

# Echo Evaluation of Hemodynamics in Pericardial Disease



Natesa G. Pandian

Disclosure - None

## Pre-Presentation Question 1

In cardiac tamponade, the pressure gradient between pulmonary venous system and left atrium

1. Increases during inspiration
2. Decreases during inspiration
3. Decreases during expiration
4. Shows no change

## Pre-Presentation Question 2

In established constrictive pericarditis, septal bounce is recognized

1. In every heart beat
2. With breath hold
3. During regular breathing
4. Only during premature beats

## Pre-Presentation Question 3

For tamponade to occur,  
pericardial effusion should be at least

1. 200 ml
2. 500 ml
3. 1000 ml
4. None applicable



## Pre-Presentation Question 4

The following annular or septal velocity (tissue Doppler) is useful in recognizing constriction (in contrast to restrictive CMP)

1.  $e' > 3-5$

2.  $e' > 7$

3.  $e' > 27$

# The Pericardium

Visceral pericardium: single cell layer

Parietal : <2mm thick (collagen)

Pericardial fluid volume: ~ 50 cc

# Normal Intrapericardial Pressure (mm Hg):

a) - 3

b) 0

c) + 2

d) + 5

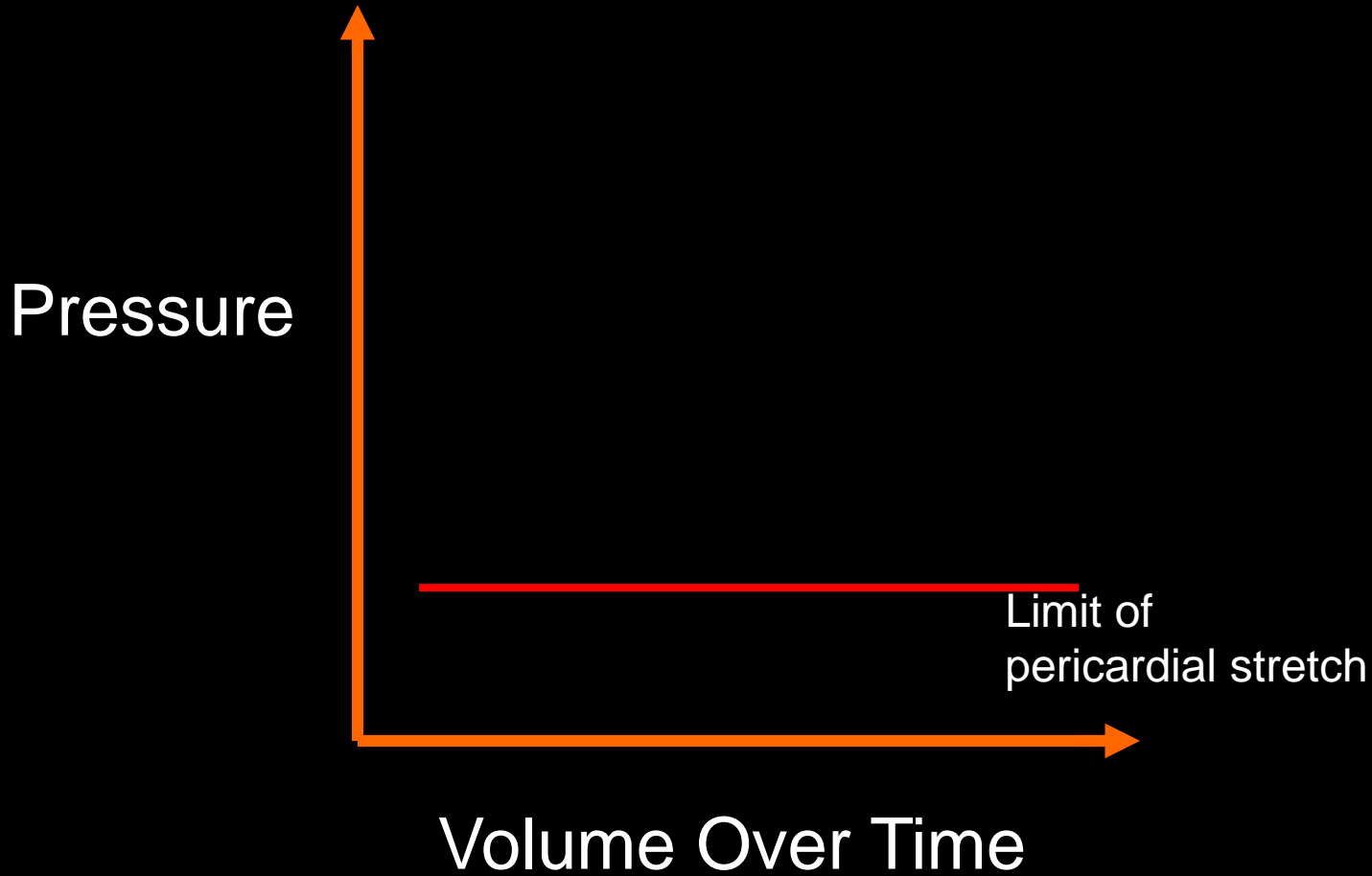
# The Pericardium

## Intrapericardial pressure

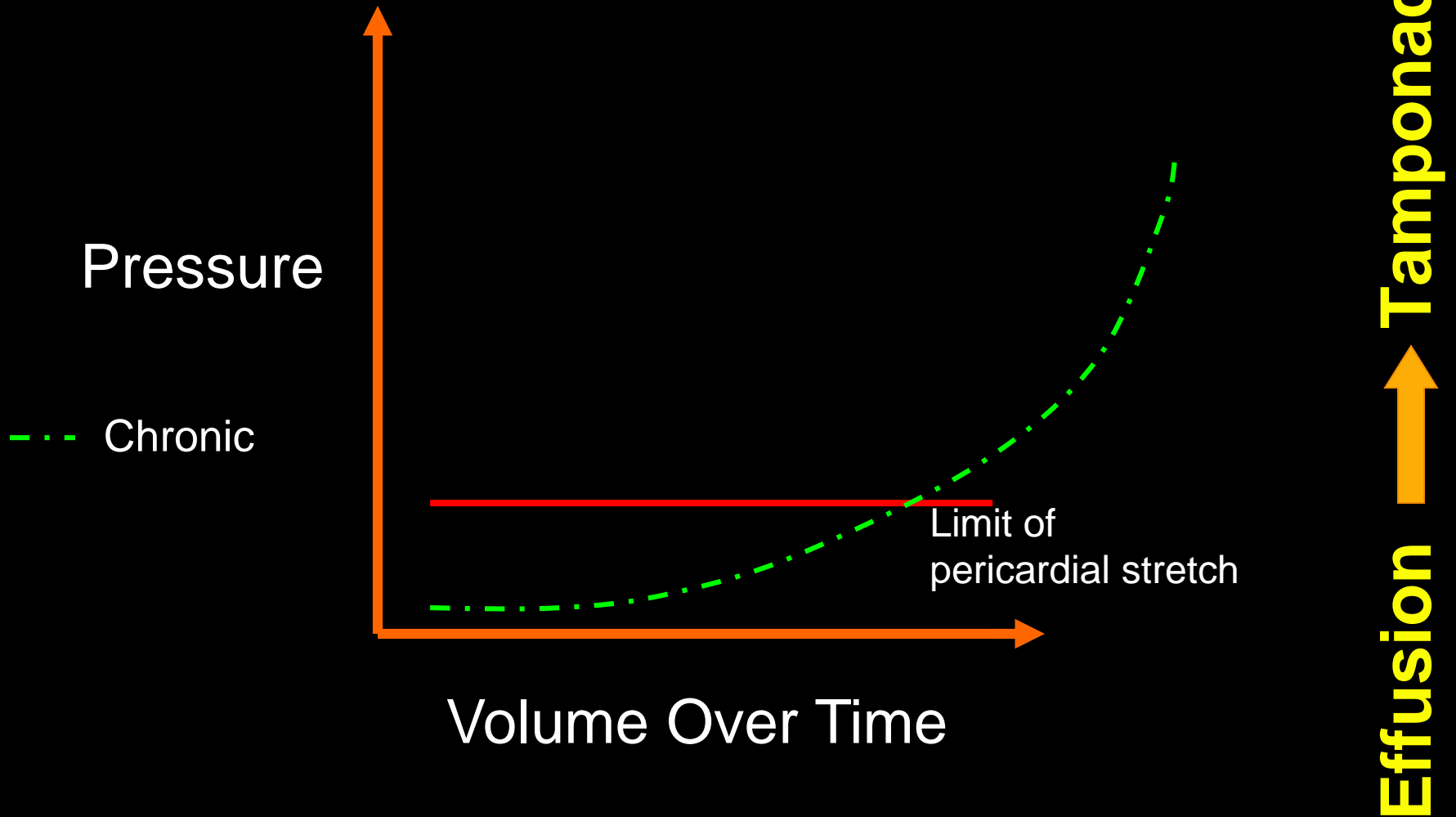
end-inspiration - 6 mmHg

end-expiration - 3 mmHg

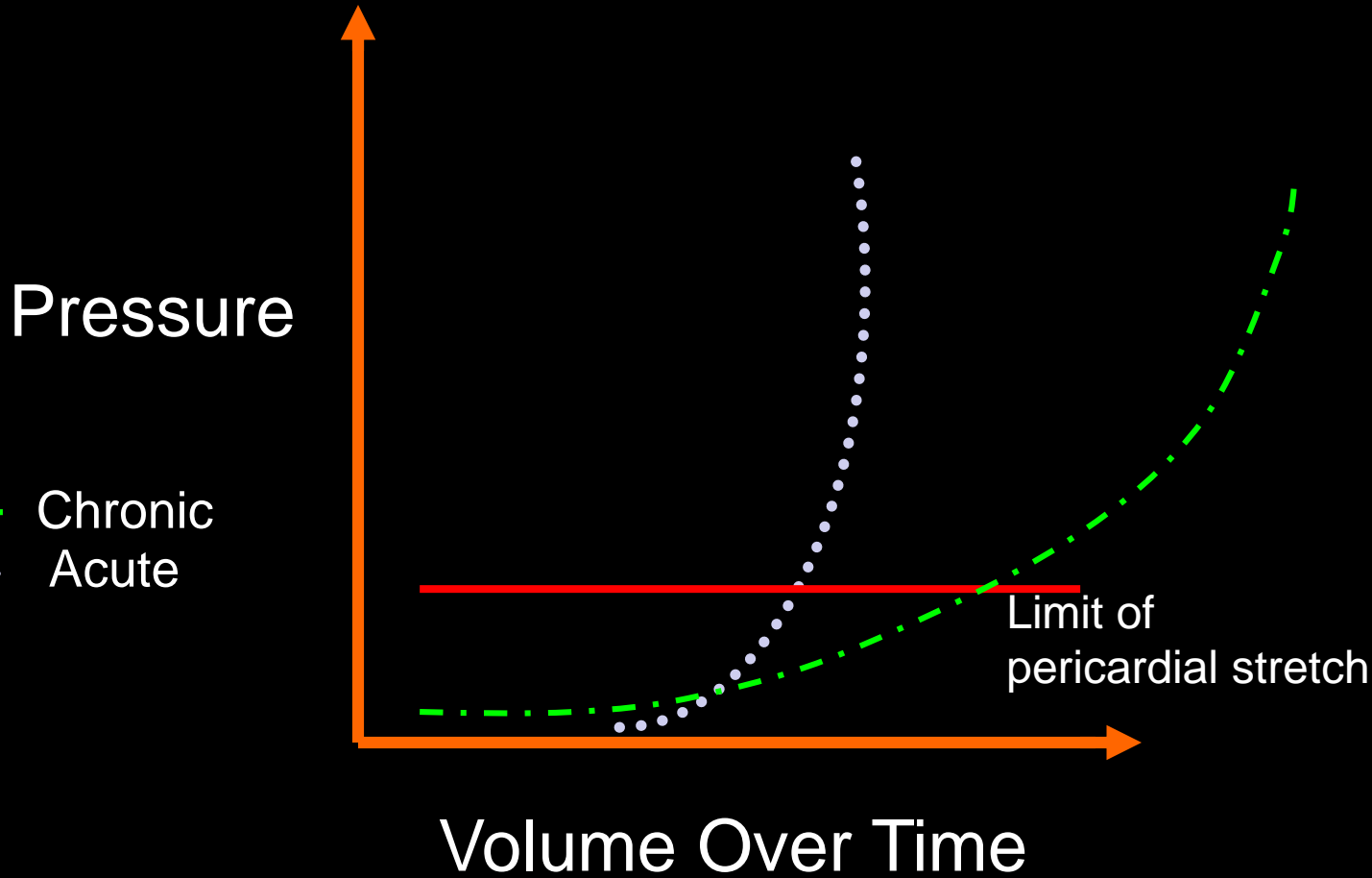
# Pericardial Pr-Vol Relationship



# Pericardial Pr-Vol Relationship



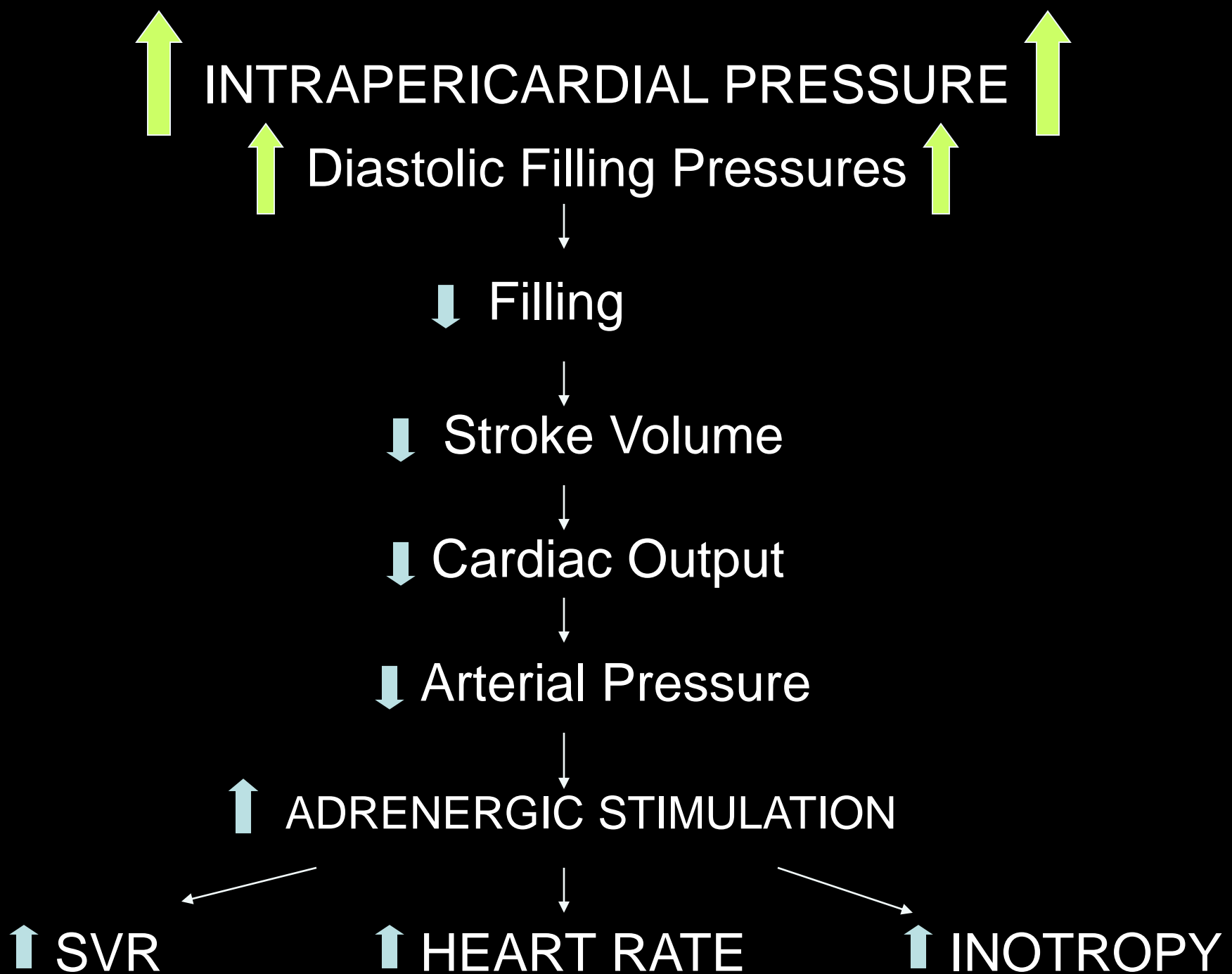
# Pericardial Pr-Vol Relationship

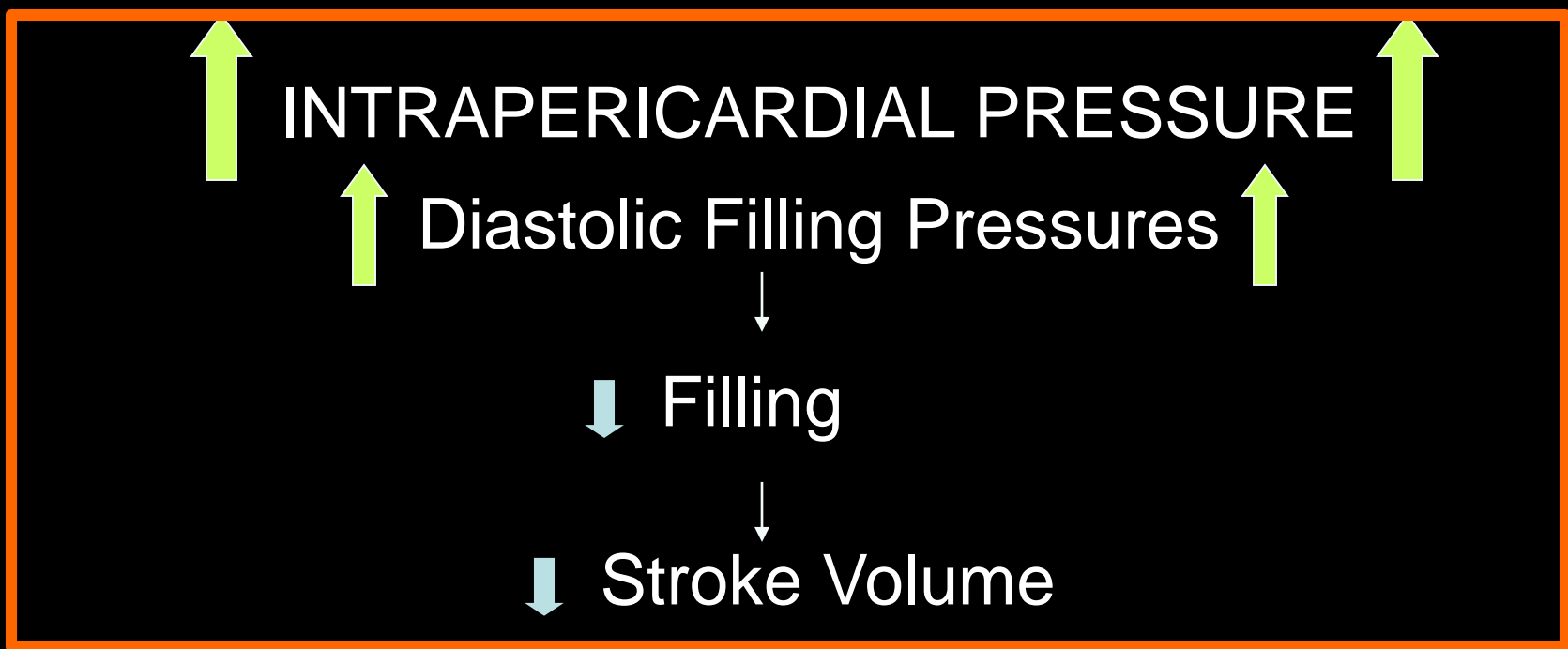


↑ INTRAPERICARDIAL PRESSURE ↑









↑ SVR

↑ HEART RATE

↑ INOTROPY

↑ INTRAPERICARDIAL PRESSURE ↑

↑ Diastolic Filling Pressures ↑



↓ Filling



↓ Stroke Volume



↓ Cardiac Output



↓ Arterial Pressure



↑ ADRENERGIC STIMULATION

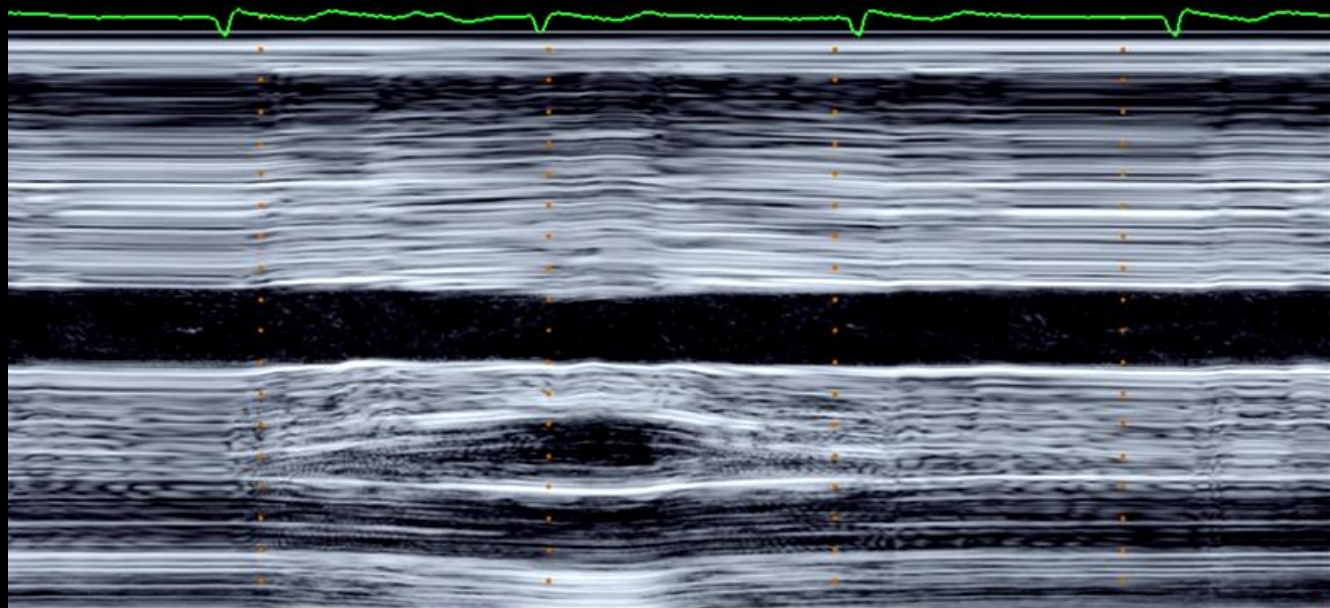


↑ SVR

↑ HEART RATE

↑ INOTROPY

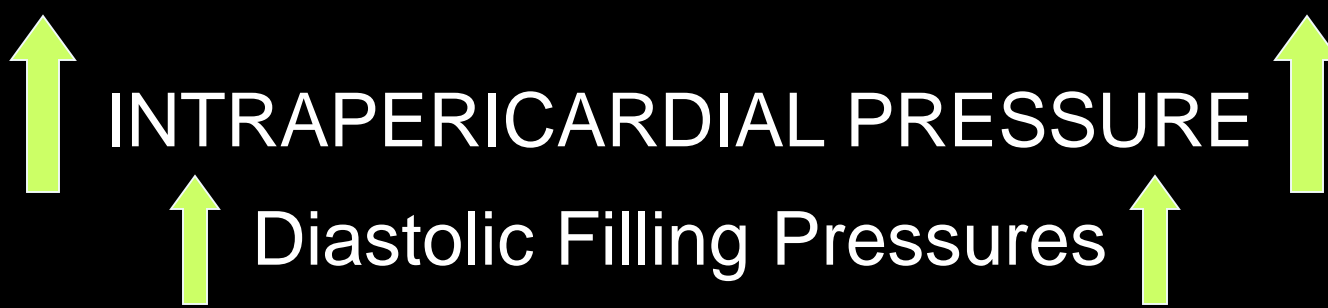
MM  
6 65%  
)  
w  
n



-0  
:  
-5  
:  
-10  
:  
-15  
:

