocardiography

Comparison With 3D Velocity-Encoded Cardiac Magnetic Resonance

Nina Ajmone Marsan, MD,*§ Jos J. M. Westenberg, PhD,† Claudia Ypenburg, MD,*
Victoria Delgado, MD,* Rutger J. van Bommel, MD,* Stijntje D. Roes, MD,‡
Gaetano Nucifora, MD,* Rob J. van der Geest, PhD,† Albert de Roos, MD, PhD,‡
Johan C. Reiber, PhD,† Martin J. Schalij, MD, PhD,* Jeroen J. Bax, MD, PhD*



3D Imaging to study Cardiac Remodeling

**What is
Cardiac Remodeling ?**

Remodeling

Remaking
Adjustment
Adaptation
Alteration
Conversion
Refitting
Transformation
Reformation
Reshaping
Distortion
Enlargement

Ventricular Remodeling

... more than

chamber enlargement ...

Ventricular Remodeling

Physiologic

Athletes
Normal Growth

Pathologic

Ischemia
Other diseases



Cardiac Remodeling

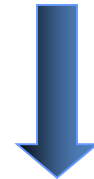
Injury
Inflammation
Increased Load



Molecular Pathways
Metabolic Pathways
Mechanical Pathways

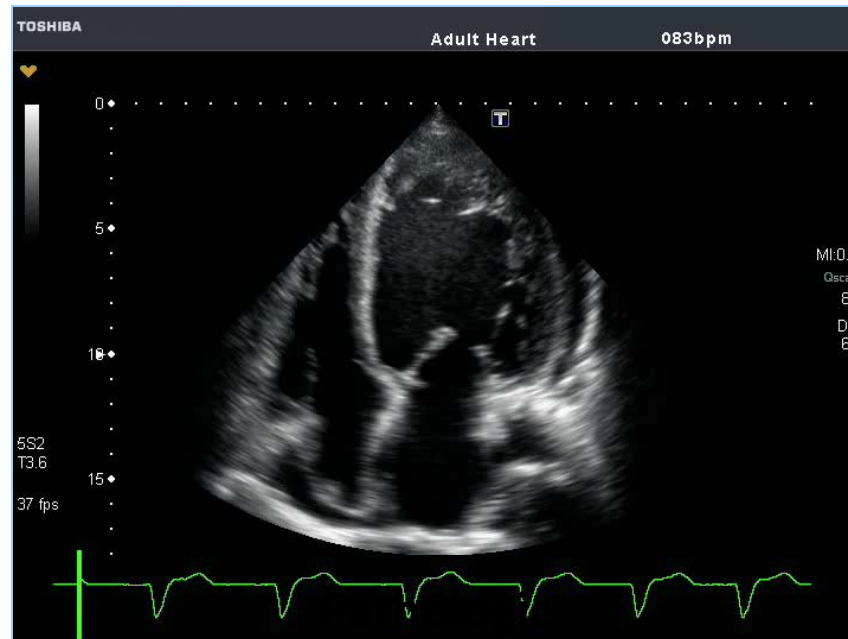


Adaptive
Remodeling



Adverse
Remodeling

LV Remodeling



Ventricular Remodeling

- **Structural Remodeling**

Size, Mass, Shape

Ventricular Remodeling

- **Structural Remodeling**
Size, Mass, Shape
- **Mechanical Remodeling**
Systole, Diastole

Ventricular Remodeling

- **Structural Remodeling**
Size, Mass, Shape
- **Mechanical Remodeling**
Systole, Diastole
- **Electrical Remodeling**
Arrhythmias

Ventricular Remodeling

**Why worry about
Ventricular Remodeling ?**

Ventricular Dilatation

Myocardial Stretch

Acute

Mechano-electrical coupling



Stretch-activated channels
(esp non-selective channels,
Na and Ca entering the cells)



Depolarization,
Change in action potential
duration

Chronic

Gene expression activation



growth factors
Angiotensin II
Endothelin-1



Cell proliferation
Hypertrophy
Fibrosis

Arrhythmia

Dilatation of LV and Arrhythmia After Myocardial Infarction

Dilation of the infarcted/non-infarcted zones

Increased dispersion in the refractoriness

Early afterdepolarizations

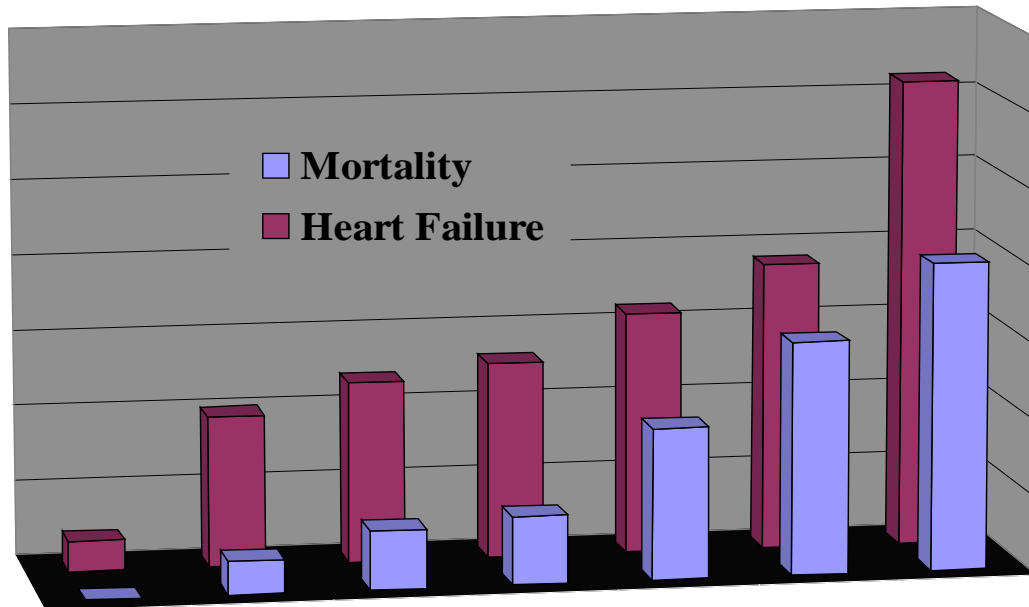
**(caused by an increased in wall stress;
contraction-excitation feedback)**

LVESV: continued enlargement in 1 year

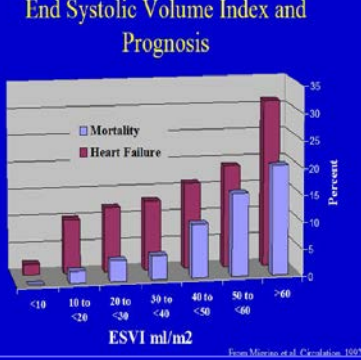
associated with high frequency of arrhythmias

(CATS: capril and thrombolysis study)

End Systolic Volume Index and Prognosis



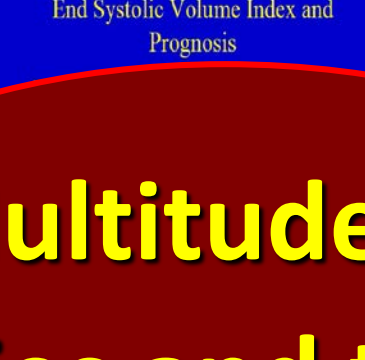
From Migrino et al, Circulation, 1997.



Change in EF and Prognosis

Multivariate analysis

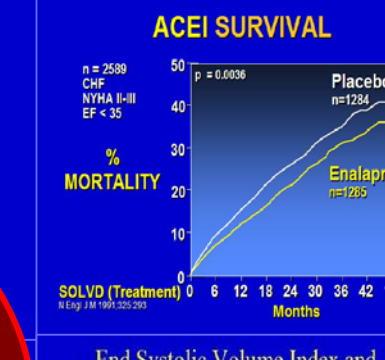
	χ^2	P value
Age	24.2	<0.00001
Sex	4.9	<0.03
Initial EF		<0.00001
Etiology		0.003
NYHA		0.04
Δ EF		<0.00001



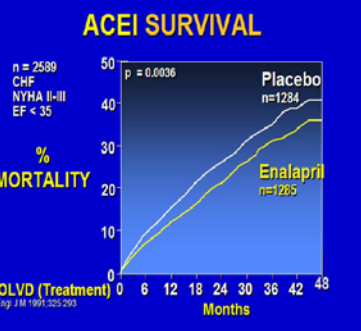
Change in EF and Prognosis

Multivariate analysis

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Age	24.2	<0.00001
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Etiology		0.003
NYHA		0.04
Δ EF		<0.00001



Multitude of studies and trials... Systolic Function



Change in EF and Prognosis

Multivariate analysis

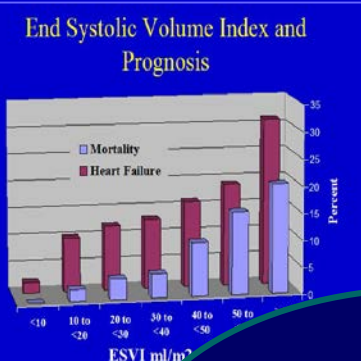
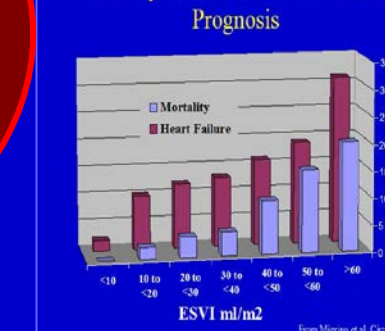
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Change in EF and Prognosis

Multivariate analysis

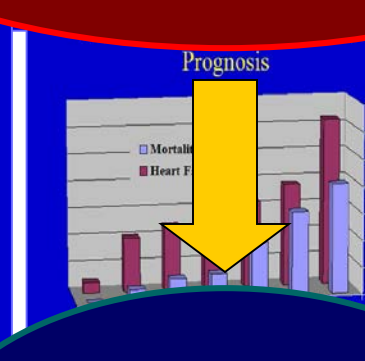
	χ^2	P value
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Change in EF and Prognosis

Multivariate analysis

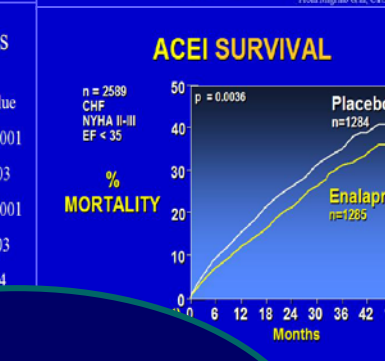
	χ^2	P value
Age	24.2	<0.00001
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Change in EF and Prognosis

Multivariate analysis

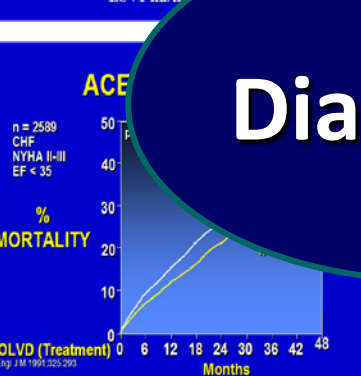
	χ^2	P value
Age	24.2	<0.00001
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Initial EF		<0.00001
Etiology		0.003
NYHA		0.04
Δ EF		<0.00001



