



Anatomy of the Mitral Valve and Quantification of Mitral Regurgitation

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DISCLOSURE

Relevant Financial Relationship(s)

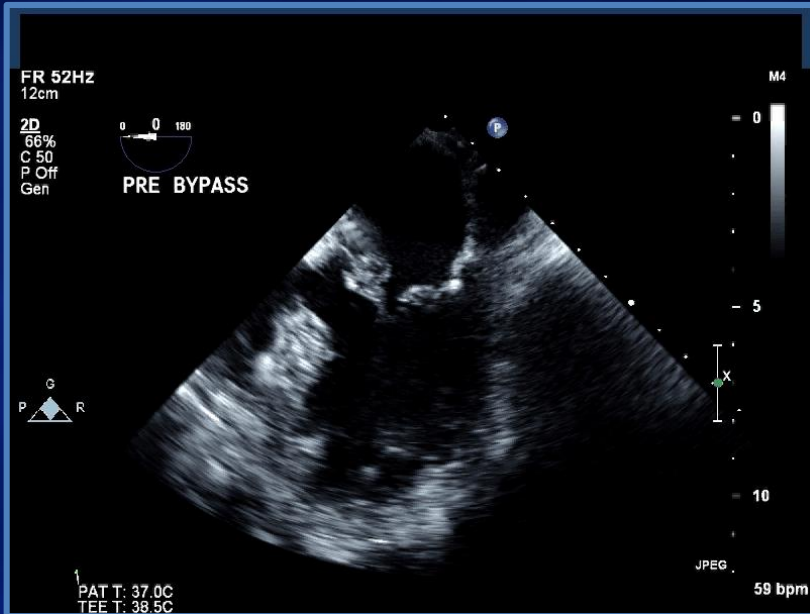
None

Off Label Usage

None

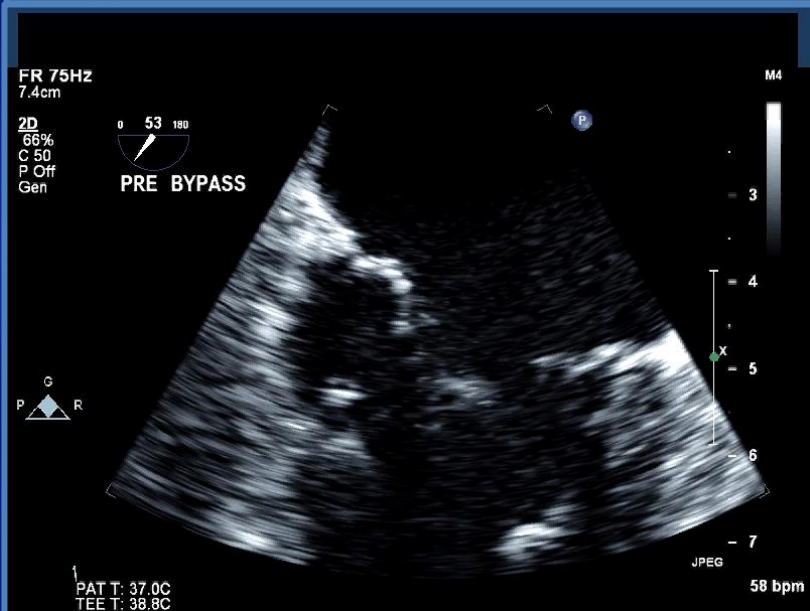
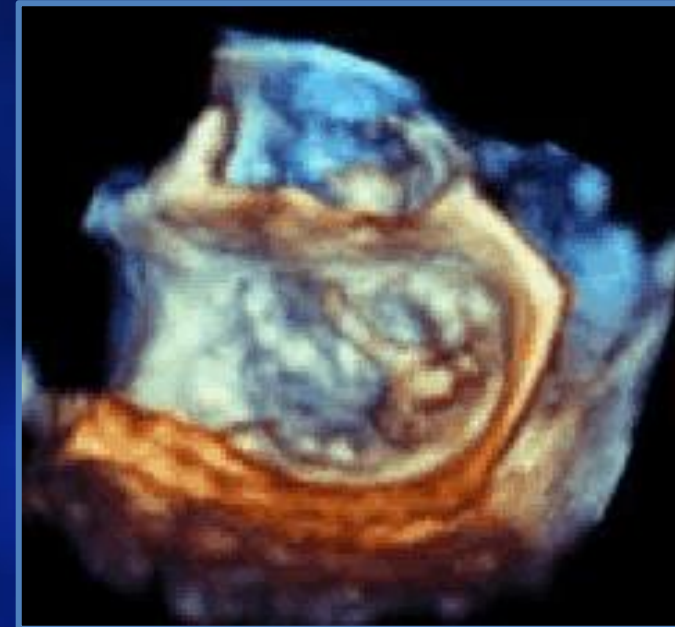
Pre-Test Questions

What is the specific abnormality of the mitral valve shown on this pre-operative TEE?



← 0° View

3D TEE

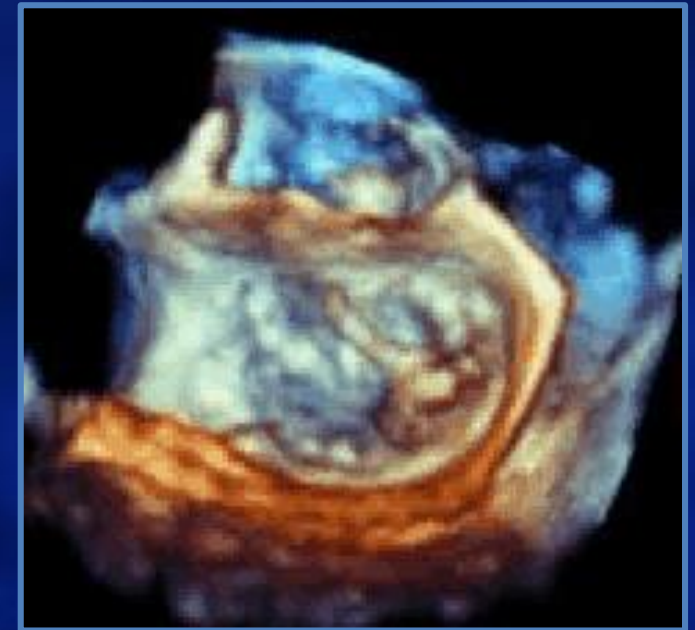


← 60° View

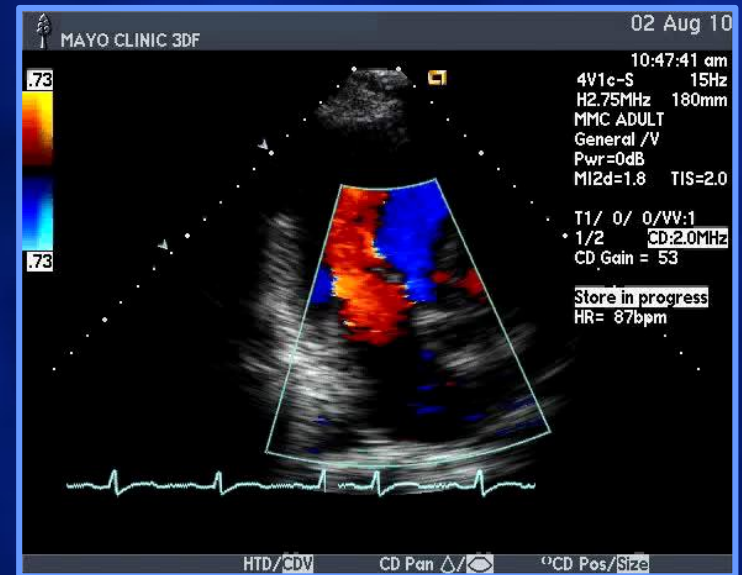
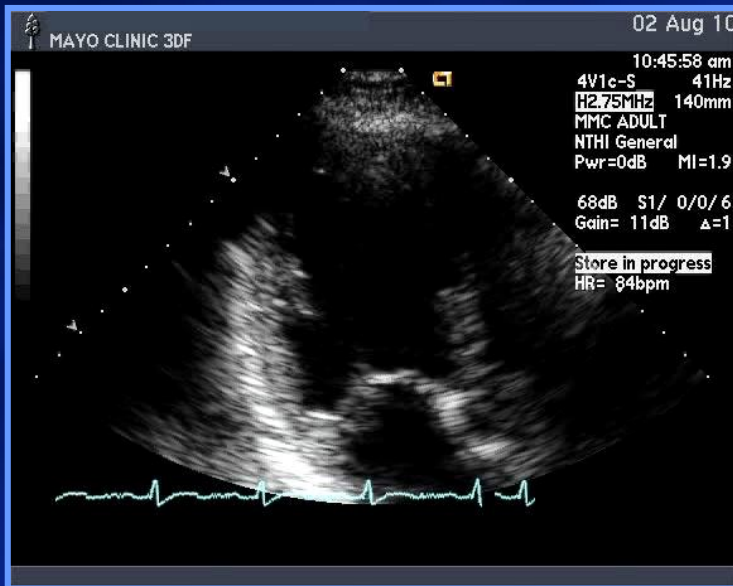
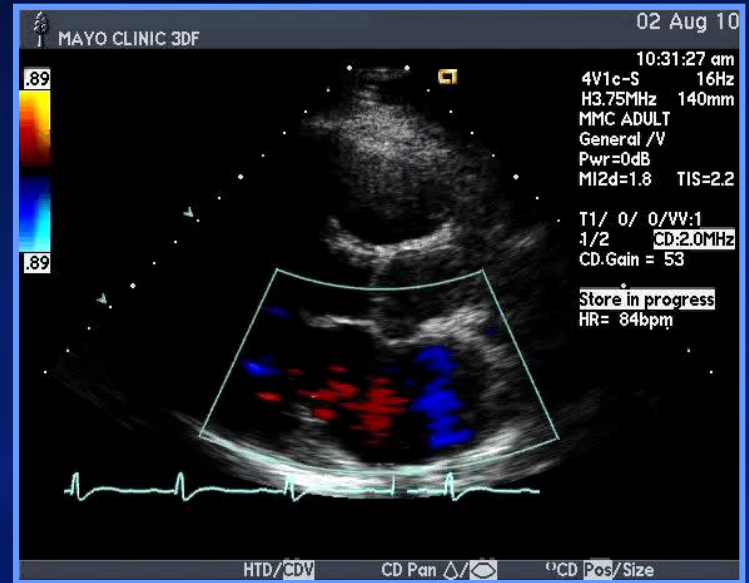
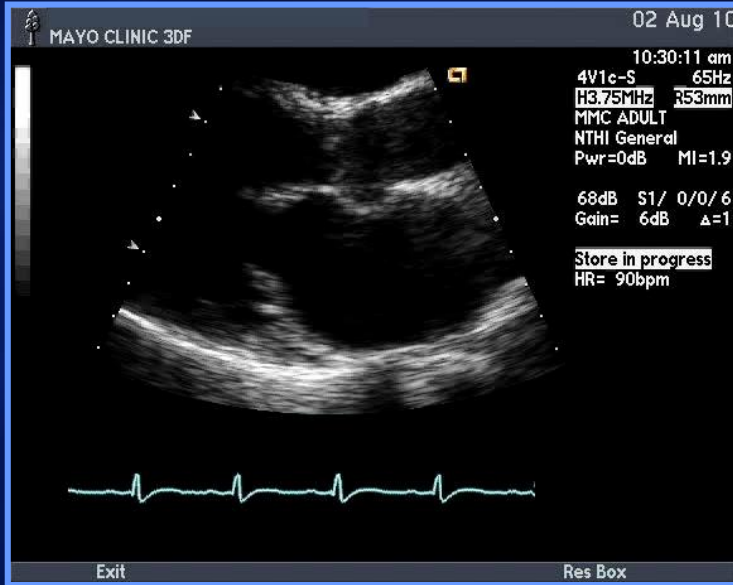
↑ View from LA ↑
“Surgeon’s View”

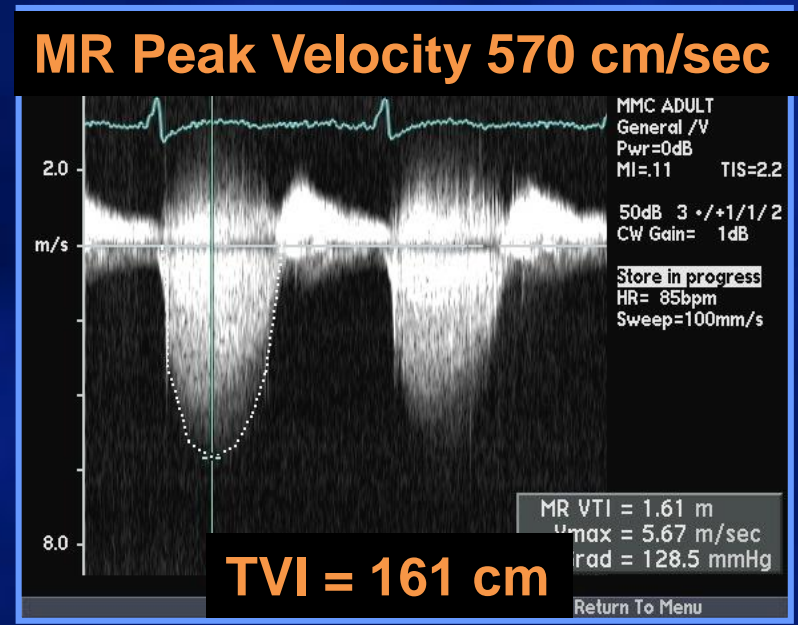
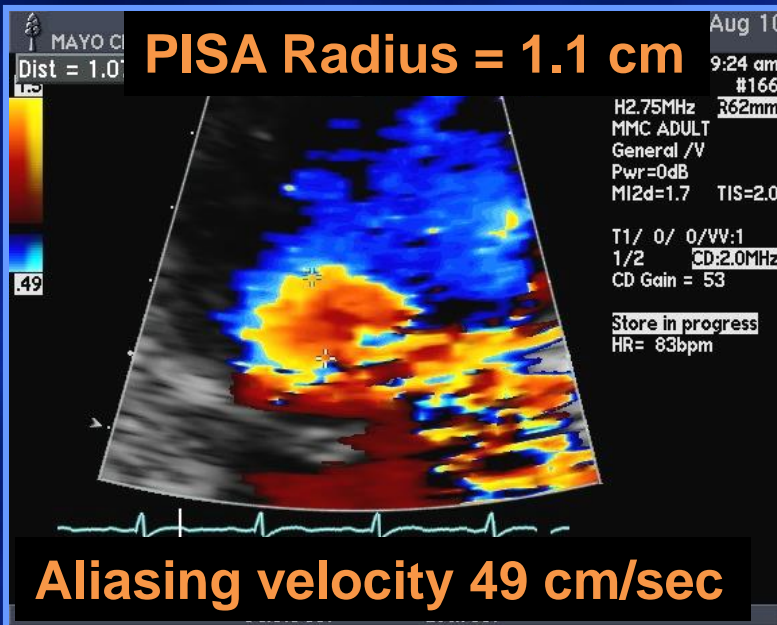
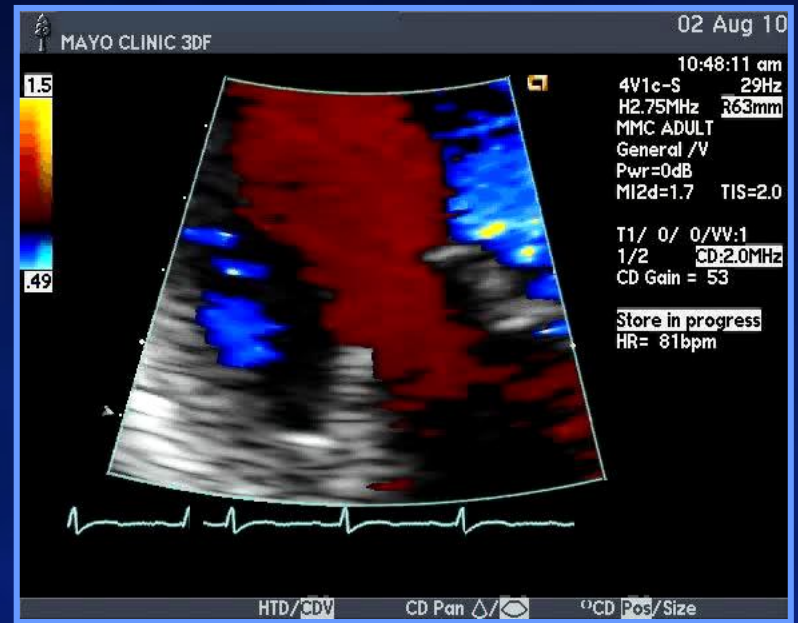
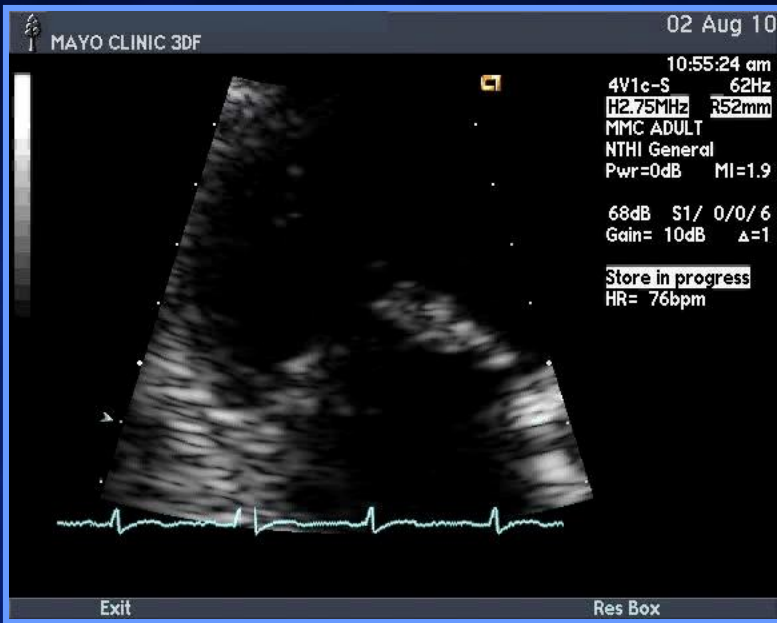
What is the specific mitral valve abnormality?