50mm/s

54bpm



At certain times during the cardiac cycle, intrapericardial pressure may exceed chamber pressures

# Case

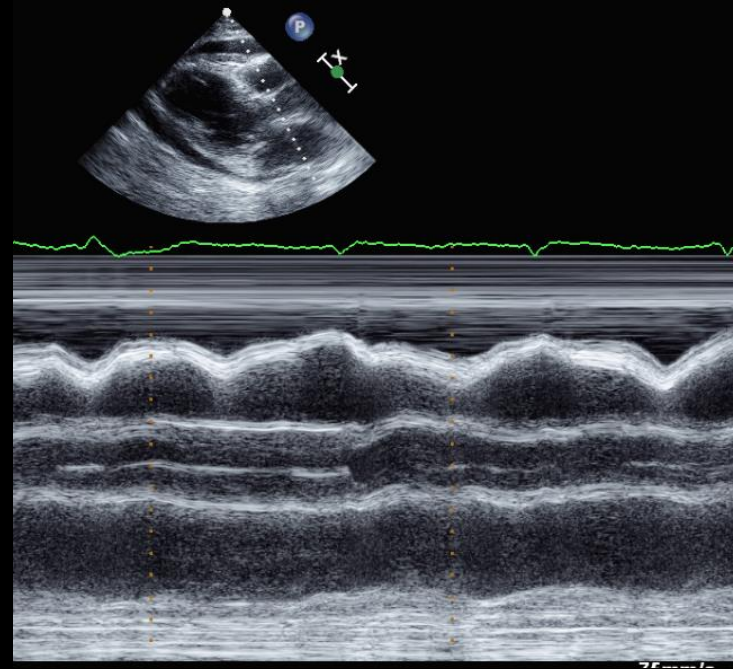
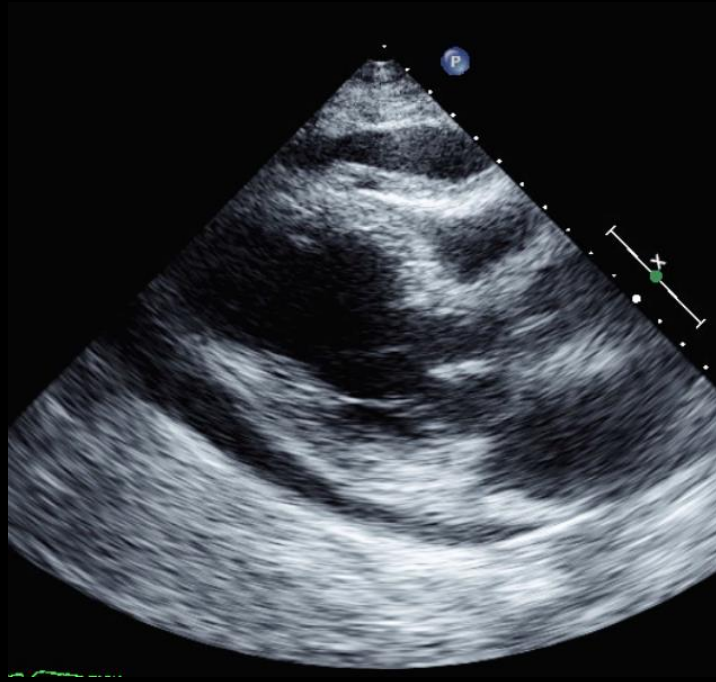


# RV diastolic collapse appears

- a) Early RV diastole
- b) Mid RV diastole
- c) Late RV diastole
- d) Early RV systole
- e) Late RV systole



# RV Diastolic Collapse



RV diastolic collapse could be absent  
In tamponade in the presence of

- a) RV Hypertrophy
- b) Pulmonary hypertension
- c) RV volume overload
- d) COPD
- e) All of the above

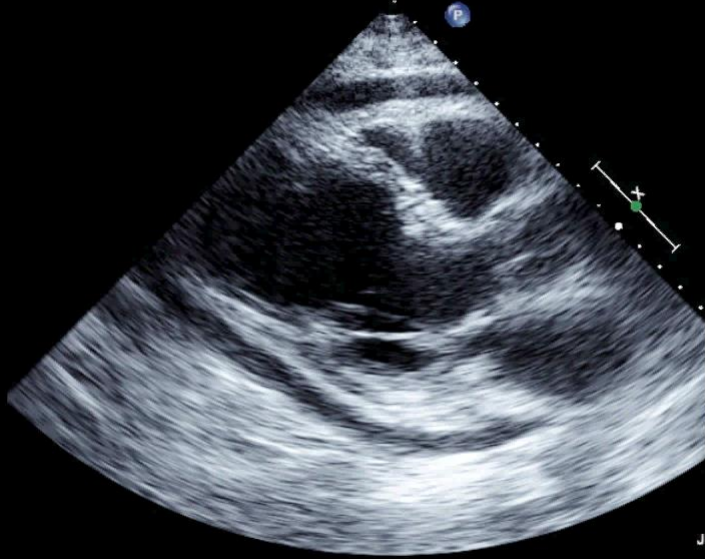
Case

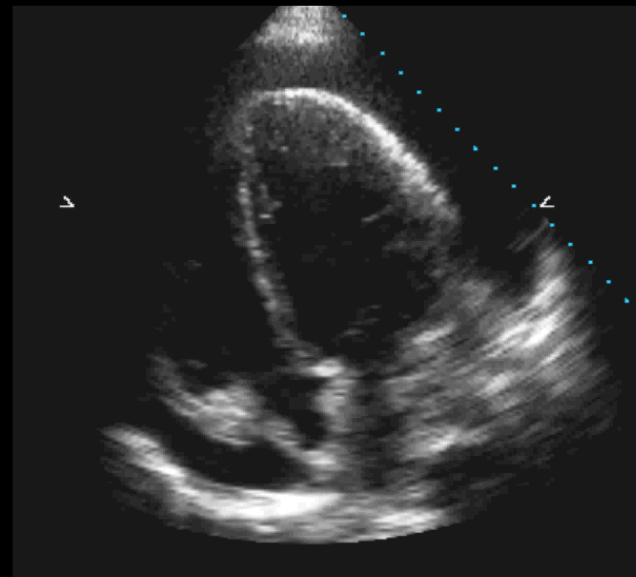
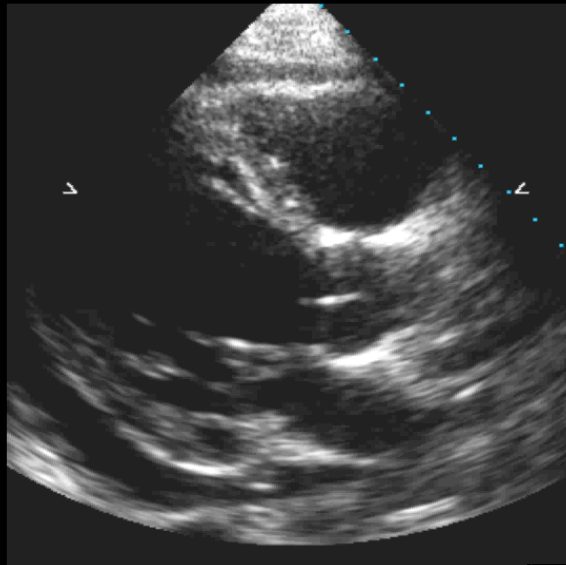


# RA collapse appears during:

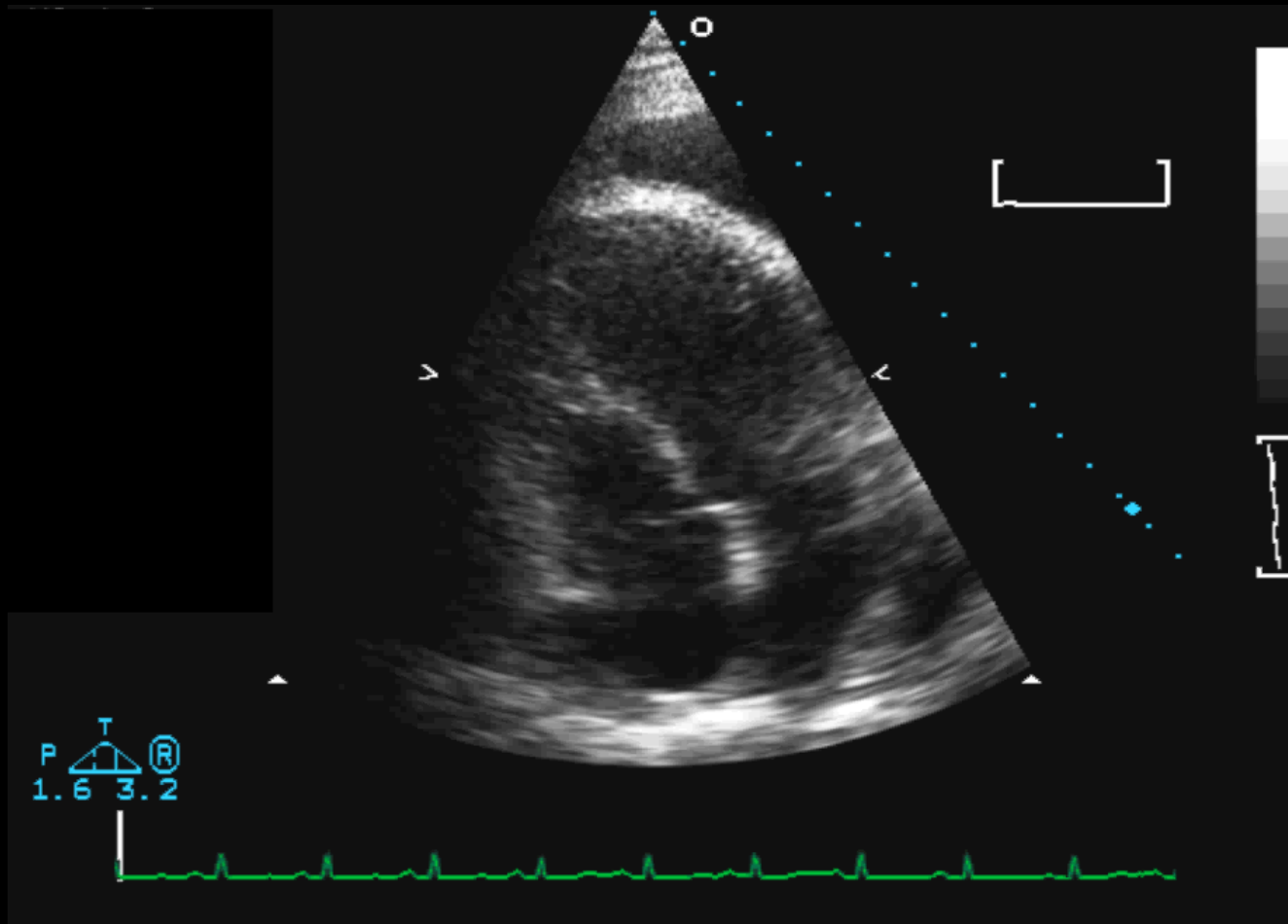
- a) Early RV diastole
- b) Mid RV diastole
- c) Late RV diastole
- d) Late RV systole

# Case

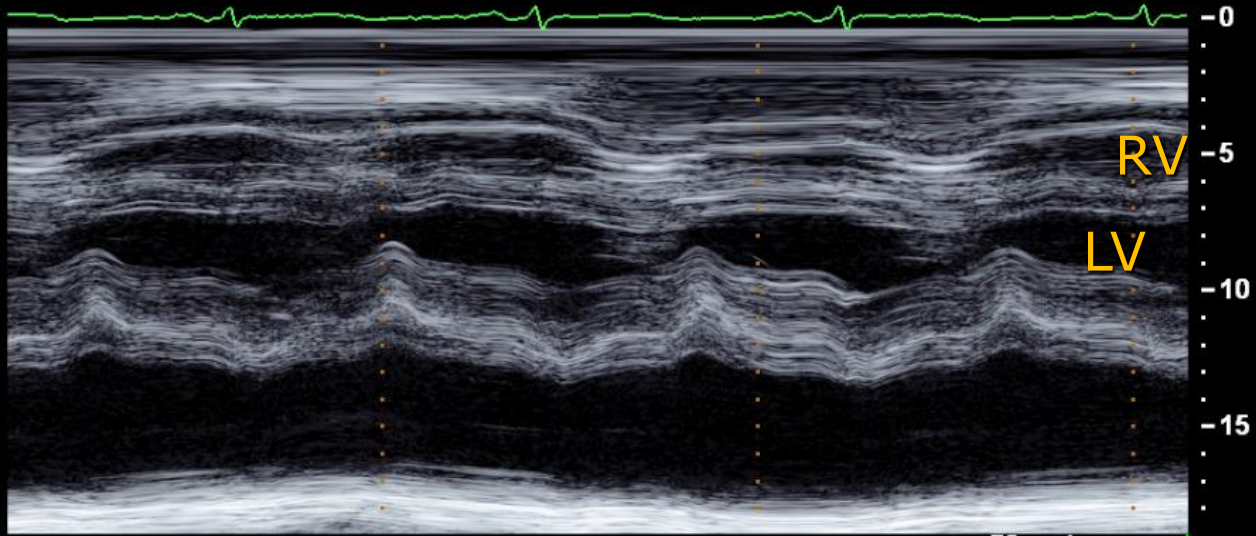




# Ventricular Interaction



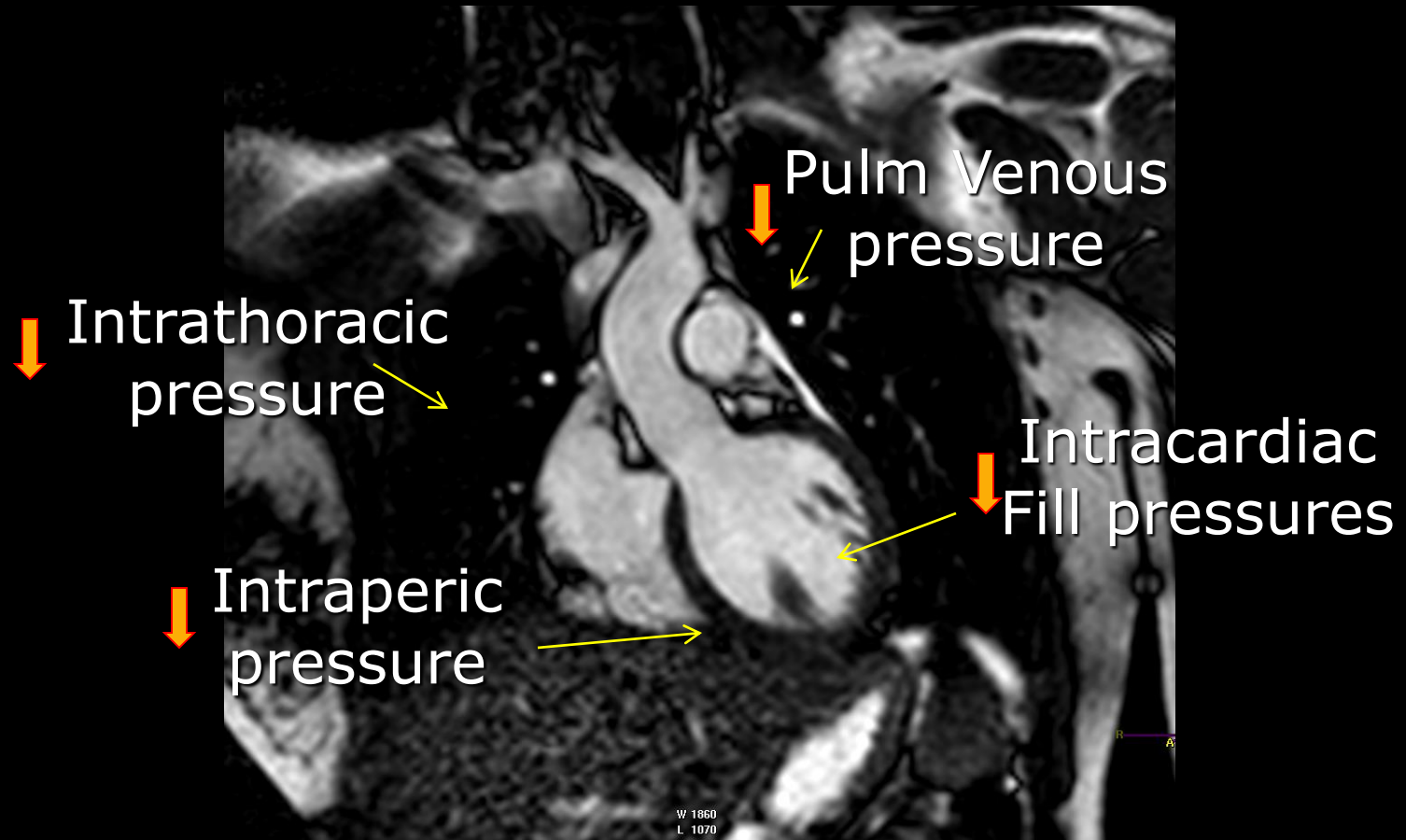
# Ventricular Interaction



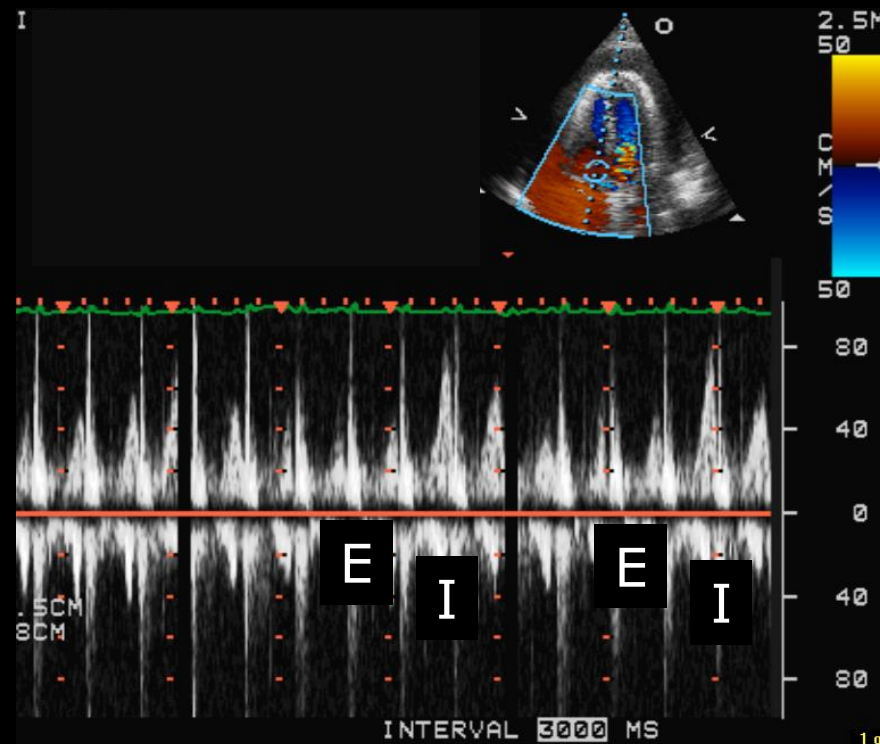
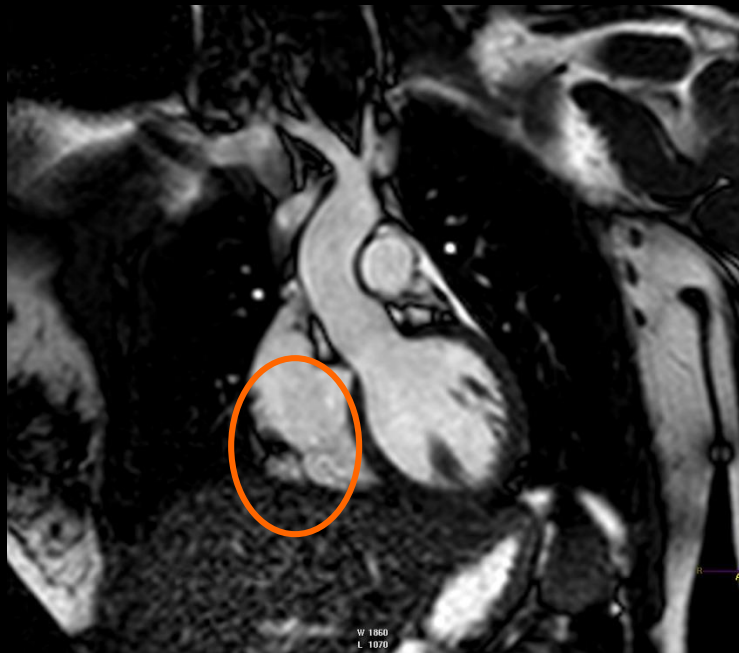