Diagnosis

Prognosis

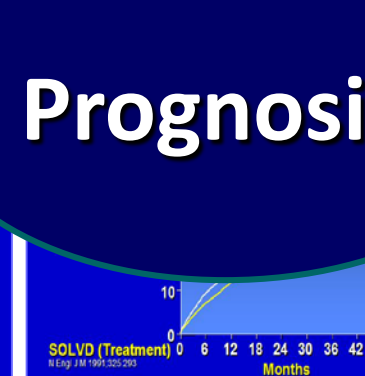
Therapy



Change in EF and Prognosis

Multivariate analysis

	χ^2	P value
Age	24.2	<0.00001
Sex	4.9	<0.03
Initial EF		<0.00001
Etiology		0.003
NYHA		0.04
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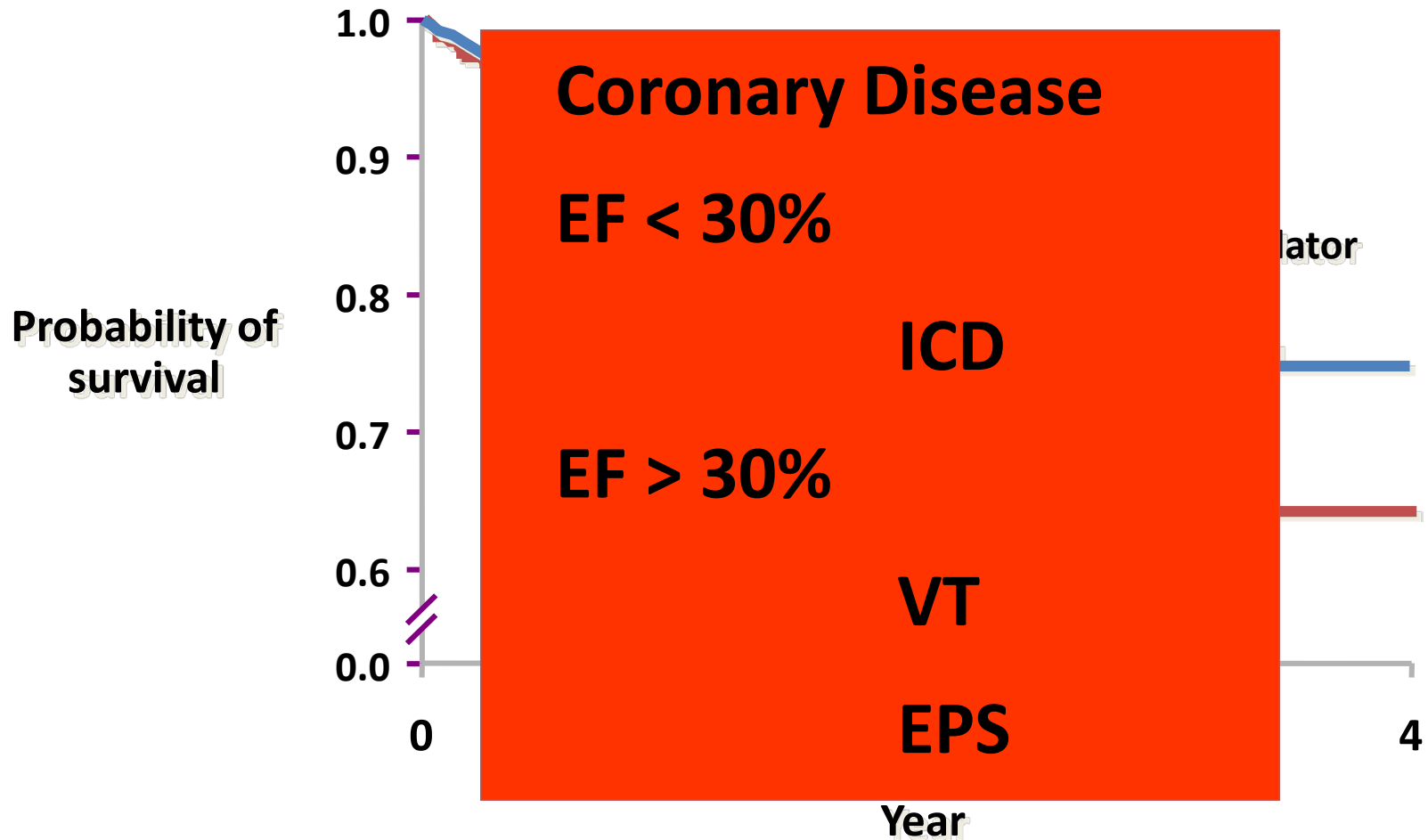
Change in EF and Prognosis

Multivariate analysis

	χ^2	P value
Age	24.2	<0.00001
Sex	4.9	<0.03
Initial EF		<0.00001
Etiology		0.003
NYHA		0.04
Δ EF		<0.00001



MADIT II



No. at risk	0	1	2	3	4
Defibrillator	742	503 (0.91)	274 (0.84)	110 (0.78)	9
Conventional	490	329 (0.90)	170 (0.78)	65 (0.69)	3

LV Mass

Chiang et al. Circulation 41:31, 1970

Koyanagi et al. Circulation 65:1192, 1982

Casale et al. Ann Int Med 105:173, 1986

Marcus et al. Circulation 75:119, 1987

Cooper et al. 65:441, 1990

Levy et al. NEJM 322:1561, 1990

Verdecchia et al. Circulation 97:48, 1998

Devereux et al. AJC 86:1090, 2000

Aurigemma et al. JACC 37:1042, 2001

Gardin et al. AJC 87:1051, 2001

LV Mass

Chiang et al. Circulation 2005

Koyanagi

Ca

Independent Predictor of Morbidity

Independent Predictor of Mortality

Marker of Sudden Death

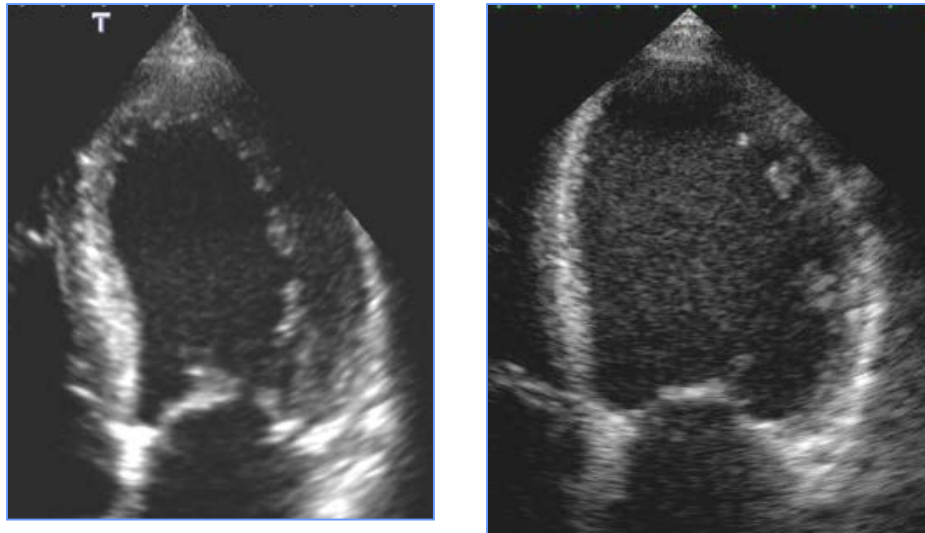
Both in Preserved and Decreased EF

Independent of Diastolic Dysfunction

Neurohormonal Activation

Deranged Myocyte Perfusion

LV Shape



Diagnostic Implications

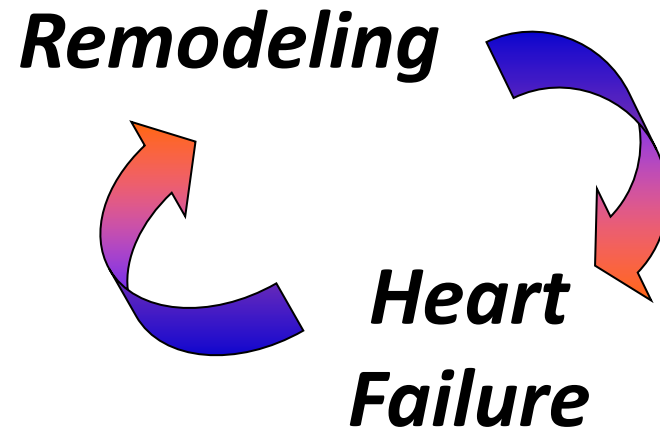
Prognostic Connotations

Therapeutic Value

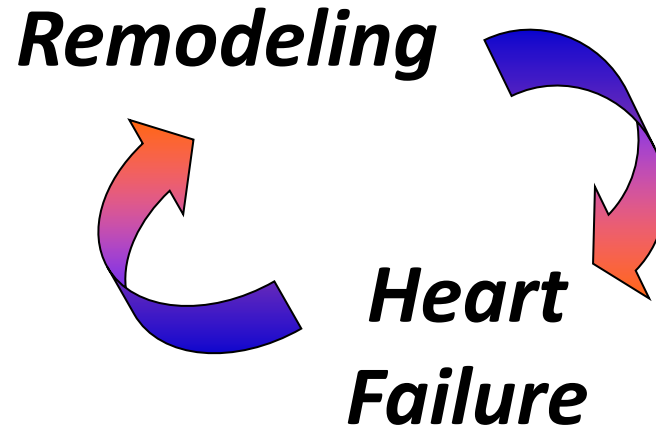
Ventricular Remodeling

- **Determinant of heart failure and related complications**

Ventricular Remodeling



Ventricular Remodeling



- **Impacts Survival**

Need to reverse the process

Ventricular Remodeling

**What methods to study
Ventricular Remodeling?**

Ventricular Remodeling

- **Echocardiography**
- **Radionuclide Anhiography**
- **Magnetic Resonance**
- **Computed Tomography**

Echocardiography

Increased LVEDV and LVESV

Concentric or Eccentric Hypertrophy

Increased Volume/Mass Ratio

Altered Geometry

Reduced Ejection Fraction

Increased global/regional wall stress

Impaired diastolic function

Ventricular dyssynchrony

RV remodeling

Atrial remodeling

Valvular Disorder

Echocardiography

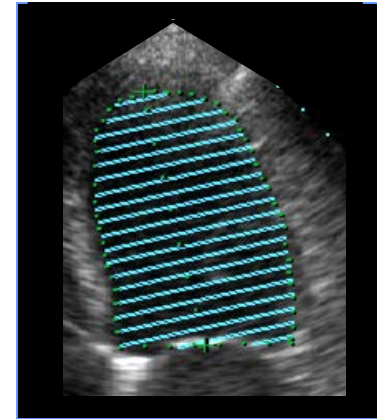
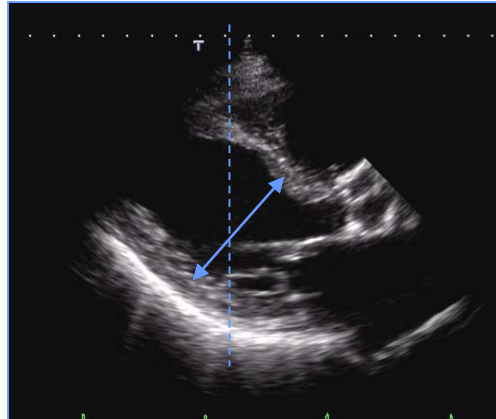
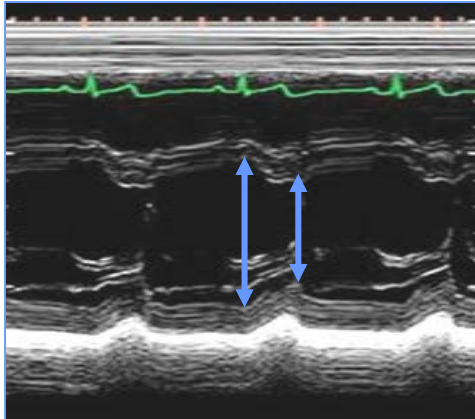
- **M-mode:** **Dimension, %FS**
- **2D Echo:** **Volumes, EF,
Shape, Mass**
- **Doppler:** **Hemodynamics
Flow disorders**

Ventricular Remodeling

... more than

dimension/area increase ...