1. Flail P2
2. Flail P1
3. Flail P3
4. Barlow's Disease
5. Flail A3



41 y/o woman: Dyspnea on exertion





What is the calculated ERO?

1. 0.45 cm²
2. 0.55 cm²
3. 0.35 cm²
4. 0.65 cm²
5. 0.75 cm²

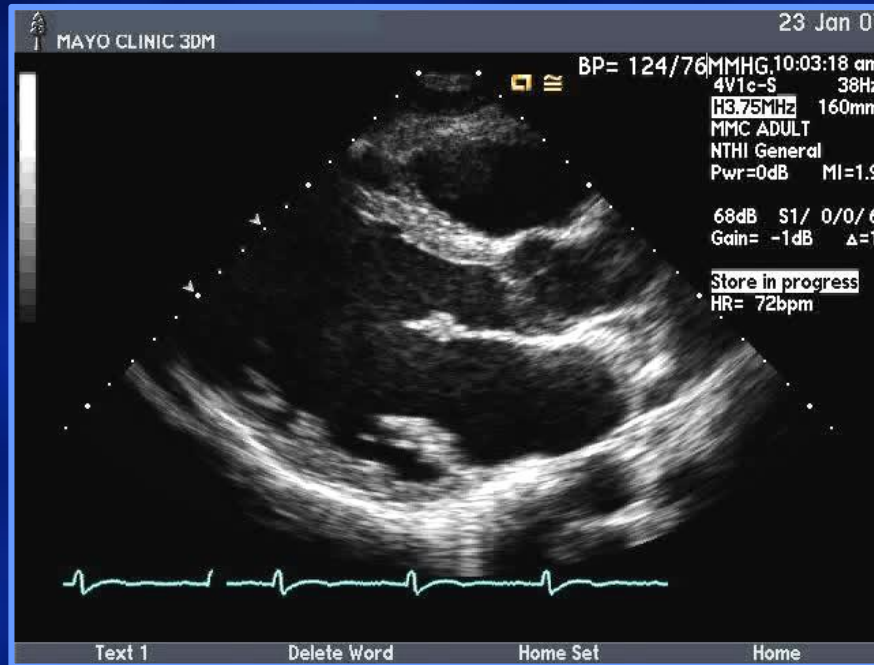
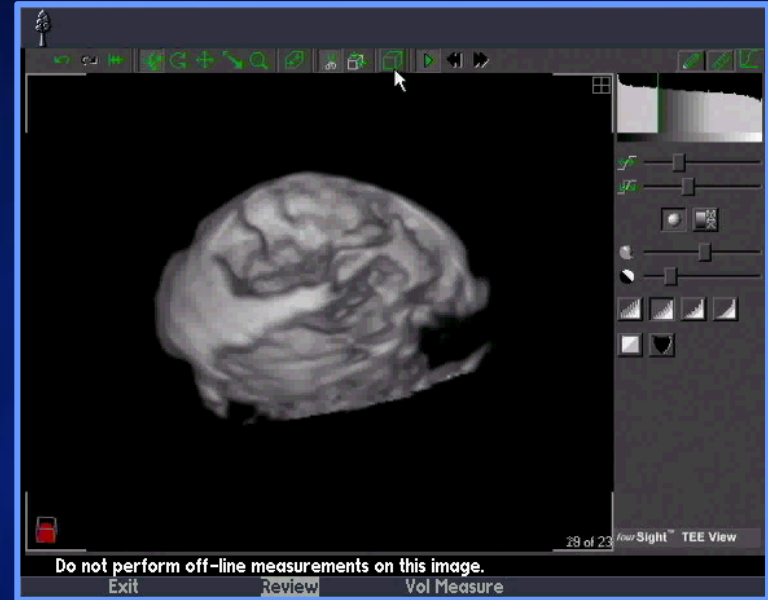
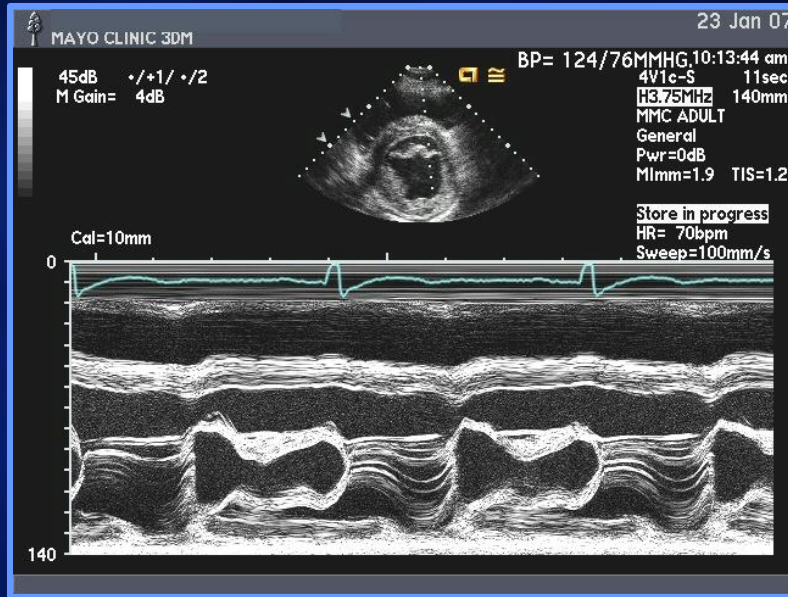
PISA Radius = 1.1 cm

Aliasing velocity 49 cm/sec

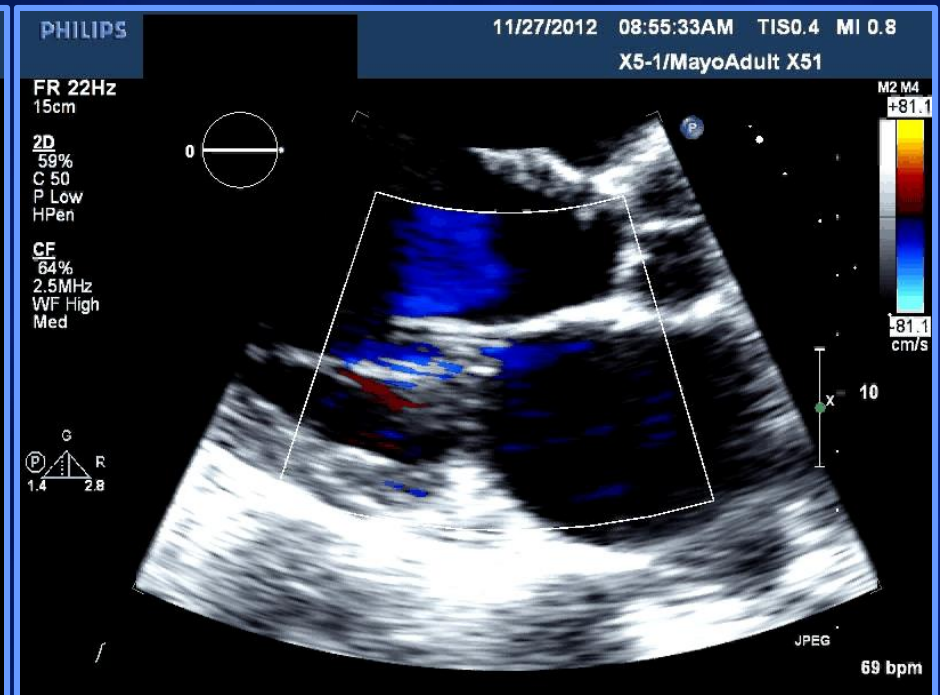
MR Peak Velocity 570 cm/sec

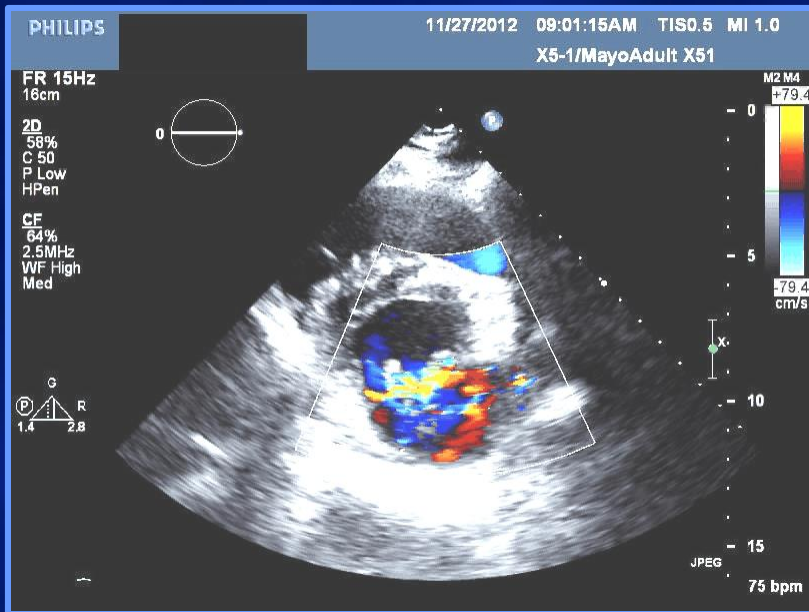
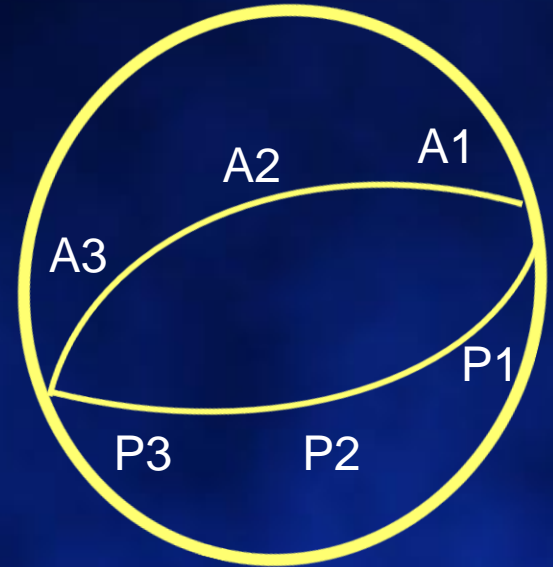
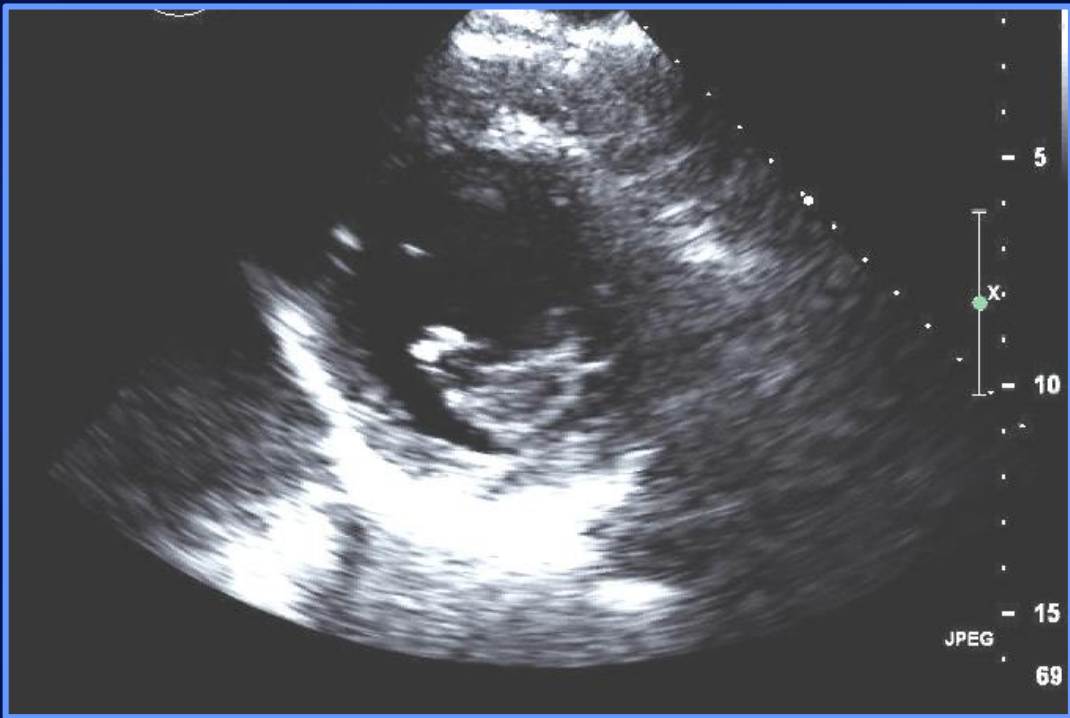
TVI = 161 cm

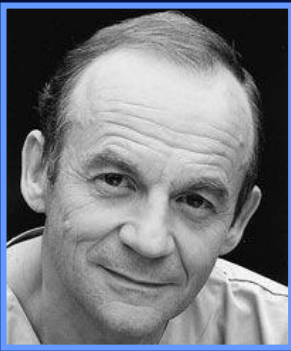
Mitral Valve Prolapse: Evolution of Echo