During Inspiration

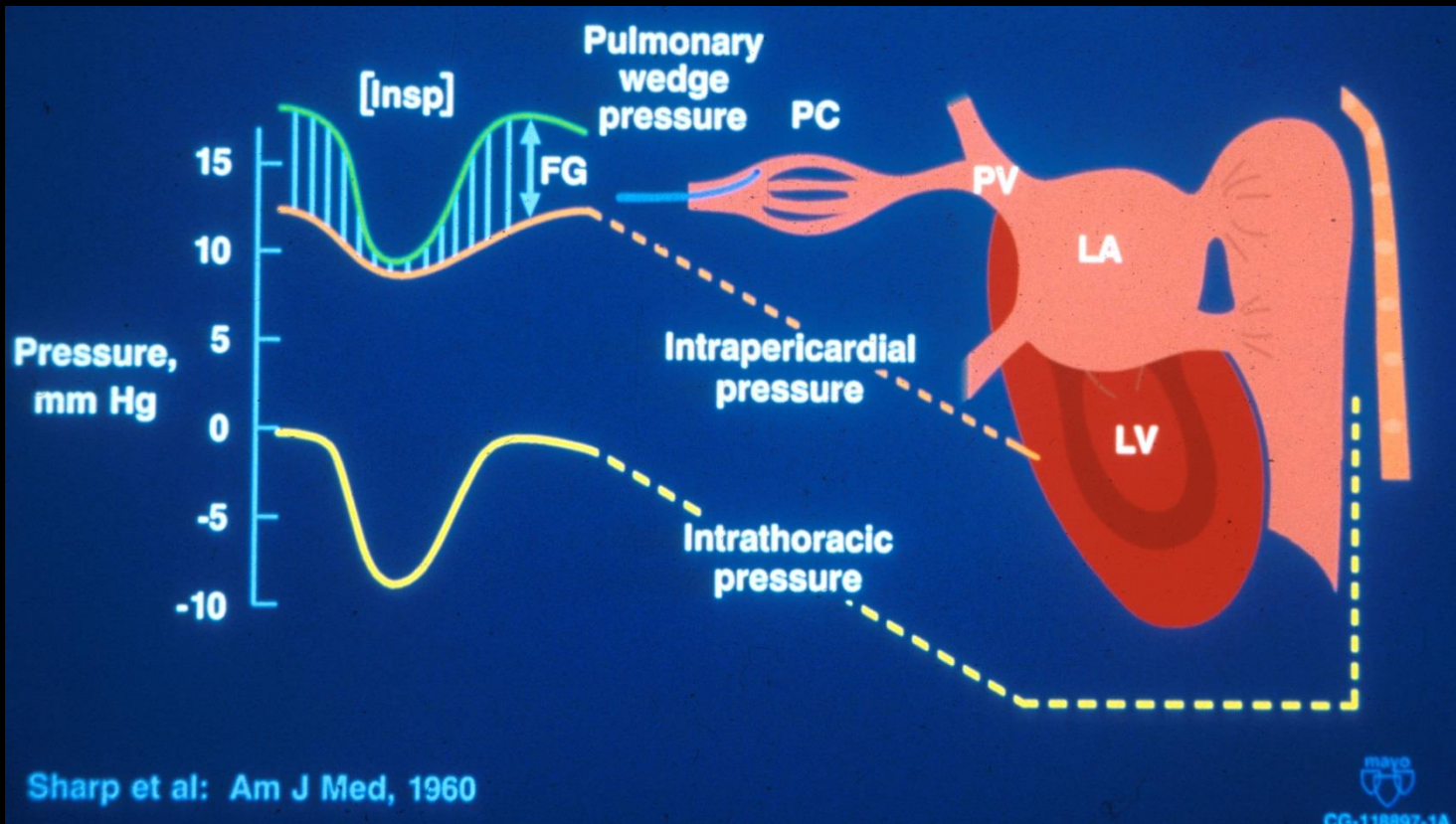
# During Inspiration



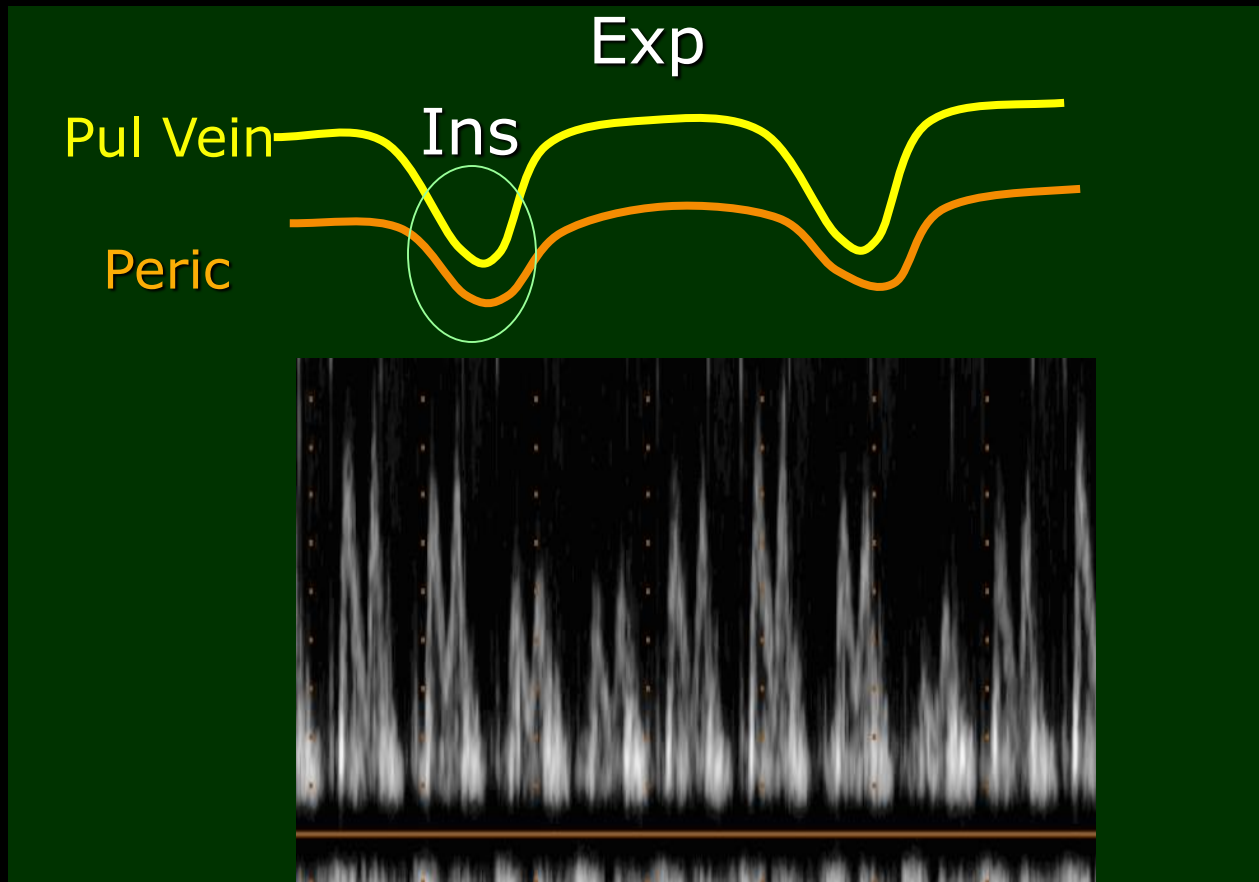
# Tamponade



# Tamponade

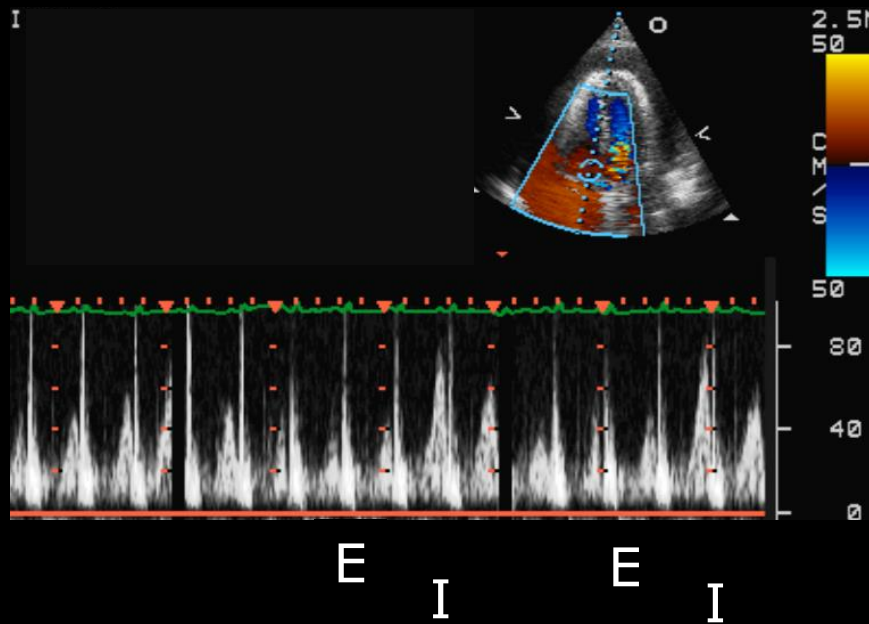


# Tamponade

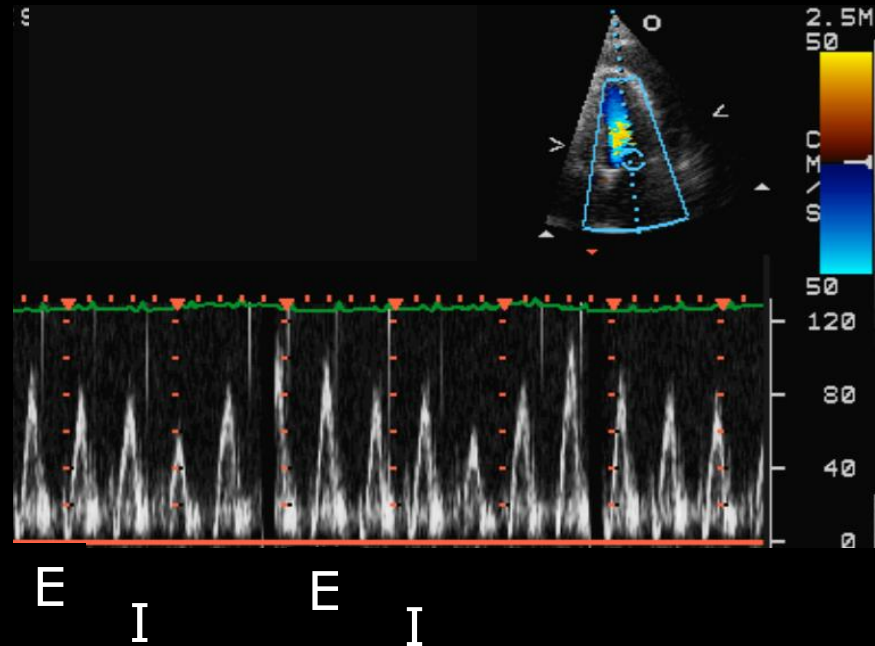


# Dissociation between Intrathoracic and Intracardiac Pressures

## Tricuspid Flow



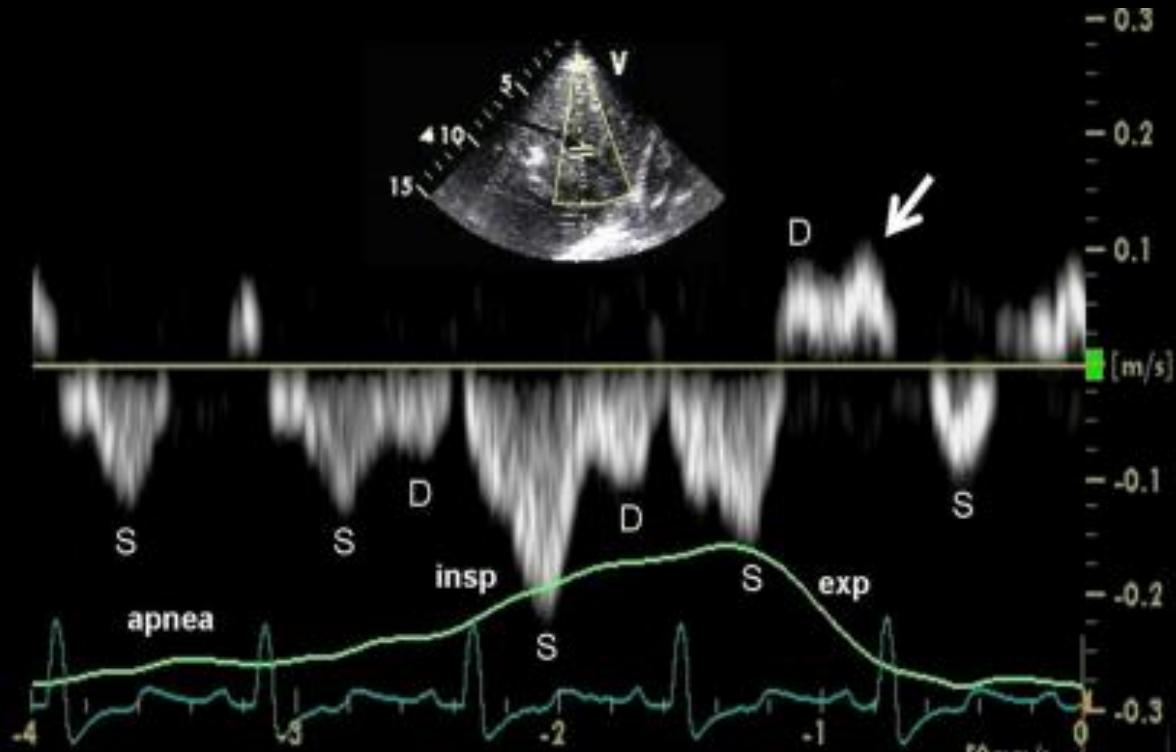
## Mitral Flow



Exp Velocity – Insp Velocity

Exp Velocity

# Hep V/SVC Flow





## Hep V/SVC Flow

- Insp Increase
- Exp Decrease
- Exp Increase in reversal flow

## Pulm Vein Flow

- Insp Decrease
- Exp Increase

# **Hemodynamics behind Echo Findings, Symptoms and Signs**

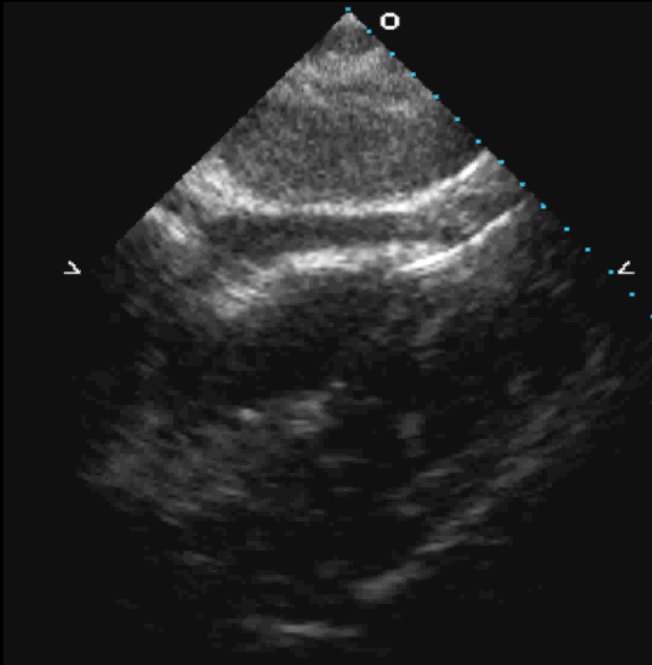
- Elevated intraperic & filling Pressures
- Intraperic pr rising above chamber pr
- Exaggerated RV-LV Interaction
- Dissociation Intrathor & Intracard Prs
- Decreased Cardiac Output

# Typical Tamponade



- RV diastolic collapse
- RA collapse
- LA collapse
- Abnormal septal motion
- Resp change in LV, RV size
- Dilated IVC, Plethora
- **Incr resp variation in flow**  
Mitral > 25-30%, Tricuspid > 35%

# Case



## Etiology

1. Viral
2. Post MI
3. Traumatic
4. Post-Op

*Case*

Post - CABG

Mild Hypotension

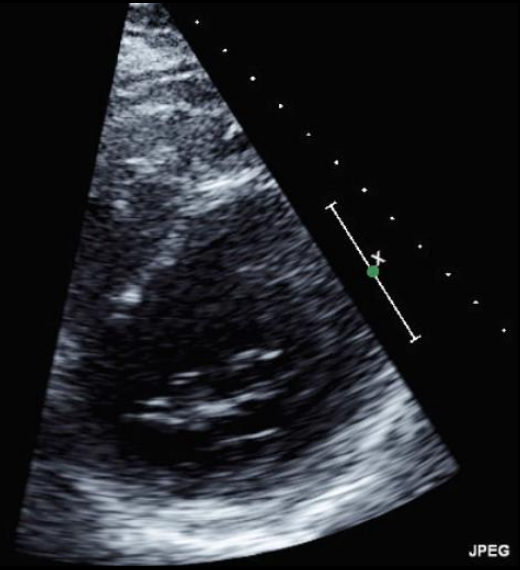
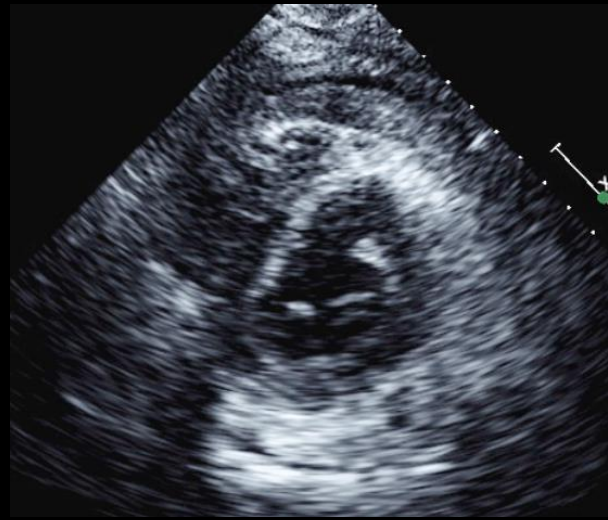


# Management

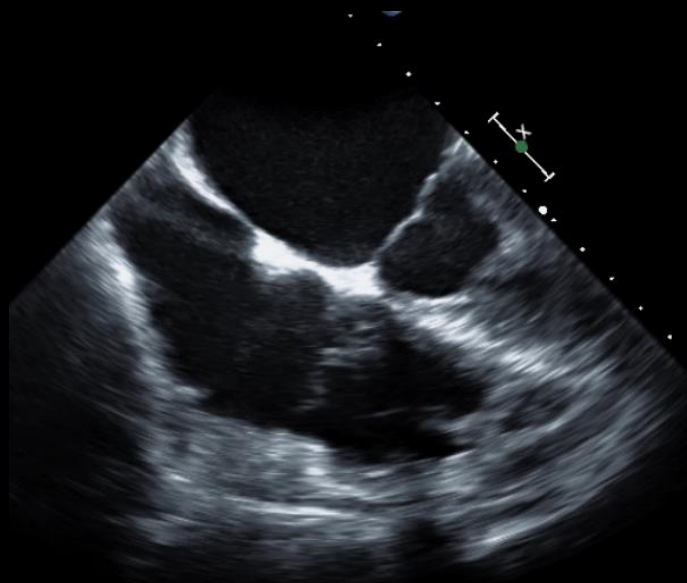
- 1) Percutaneous drainage
- 2) Surgical drainage off-pump
- 3) Surgical repair on pump
- 4) Fluids, Pressors
- 5) CT scan, MRI or Cath