M-mode, 2DE Limitations



Ejection Fraction
Impact Numbers



50%

40%

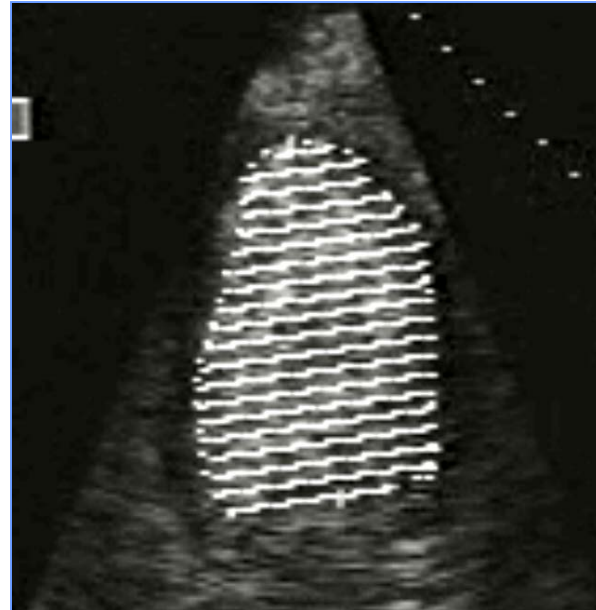
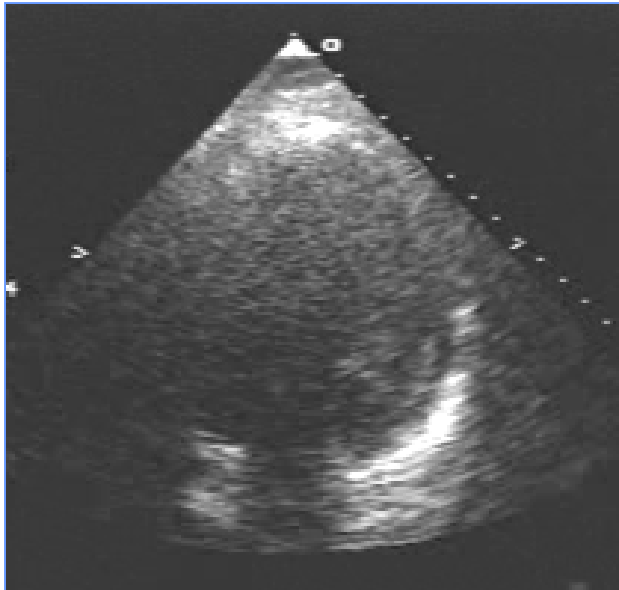
35%

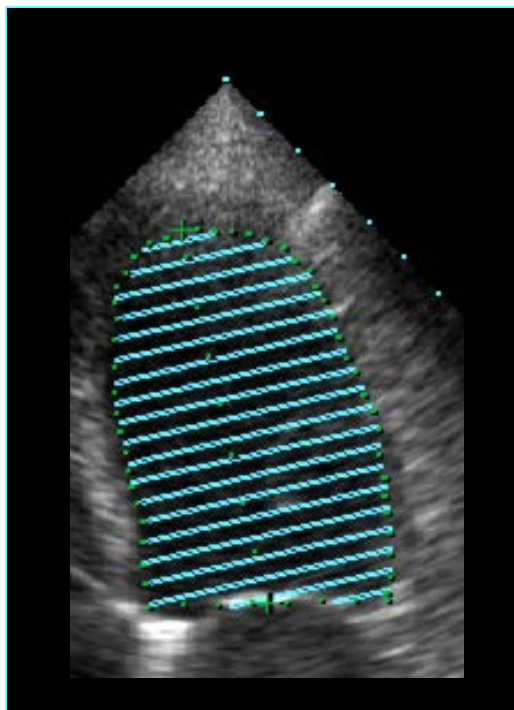
Problems in the 2D Echo

Quantification of Volumes and EF :

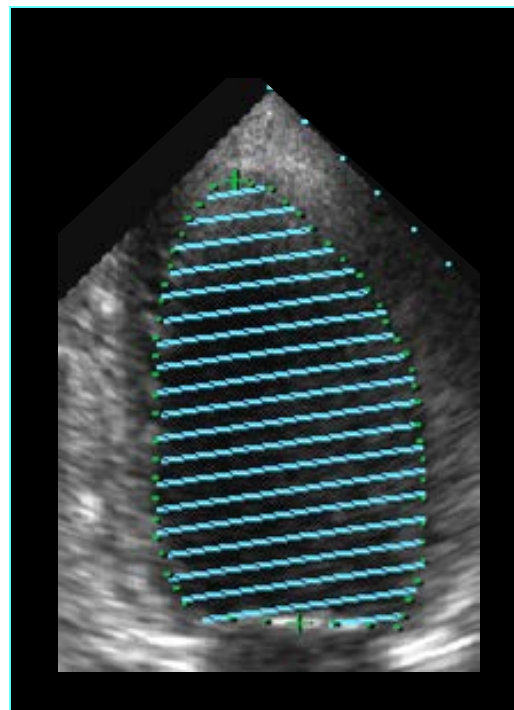
- **Can't see the borders**
- **Foreshortened views**
- **Off-axis views**
- **Translational motion**

Life is not always easy ...





118 ml



142 ml

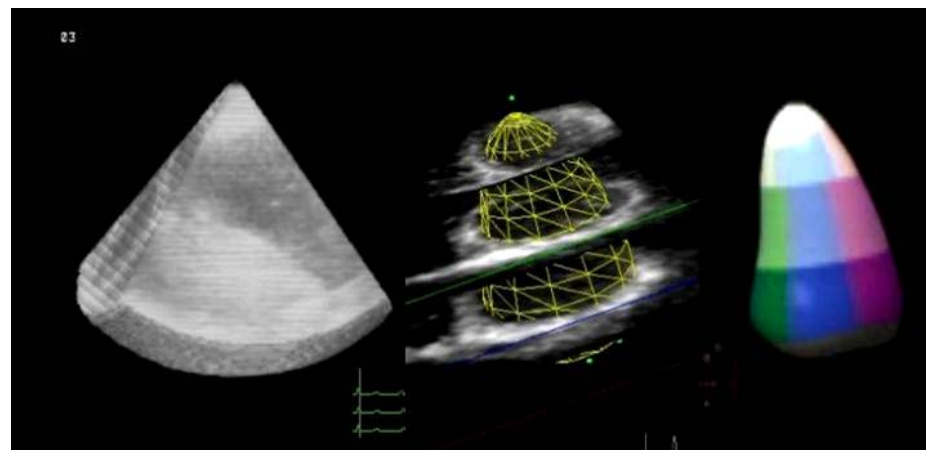
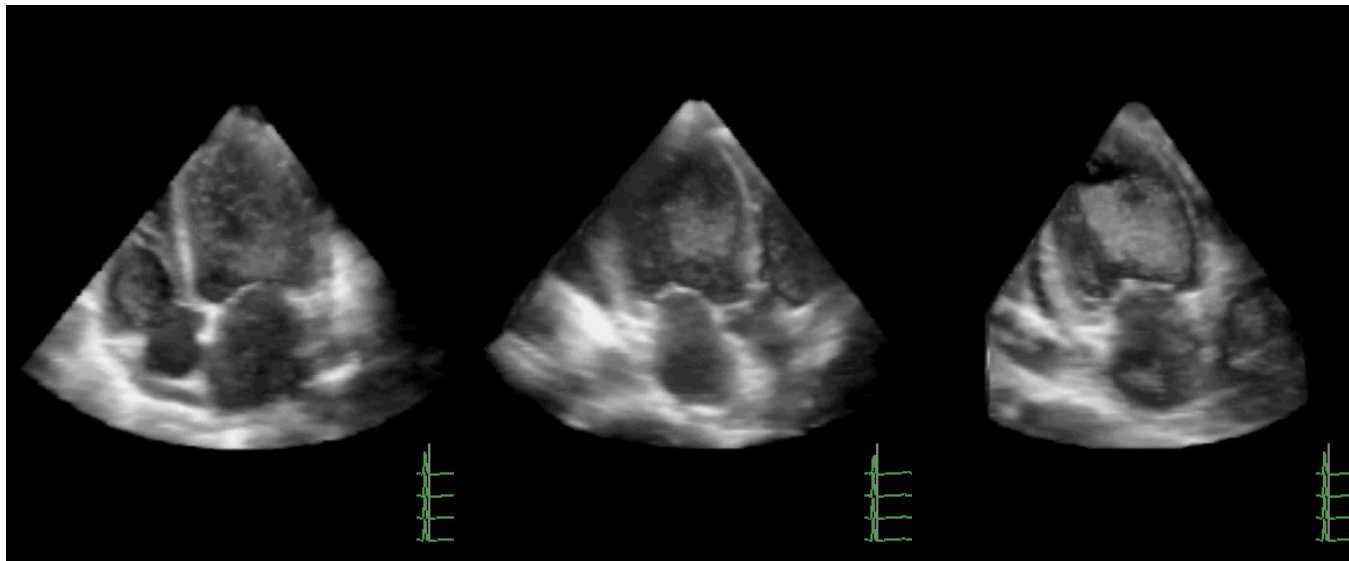
Problems in the 2D Echo

Quantification of Volumes and EF :

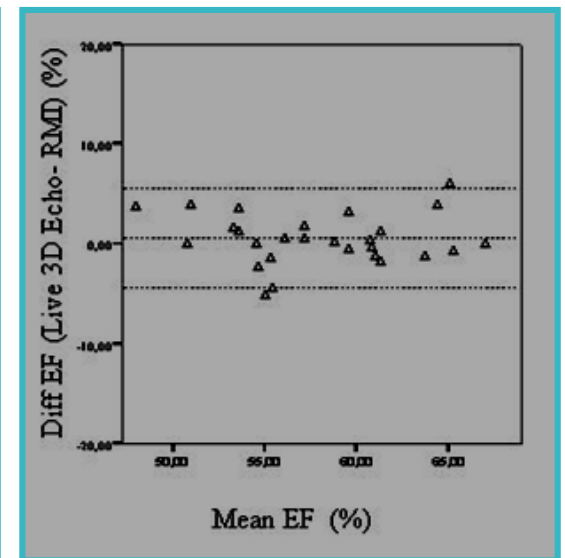
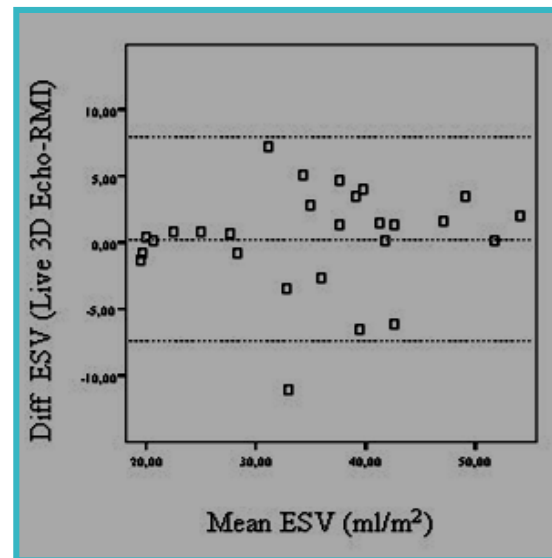
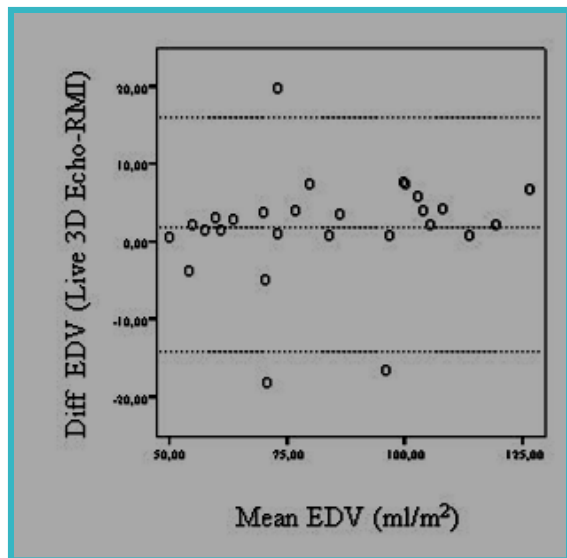
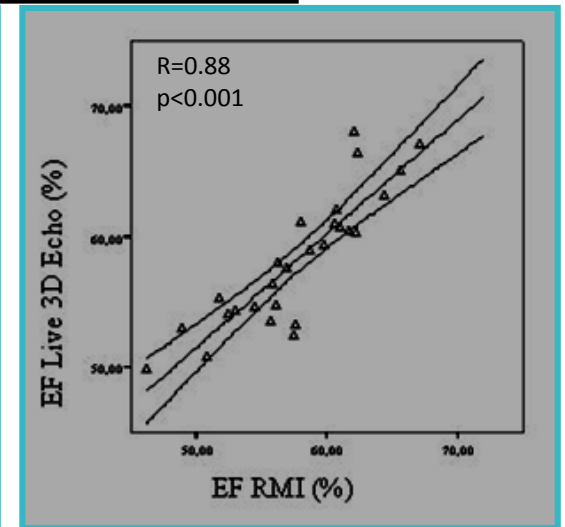
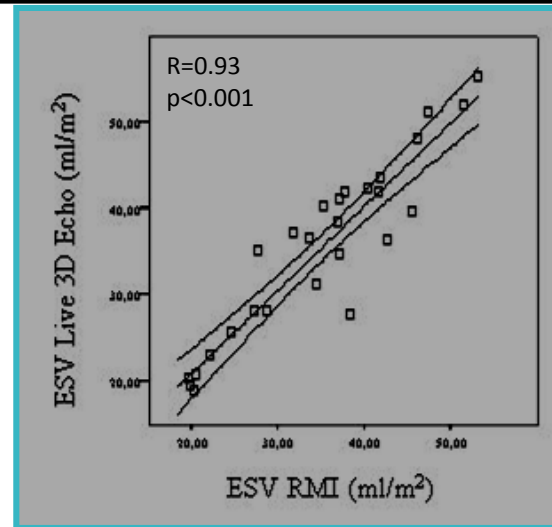
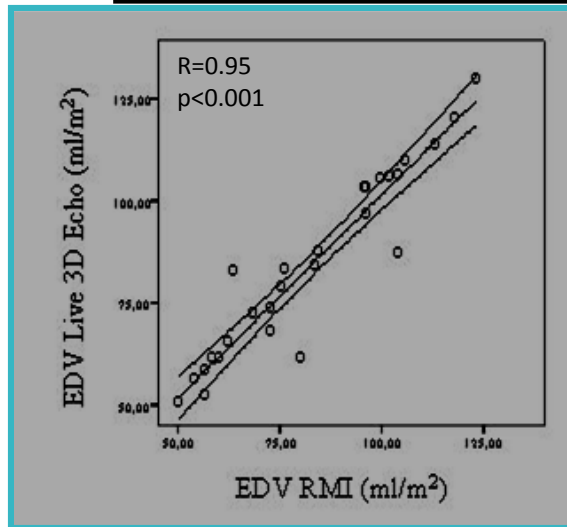
- **Foreshortened views**
- **Off-axis views**
- **Translational motion**