Mitral Valve Posterior Leaflet Prolapse

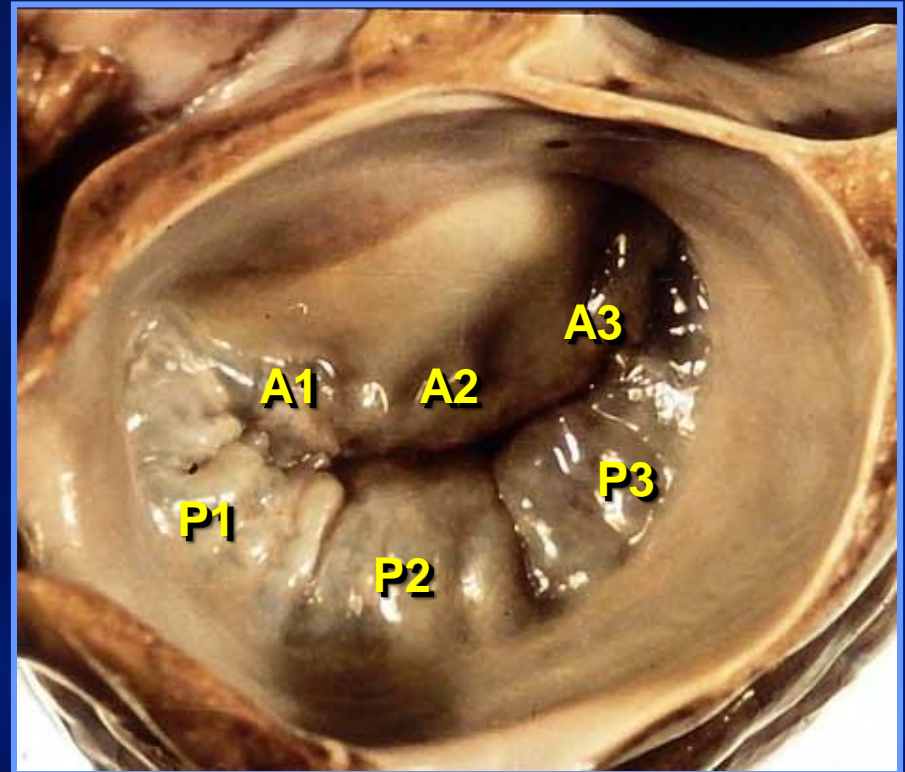
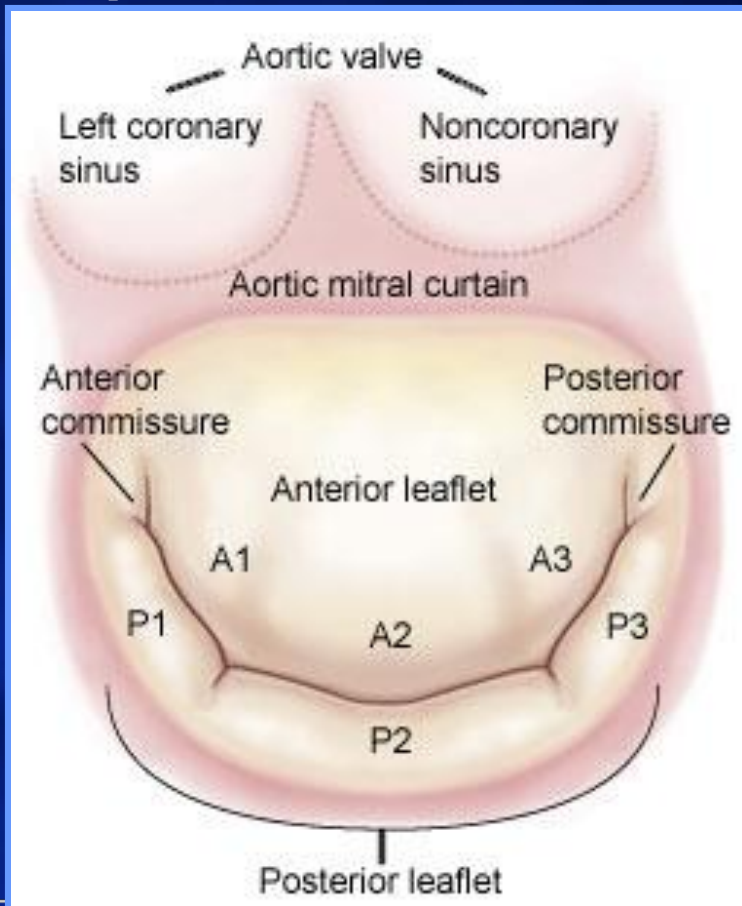




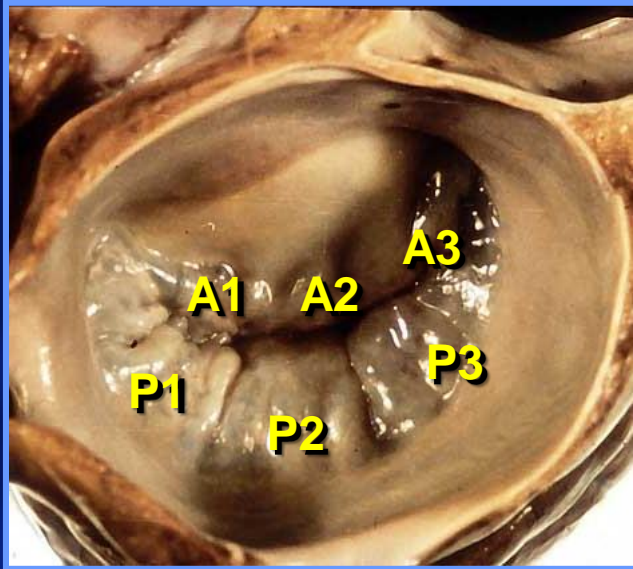


Mitral Valve Anatomy: View from the Left Atrium

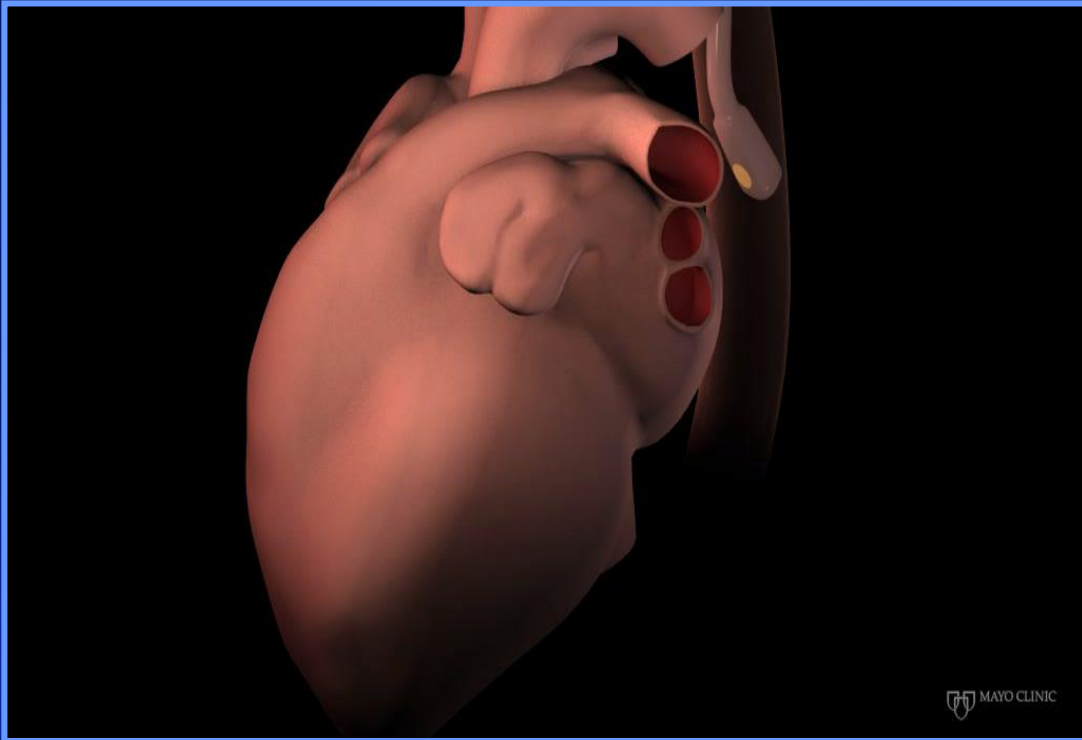
Carpentier Nomenclature



3D Transthoracic Echo: View from the Left Atrium



Transesophageal 3D Echocardiography

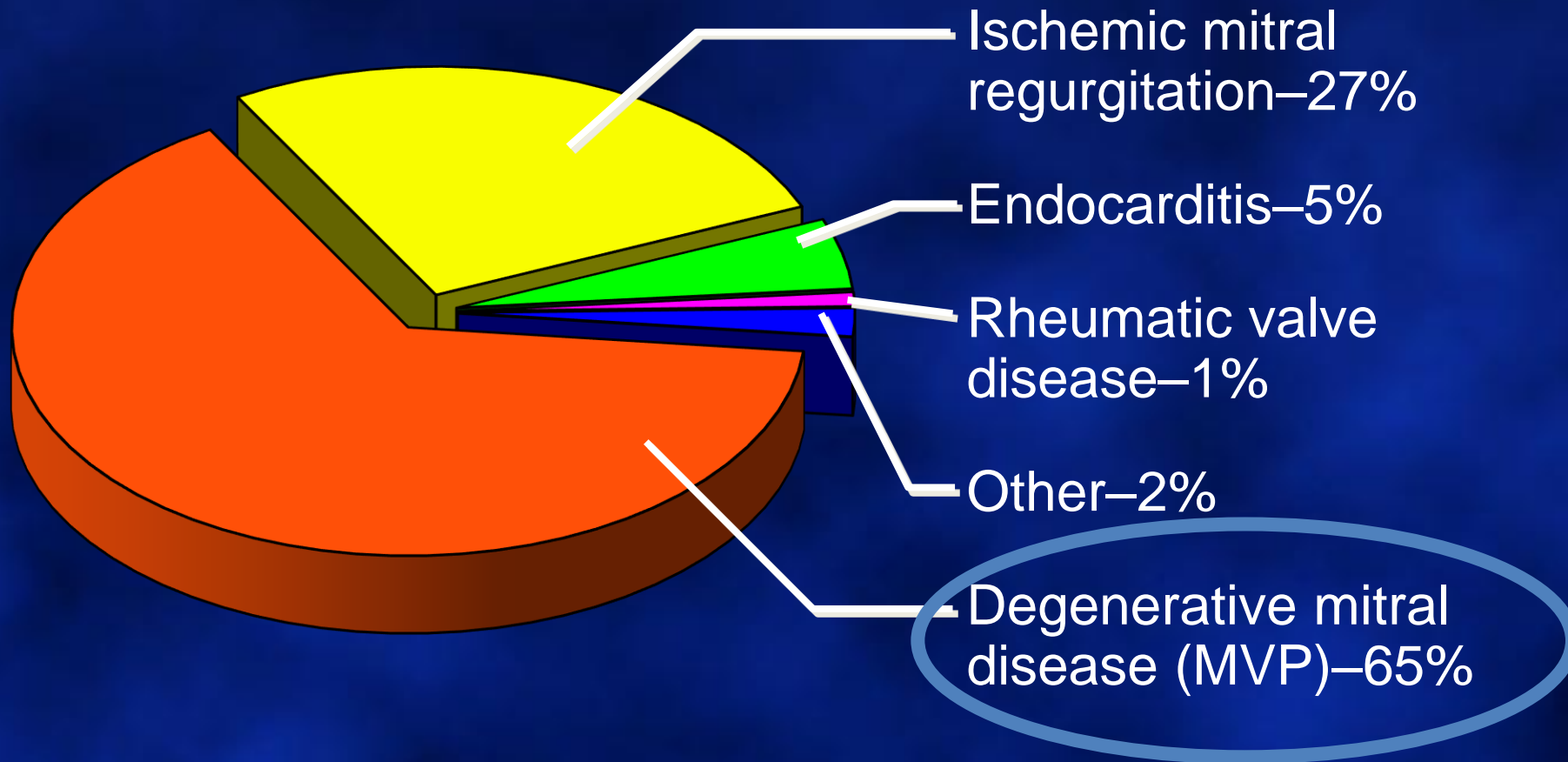


- Allows visualization of mitral valve leaflets, orifice, and submitral apparatus in a manner that is not possible using conventional 2D echo
- “*En face*” views of the MV from atrial and ventricular perspective
- Fully sampled volume, not mechanically rotated

Feasibility of Mitral Repair

1. Surgeon's skill and experience
2. Accurate identification the anatomic lesions of the mitral valve
 - Echocardiography is pivotal in defining the functional anatomy of the mitral valve
 - Surgeon and Echocardiographer
 - Speaking a common language
 - Mutual respect and honesty
 - Knowing when to send the patient to a "Surgical Centers of Excellence"