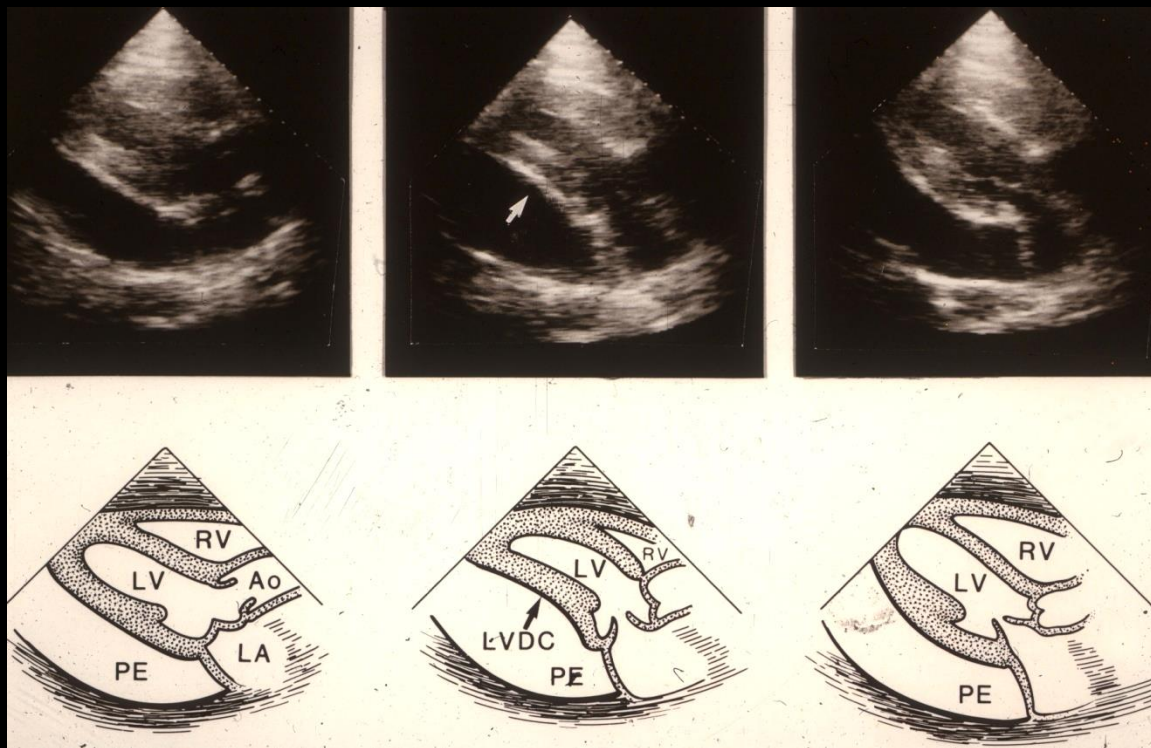
JPEG



JPE

# Regional Effusion and Tamponade

# Regional Tamponade



LV Diastolic Collapse

*Case*

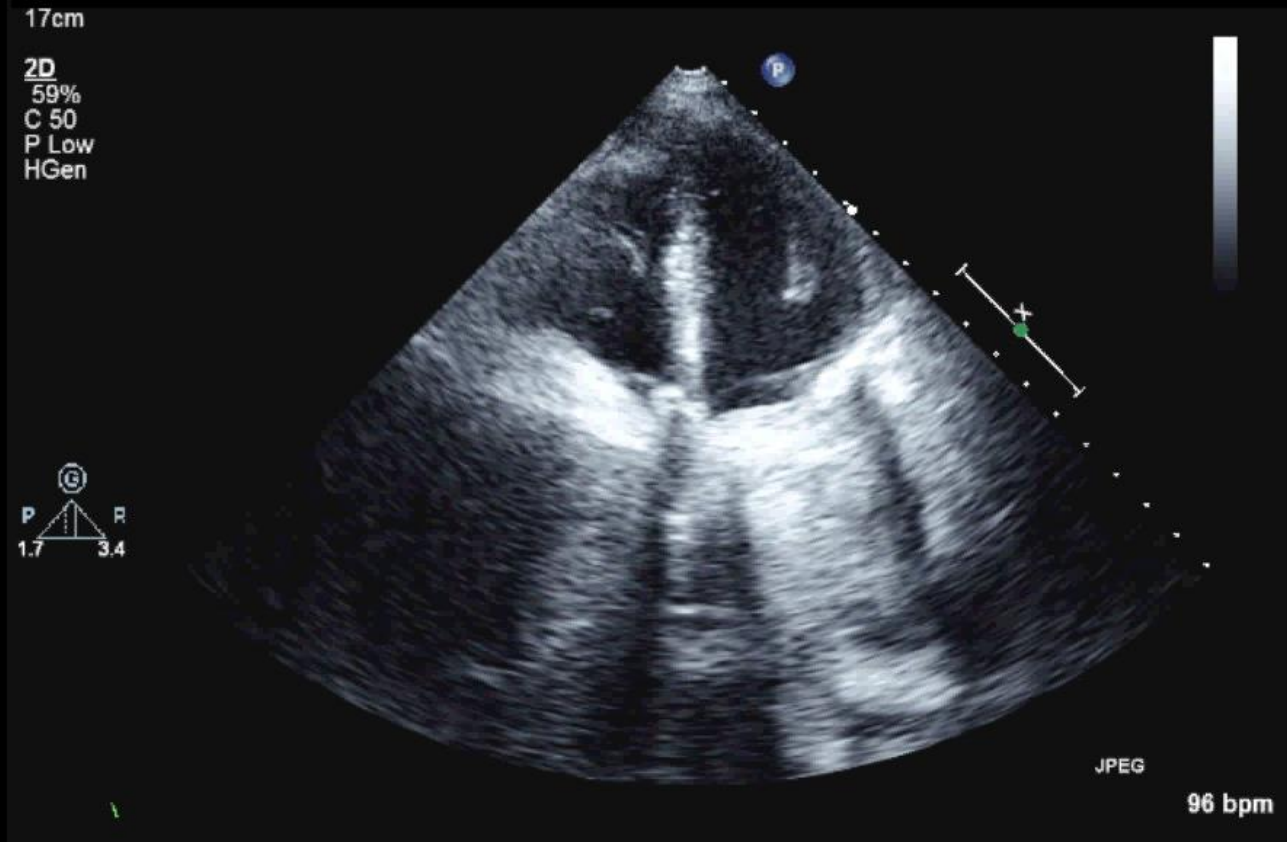
Apical LVDC



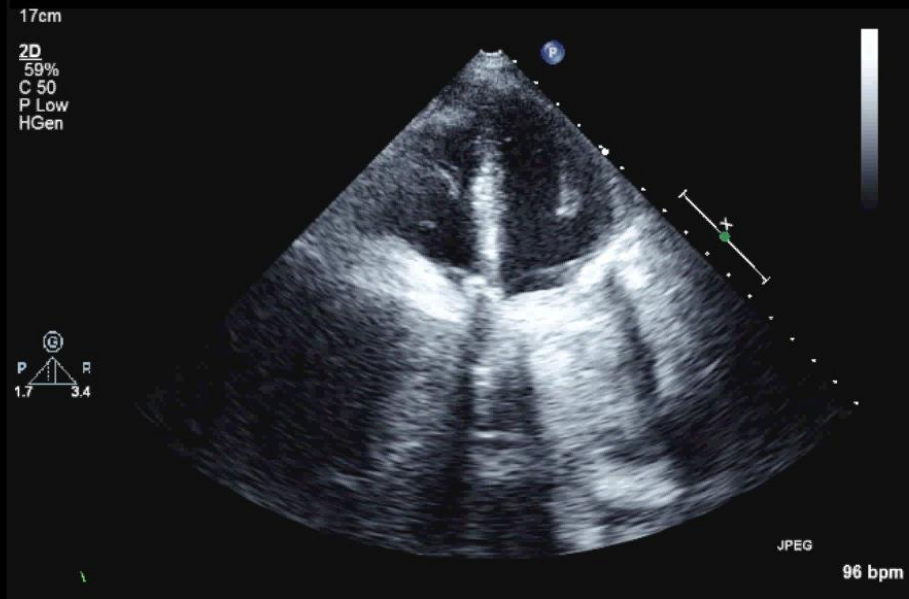
*Case*

# Lateral wall LVDC

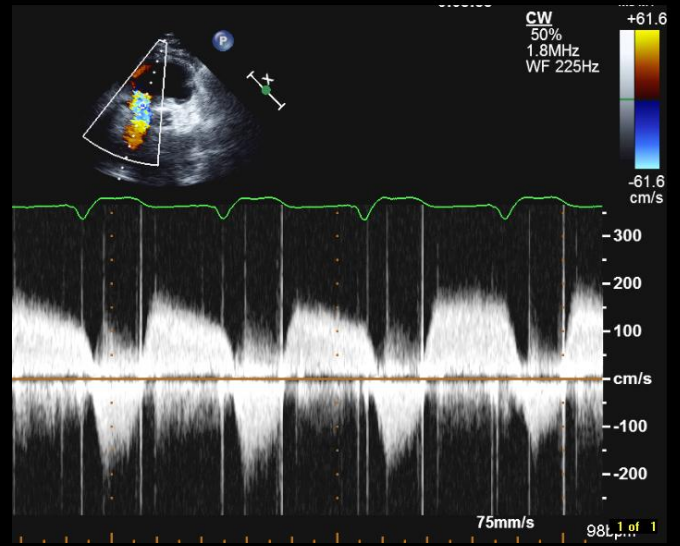
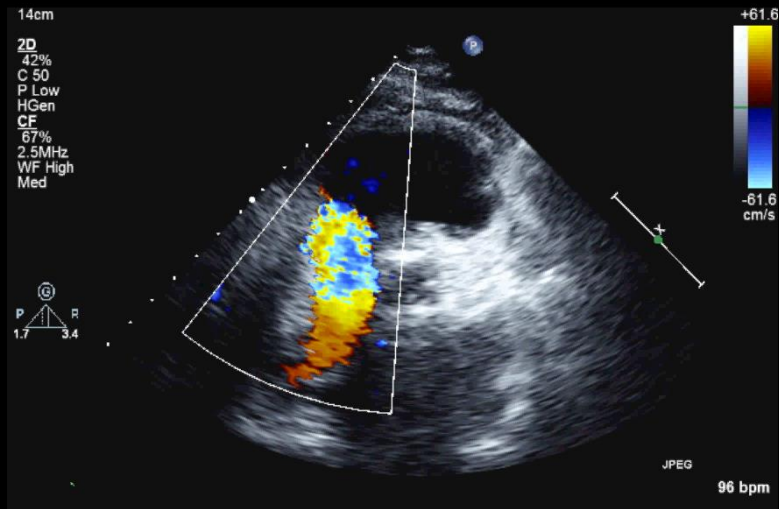




A post-op pt



5/7/2007 09:15 AM









# Regional Tamponade

- Clinical signs not reliable
- Right sided signs may be absent
- Look for
  - LA collapse
  - LV diastolic collapse
  - Flow velocity changes

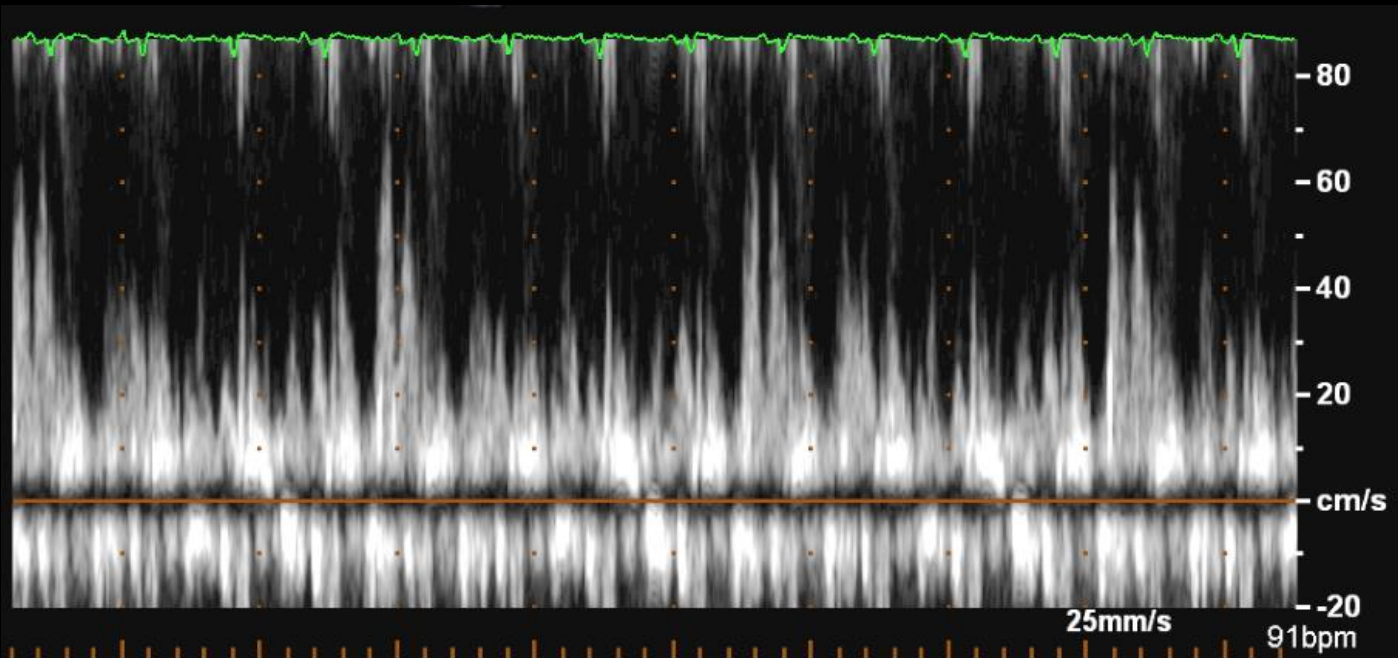
# Case



1. Hematoma
2. Fat pad
3. Pus
4. Malignant mass

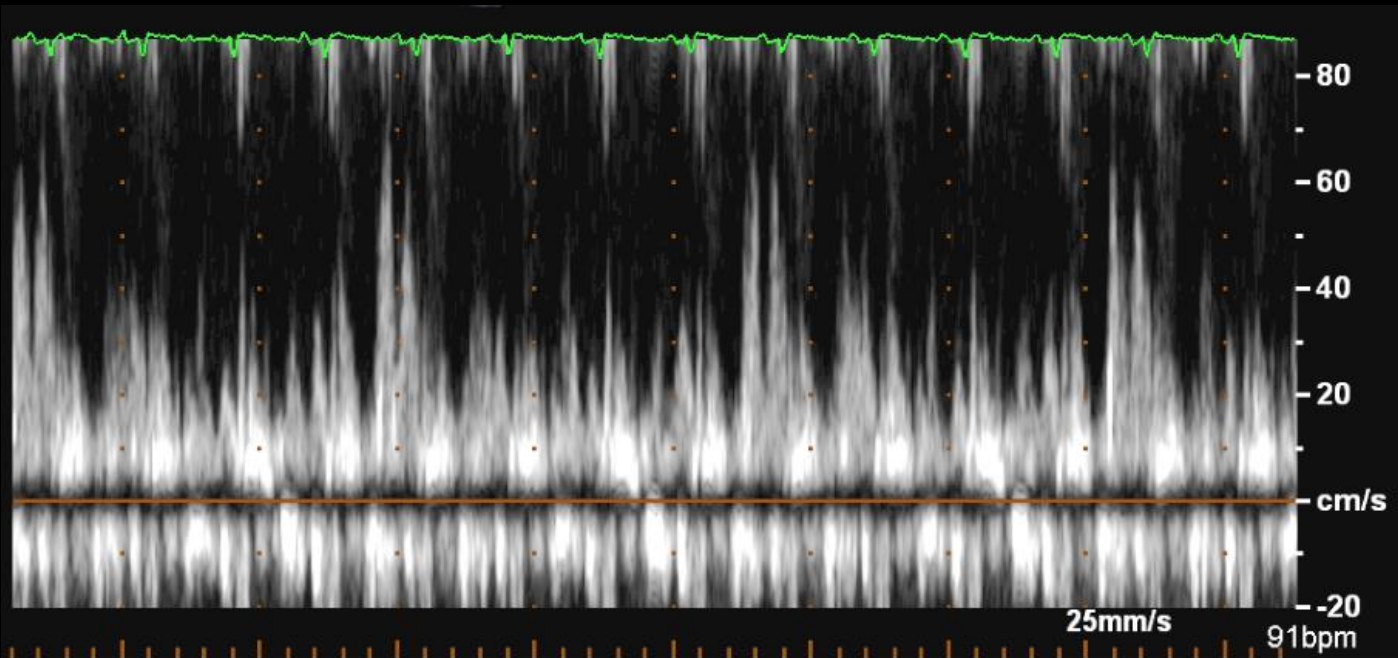
# Patient with Dyspnea

## Tricuspid Flow



# Patient with Dyspnea

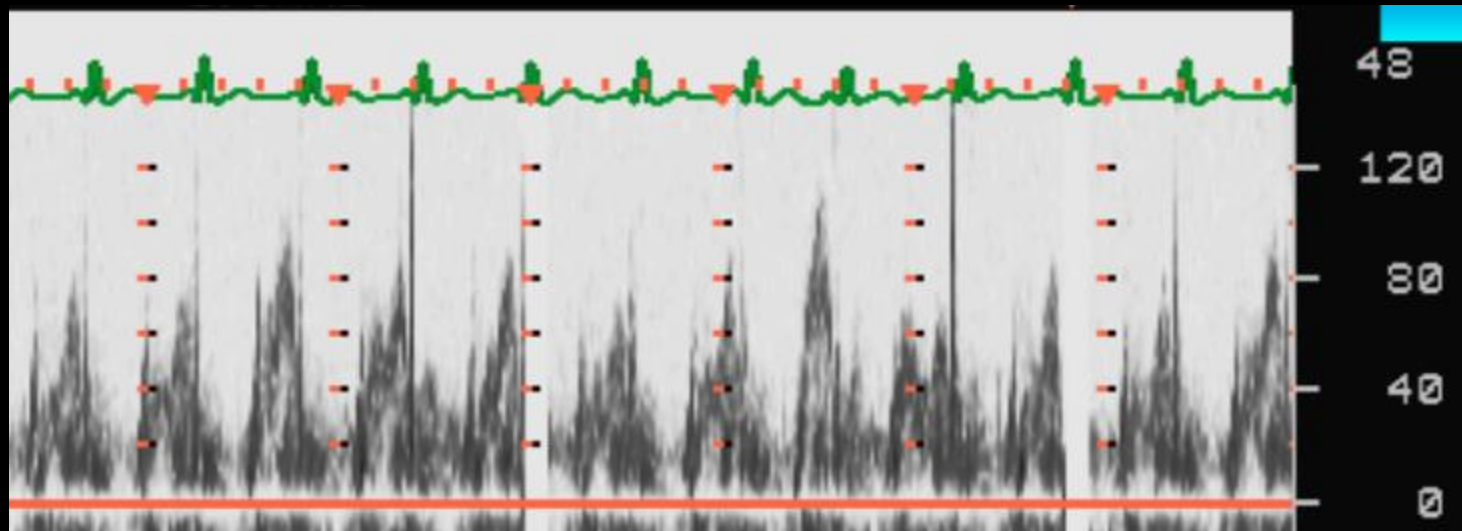
## Tricuspid Flow



COPD

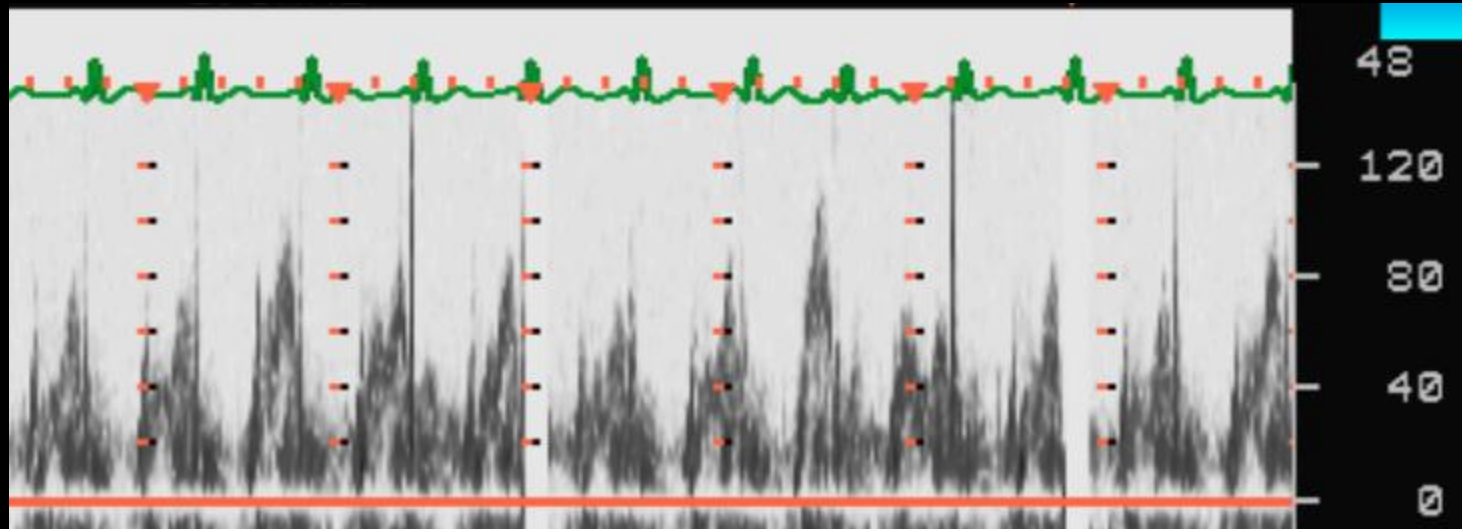
# Asymptomatic Subject

## Mitral Flow



# Asymptomatic Subject

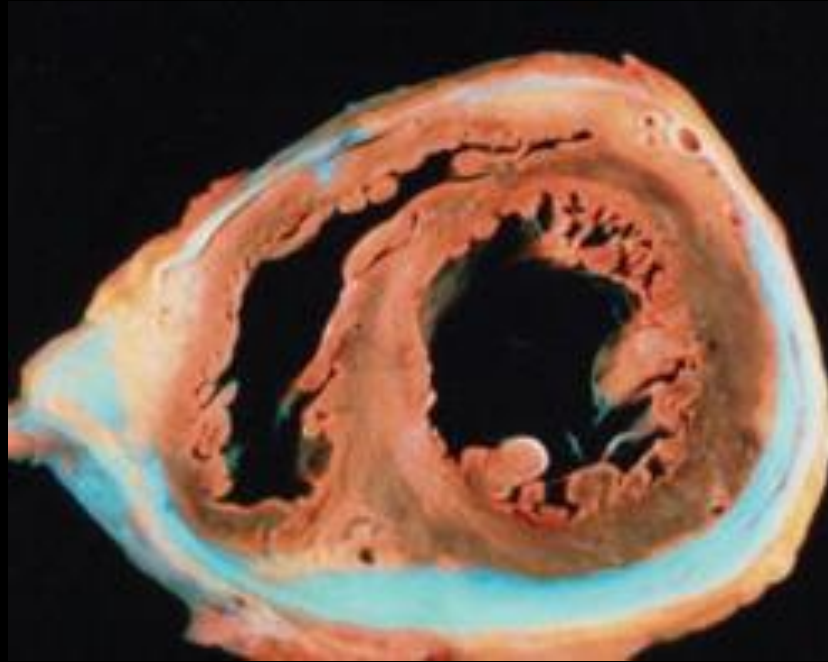
## Mitral Flow



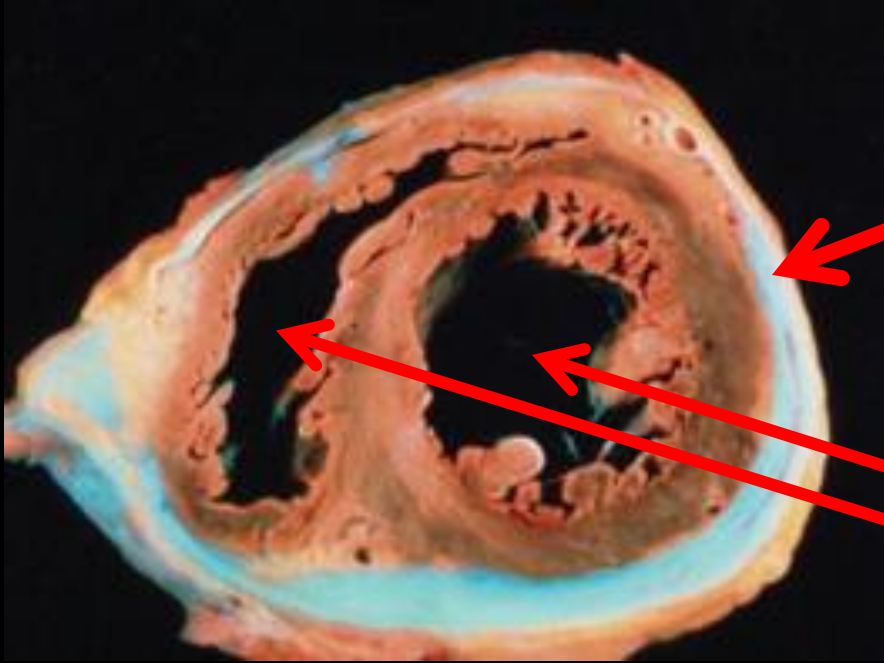
Deep Breathing

# Constrictive Pericarditis

# Constrictive Pericarditis



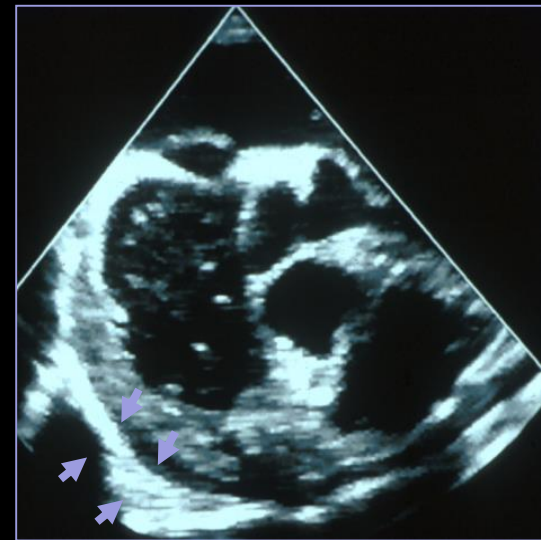
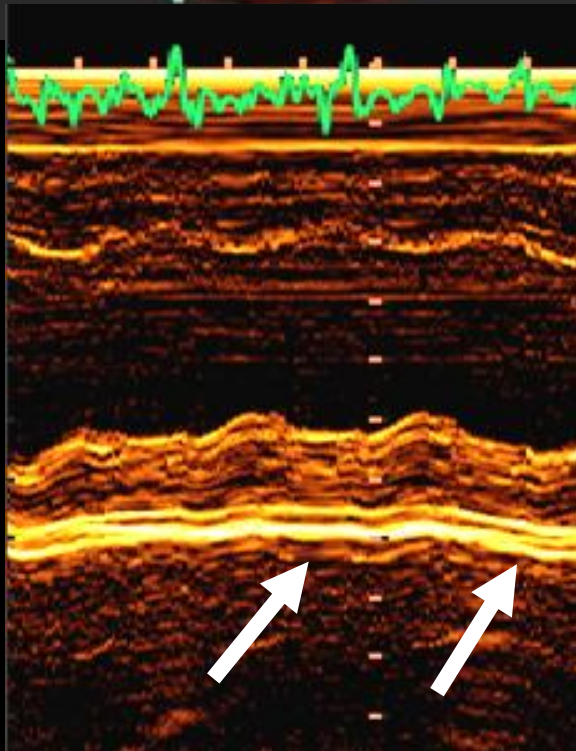
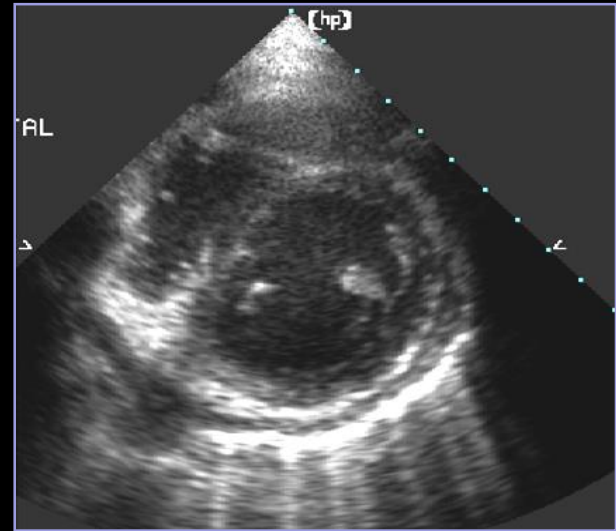
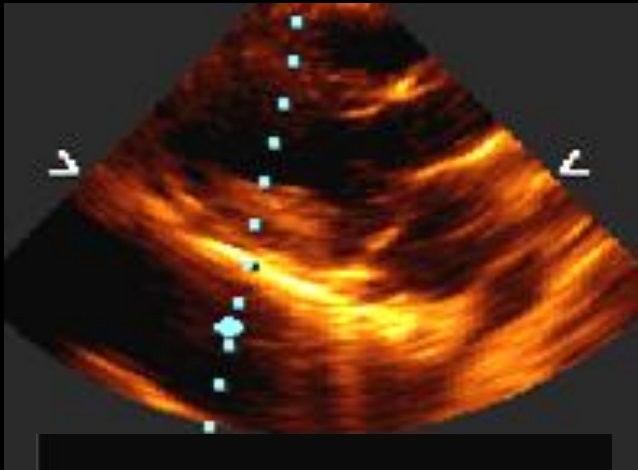