3D Echo improves the accuracy

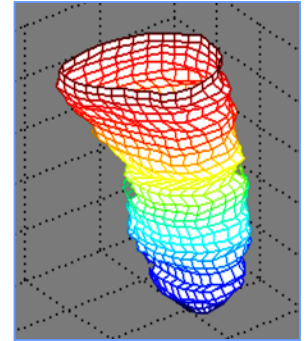
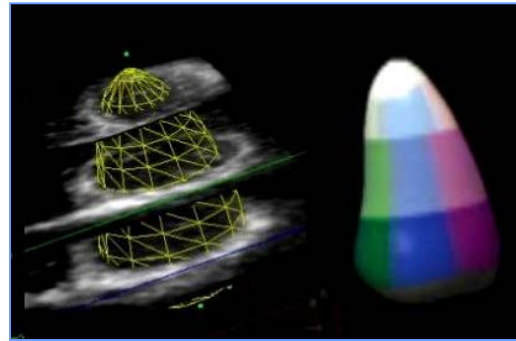
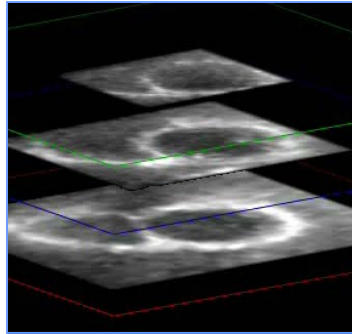
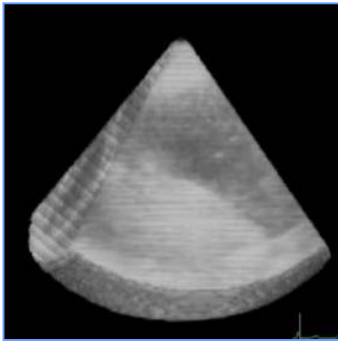
3D Echo Quantification



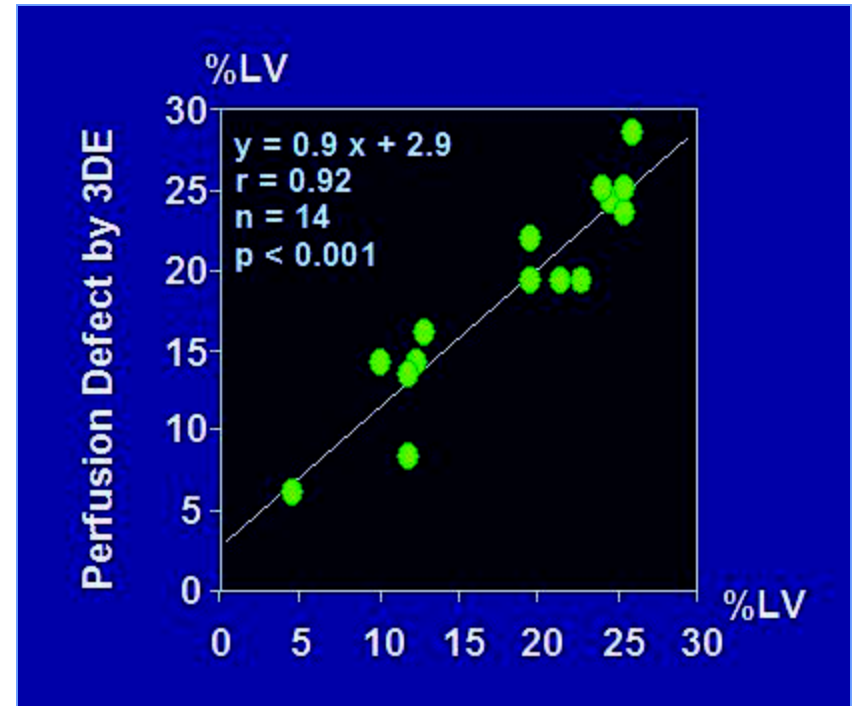
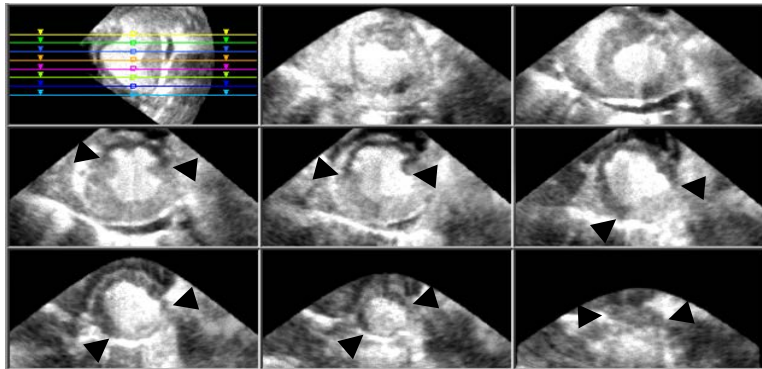
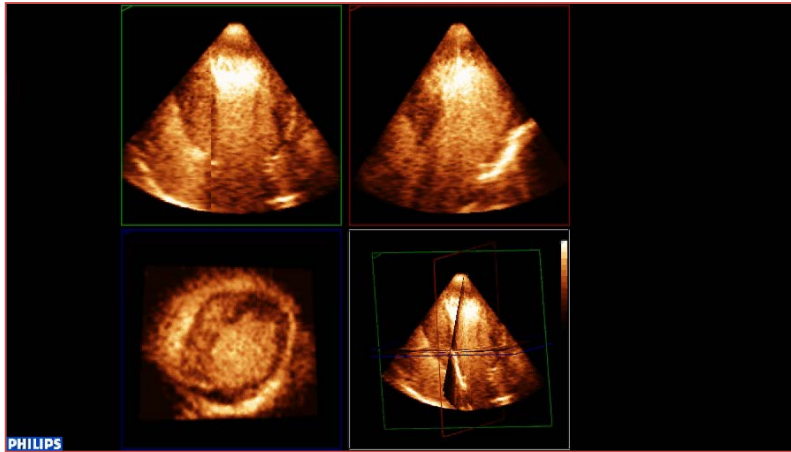
3D Echo vs MRI for LV Volumes and EF



3D quantitation of LV Geometry



3D Echo Quantitation of Ischemic Mass



The left atrial function and volume: prognostic markers in different cardiac diseases (arrhythmias, valvular and congenital disease)

Left Atrial Volume

A Powerful Predictor of Survival After Acute Myocardial Infarction

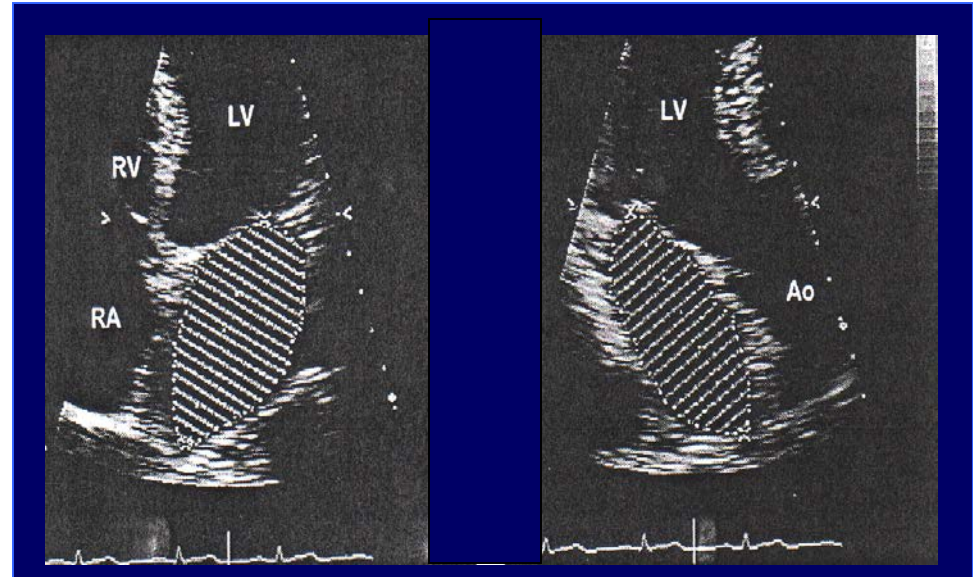
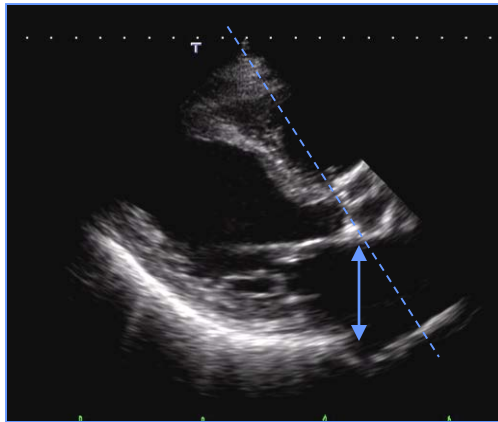
Jacob E. Møller, MD, PhD; Graham S. Hillis, MBChB, PhD; Jae K. Oh, MD; James B. Seward, MD;
Guy S. Reeder, MD; R. Scott Wright, MD; Seung W. Park, MD, PhD;
Kent R. Bailey, PhD; Patricia A. Pellikka, MD

Left Atrial Volume as an Index of Left Atrial Size: A Population-Based Study

Allison M. Pritchett, MD,* Steven J. Jacobsen, MD, PhD,† Douglas W. Mahoney, MS,‡
Richard J. Rodeheffer, MD, FACC,* Kent R. Bailey, PhD,‡ Margaret M. Redfield, MD, FACC*

Rochester, Minnesota

M-mode and 2D methods to measure LA size



Monoplane volume (M-mode, Teicholz formula)