Etiology of Mitral Regurgitation



Imaging Depth: 2D TEE

A2-P2

A1-P1



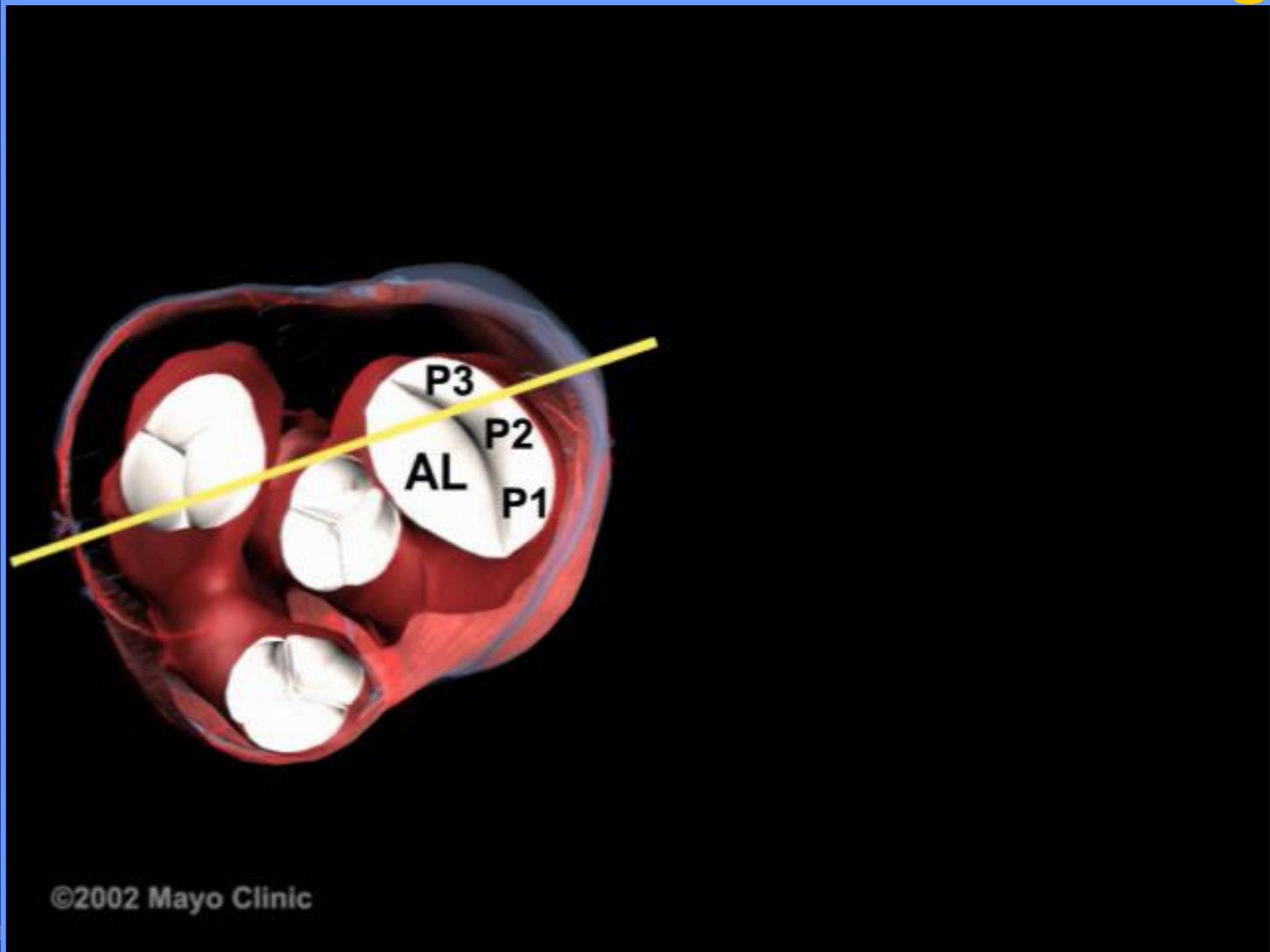
PAT T: 37.0C
TEE T: 37.6C



AT T: 37.0C
EE T: 38.2C

Mitral Valve Scallops

2-chamber: Commissural view at 60 degrees



Mitral Valve Scallops

Commissural view at 60 degrees

Flail MV Scallops

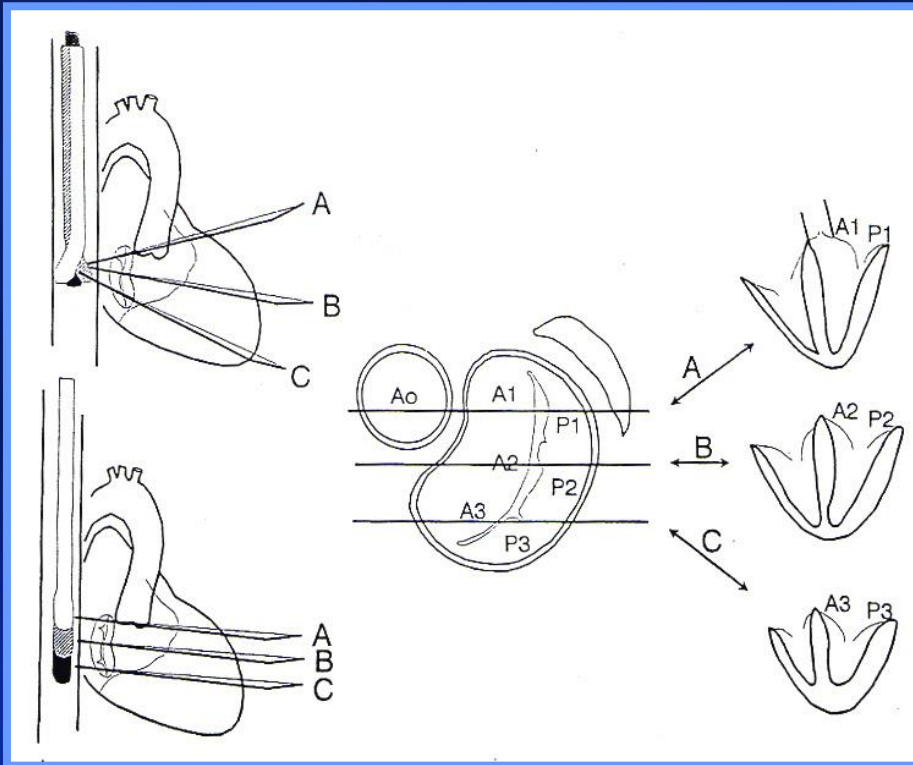
P1

P2

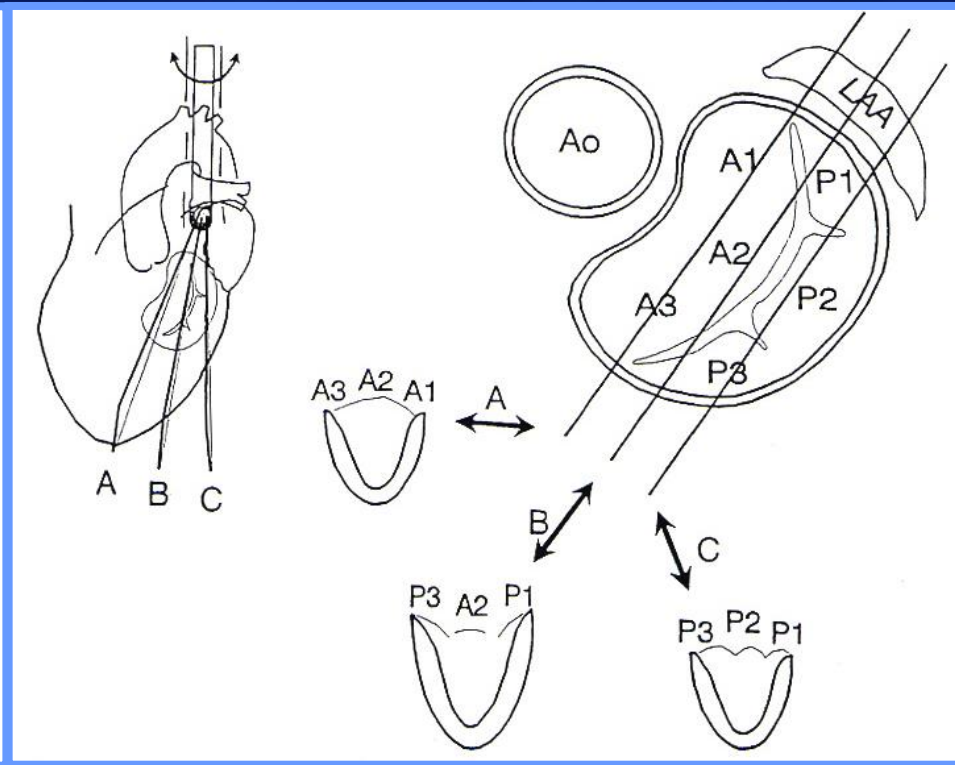
P3



Identification of Mitral Valve Scallop

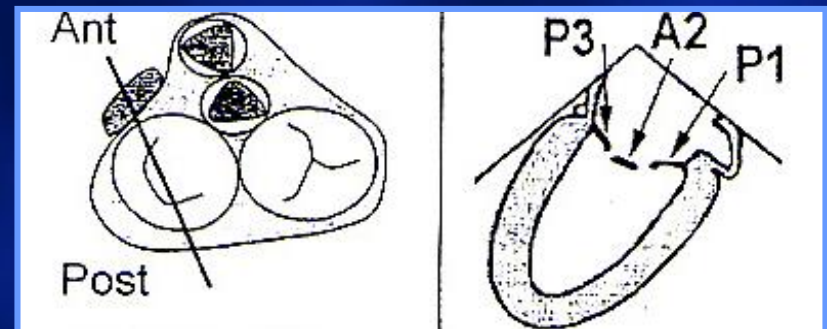
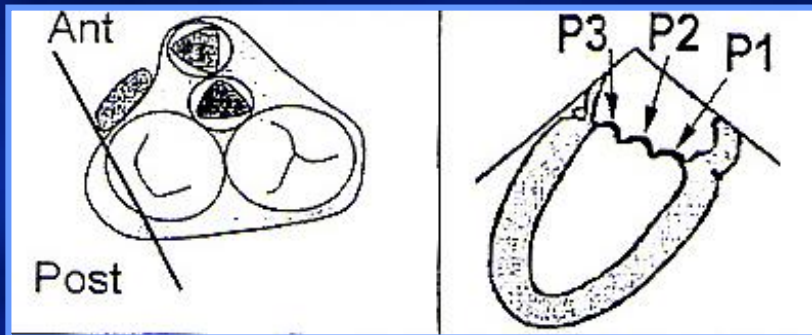
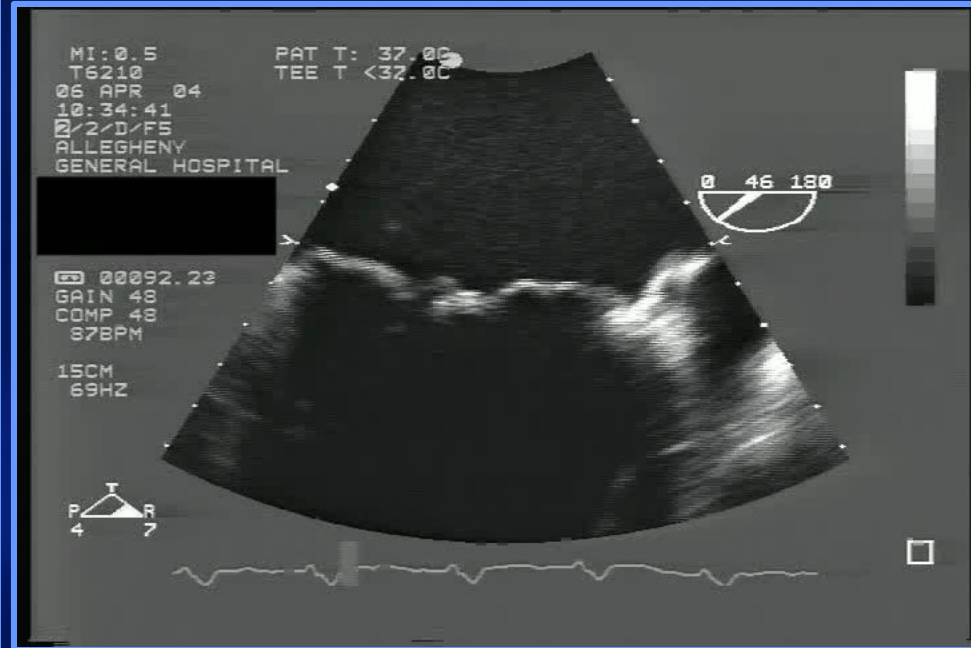
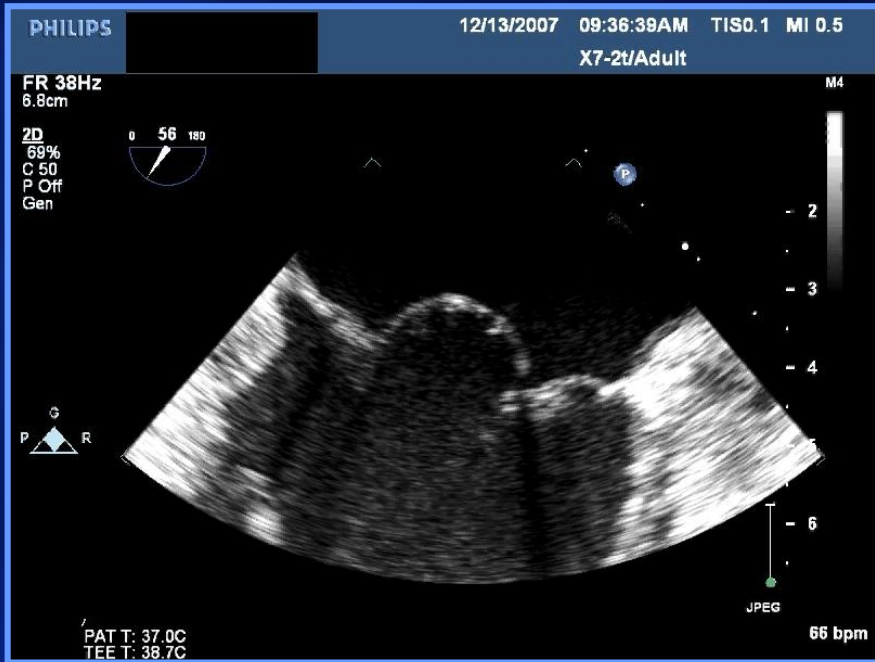


Zero Degree View



Commissural View

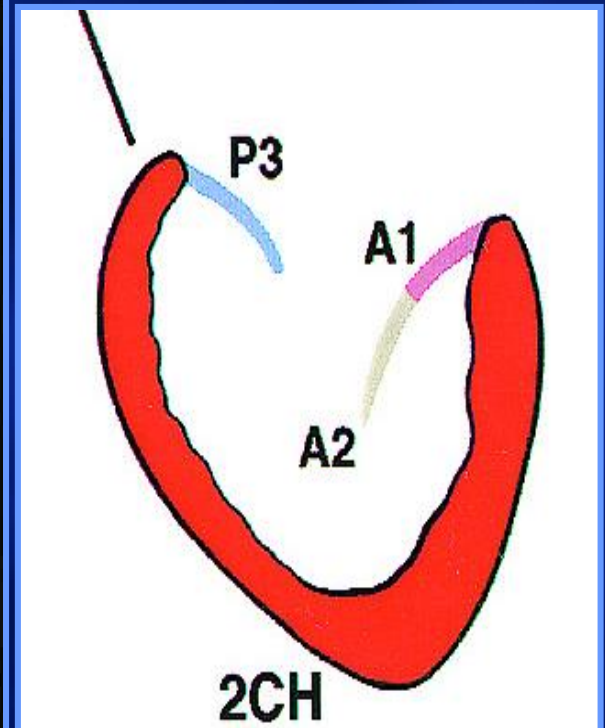
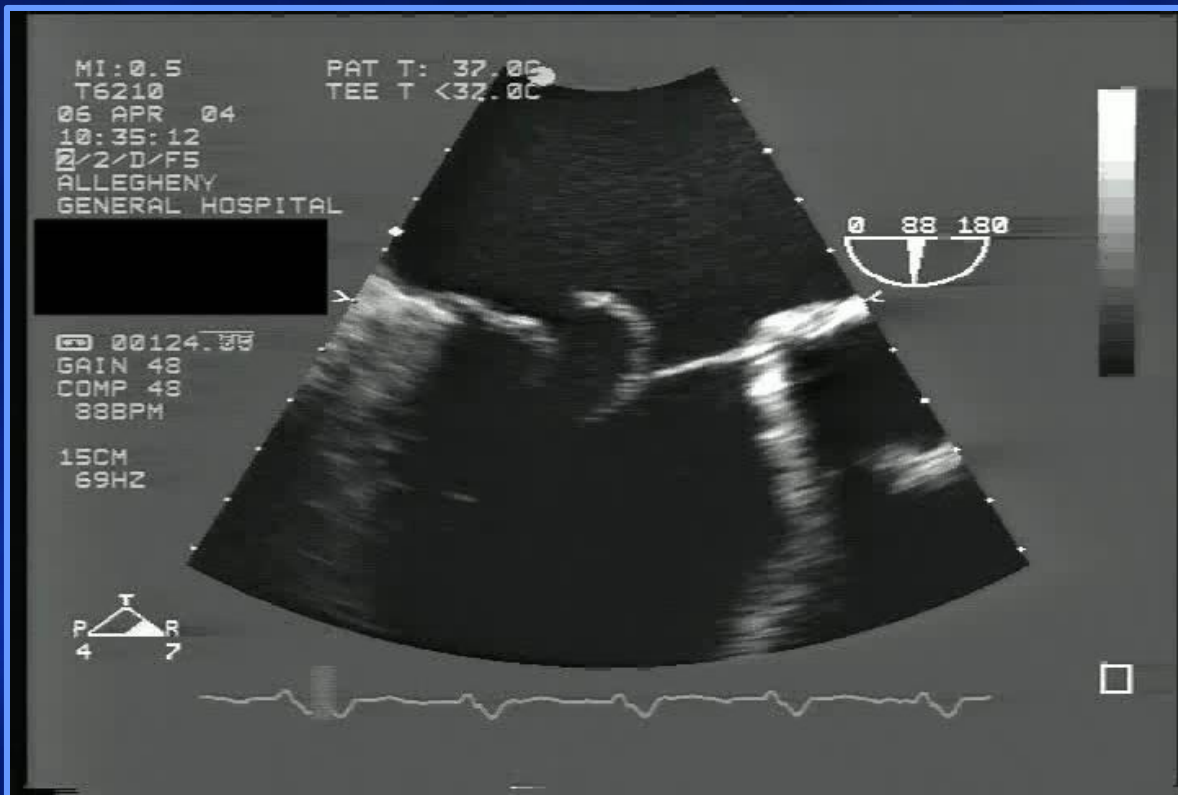
TEE Commissural View



Lambert et al. *Anesth Analg* 1999;88:1205-12

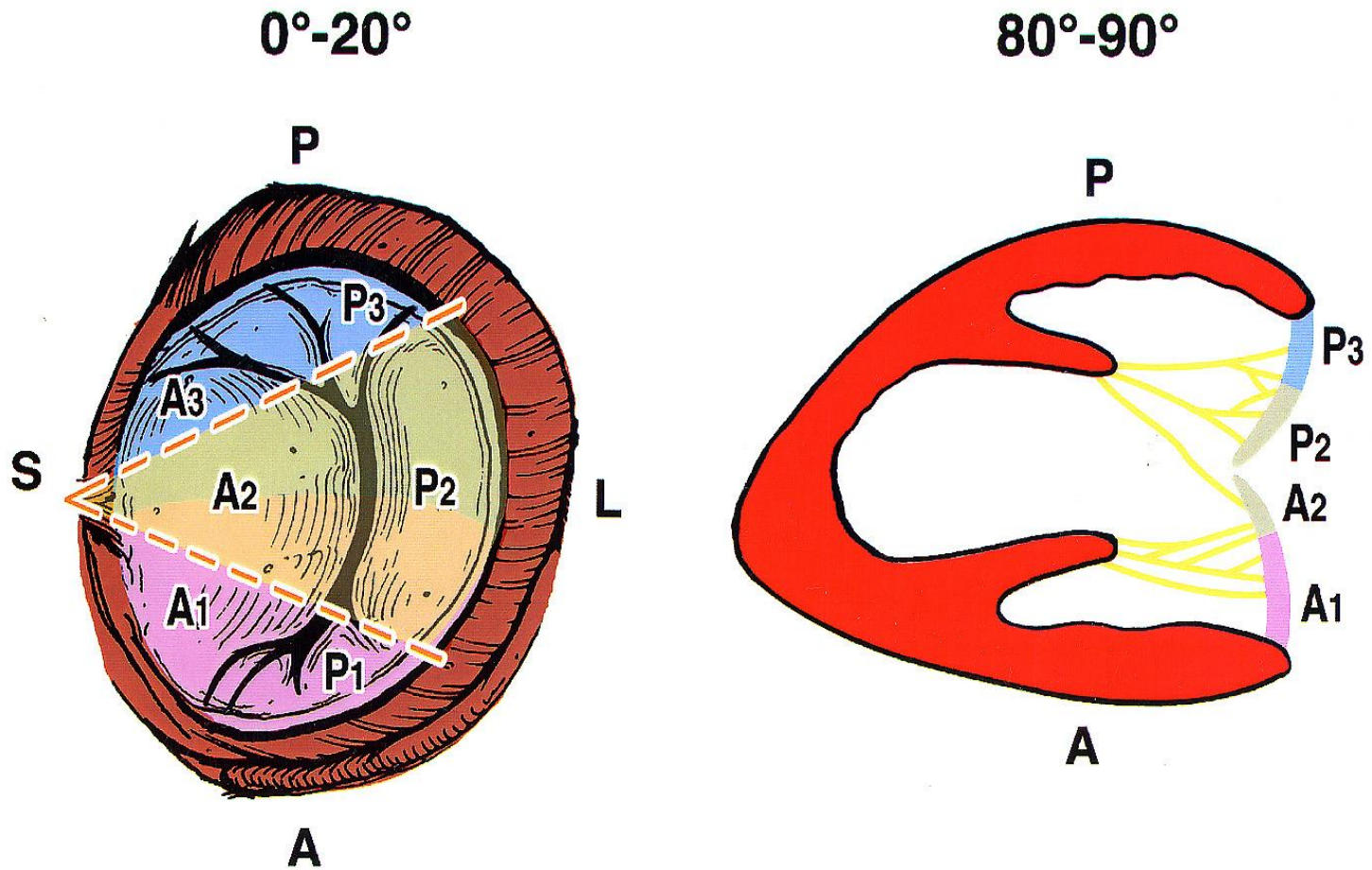
TEE 90° View

Flail A2



- Courtesy Pravin Shah MD

Transgastric Imaging



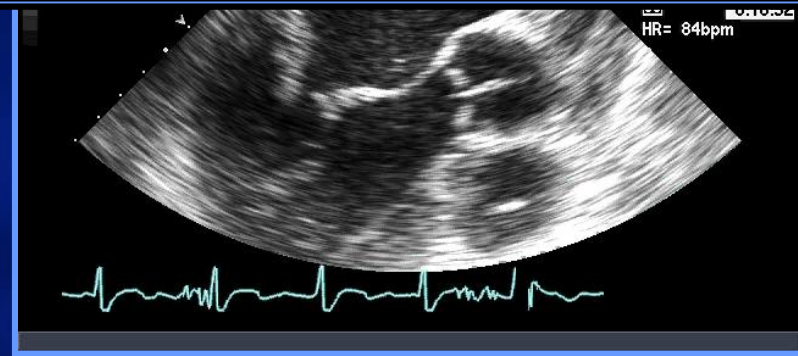
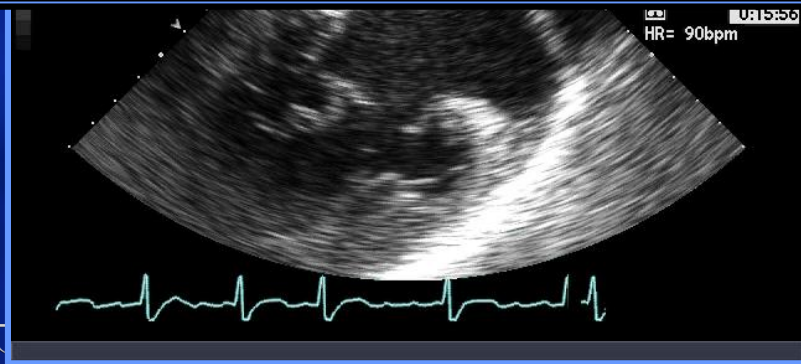
Adapted from
Carpentier Classification