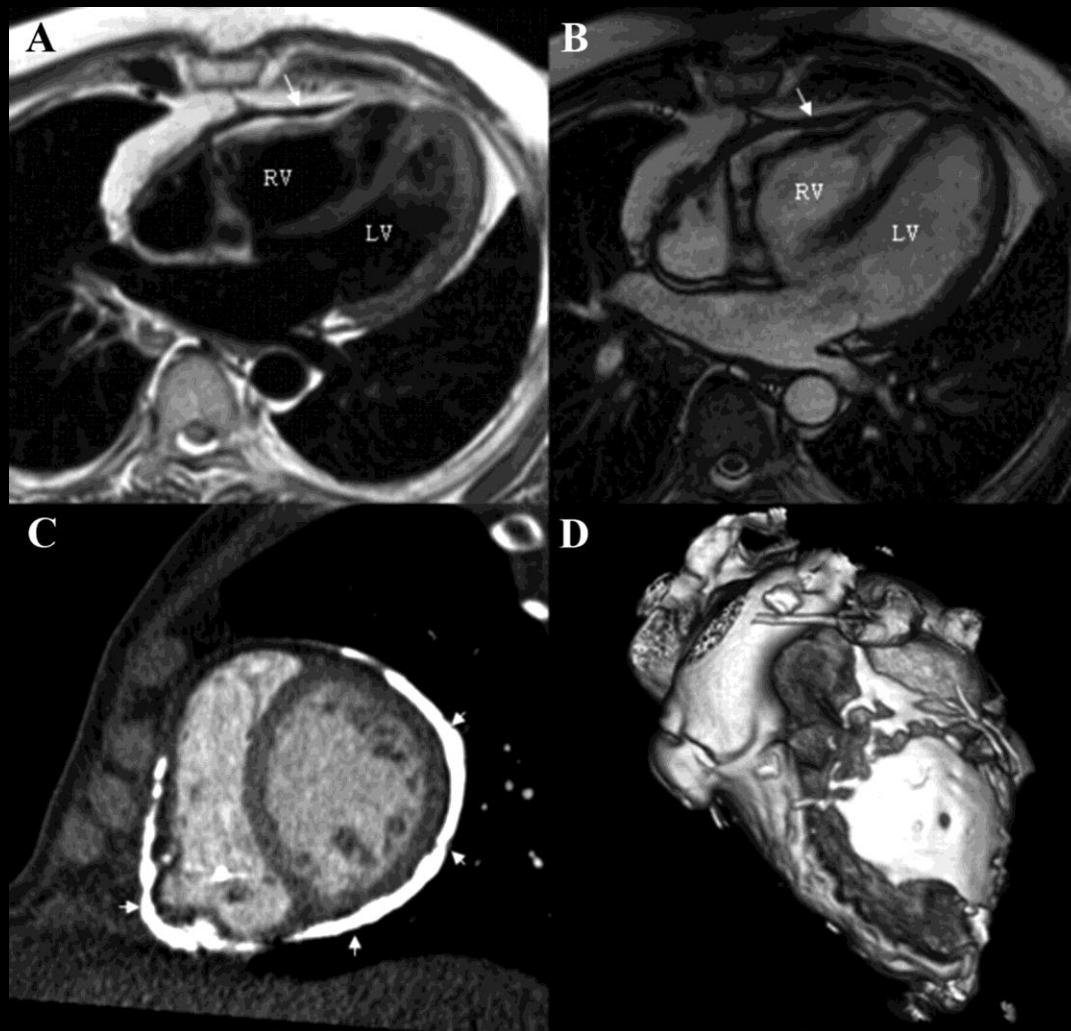
**Thick  
Pericardium**

**Filling  
Dysfunction**

# Pericardial Thickness



CMR



CT

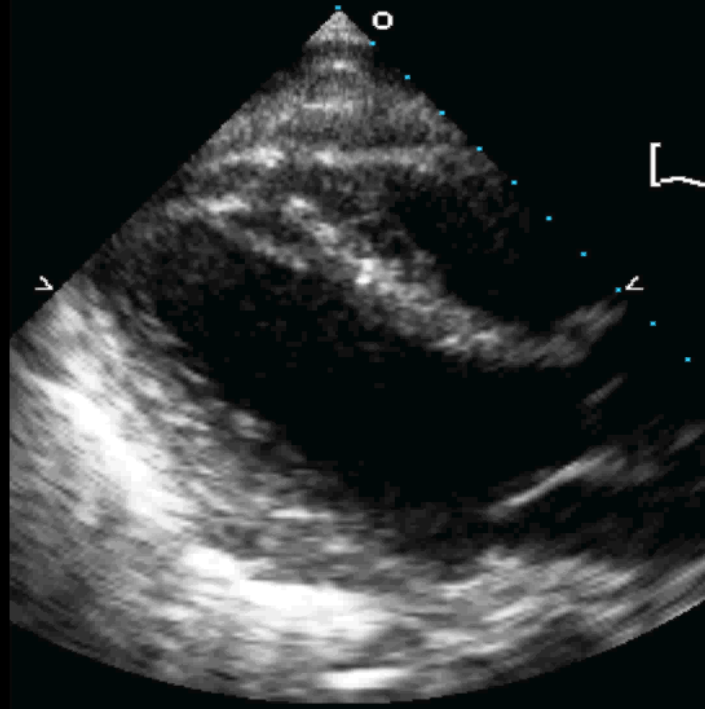
# Const Pericarditis: 2DE & M-mode

- Dense rigid pericardial shell
- Normal sized LV and RV
- Septal bounce, notch
- Rapid LV expansion with abrupt halt
- Premature pul valve opening
- IVC dilation and plethora
- Atria normal or mildly enlarged

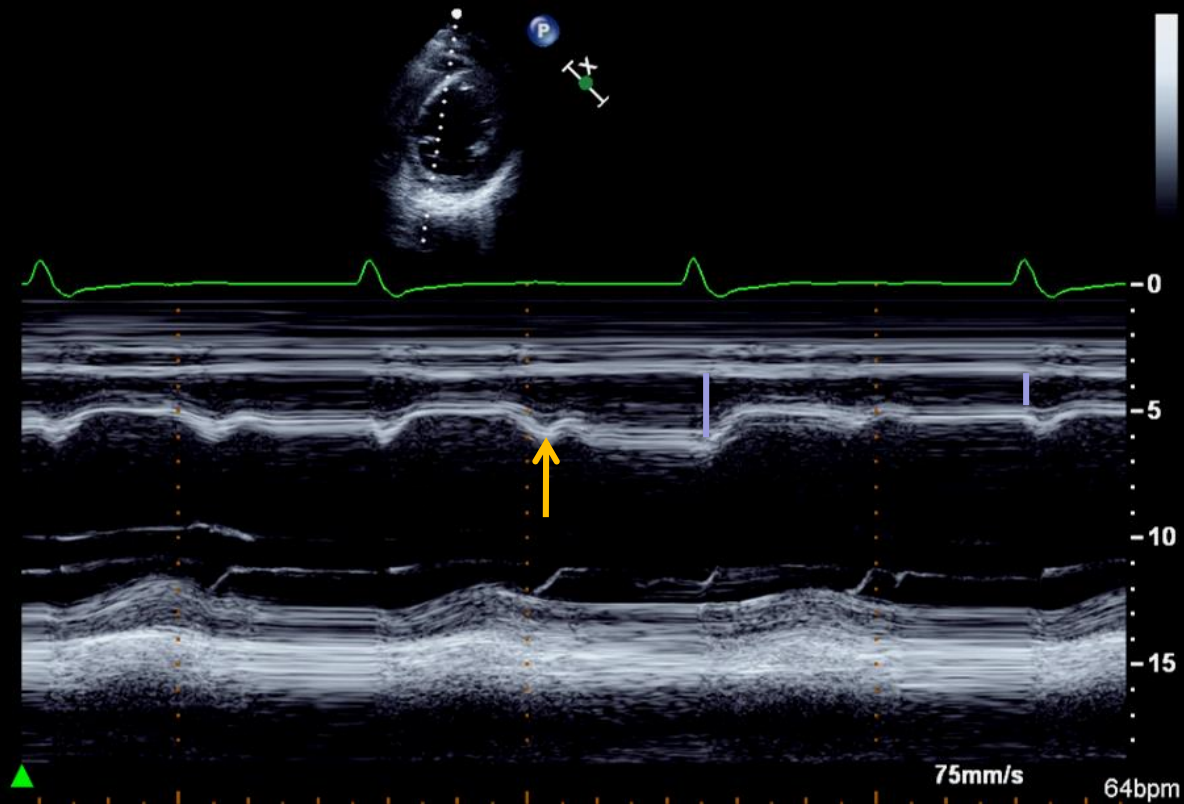
# Filling Dysfunction

- Elevated filling pressures
- Ventricular interdependance
- Dissociation between  
intrathoracic and intracard prs

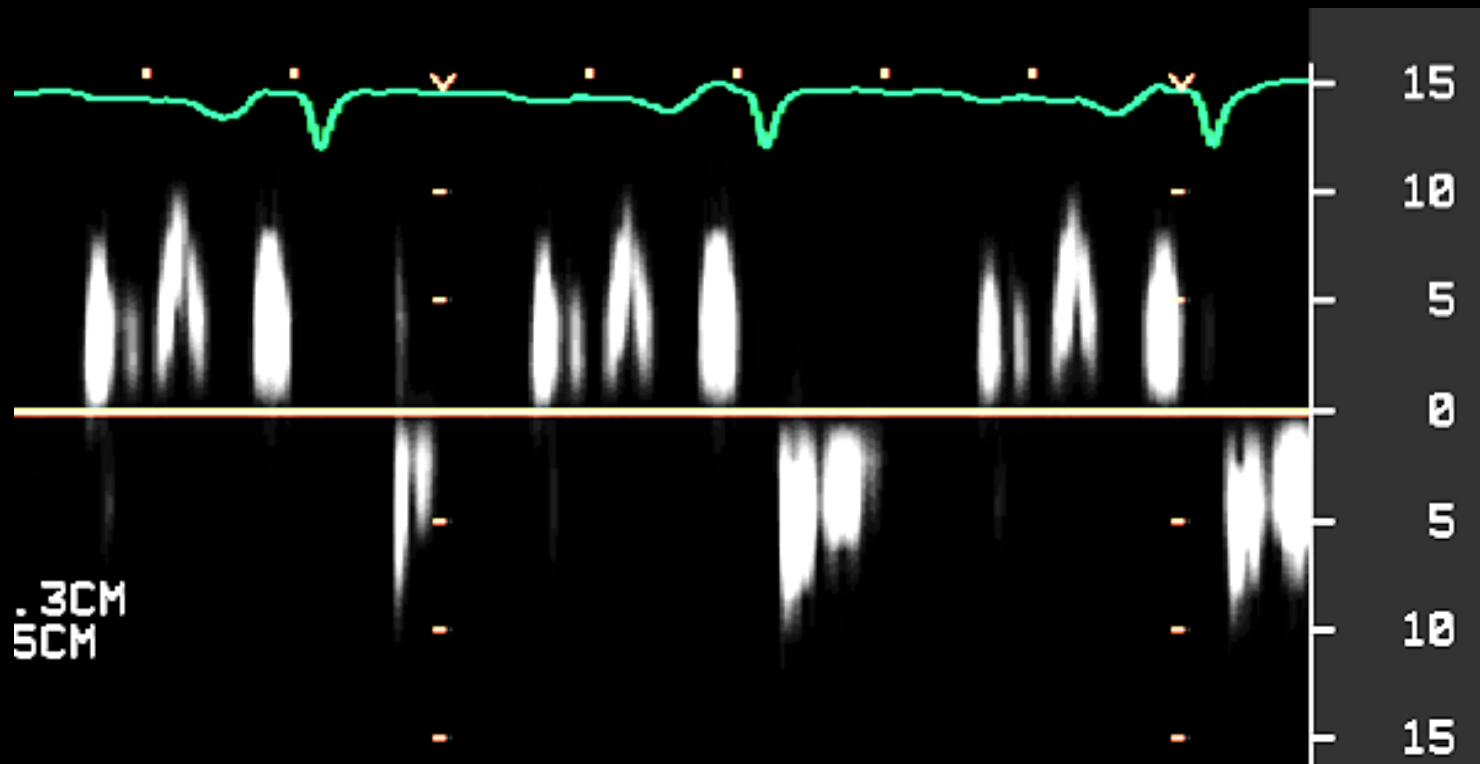
# Septal bounce



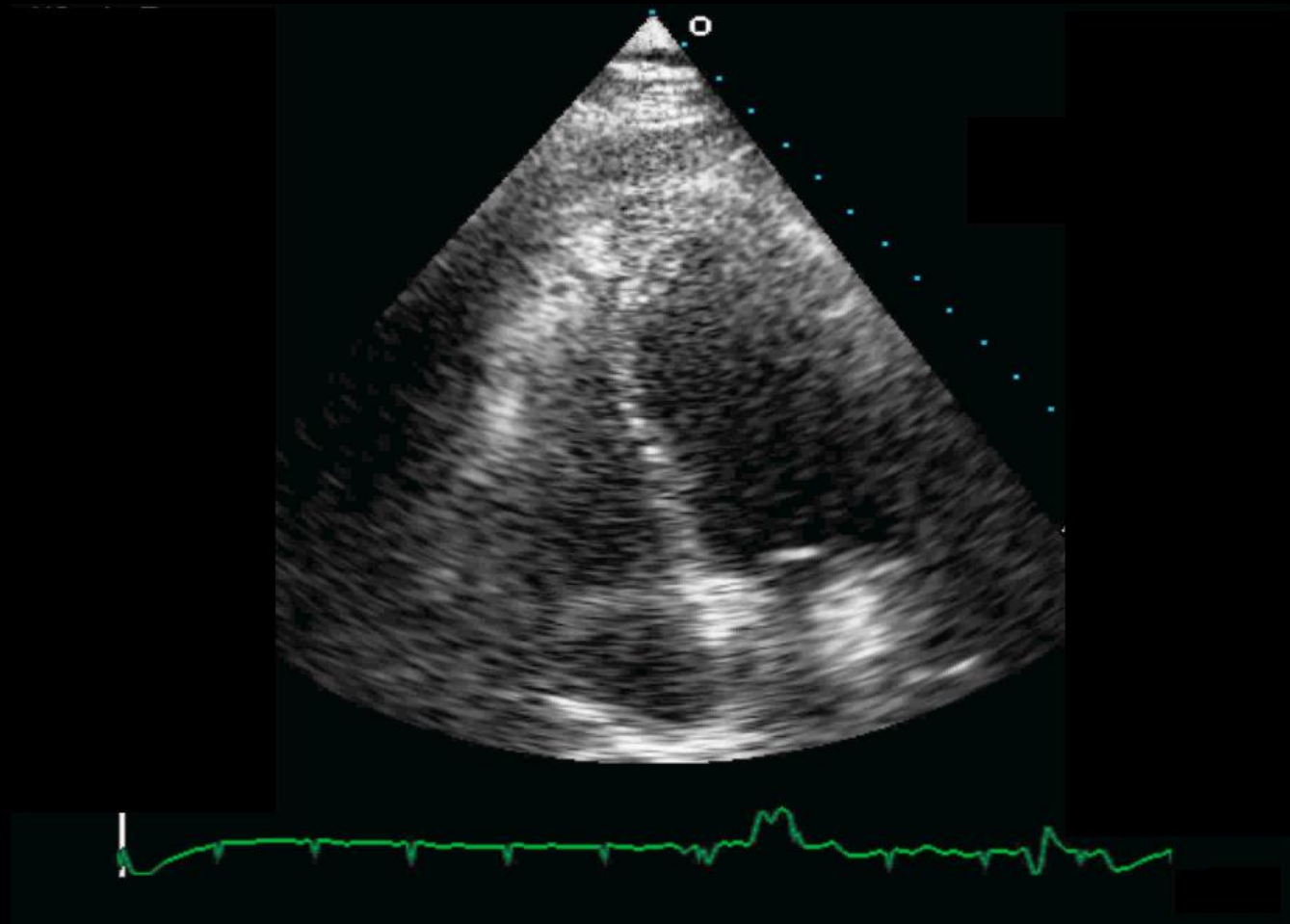
# Septal Bounce, Diastolic notch



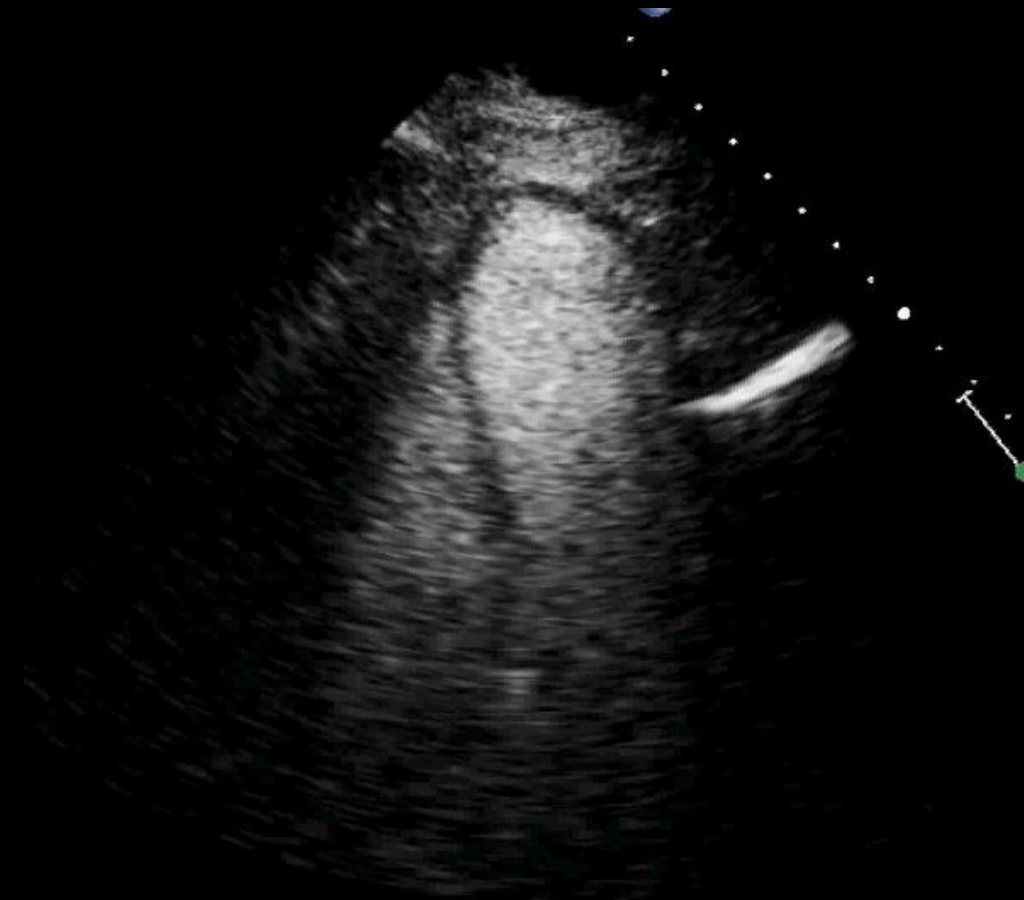
# TVI: septal dynamics

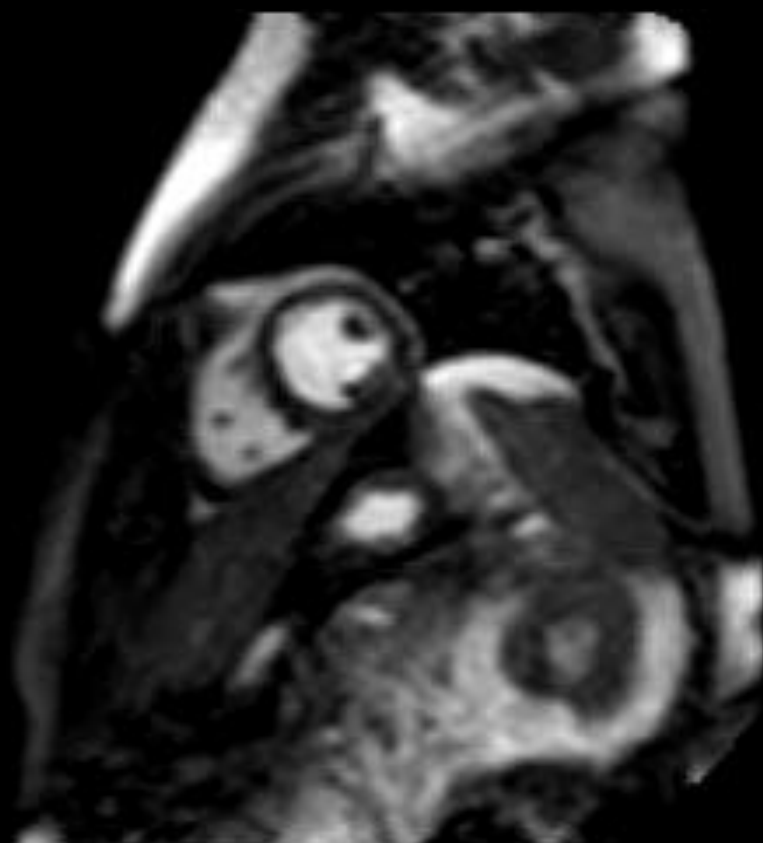


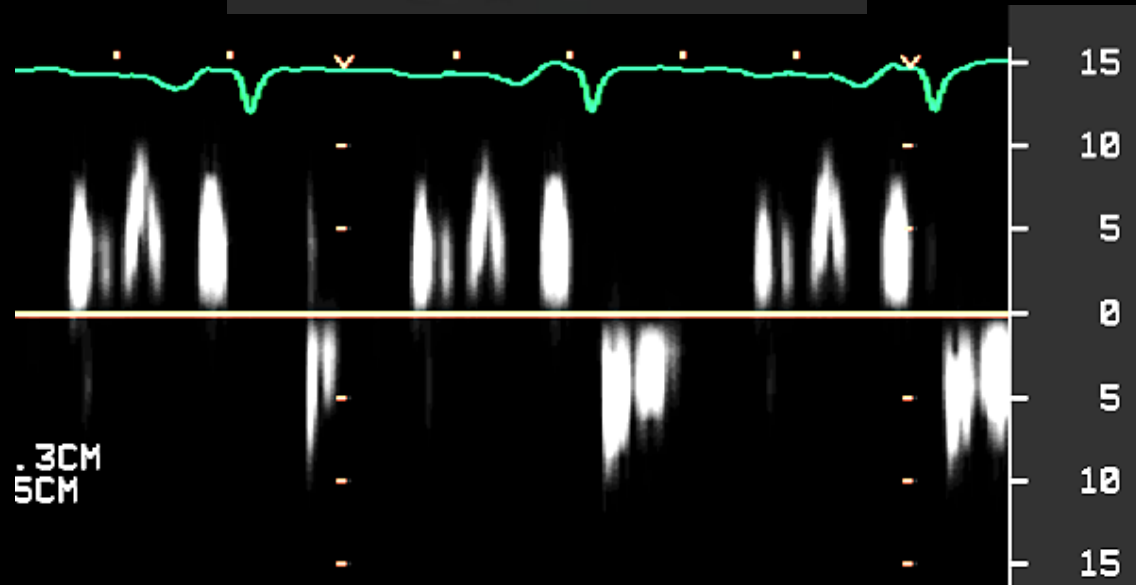
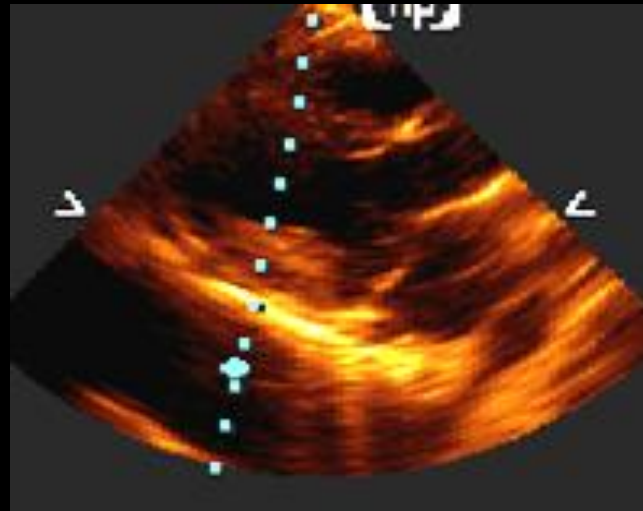