$$(EDD^3 \times 7) / (2.4 + EDD)$$

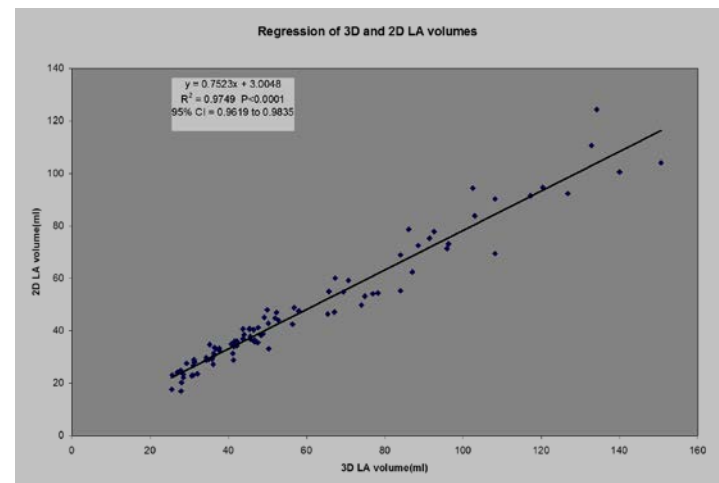
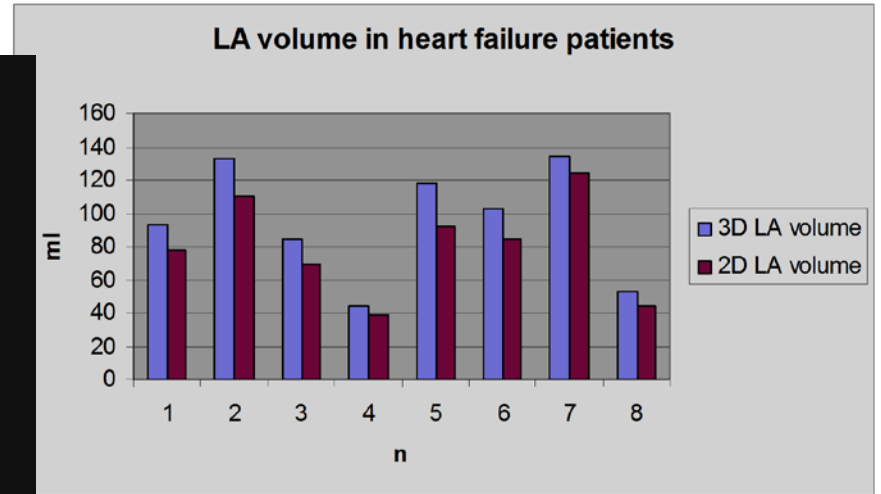
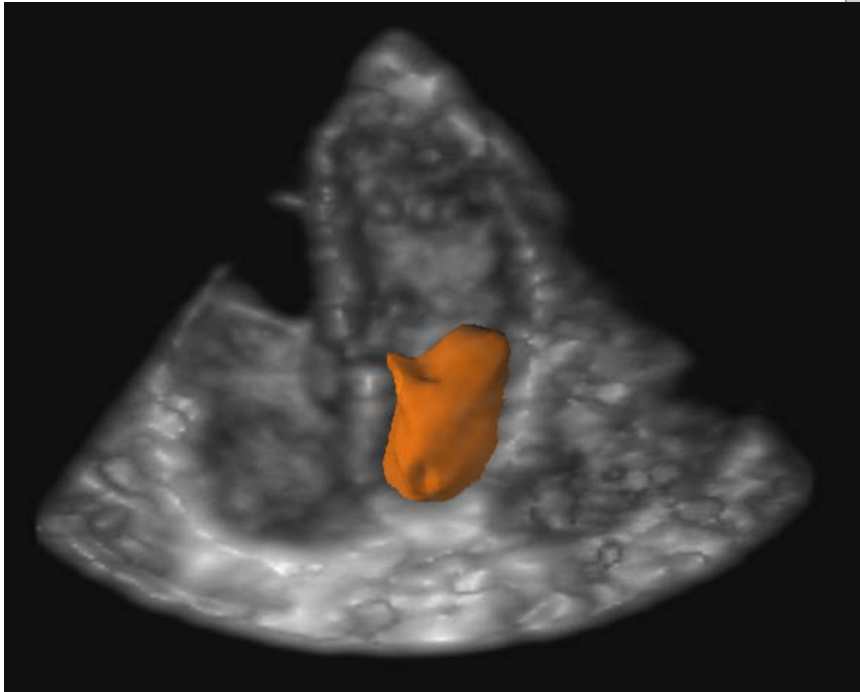
Monoplane volume (area/length, Dodge correction)

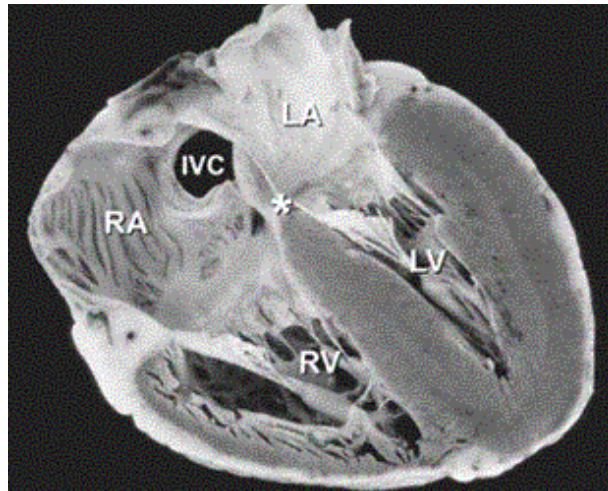
$$((\text{area planimetry}^2 \times 8) / (3 \times \pi \times \text{long axis})) \times 0.951 - 3$$

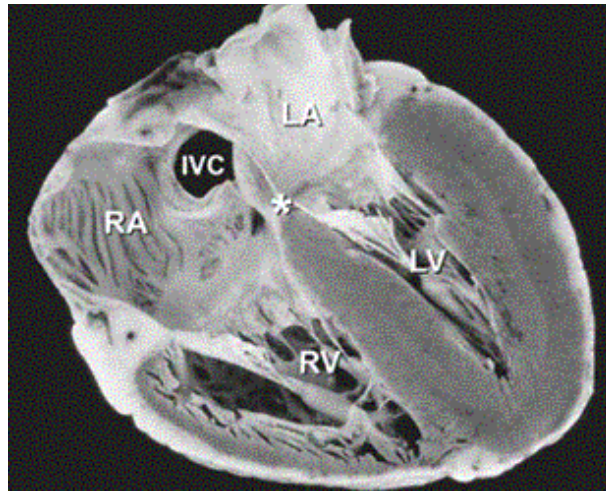
Biplane volume (area/length, Dodge correction)

$$(\text{area planimetry 1} \times \text{area planimetry 2} \times 8) / (3 \times \pi \times \text{smallest long axis})$$

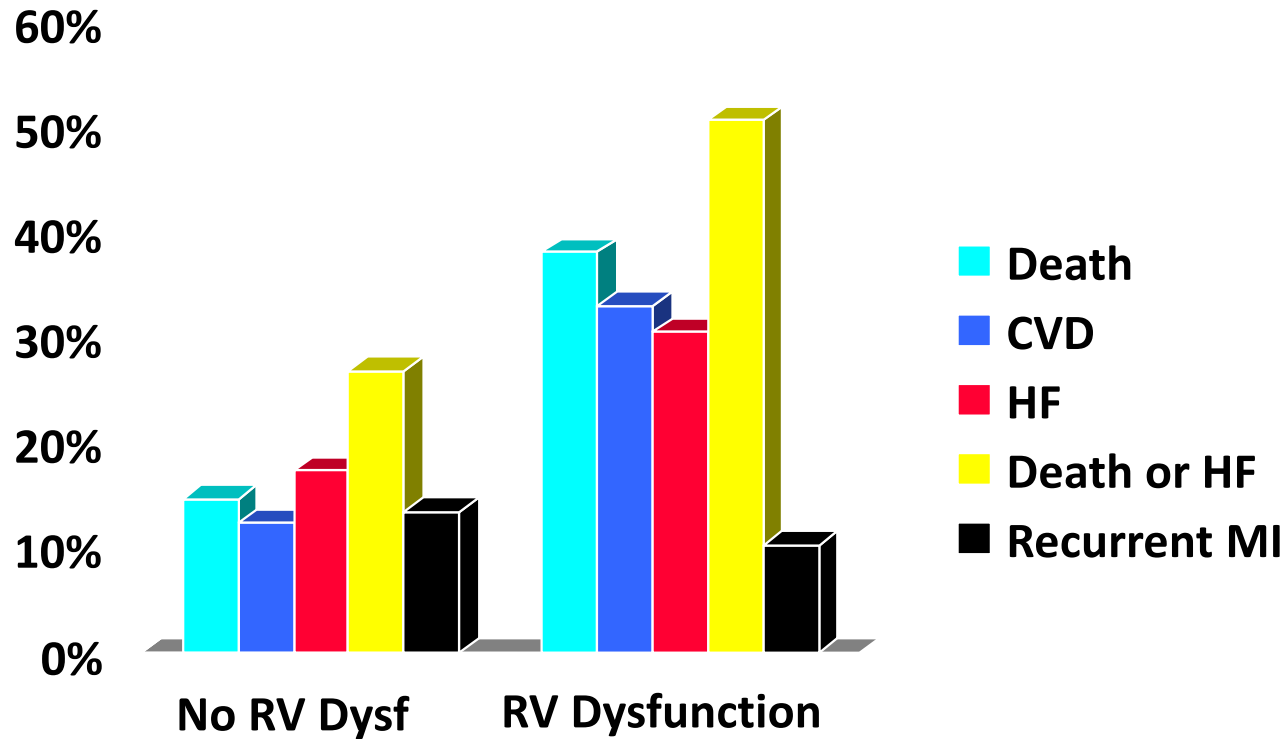
LA Volumes





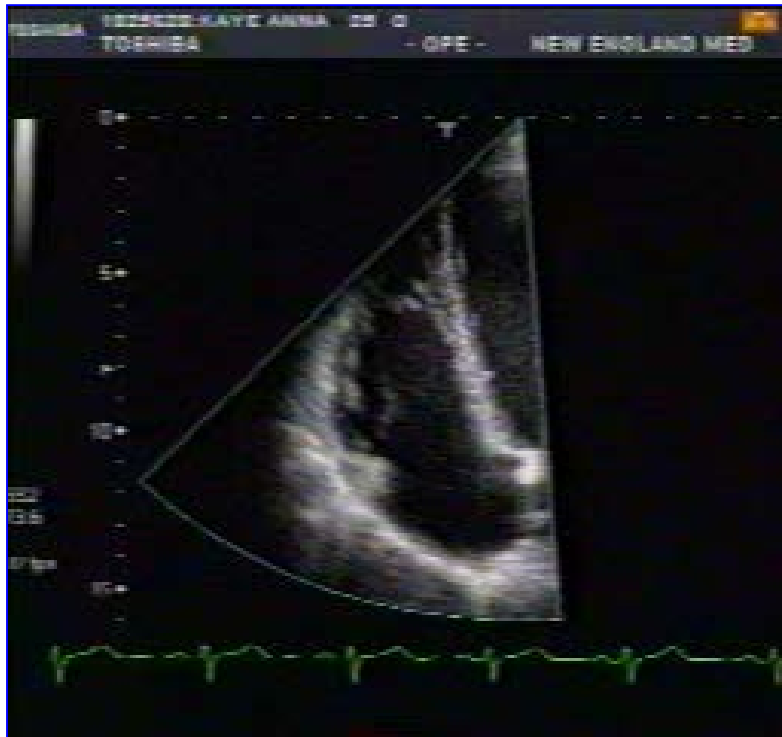


RV Dysfunction and Outcome



SAVE Investigators

J Am Coll Cardiol 2002 May 1;39(9):1450-5



Studies examining RV Function and Outcomes in Heart Failure

Study	Date	#pts	NYHA	Technique	Endpoint
Polak JF, et al.	1983	34	N/A	RVG	survival
Baker BJ, et al. capacity	1984	25	N/A	RVG	exer
Lewis JF, et al.	1993	67	II-IV	ECHO(rva/lva)	survival
DiSalvo TG, et al.	1995	67	III-IV	RVG	ex/surv
Gavazzi A, et al.	1995	142	III-IV	Thermodilution	survival
Julliere Y, et al.	1997	62	II-IV	Thermodilution	survival
Sun JP, et al.	1997	100	I-IV	ECHO(rva/lva)	survival
DeGroot P, et al.	1998	205	II-III	RVG	survival
Karasatakis GT, et al.	1998	40	II-IV	ECHO(tapse)	survival
Hung J, et al.	1998	117	II-IV	ECHO(tr)	survival
Ghio S, et al.	2000	140	II-IV	ECHO(tapse)	survival
Ghio S, et al.	2001	377	II-IV	Thermodilution	survival