- Courtesy of Dr. Pravin Shah, MD, MACC

Limitation of 2D TEE

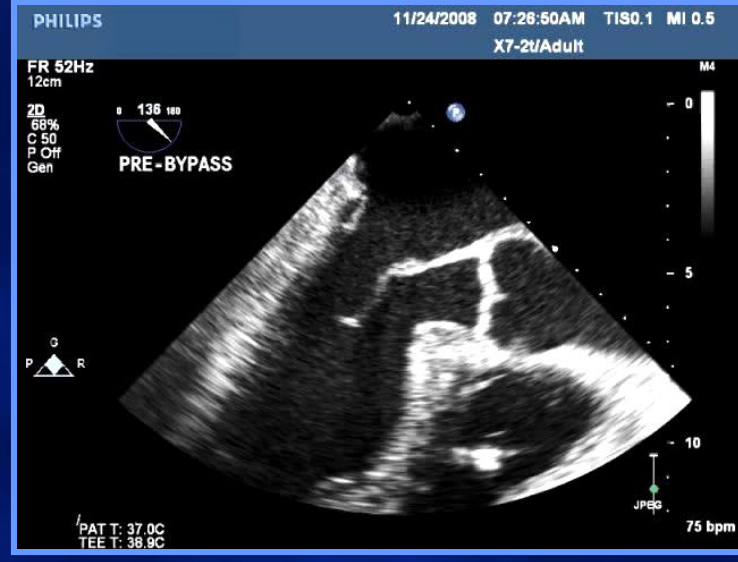
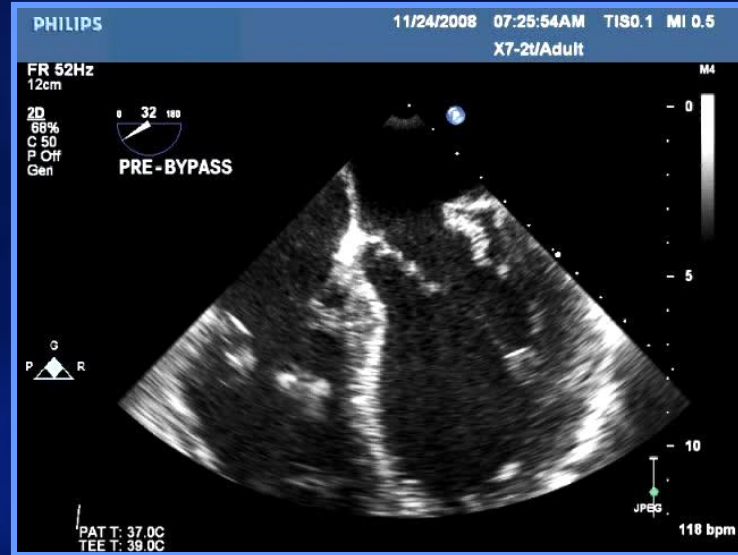
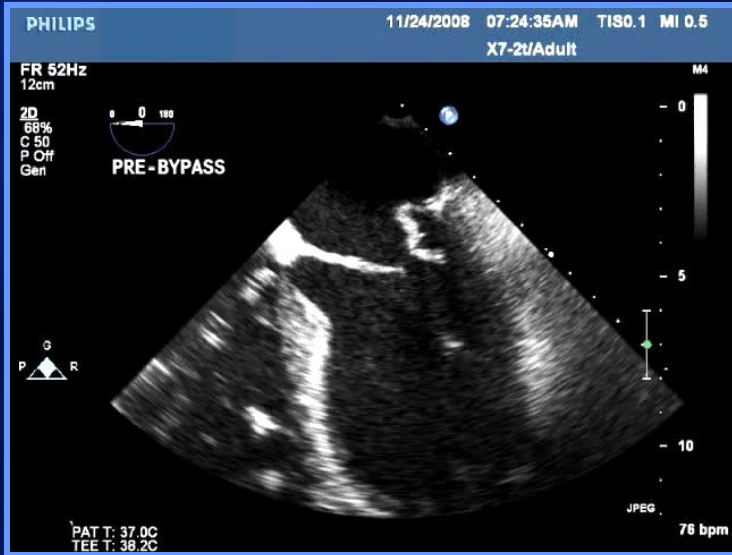


- P1, P2, P3, A2 Prolapse
- P2 and P3 Flail
- Multiple Torn Chordae Tendineae
- Were you 100% confident on the 2D TEE Images?



TEE

What's wrong with the mitral valve?



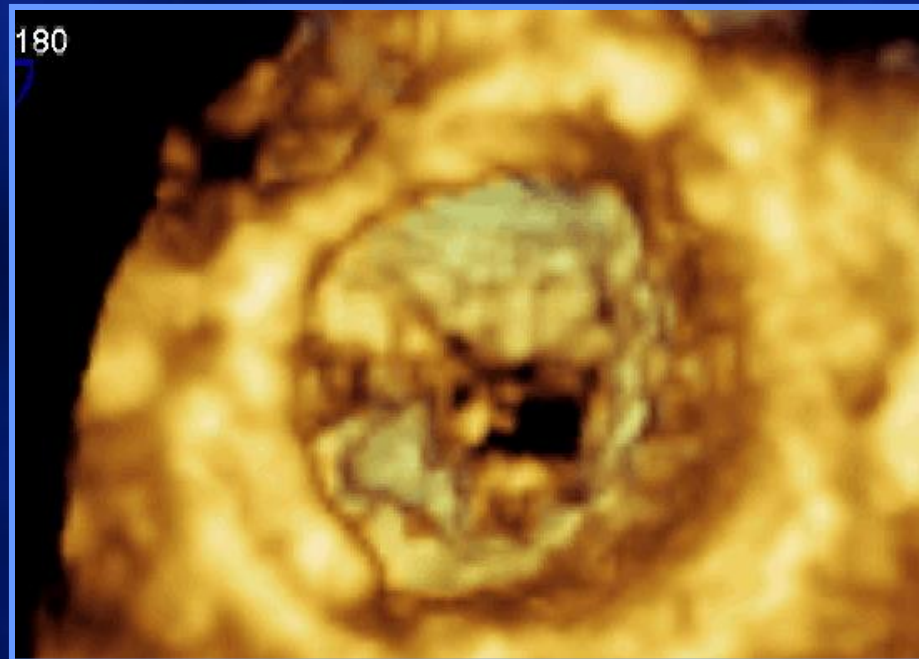
What's wrong with the mitral valve?

1. Flail posterior lateral scallop (P1)
2. Flail posterior middle scallop (P2)
3. Flail posterior medial scallop (P3)
4. Flail anterior middle scallop (A2)
5. Mitral valve cleft

View from LA
Perspective →



View from LV
Perspective →



Surgical Note

Diagnosis: 1. Severe mitral valve regurgitation.

2. Flail middle scallop posterior leaflet.
3. Cleft between lateral and middle scallops of the posterior leaflet.
4. Annular dilatation.
5. Annular calcification.
6. Annular stenosis.
7. Medial scallop posterior leaflet prolapse.

Procedure: > 1. Robotic-assisted minimally invasive mitral valve repair.

1. Robotic-assisted minimally invasive mitral valve repair.
2. Triangular resection of the middle scallop of the posterior leaflet.
3. Closure of cleft between the lateral and middle scallops of the posterior leaflet.

What's wrong with the mitral valve?

1. Flail posterior lateral scallop (P1)
2. Flail posterior middle scallop (P2)
3. Flail posterior medial scallop (P3)
4. Flail anterior middle scallop (A2)
5. Mitral valve cleft

Objectives

CLINICAL INVESTIGATIONS

VALVULAR HEART DISEASE

J Am Soc Echocardiogr 2009;22:34-41

Real-Time Three-Dimensional Transesophageal Echocardiography in the Intraoperative Assessment of Mitral Valve Disease

Jasmine Grewal, MD, Sunil Mankad, MD, William K. Freeman, MD,
Roger L. Click, MD, PhD, Rakesh M. Suri, MD, Martin D. Abel, MD, Jae K. Oh, MD,
Patricia A. Pellikka, MD, Gillian C. Nesbitt, MD, Imran Syed, MD, Sharon L. Mulvagh, MD,
and Fletcher A. Miller, MD, *Rochester, Minnesota*

pathologic anatomy of the MV leaflets and apparatus

Detection of Pathology with 2D and Live 3D TEE

n = 42 patients

Sensitivity (%)
2D 3D

Specificity (%)
2D 3D

Accuracy (%)
2D 3D

- The predominant MV pathology was correctly identified in **98%** vs. **90%** of patients for 3D TEE vs. 2D TEE ($p < 0.05$)

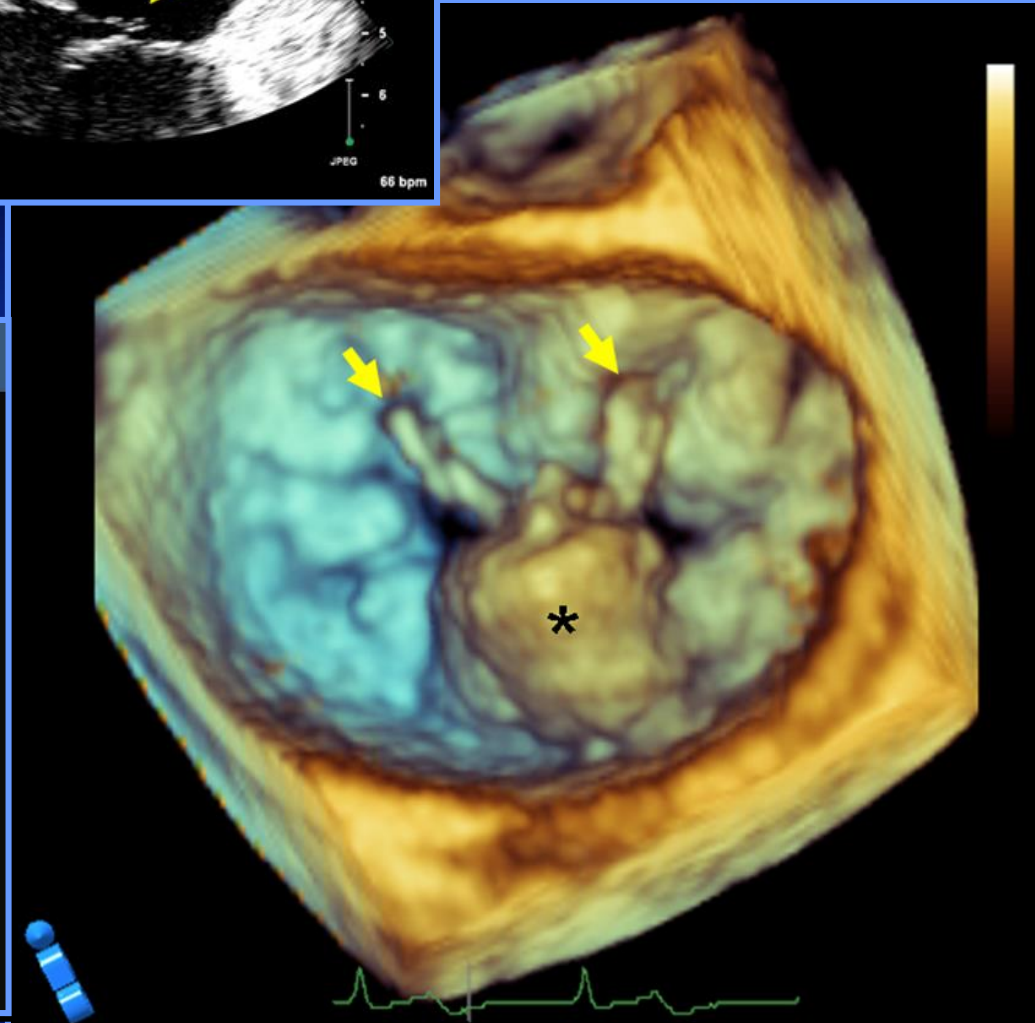
† $p < 0.05$ versus 2D TEE; BL= bileaflet involvement

Flail Posterior Leaflet (P2)

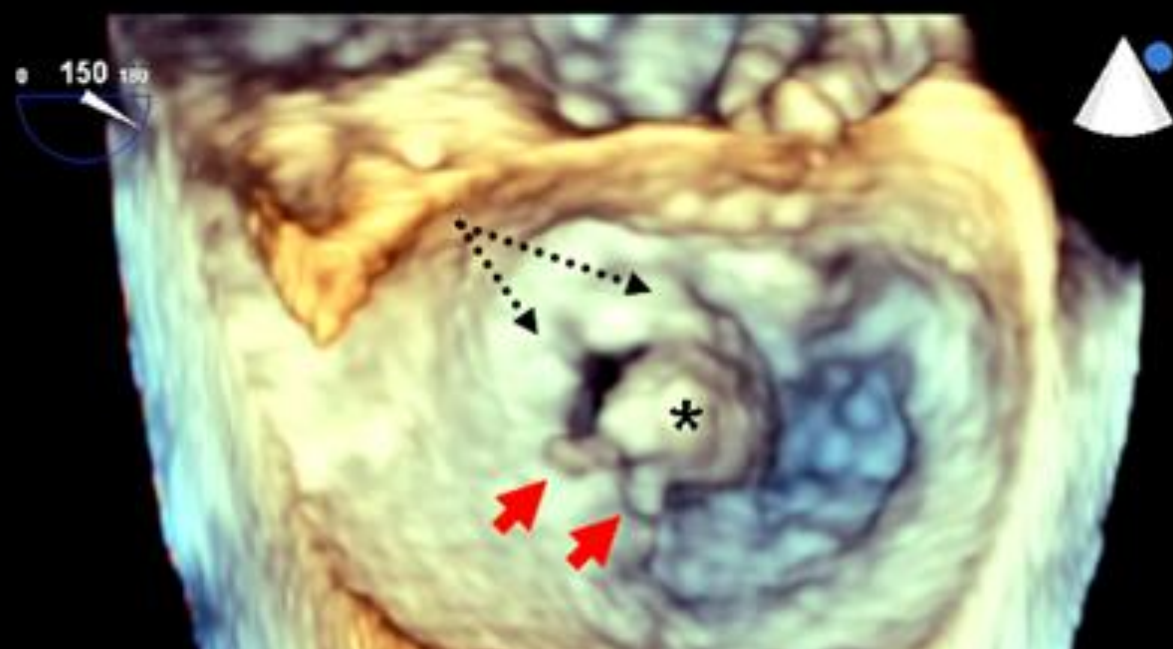


↓ 3D TEE ↓

↓ 2D TEE ↓



Flail Anterior Leaflet (A2)