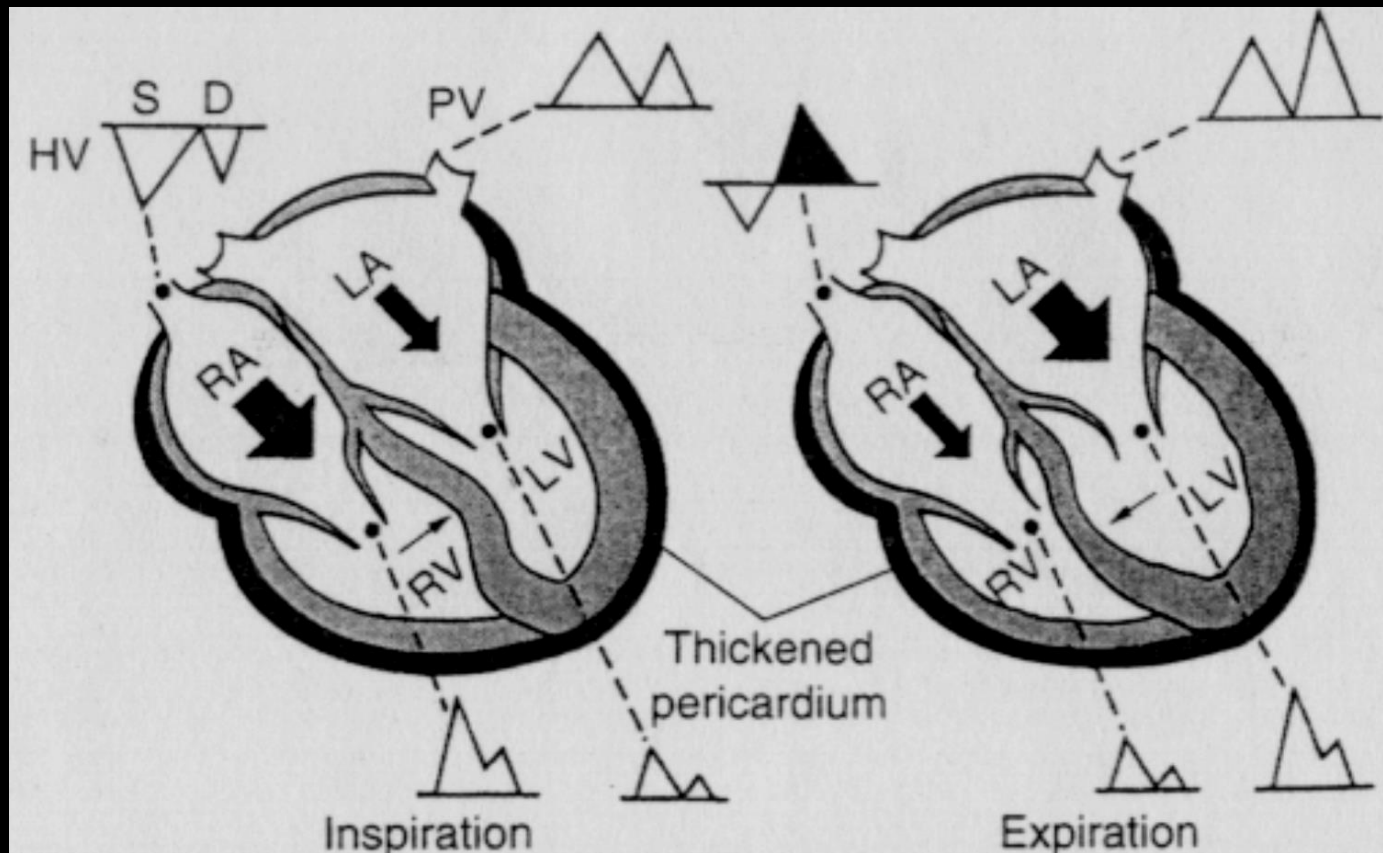
# Septal bounce







# Respiratory Flow Variation



Mayo Publications

OSHRY, CARL

RHC/LHC

05-19-2009

2388963

KAPUR, NAVIN MD

HC004888 <7098>

SNAP

T1

T2

SWITCH

<[ ] [ ]>

<<< >>>

<- ->

Site  Periph

Points/Chan

Ins Del

Type Syst

ECG Adjust

- + <>

<cl | cl>

Phase

Position

Analyze

Interpret

Link

Cut (C)al

Binary Out

PRINT CO

SETUP DP

Export DCP

VALVE

Signal Ave

List On

SplitScale

SplitScrn

Time Grid

OK

< Color >

WTT

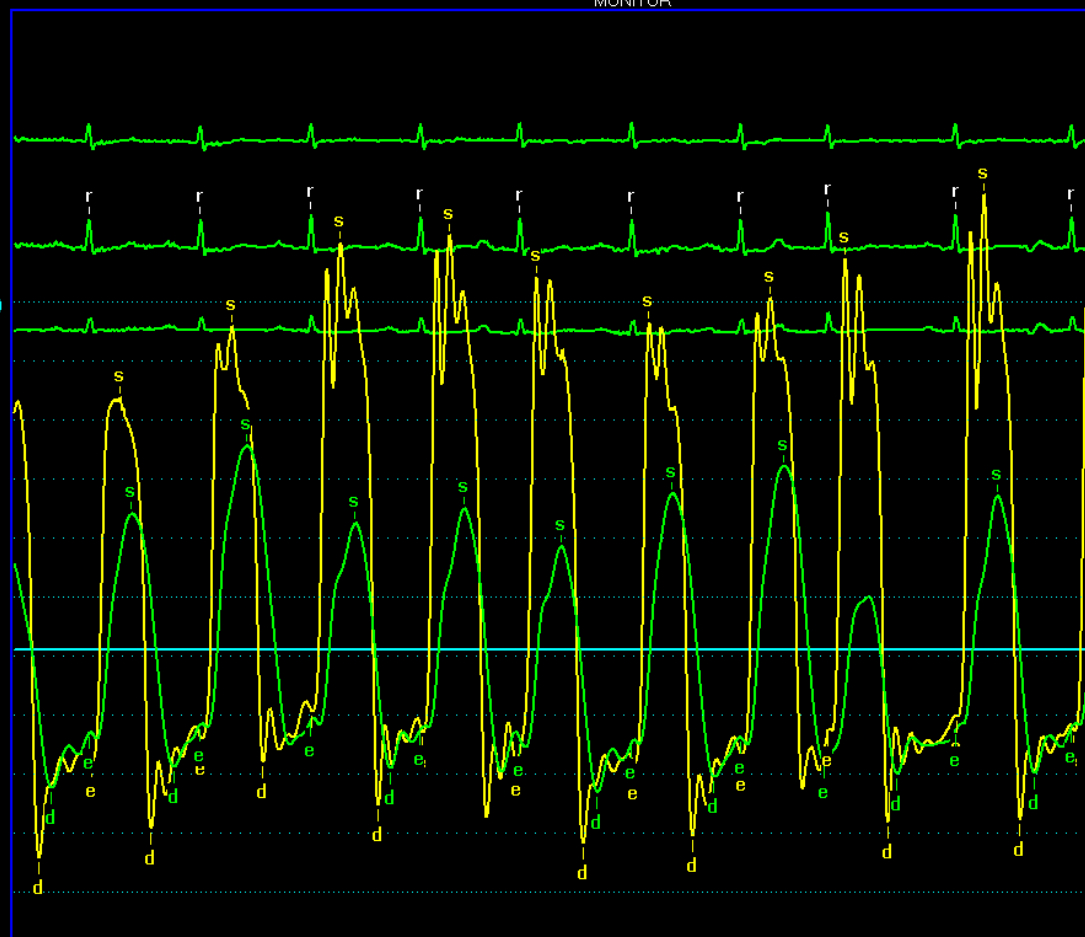
16:38:10

LV 103/11, 25

80 BPM  
MONITOR

RV 64/19, 26

3 F



RM AIR REST

ECG>	6 LEAD
RA	22/22 (21)
RV	62/17, 25
PW	39/41 (35)
PA	63/28 (43)
THERMAL:	4.5 l/m
RA	24/23 (22)
LV	98/11, 23
RV	63/18, 26
LV	107/12, 24
RV	63/20, 26
LV	103/11, 25
RV	64/19, 26