Diagnosis

Clinical expression

Prognosis

Therapeutic decision making

Implications for assist devices

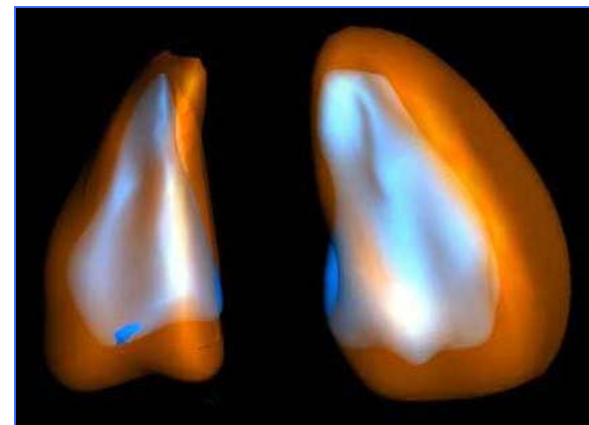
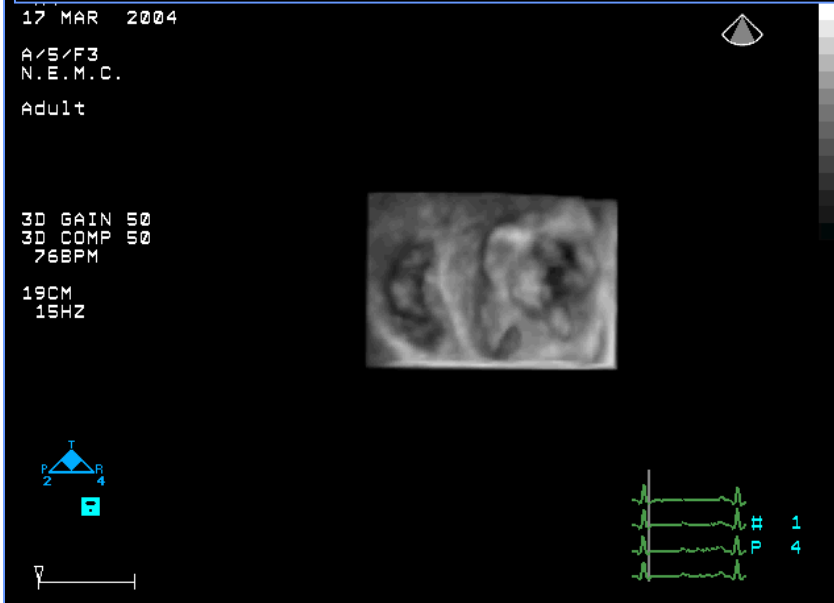
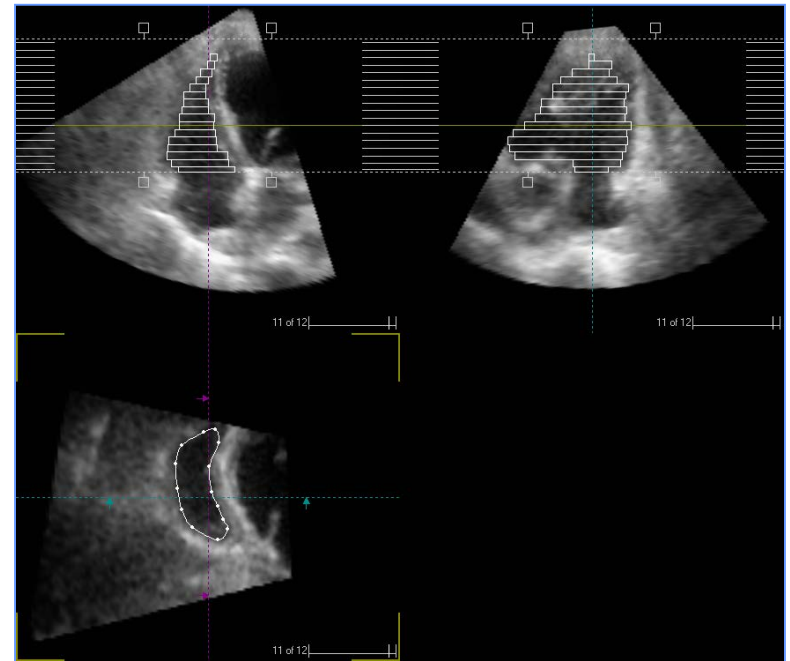
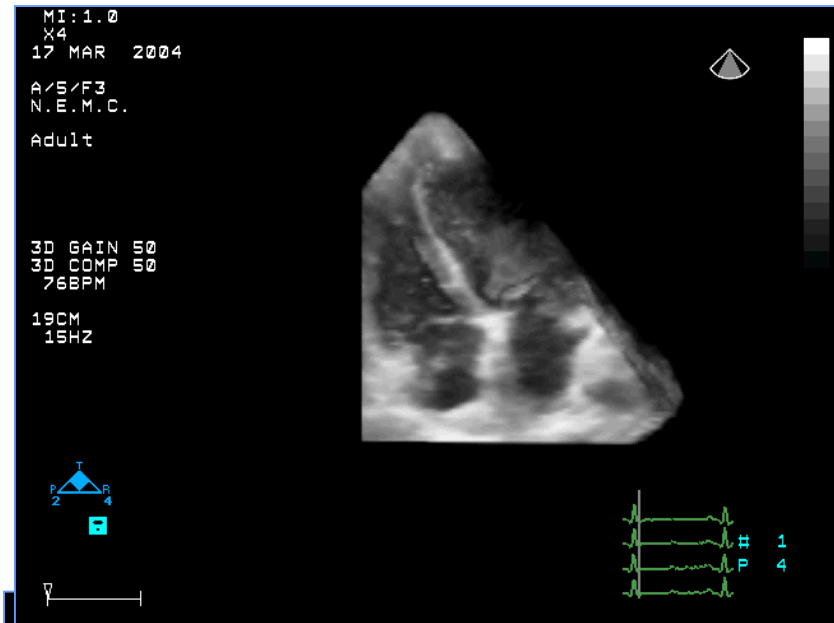
Patients waiting For Transplant

LVAD, RVAD or Both ?

Tricuspid Annular Velocity in the Identification of Systolic RV dysfunction (RV EF < 40%)

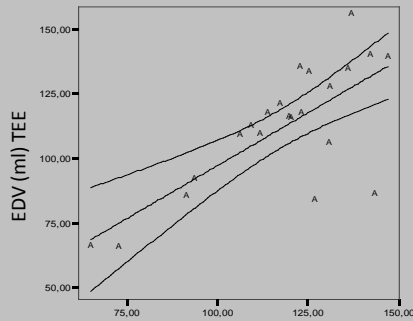
	TDI < 9	TDI < 10
Sensitivity	57% (95%CI 35-79%)	57% (95%CI 35-79%)
Specificity	92% (95%CI 80-100%)	77% (95%CI 58-95%)
Accuracy	80% (95%CI 62-97%)	70% (95%CI 50-90%)
PPV	80% (95%CI 62-97%)	57% (95%CI 35-79%)
NPV	80% (95%CI 62-97%)	77% (95%CI 58-95%)

Quantitation of RV volumes, EF

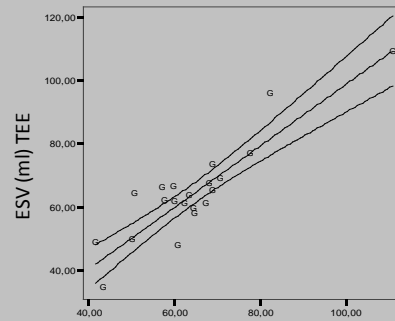


RV Volumes by Live 3D Echo

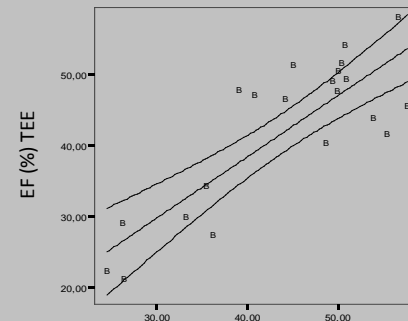
Linear regression with 95% Mean Prediction Interval



EDV (ml) Live 3D Echo

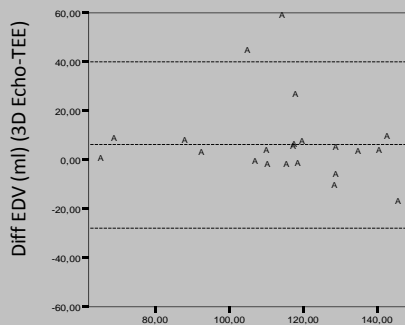


ESV (ml) Live 3D Echo

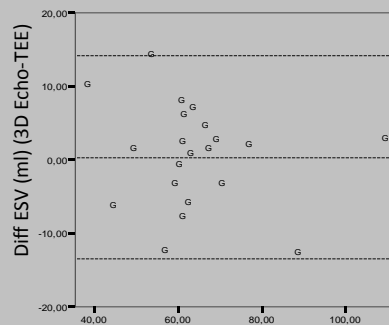


EF (%) Live 3D Echo

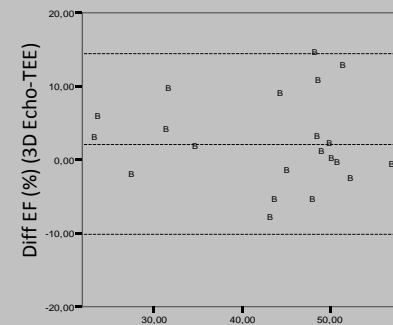
Bland-Altman Plots



Mean EDV (ml)



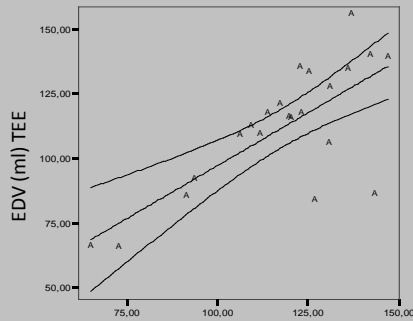
Mean ESV (ml)



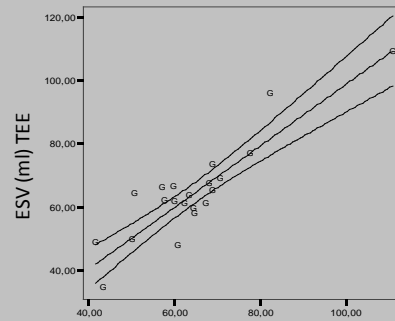
Mean EF (%)

RV Volumes by Live 3D Echo

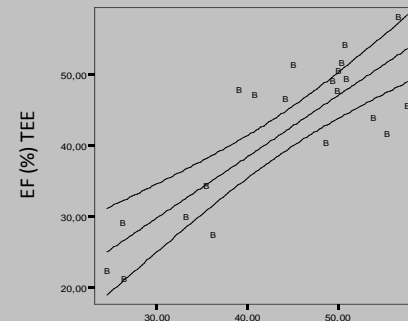
Linear regression with 95% Mean Prediction Interval



EDV (ml) Live 3D Echo

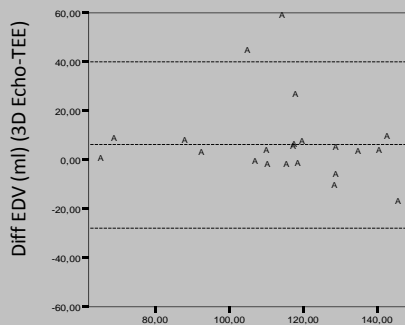


ESV (ml) Live 3D Echo

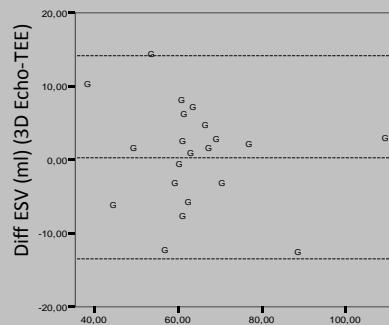


EF (%) Live 3D Echo

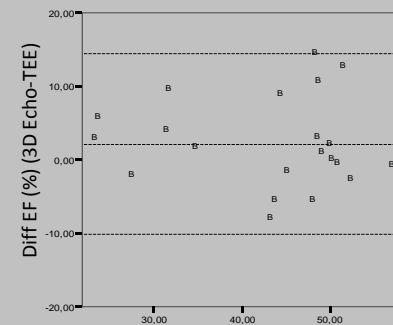
Bland-Altman Plots



Mean EDV (ml)



Mean ESV (ml)



Mean EF (%)

Heart Failure

Pharmacologic Rx

Mechanical Interventions

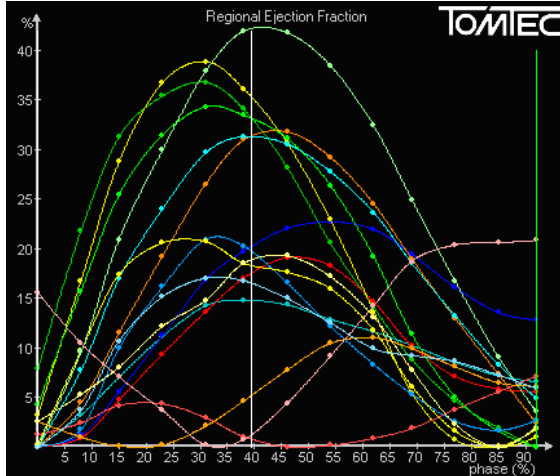
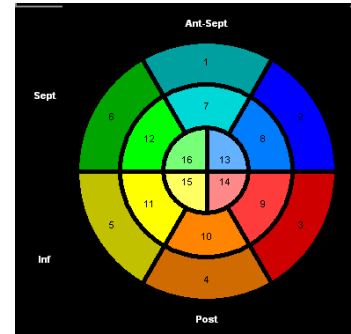
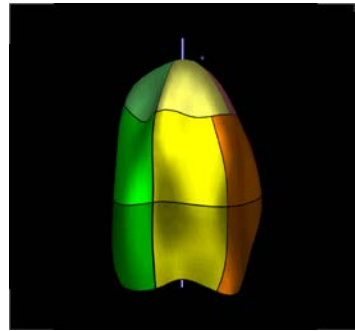
Transplantation