PHILIPS 12/28/2007 10:11:53AM TIS0.2 MI 0.5
X7-2t/MayoTEE

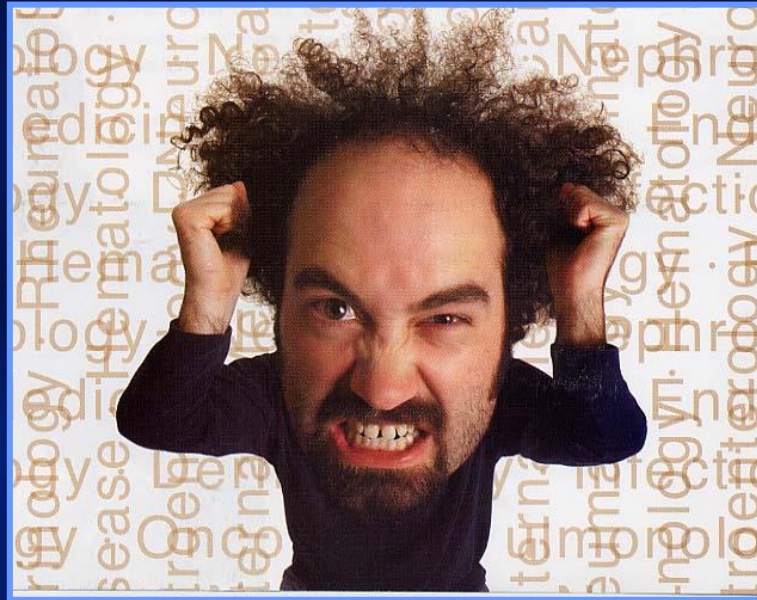
FR 12Hz
8.9cm
Live 3D
3D 0%
3D 40dB
Gen

B



Confusion: Unclear Terminology

- 1) Trivial
- 2) Trace
- 3) Mild
- 4) Mild to moderate
- 5) Moderate
- 6) Moderate to severe
- 7) Moderately Severe
- 8) Severe
- 9) Industrial Strength
- 10) Torrential



Semi-Quantification



- 1+
- 1-2+
- 2+
- 2-3+
- 3+
- 3-4+
- 4+

Mitral Regurgitation Has Four Hallmarks



Flow Convergence

Flow Acceleration

Turbulence

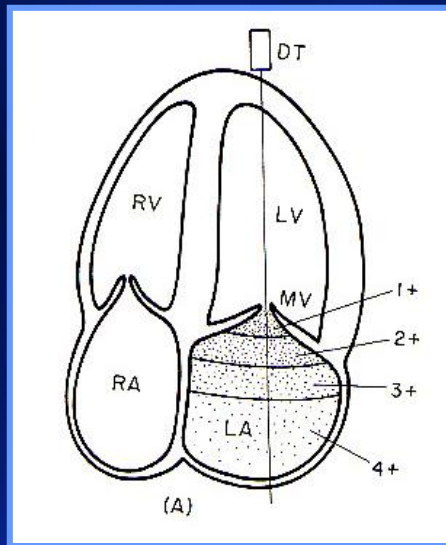
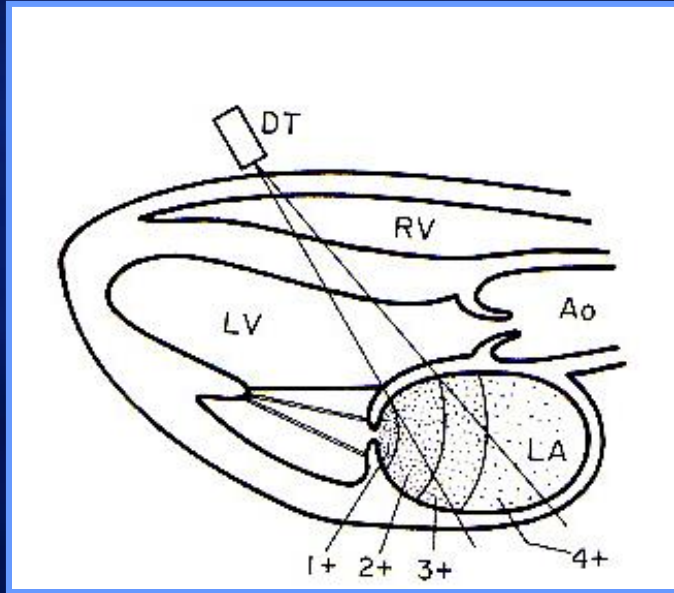


Jet Area

Downstream

Adapted from Echo in Context. Kisslo et al.

MR Jet Area Semi-Quantification



Adapted from Echo in Context – Kisslo et al.

Quantification of MR by Jet Area

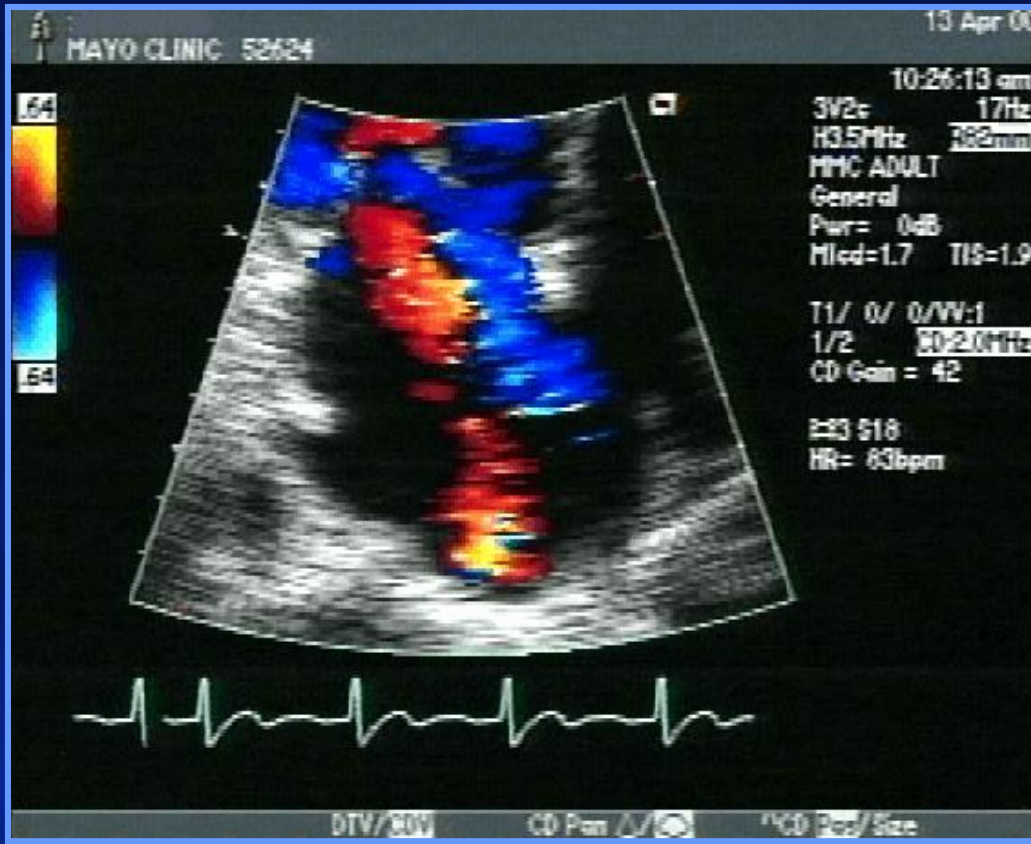
Mild	Moderate	Severe
Small Central Jet (usually < 4 cm²) < 20% of LA Area	20-40% of LA Area	Large Central Jet (usually > 10 cm²) > 40% of LA Area

Zoghbi WA et al. Recommendations for evaluation of the severity of native valvular regurgitation with two-dimensional and Doppler echocardiography. *J Am Soc Echocardiogr* 2003;16:777-802.

Problems with Jet Area

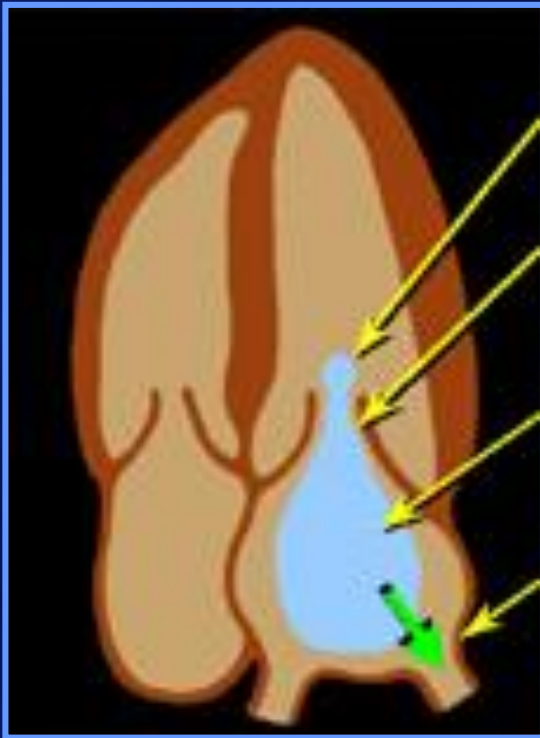
- **Affected by instrumental factors**
 - **Pulse Repetition Frequency**
 - Nyquist limit should be $> 50-60$ cm/sec
 - **Color Gain**
 - Gain set so that random color speckling does not occur in non-moving regions

How Much Mitral Regurgitation?: Eccentric Mitral Regurgitation Jet



Coanda Effect

Regurgitation Has Four Hallmarks



Flow Convergence

Flow Acceleration → Vena Contracta

Turbulence

Downstream

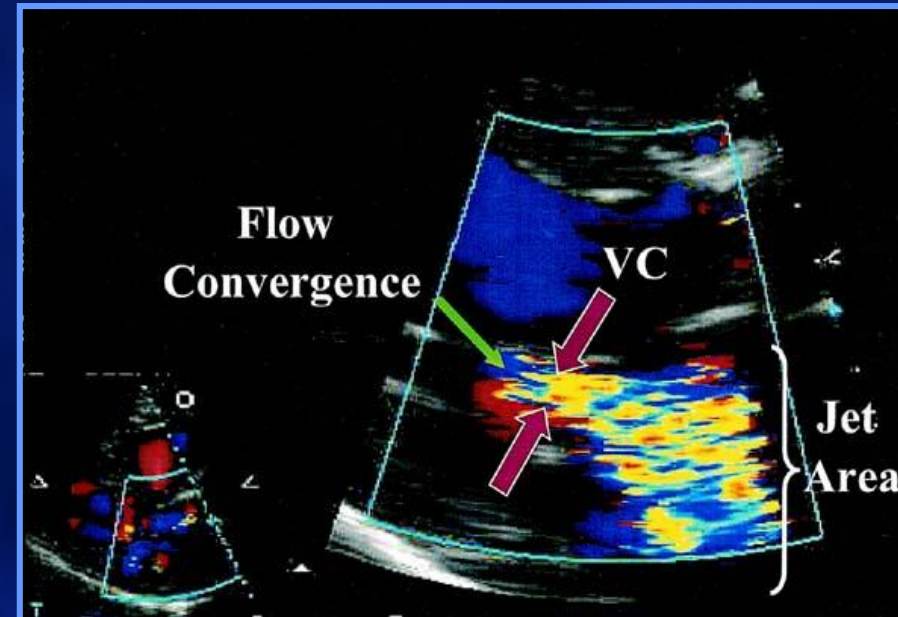
Adapted from Echo in Context. Kisslo et al.

Vena Contracta

- Narrowest portion of a jet that occurs at or just downstream from the orifice

- **Vena Contracta Width**

- Mild < 0.3 cm
- Moderate 0.3-0.69 cm
- Severe > 0.7 cm

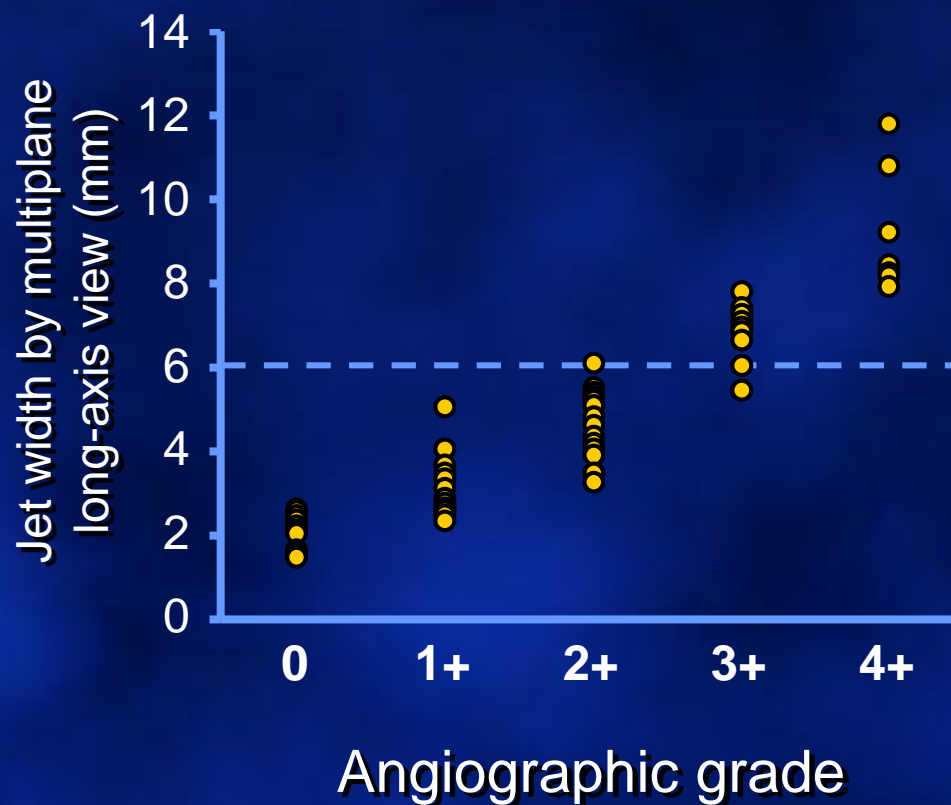


Zoghbi WA et al. Recommendations for evaluation of the severity of native valvular regurgitation with two-dimensional and Doppler echocardiography. *J Am Soc Echocardiogr* 2003;16:777-802.