BP

118/73 84 BPM

123 IPM

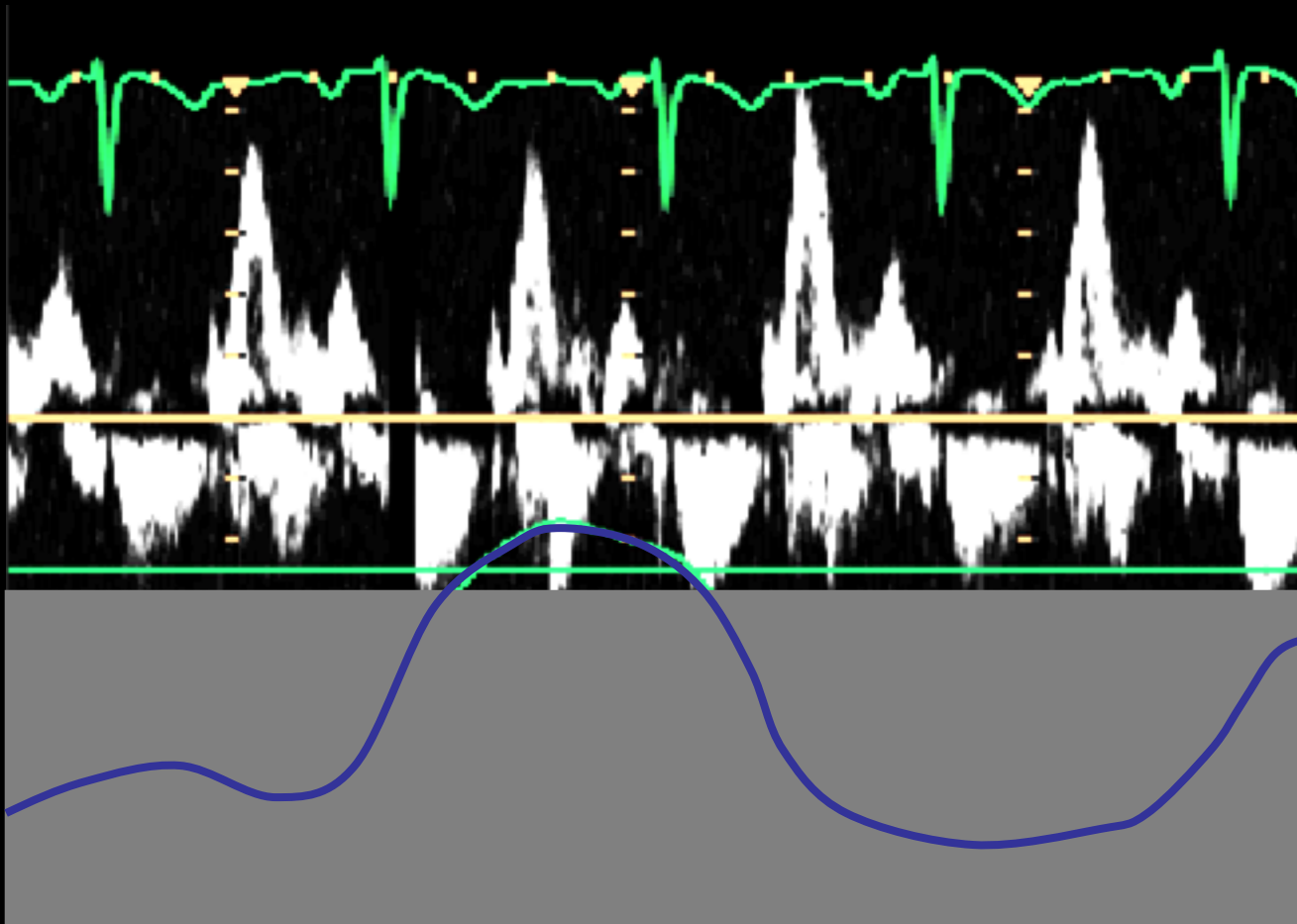
97% 162 BPM  
60 sec

<25 sweep> <paper off>

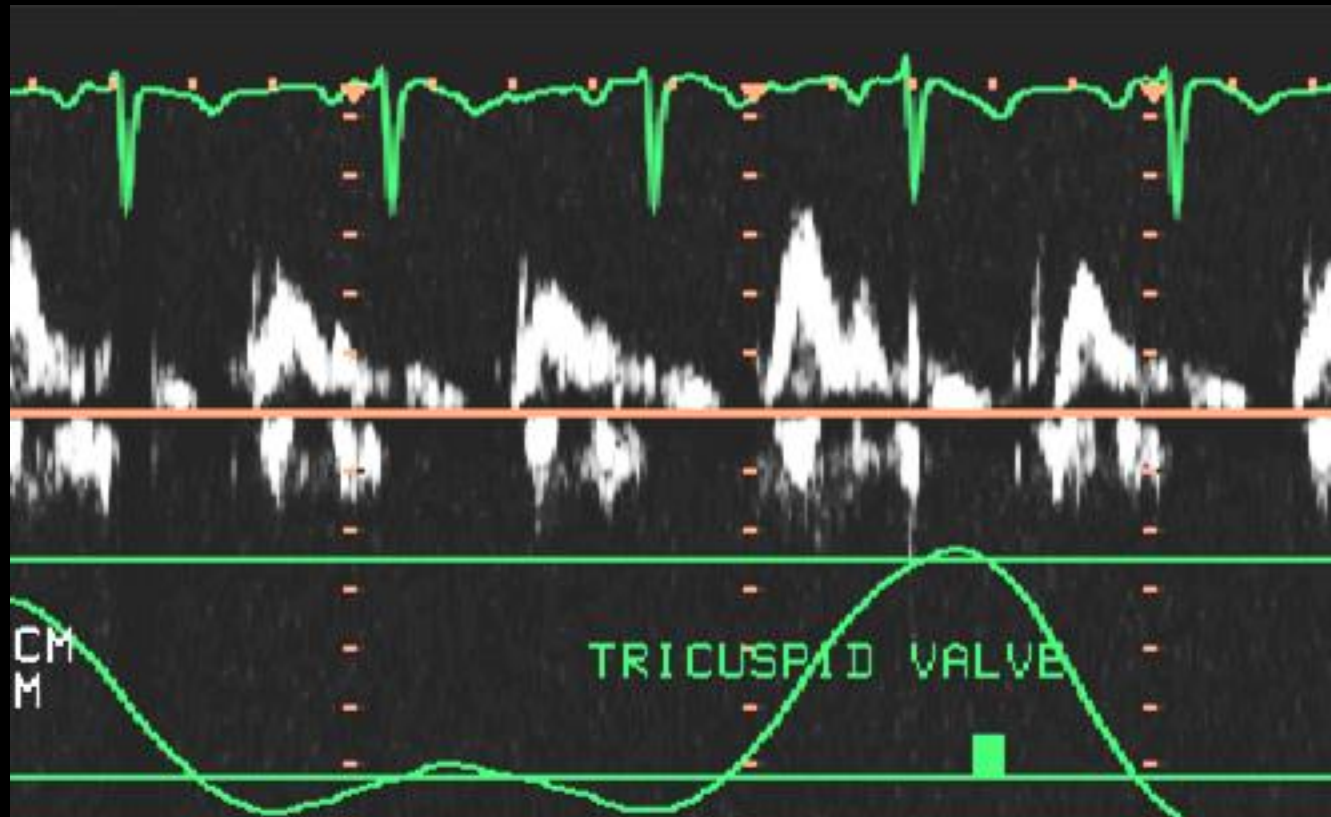
Sinus Rhythm

RM AIR REST

# Mitral flow

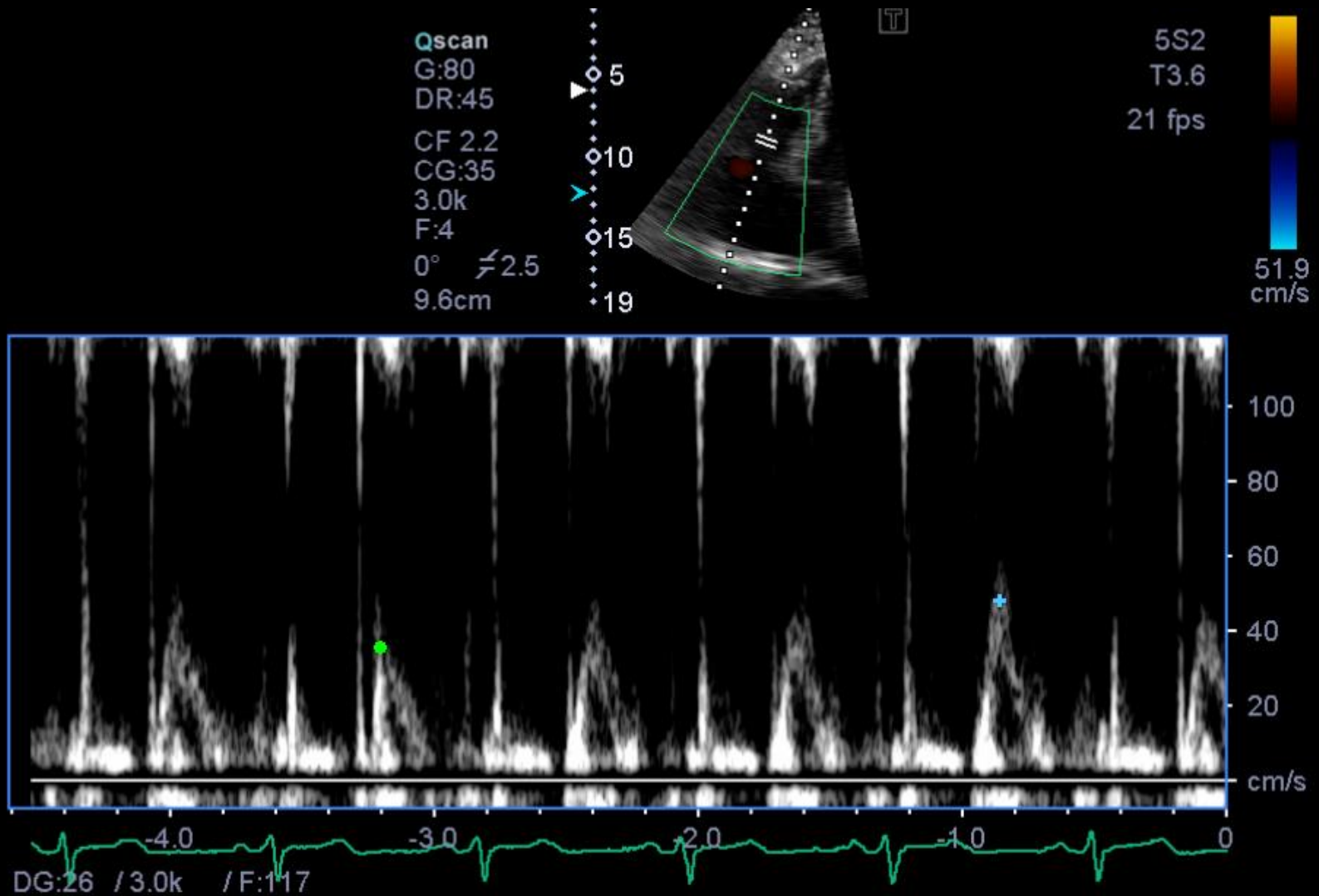


# Tricuspid flow



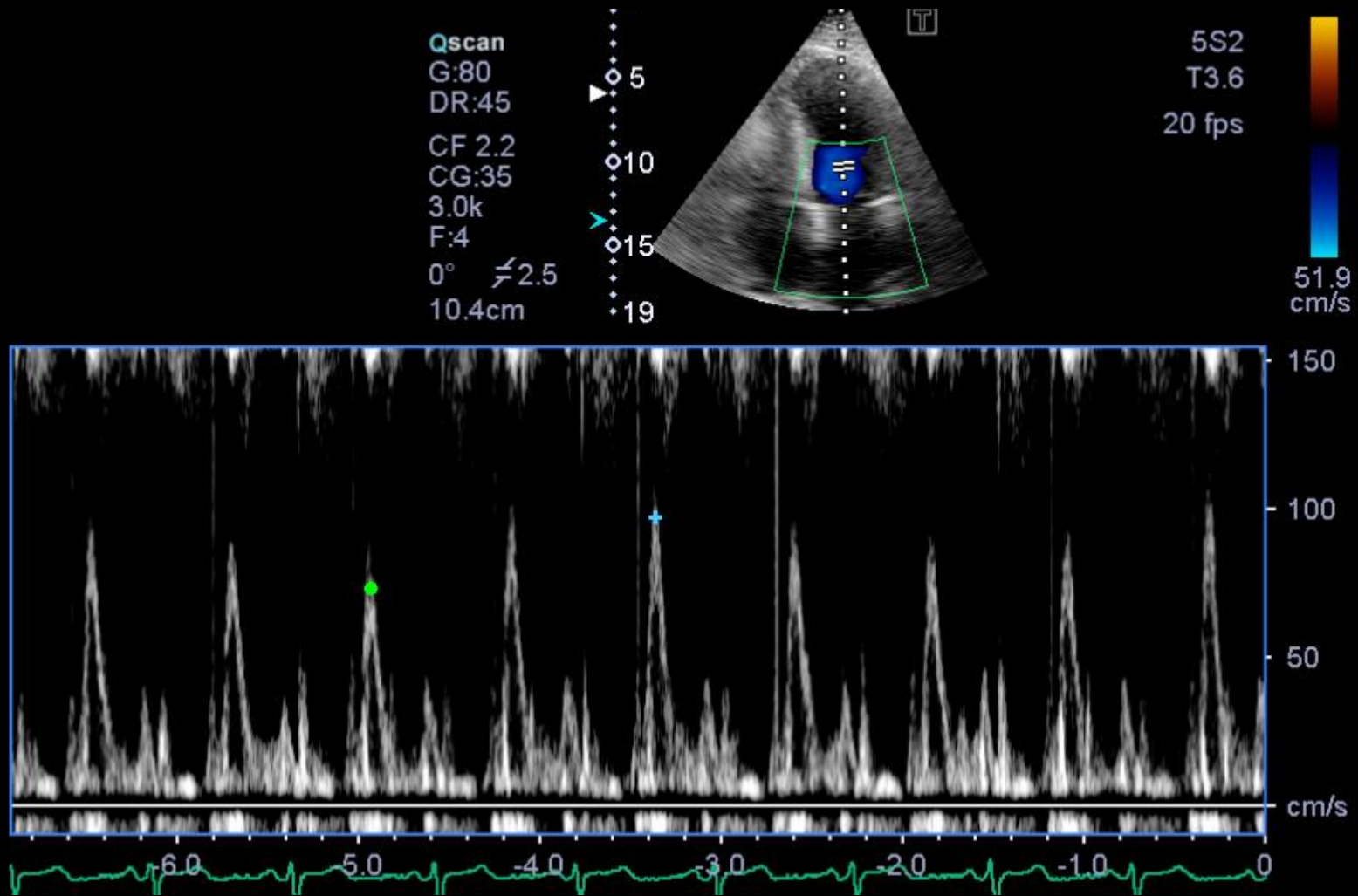


# Tricuspid Flow Velocity



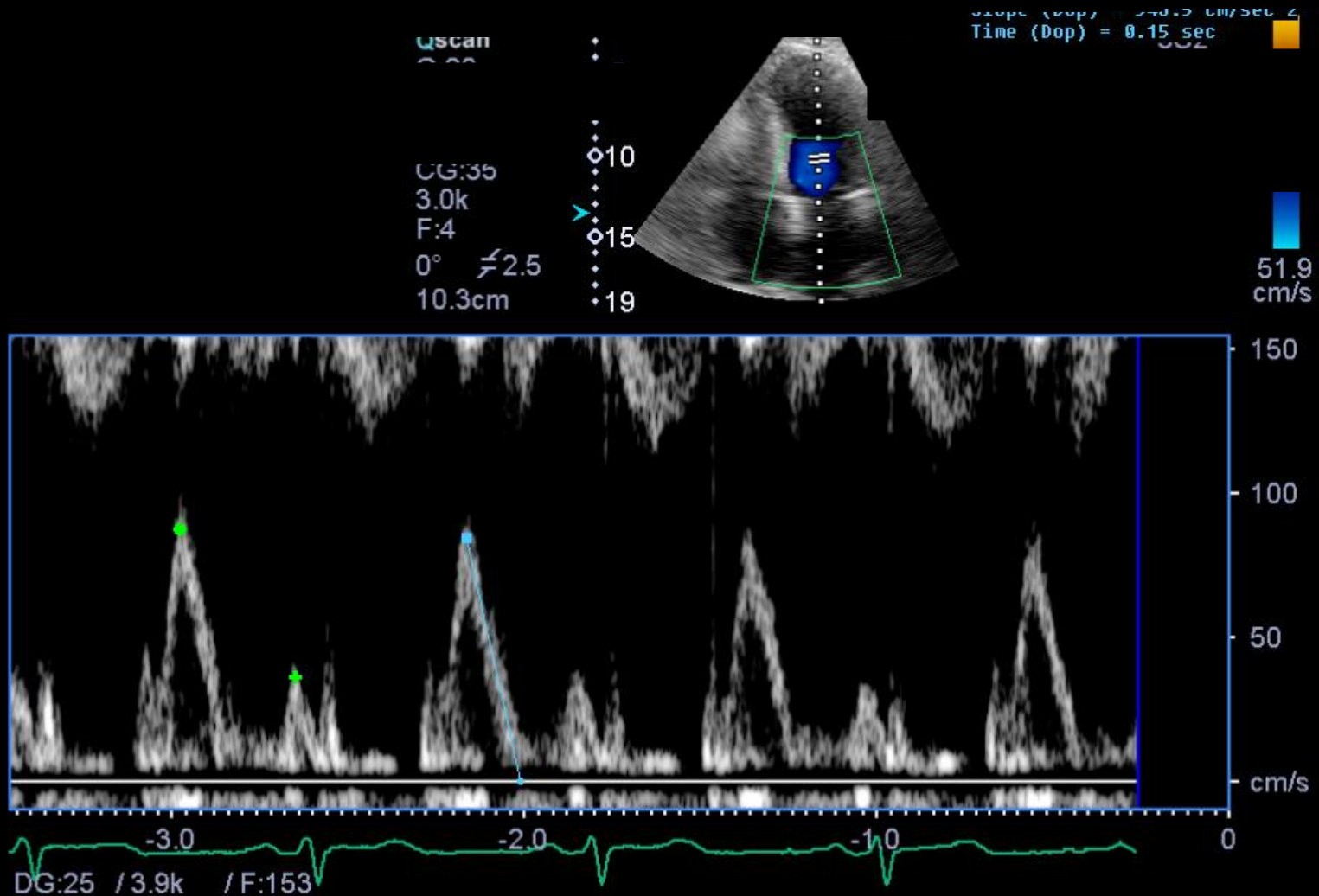
35% increase during inspiration

# Mitral Flow Velocity



32% decrease during inspiration

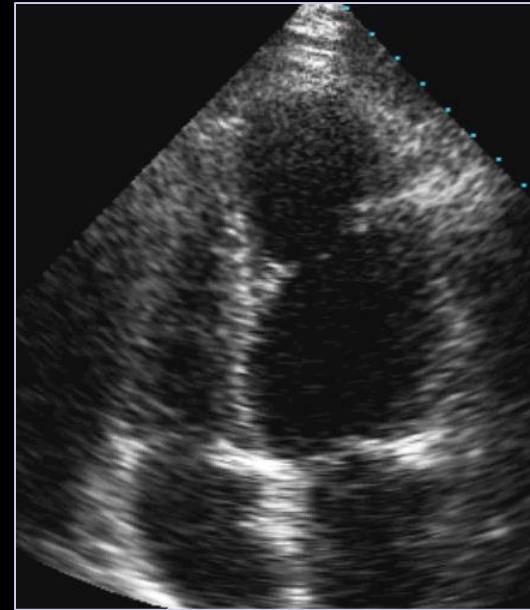
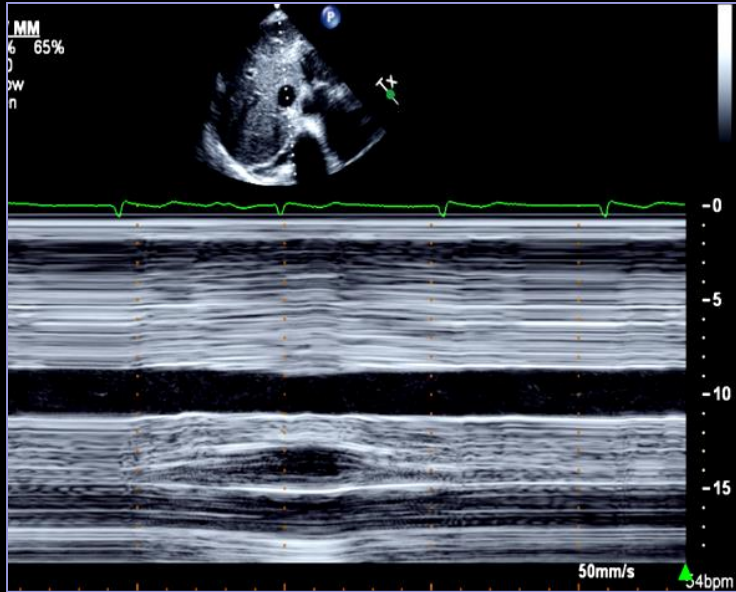
# Mitral Flow Velocity



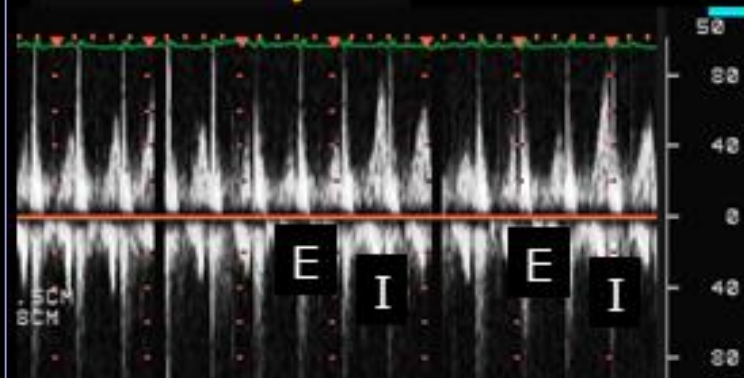
E/A ratio: 2.2

Decel Time: 150 msec

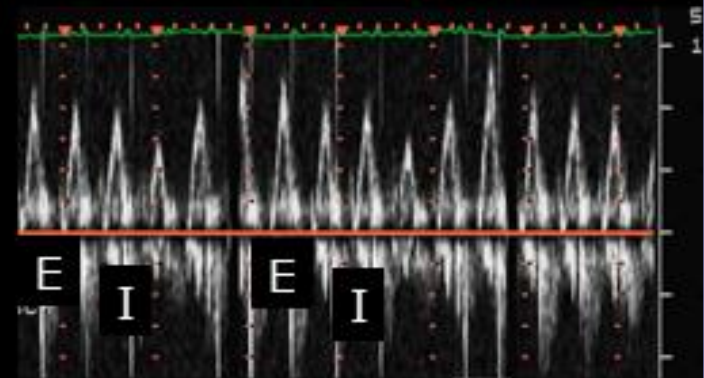
# Filling Dysfunction



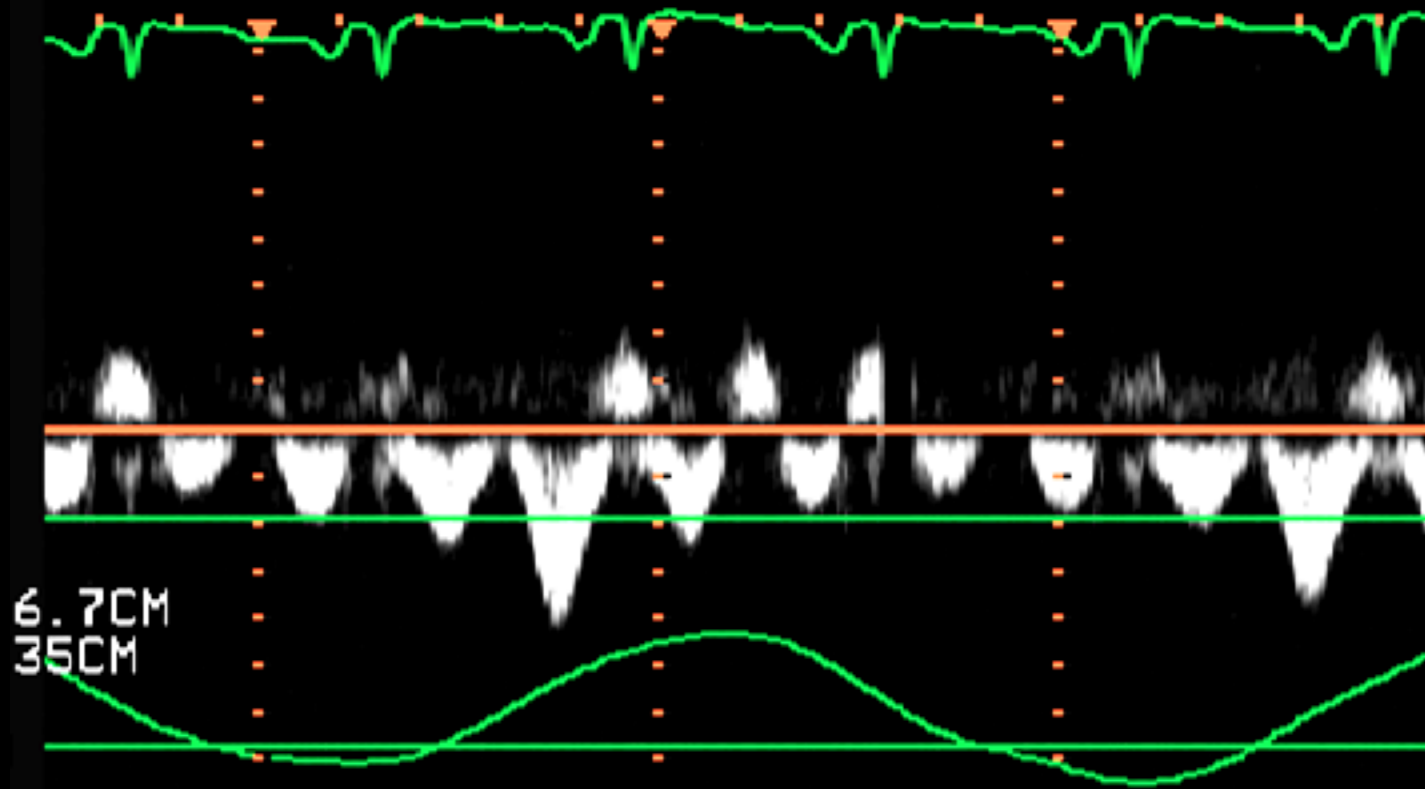
## Tricuspid Flow



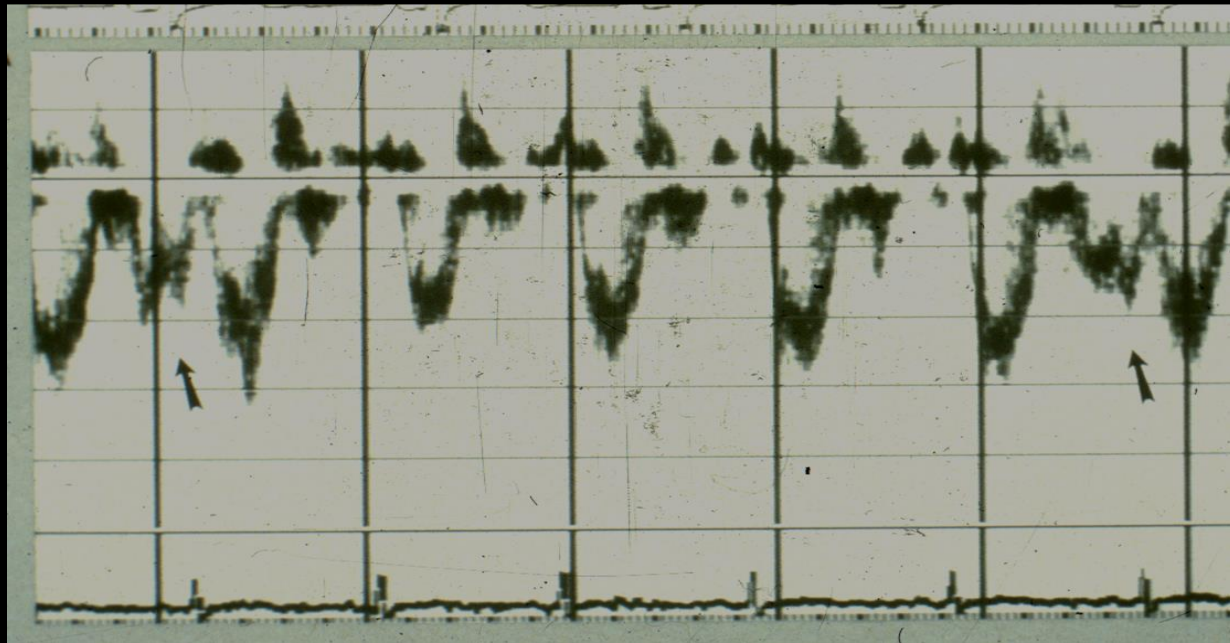
## Mitral Flow

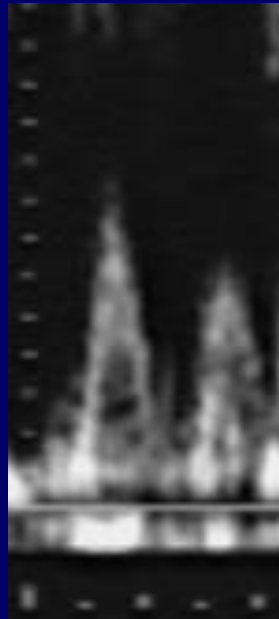


# Hepatic vein flow

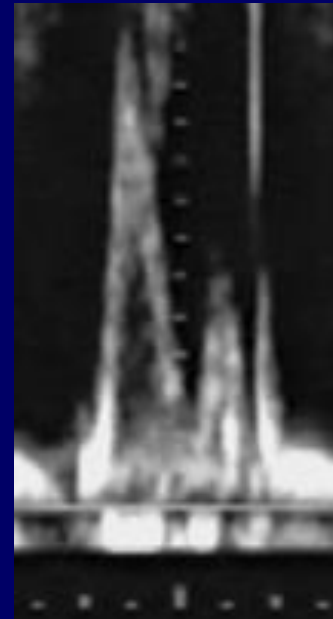








Normal

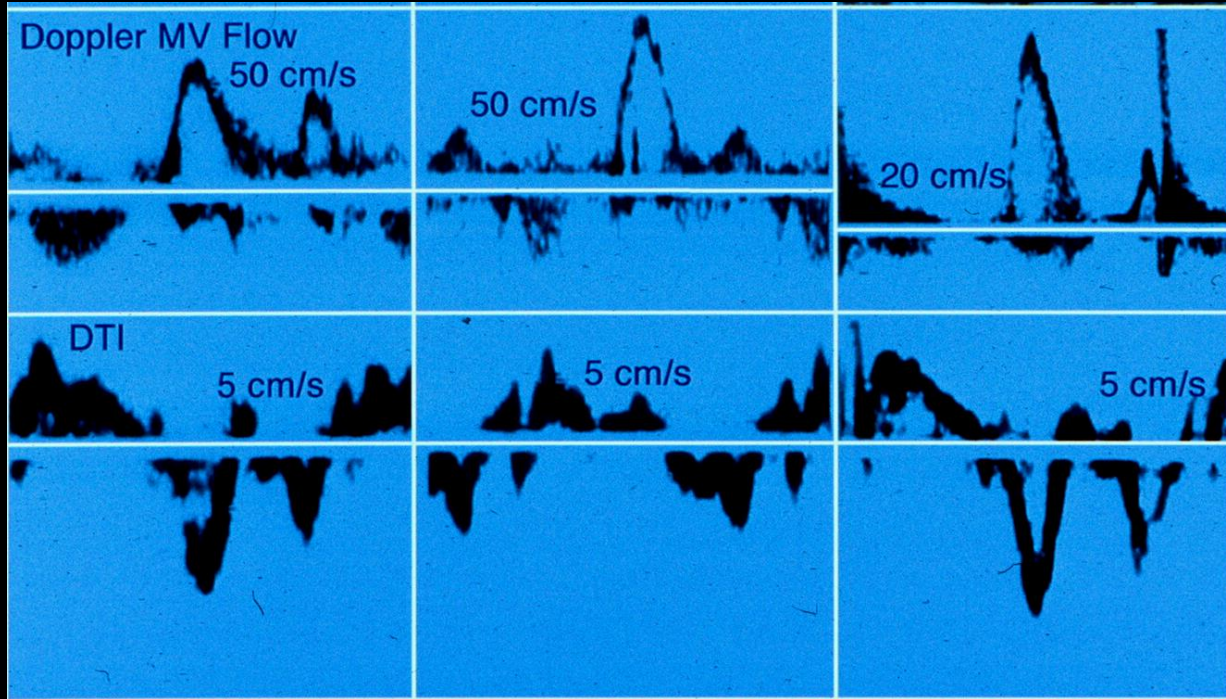


Cons Pericarditis

**Normal**

**Rest r CMP**

**Cons P**

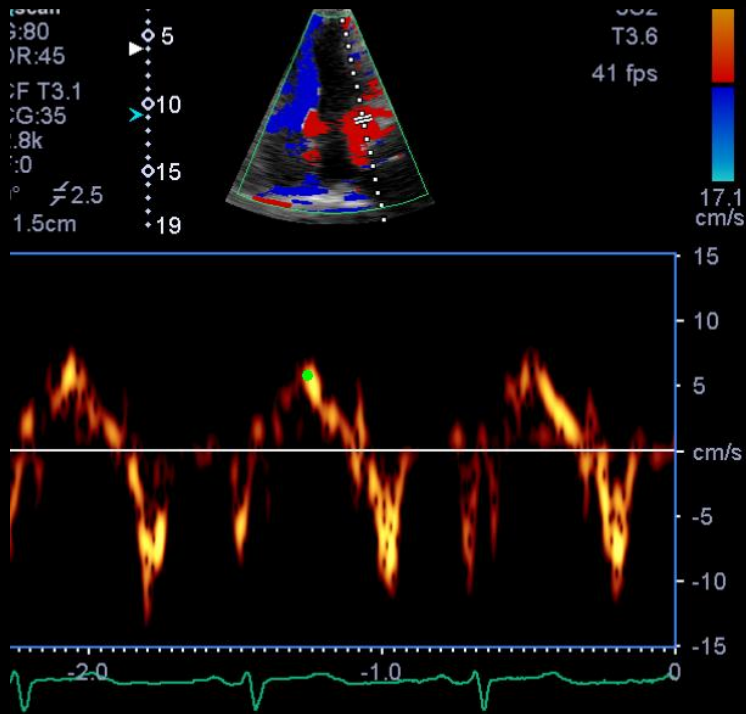


Garcia et al. JACC 1996



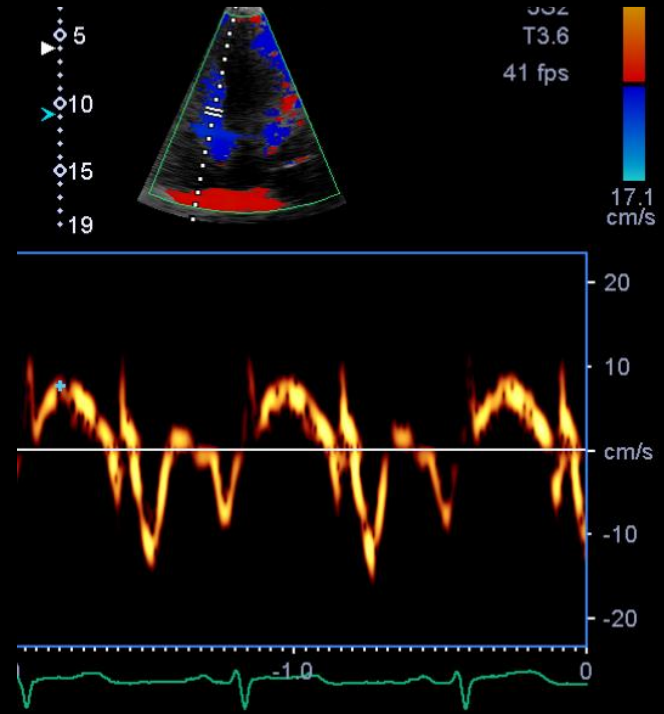
# Tissue Doppler

## Lateral Annulus



$E/e' \ 8$

## Septal



$E/e' \ 7$

Systolic 7 cm/s

# DIAGNOSTIC VALUE OF DOPPLER ECHOCARDIOGRAPHY

Study	Respiratory variations	n	Sn	Sp
Oh,Hatle et al.	>/- 25% in MV inflow velocity	28	88	67
Rajgopalan et al.	>/- 10% in MV inflow velocity	19	84	91
Klein et al.	PV systolic/diastolic flow ratio>/-65%	14	86	94
Rajgopalan et al.	PV peak diastolic flow velocity>/- 18%	19	79	91
Von Bibra et al.	Hepatic veins 'W' wavepattern	13	68	100