Novel Therapy

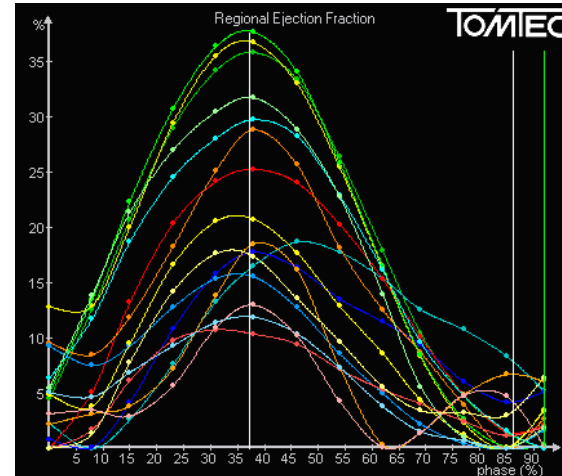
CRT - Issues

- QRS does not predict response
- QRS does not represent true dyssynchrony

Assessment of Dyssynchrony by 3D Echo



Before CRT



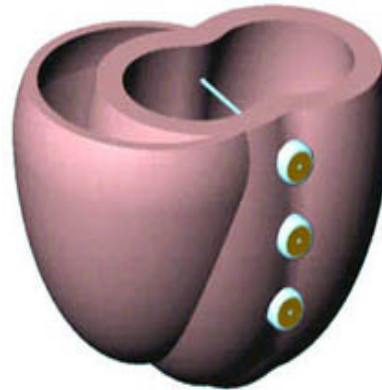
After CRT

Geometric Procedures For Heart Failure

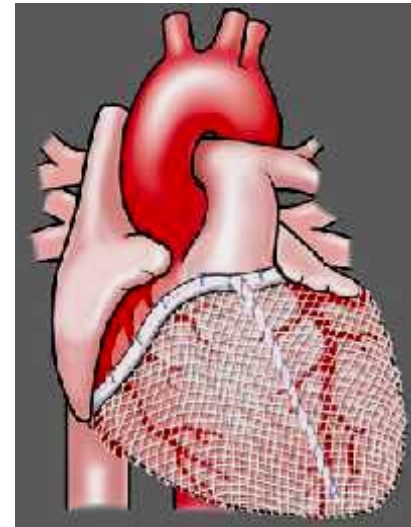
Surgical Ventricular Restoration

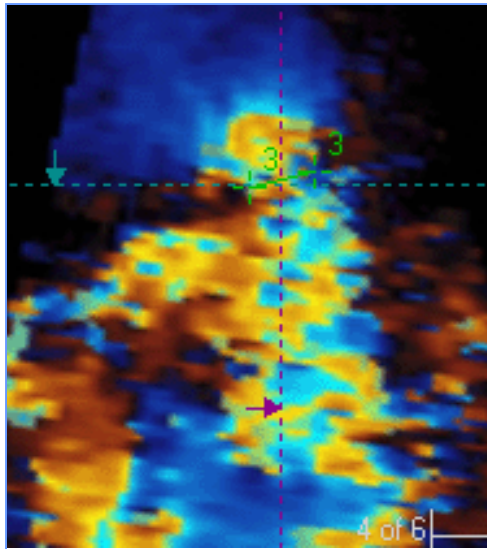


**Constraint
Devices**



**Support
Device**





PISA technique

Regurgitant volume

Regurgitant fraction

Regurgitant Orifice Area

PISA, Vena Contracta

Assumptions

“Regurgitant orifice circular”

“Flow convergence perfect hemisphere”

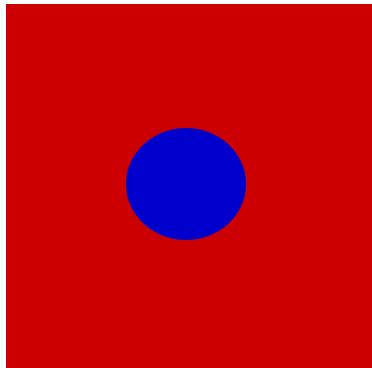
“Vena contracta circular”

“1 frame in 1 view reflects whole AR”

“There is only one regurgitant orifice

Regurgitation

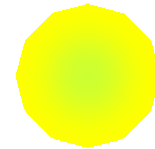
Round hole
In a flat object



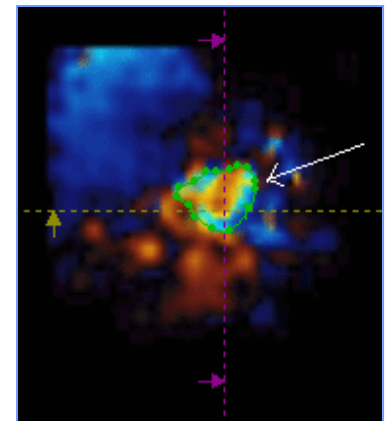
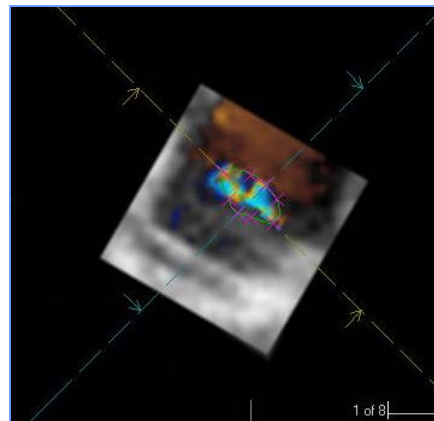
Perfect PISA
hemisphere

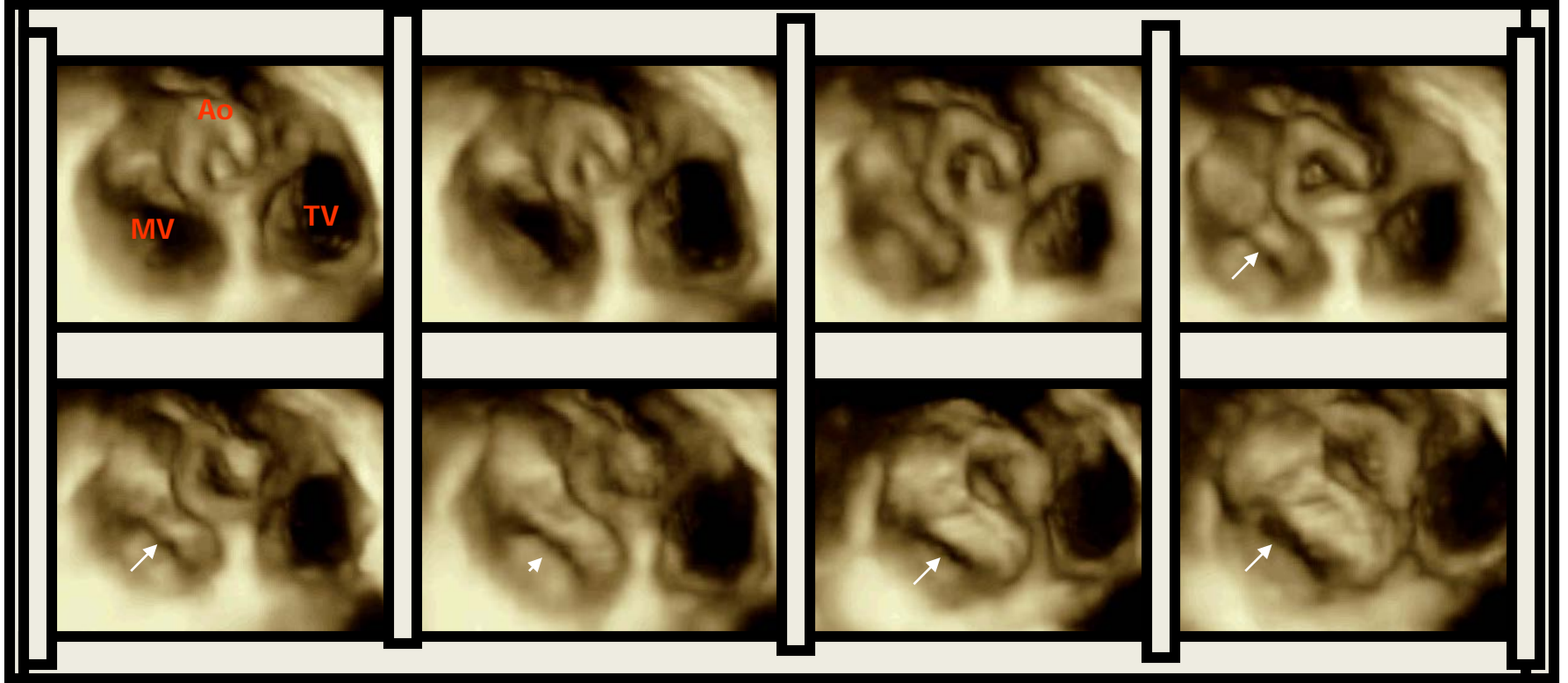


Circular
Vena Contracta



Real
life





Regurgitant Orifices



Mitral Regurgitation

SOLVD trial 1997

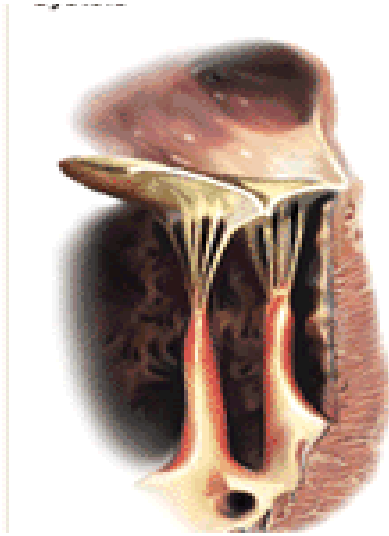
- Pts with post-MI MR more likely to experience combined end point of

**CV mortality
severe HF, or
recurrent MI**

47% vs. 29%

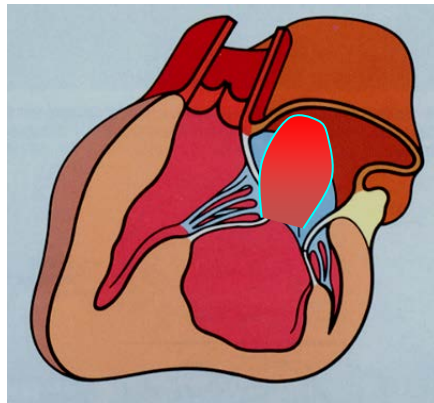
P < .001

- Independent predictor of CV mortality
(relative risk, 2.00; 95% CI, 1.28 to 3.04)

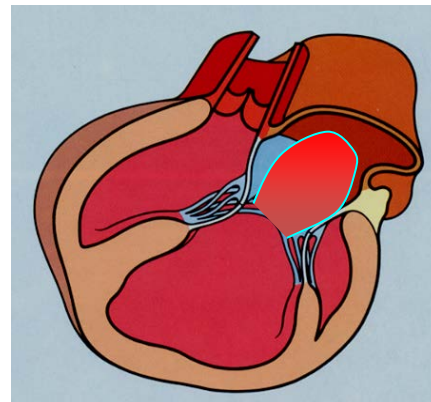


Geometric Distortion Contributing to MR

Regional LV dilation/dysfunction



Global LV dilation/dysfunction



Surgical Annuloplasty for Functional MR in CHF

First 48 patients*

Operative Mortality = 2.1%

LOS = 9 ± 4 d (5-37)