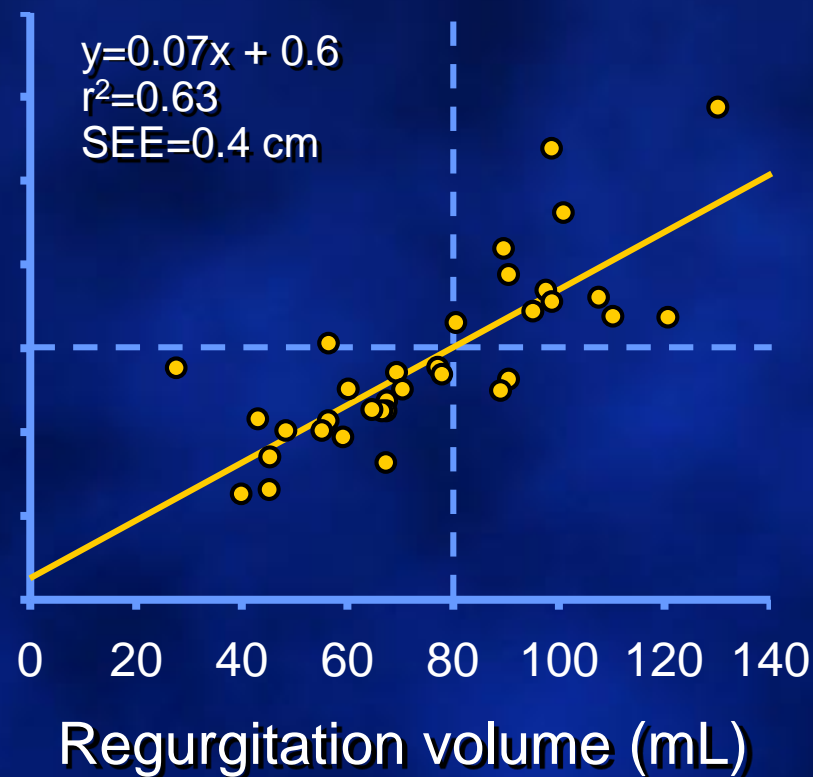
Mitral Regurgitation

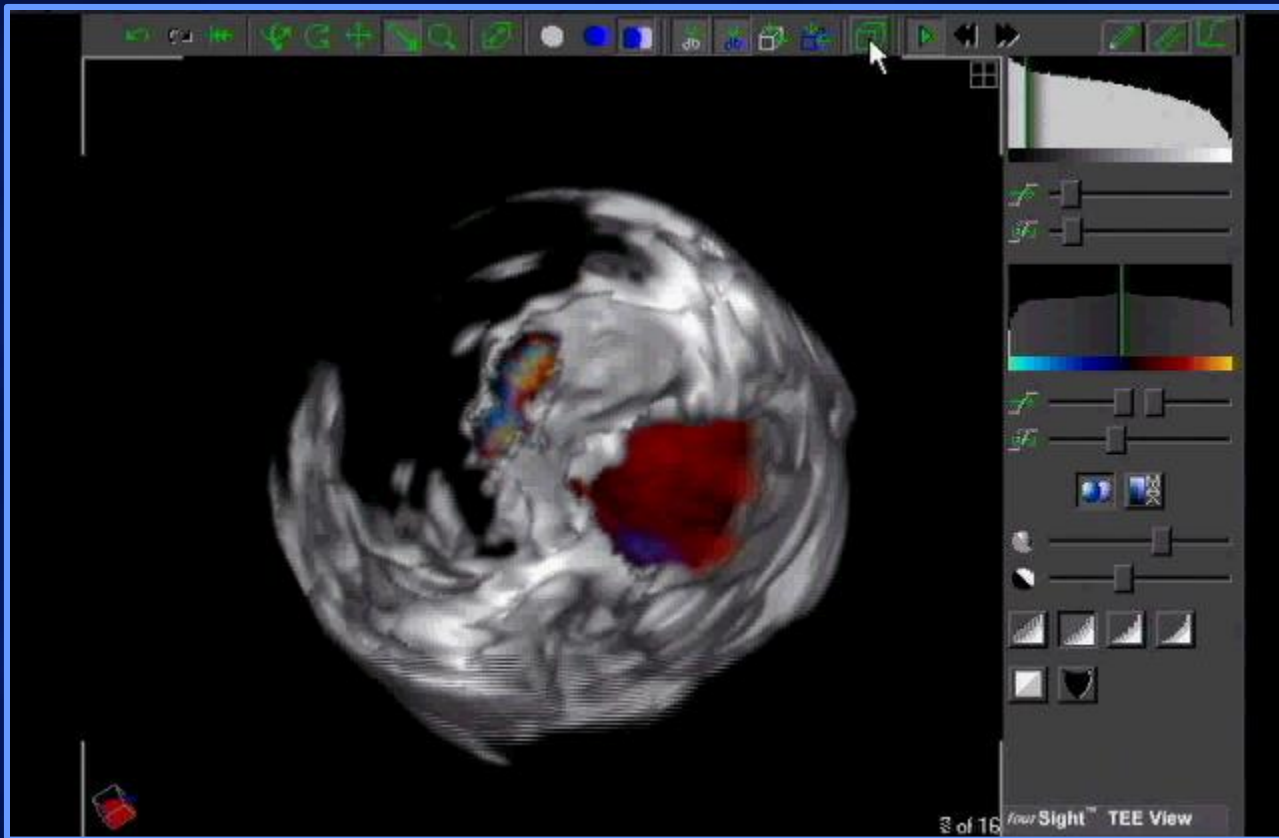
Transesophageal Echo Long Axis

Vena Contracta vs
Angiographic Grade



Vena Contracta vs
Regurgitant Volume





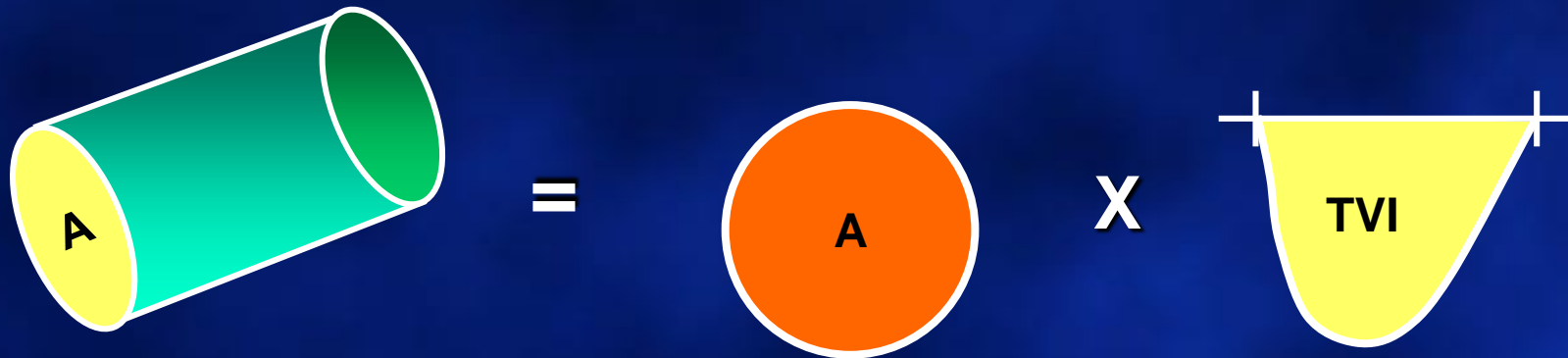
Problems with Vena Contracta

Valvular Regurgitation Quantitation

- Regurgitant volume (RV)
- Effective regurgitant orifice (ERO)
- Regurgitant fraction (RF)

Continuity Equation

Quantitative Hemodynamics (Conservation of Mass Principle)



Stroke volume

Area

X

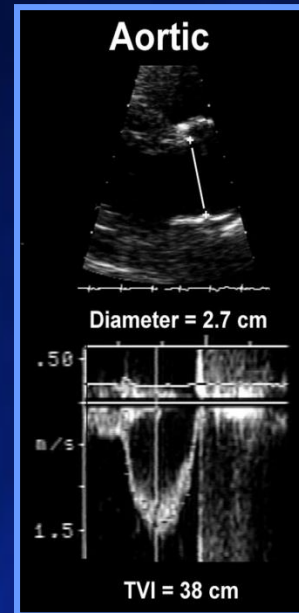
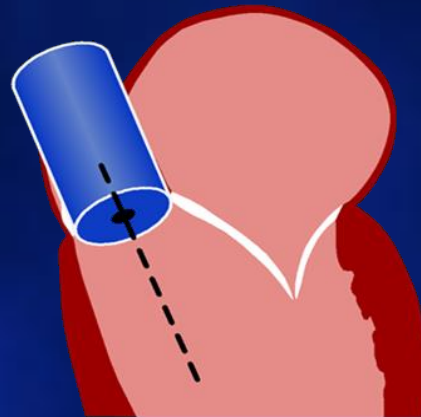
TVI

Four Measurements

- LVOT Diameter

- LVOT TVI

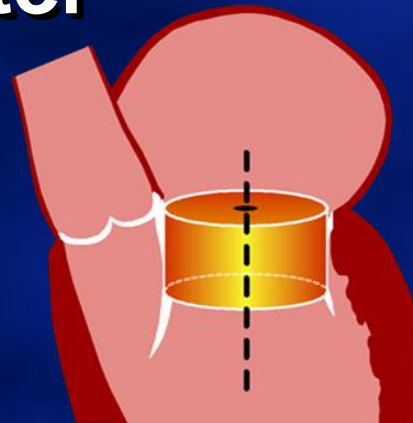
SV_{LVOT}

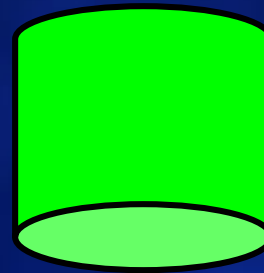
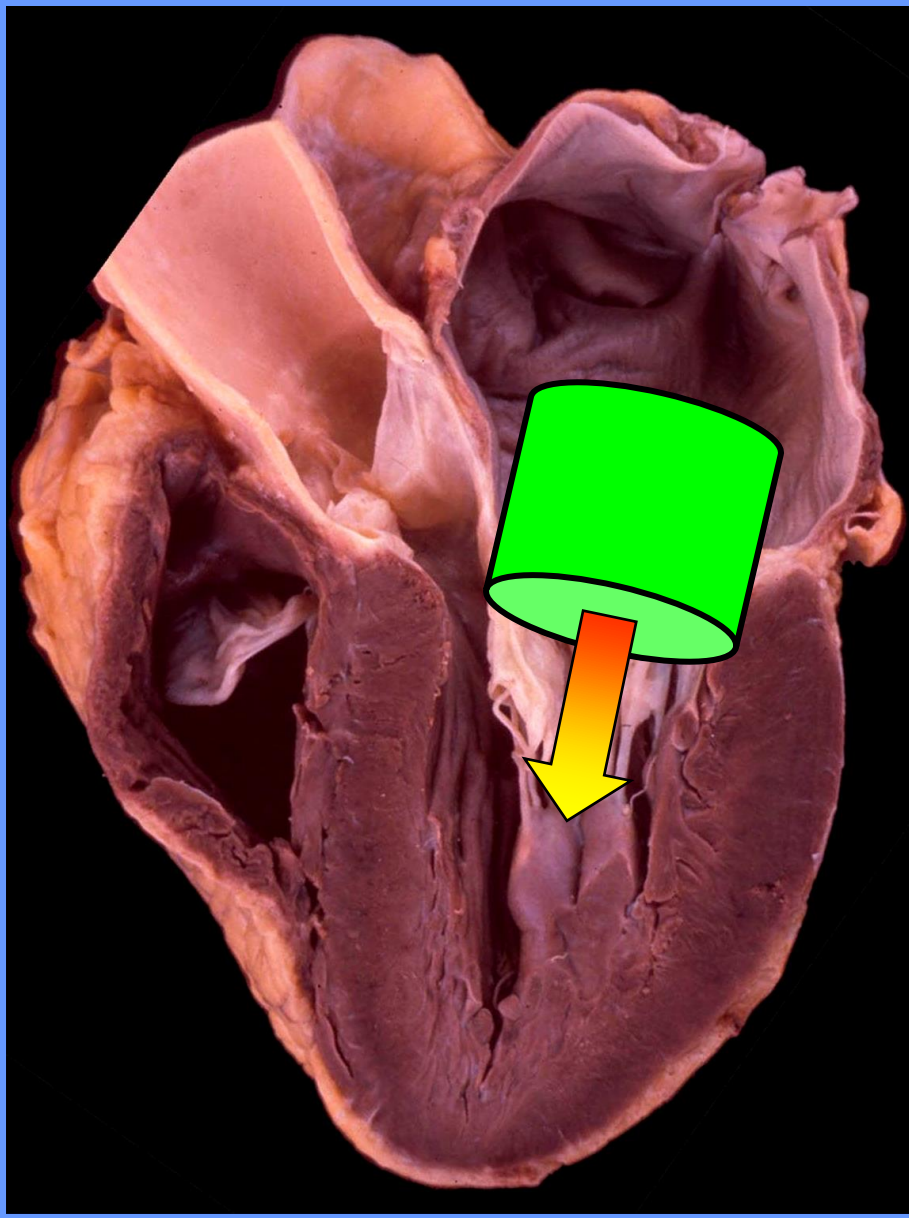


- Mitral annulus diameter

- Mitral annulus TVI

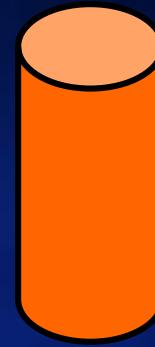
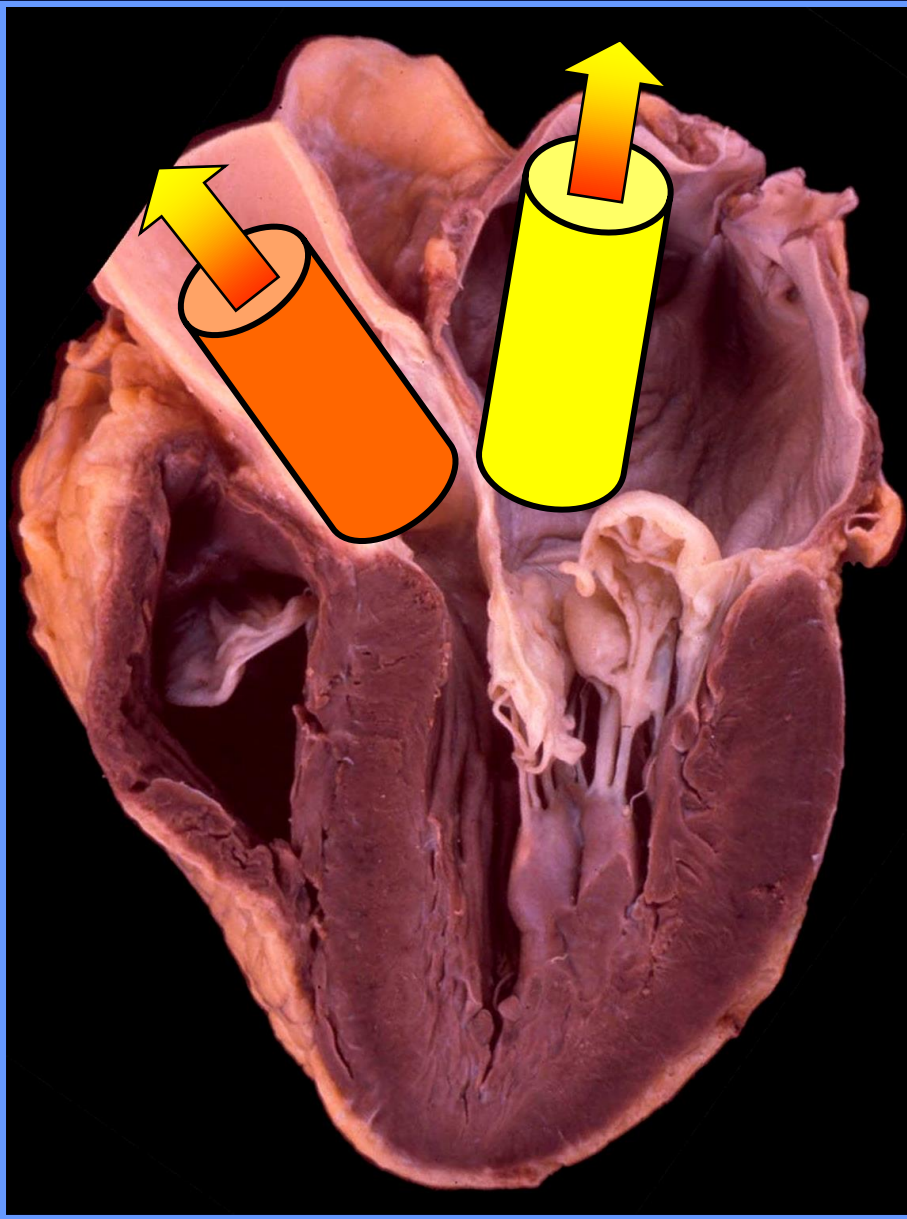
SV_{MV}





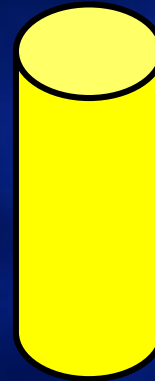
= MV
Stroke
Volume

Diastole



=

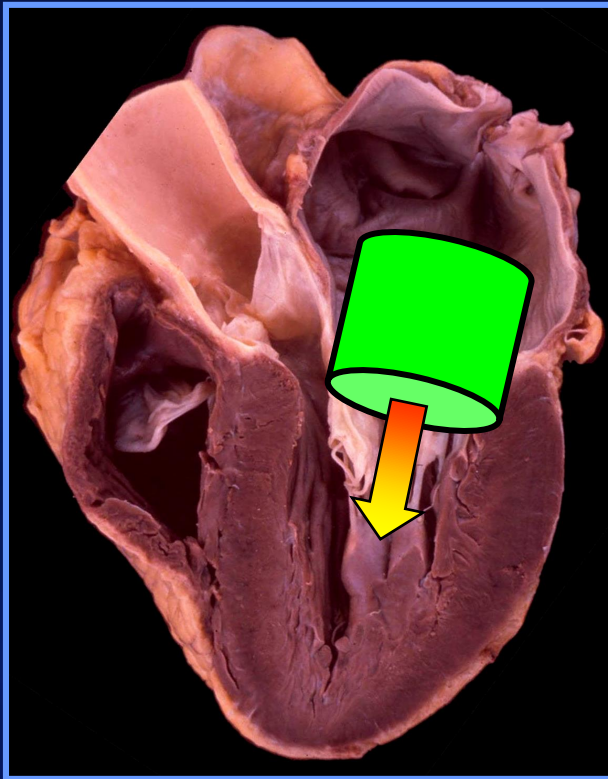
LVOT
Stroke
Volume



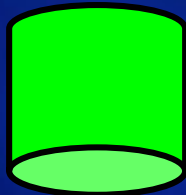
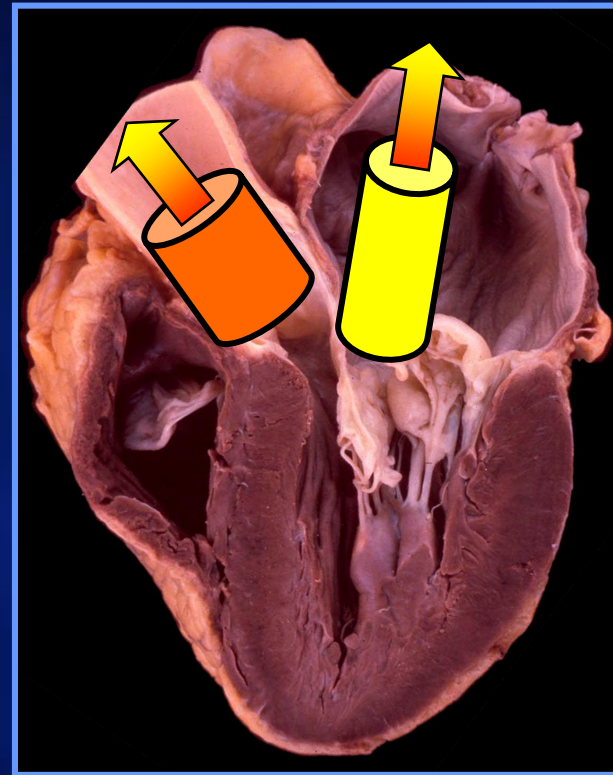
=