# MITRAL ANNULAR VELOCITY

Study	n	Age(yr)	E'(cm/s)	Sn	Sp
Garcia et al	8	62+/-13	NA	NA	NA
Rajgopalan et al	19	56+/-13	>/=8	89	100
Ha et al	23	59+/-13	>/=8	95%	96%
Sohn et al	17	46+/-14	*	76%	82%
Sengupta et al	45	24+/-12	>8	89%	73%
Choi et al	17	55+/-12	>8	70%	100%
Sengupta et al	16	62+/-13	>6.6	93%	93%
Sengupta et al	26	56+/-13	>5''	92%	90%

Consider constriction if E' >7cm/s

# Constrictive vs Restrictive CMP on 2DE

	Constriction	Restrictive CM
Systolic function	Normal	Initially NL
Atrial size	+/- mild bi-atrial enlargement	Bi-atrial enlargement
Pericardial thickness	+/- increased	NL
Wall thickness	NL	+/- "LVH"
Septal motion	Abnl- "bounce"	NL
Myocardial texture	NL	May be "sparkling" w/ amyloid

# Doppler

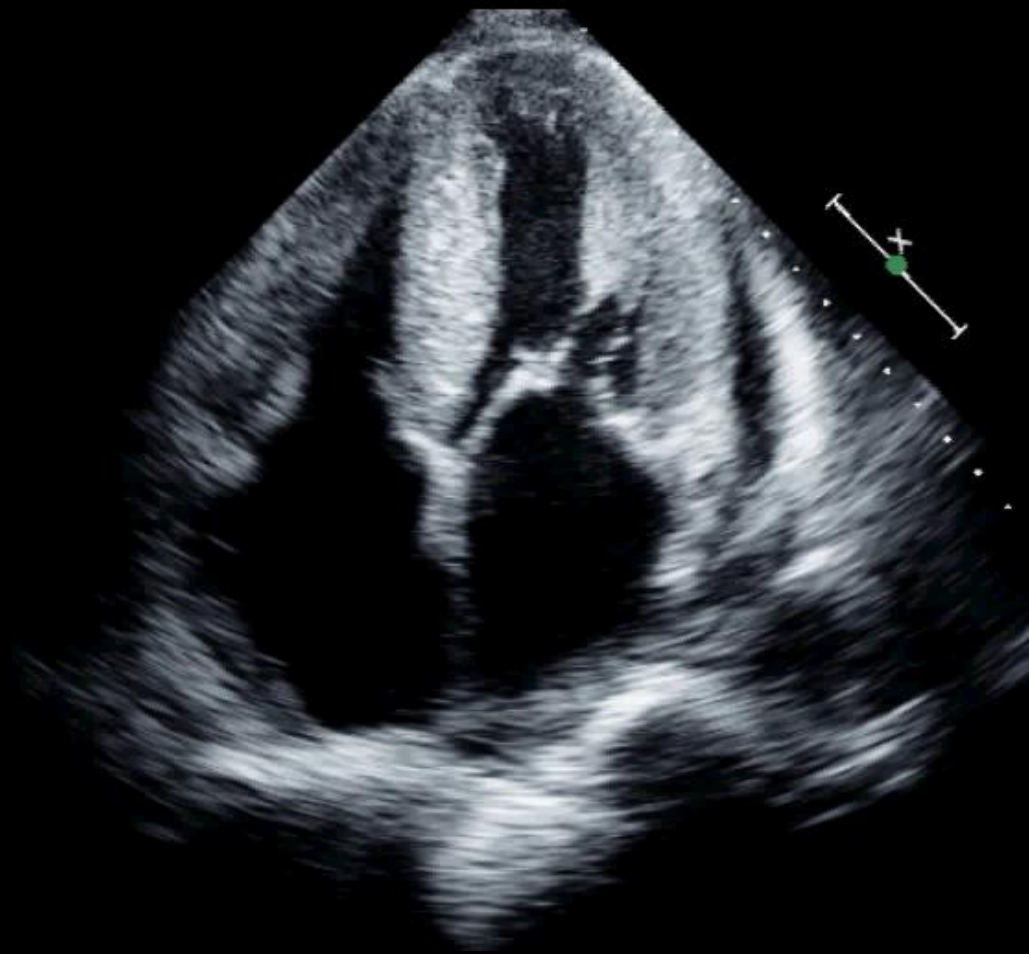
	<b>Constriction</b>	<b>Restrictive CM</b>
<b>Resp variation mitral inflow</b>	<b>Present</b>	<b>Absent</b>
<b>Pulmonary HTN</b>	<b>Absent</b>	<b>Present</b>
<b>Hepatic veins</b>	<b>Predominant forward flow-systolic</b>	<b>Predominant forward flow-diastolic</b>
<b>Hepatic veins</b>	<b>Increased diastolic flow reversal w/expiration</b>	<b>Increased diastolic flow w/inspiration</b>
<b>Septal mitral annular e'</b>	<b>Usually <math>\geq</math> 8cm/s; higher than lateral e'</b>	<b>Usually <math>&lt;</math> 8cm/s; lower than lateral e'</b>

# Strain Parameters

	<b>Constriction</b>	<b>Restrictive CM</b>
<b>Doppler based strain</b>	<b>Ventricular septal strain usually NL</b>	<b>Ventricular septal strain usually decr</b>
<b>Speckle tracking</b>	<b>Preserved longitudinal strain</b>	<b>Decreased longitudinal strain</b>
<b>Speckle tracking</b>	<b>Lateral long strain &lt; septal</b>	<b>Lateral longitudinal strain &gt;septal</b>
<b>Speckle tracking</b>	<b>Decreased circumferential strain</b>	<b>Preserved circumferential strain finally decr w/ progression of disease</b>

# Restrictive CMP

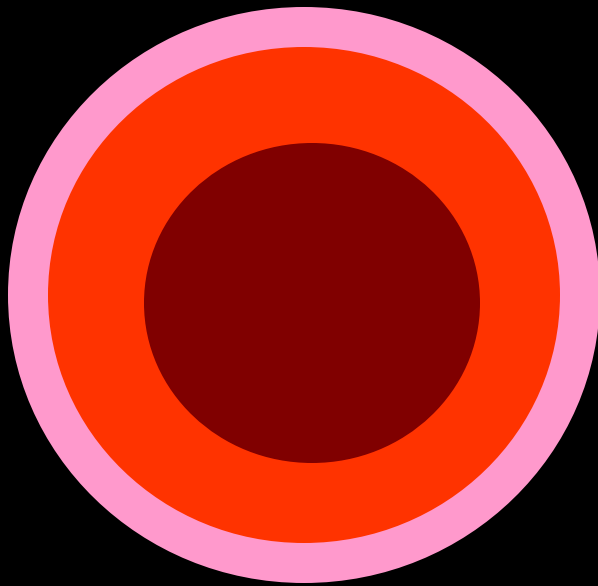




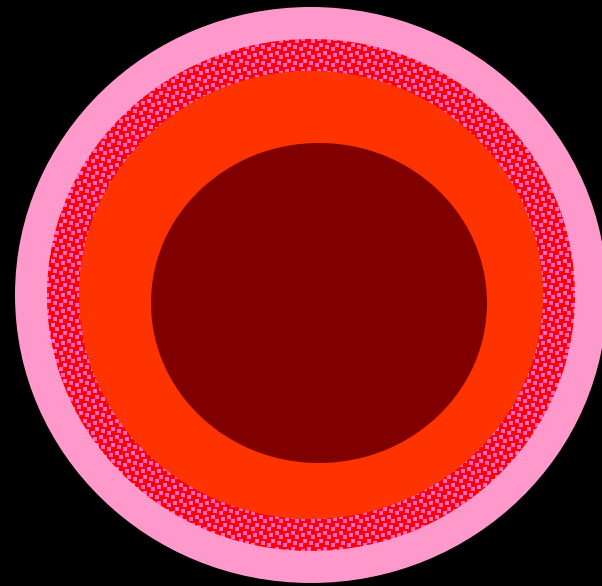


# Constrictive Pericarditis

No myocardial  
involvement



Myocardial  
fibrosis



# Doppler flow pattern early after pericardiectomy

Normal 40%

Restrictive 40%

Constrictive 20 %

43% abnormal flow at a mean FU of 20 months

# Doppler Flow Velocities

## Limitations

False positive:

COPD, RV infarction

Obesity, massive PE

Marked increase in LA pressure

Irregular rhythm e.g. AF

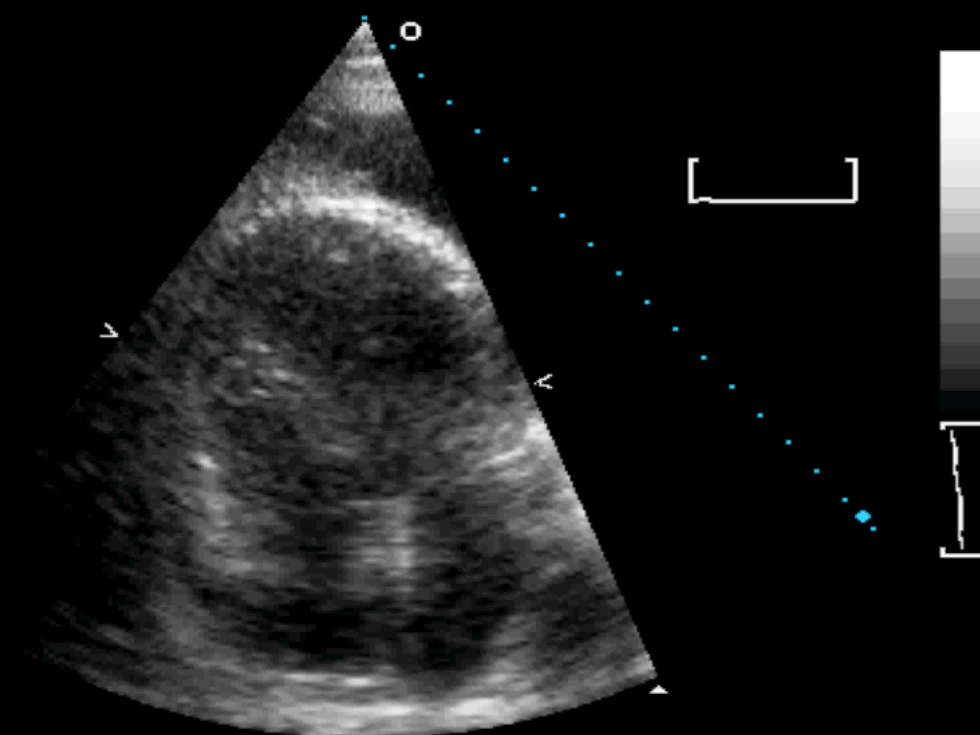
# Effusive – Constrictive Pericarditis

MI: 1.6  
S3  
07 NOV 06  
11:36:34  
2/0/C/H5  
N.E.M.C.

04890.01  
GAIN 50  
COMP 70  
98BPM

18CM  
77HZ

T  
P 1.6 3.2 R



# Constr Pericarditis

## Atypical Scenarios

- Changing clinical spectrum
- Co-existing disease
- Effusive-constrictive pericarditis

# Constrictive Pericarditis

Chronic  
Subacute  
Acute

Diffuse  
Localized  
Not thickened

Classic, Occult  
Effusive-Const  
Reversible

Pure Constriction  
Peri-Myocardial  
Disease

Occult

Constrictive Pericarditis

Hypovolumic states

Give fluids and study

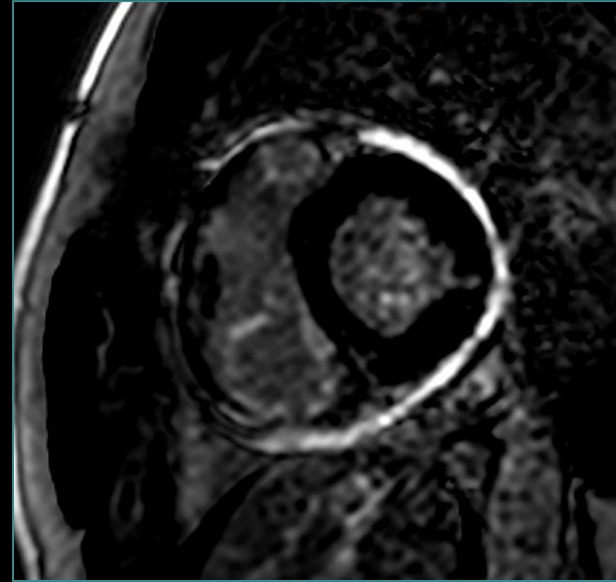
Transient

Constrictive Pericarditis

Viral, Post-op

Medical Follow-Up

# CMR Delayed Enhancement





# Myocardial Fibrosis in Constrictive Pericarditis

- Direct subepicardial penetration
- Throttling of coronaries by scar tissue
- Subendocardial hypoperfusion
- Concomitant pathologic process

Levine H et al, Circulation 1973

# Differential Diagnosis

Any disease leading to HF

Restrictive CMP

Nephrotic syndrome

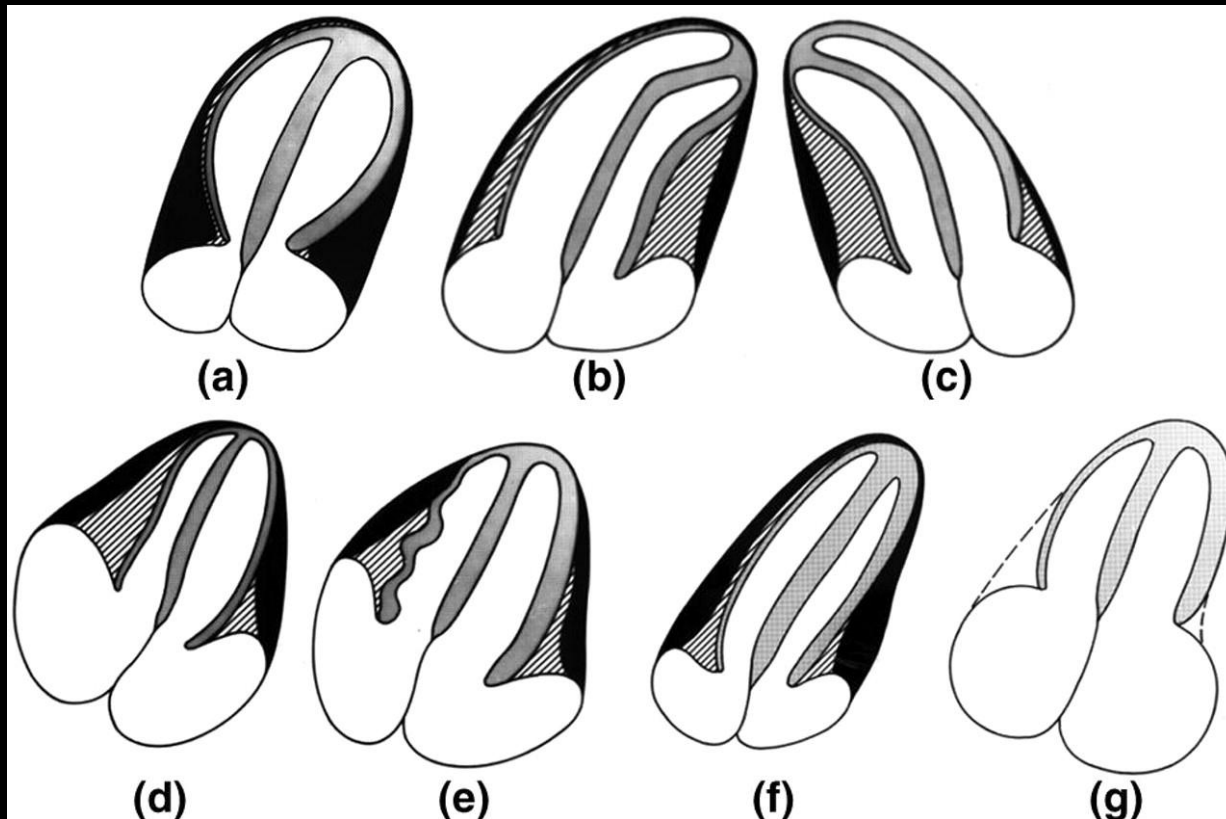
Cirrhosis of liver

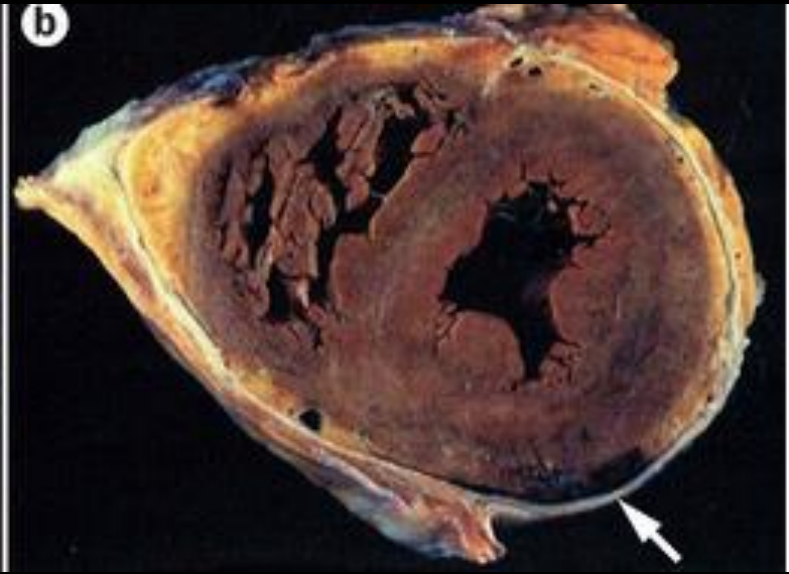
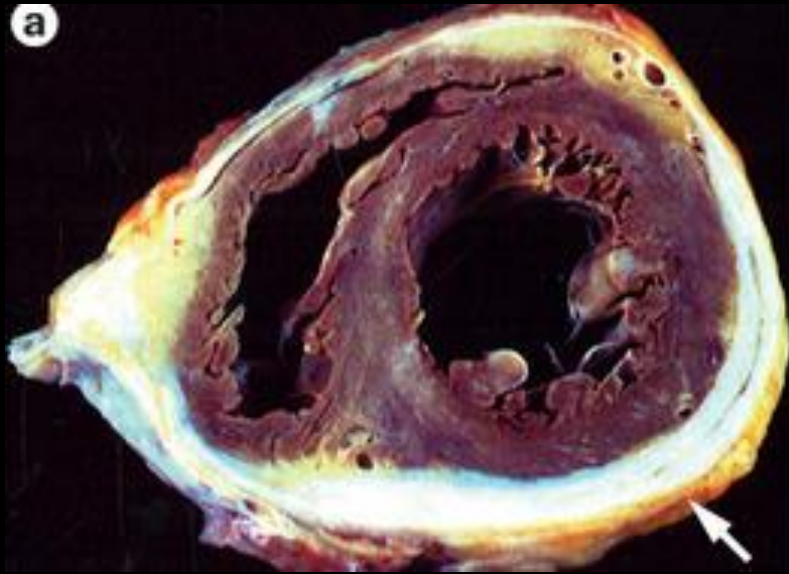
Tricuspid valve disease

SVC syndrome

Obstructive RH tumors

# Pathoanatomical forms of constrictive pericarditis





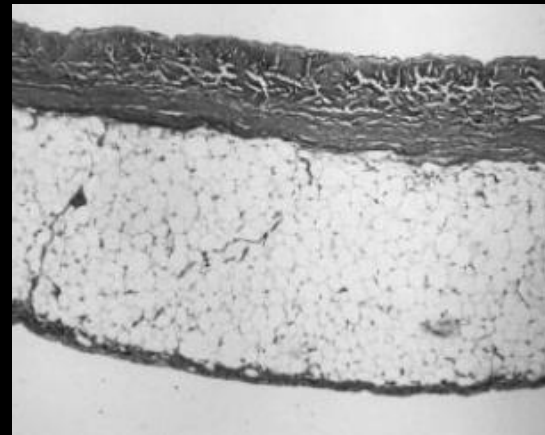
# Pericardial thickening

... a constant finding?

18% of patients with pathologically proven constrictive pericarditis have normal pericardial thickness.

1.5 mm in depth

3 mm of fat on exterior surface of pericardium



Main etiologies:

cardiac surgery (42%), infection (20%), thoracic irradiation (19%), previous MI (12%), idiopathic (12%).

- Thickened pericardium does not
- mean it is constriction
  
- Pericardial pathology has
- varied distribution
  
- Constrictive physiology can develop with normal thickness pericardium

# Surgical Results

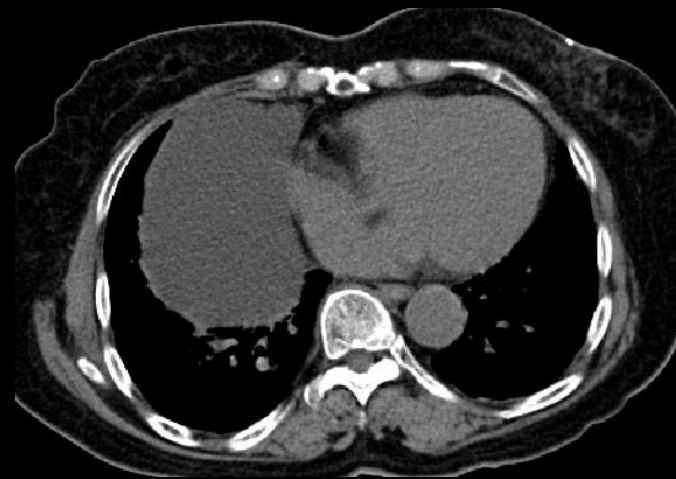
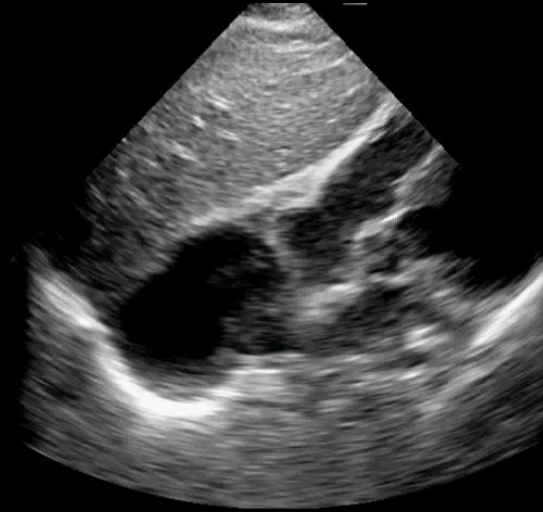
- Operative mortality in 6-19%
- Low output syndrome in 14 - 28%
- Symptoms improvement in 90%  
but Symptom relief in 50%
- Five year survival is 74-87%

# Predictors of poor surgical response

- Poor pre-op functional class
- Severe constriction
  - presence of unresectable calcification



# Pericardial Cyst



## Post-Presentation Question 1

In cardiac tamponade, the pressure gradient between pulmonary venous system and left atrium

1. Increases during inspiration
2. Decreases during inspiration
3. Decreases during expiration
4. Shows no change

## Post-Presentation Question 2

In established constrictive pericarditis, septal bounce is recognized

1. In every heart beat
2. With breath hold
3. During regular breathing
4. Only during premature beats

## Post-Presentation Question 3

For tamponade to occur,  
pericardial effusion should be at least

1. 200 ml
2. 500 ml
3. 1000 ml
4. None applicable

## Post-Presentation Question 4

The following annular or septal velocity (tissue Doppler) is useful in recognizing constriction (in contrast to restrictive CMP)

1.  $e' > 3-5$

2.  $e' > 7$

3.  $e' > 27$

*Thank you!*