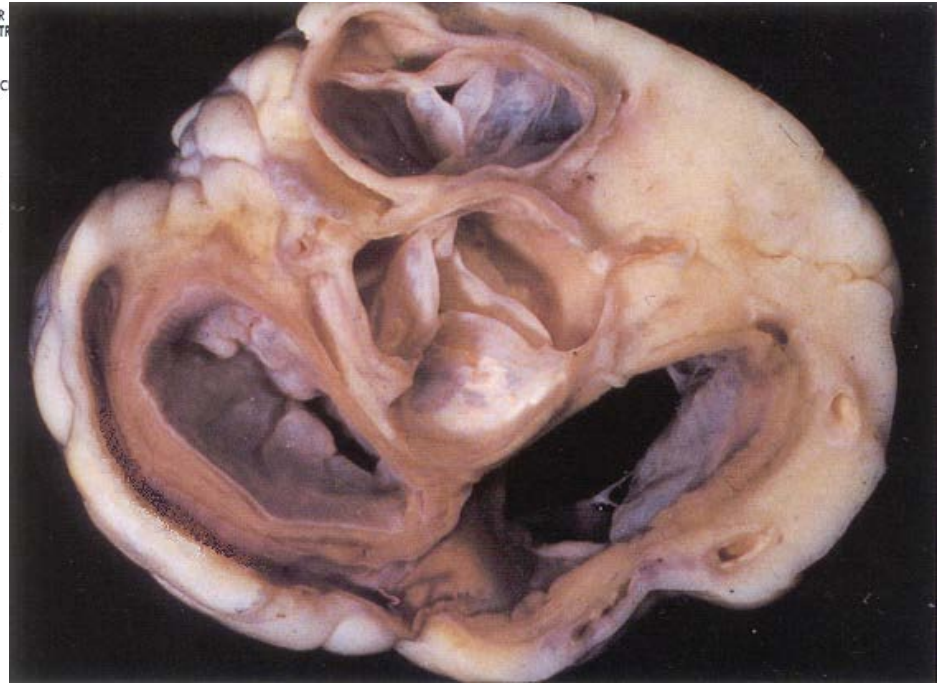
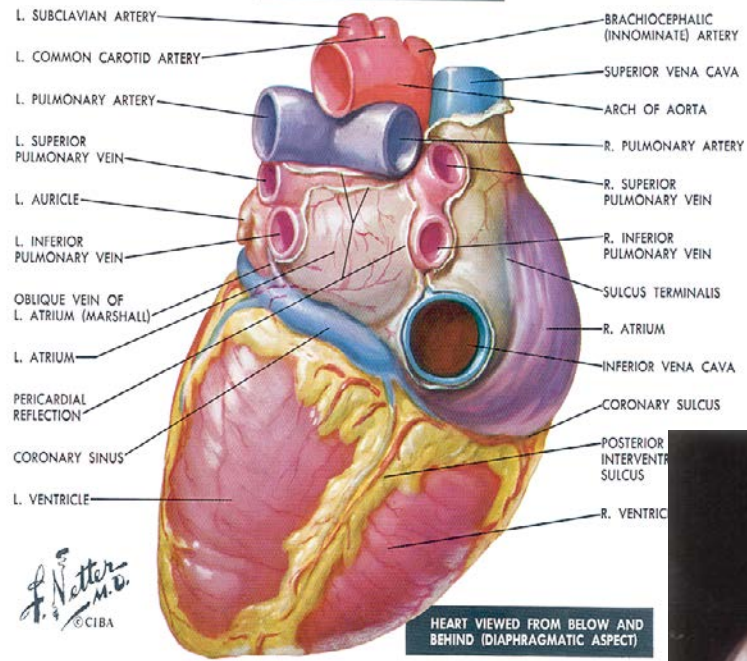
Expanded series - 92 patients*

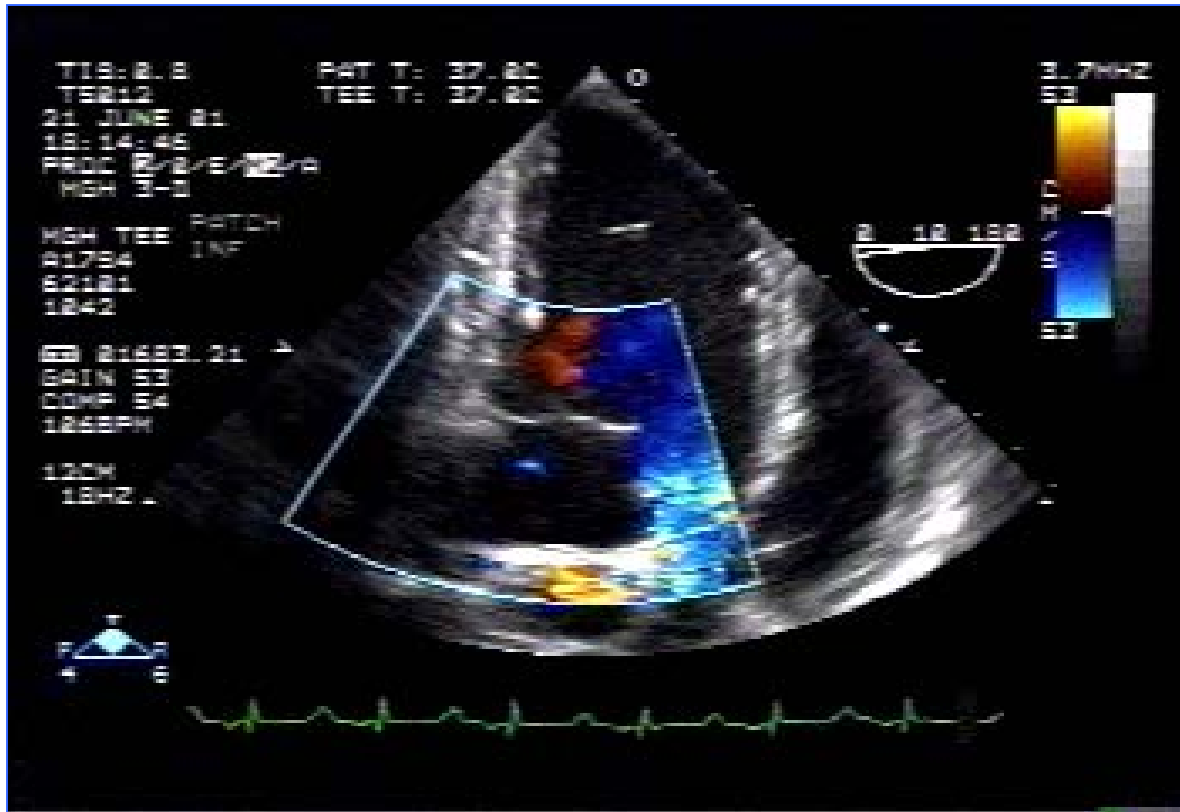
30 d Operative Mortality = 5.4%

Sicker pts, Less experienced Surgeon

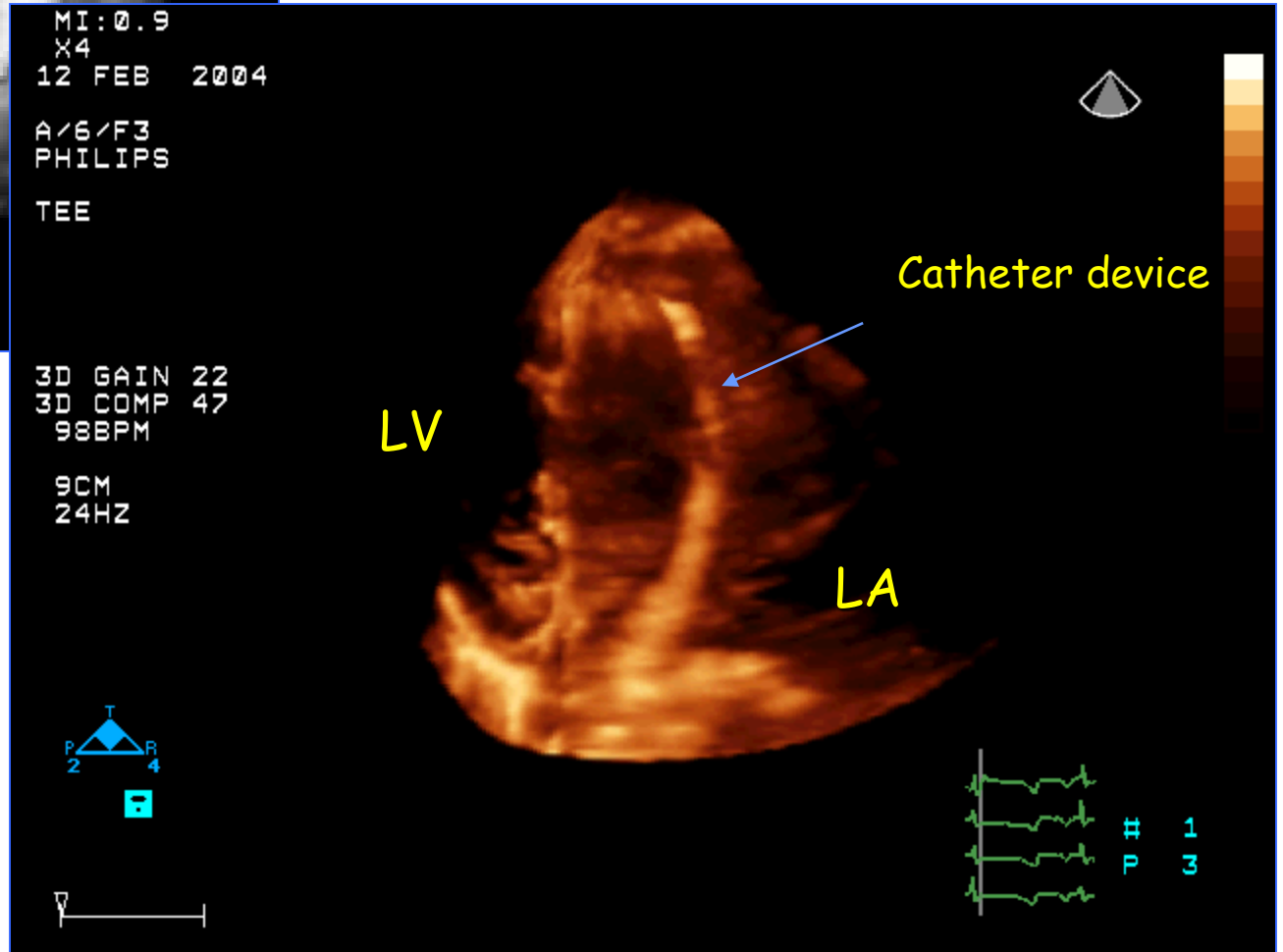
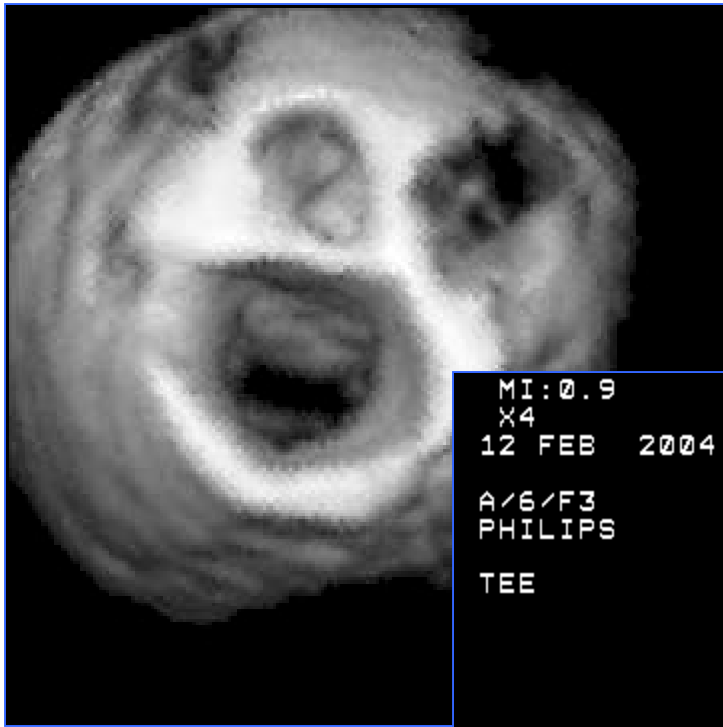
Operative Mortality = ?

**Bolling S et al*

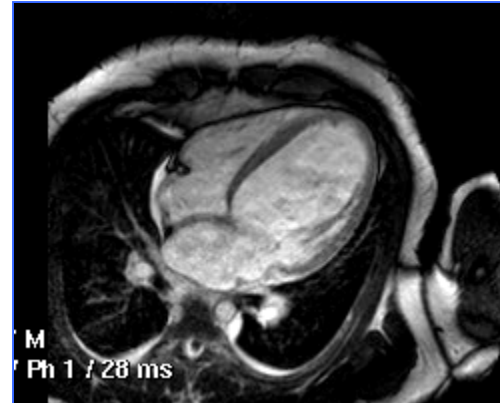
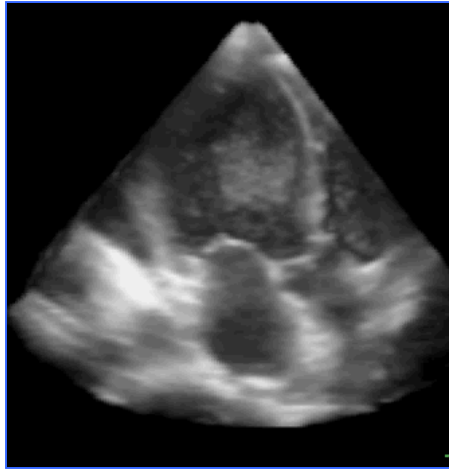




Hung et al



3D Imaging in Heart Failure



3D Echo vs. CMR

Widely available

Easy to use in any setting

3D Imaging in Heart Failure

- **Better appraisal of functional morphology**
- **More accurate study of remodeling**
- **Aid to innovative therapeutic procedures**
- **Good investigative tool to study the heart**

Thank you !