MR
Volume

Systole

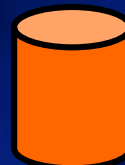


=



MV Stroke
Volume

=

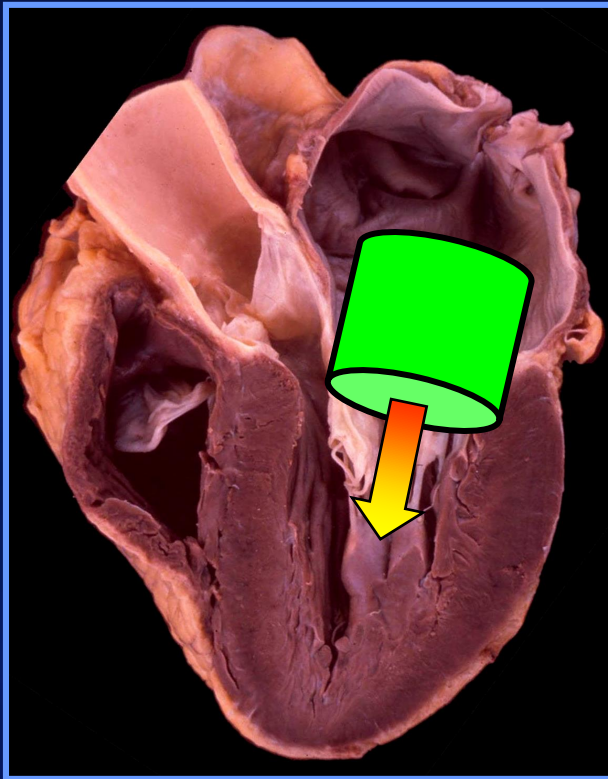


LVOT Stroke
Volume

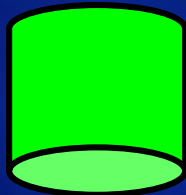
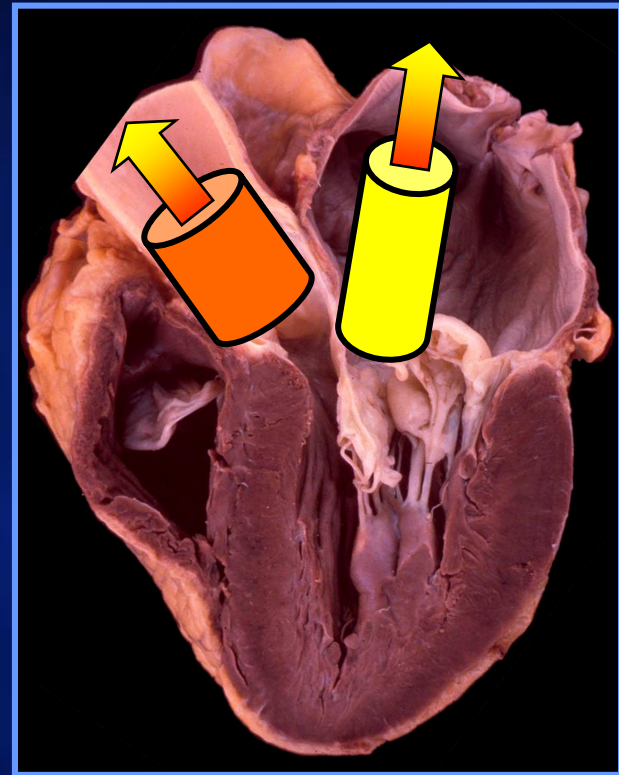
+



MR
Volume

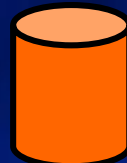


=



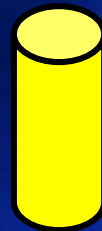
MV Stroke
Volume

-



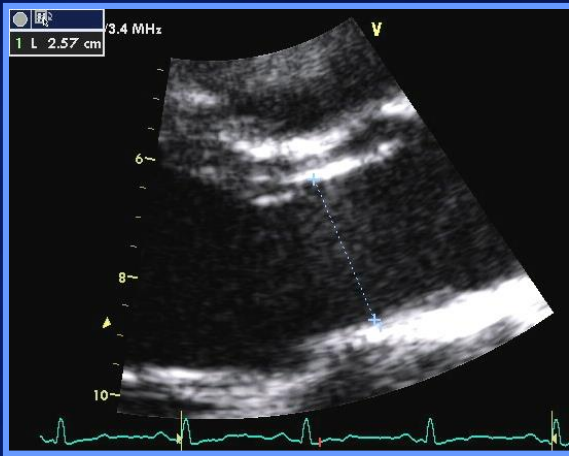
LVOT Stroke
Volume

=

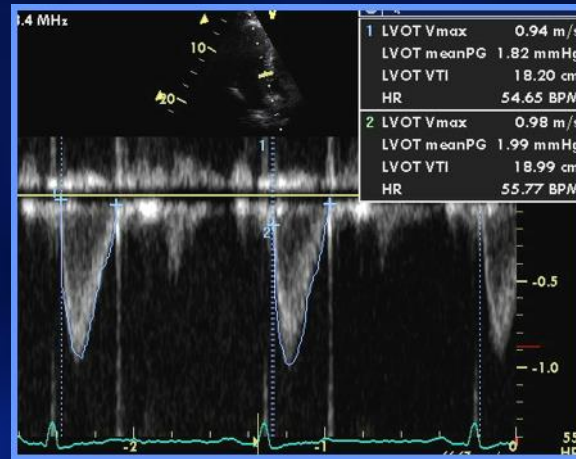


MR
Volume

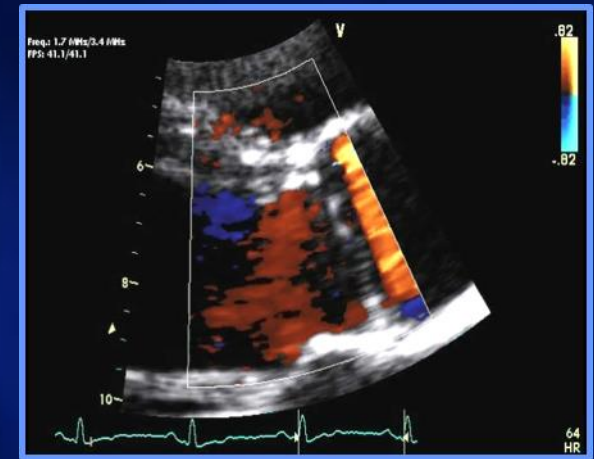
Step 1: Calculate LVOT Stroke Volume



LVOT diameter = 2.6 cm



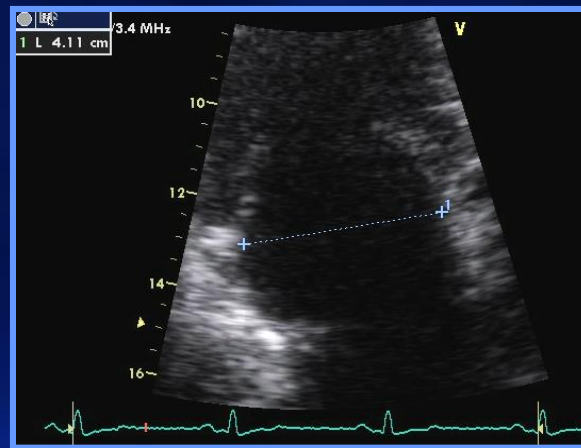
LVOT TVI = 18 cm



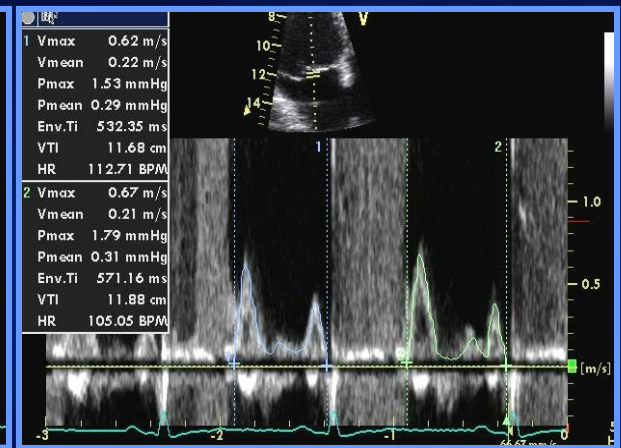
No AR

$$\begin{aligned} \text{LVOT Stroke Volume} &= \pi (D/2)^2 \times 18 \text{ cm} \\ &= 0.785 (2.6 \text{ cm})^2 \times 18 \text{ cm} \\ &= 96 \text{ cm}^3 \end{aligned}$$

Step 2: Calculate MV Stroke Volume



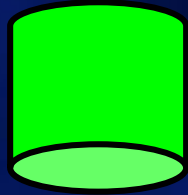
MV diameter = 4.1 cm



MV Annular TVI = 12 cm

$$\begin{aligned} \text{MV Stroke Volume} &= 0.785 (4.1 \text{ cm})^2 \times 12 \text{ cm} \\ &= 158 \text{ cm}^3 \end{aligned}$$

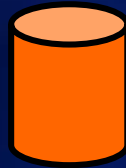
Step 3: Calculate MR Volume



MV Stroke
Volume

158 cm³

-



LVOT Stroke
Volume

96 cm³

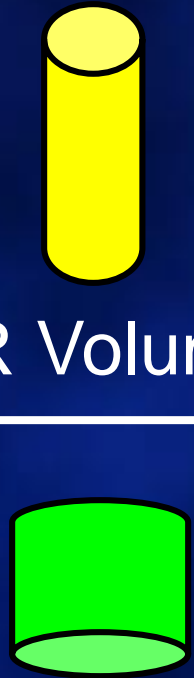
=



MR
Volume

62 cm³

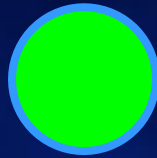
Step 4: Calculate Regurgitant Fraction (RF)



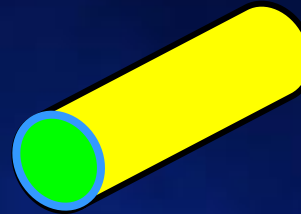
Mitral RF = $\frac{\text{MR Volume}}{\text{MV Stroke Volume}} = \frac{62 \text{ cm}^3}{158 \text{ cm}^3} = 40\%$

Step 5: Calculate MR ERO

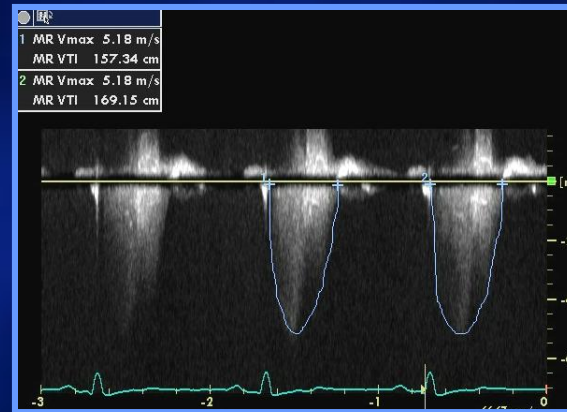
Effective
Regurgitant
Orifice



=



MR
Volume
62 cm³



$$\text{ERO} = \frac{62 \text{ cm}^3}{163 \text{ cm}} = 0.38 \text{ cm}^2$$

Quantitation of Mitral Regurgitation

Mild

Moderate

Severe

MR Volume
(cm³/beat)

<30

30 - 44

45 - 59

≥ 60

Regurgitant
Fraction (%)

<30

30 - 39

40 - 49

≥ 50

ERO (cm²)

<0.20

0.20-0.29

0.30-0.39

≥ 0.40

Quantitation of Valvular Regurgitation Continuity Method: Potential Pitfalls

- Incorrect Doppler alignment to flow ($\theta > 20^\circ$)
- Incorrect sample volume placement:
 - Place at annulus, not leaflet tips
- Incorrect annular measurement: (error)²
 - Mitral annular calcification (MAC)
- Failure to trace modal velocity (especially MV)
- Geometric assumptions of circular annulus
 - (LVOT – excellent, MV - good, TV - poor)
- Aortic regurgitation $>$ mild (use RVOT instead)
- Arrhythmia; inadequate data averaged

Regurgitation Has Four Hallmarks



Flow Convergence → PISA

Flow Acceleration

Turbulence

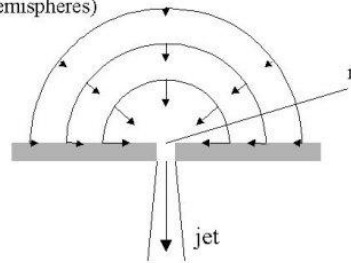
Downstream

Adapted from Echo in Context. Kisslo et al.

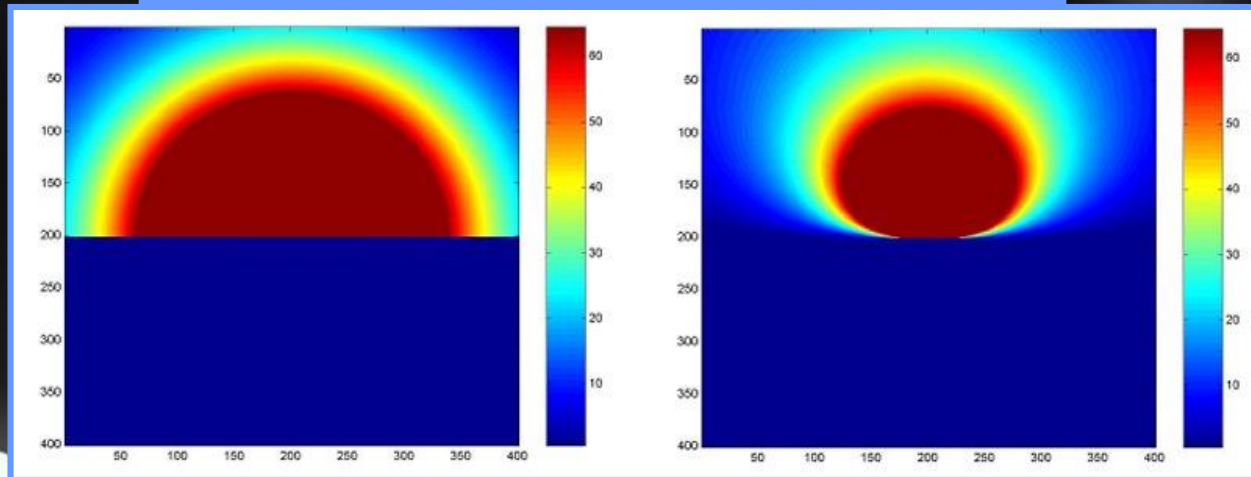
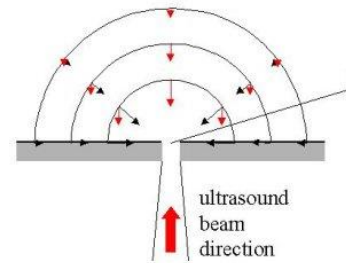
What is PISA ?

velocity map

isovelocity surfaces
(hemispheres)



component of velocity
in beam direction



as
ells

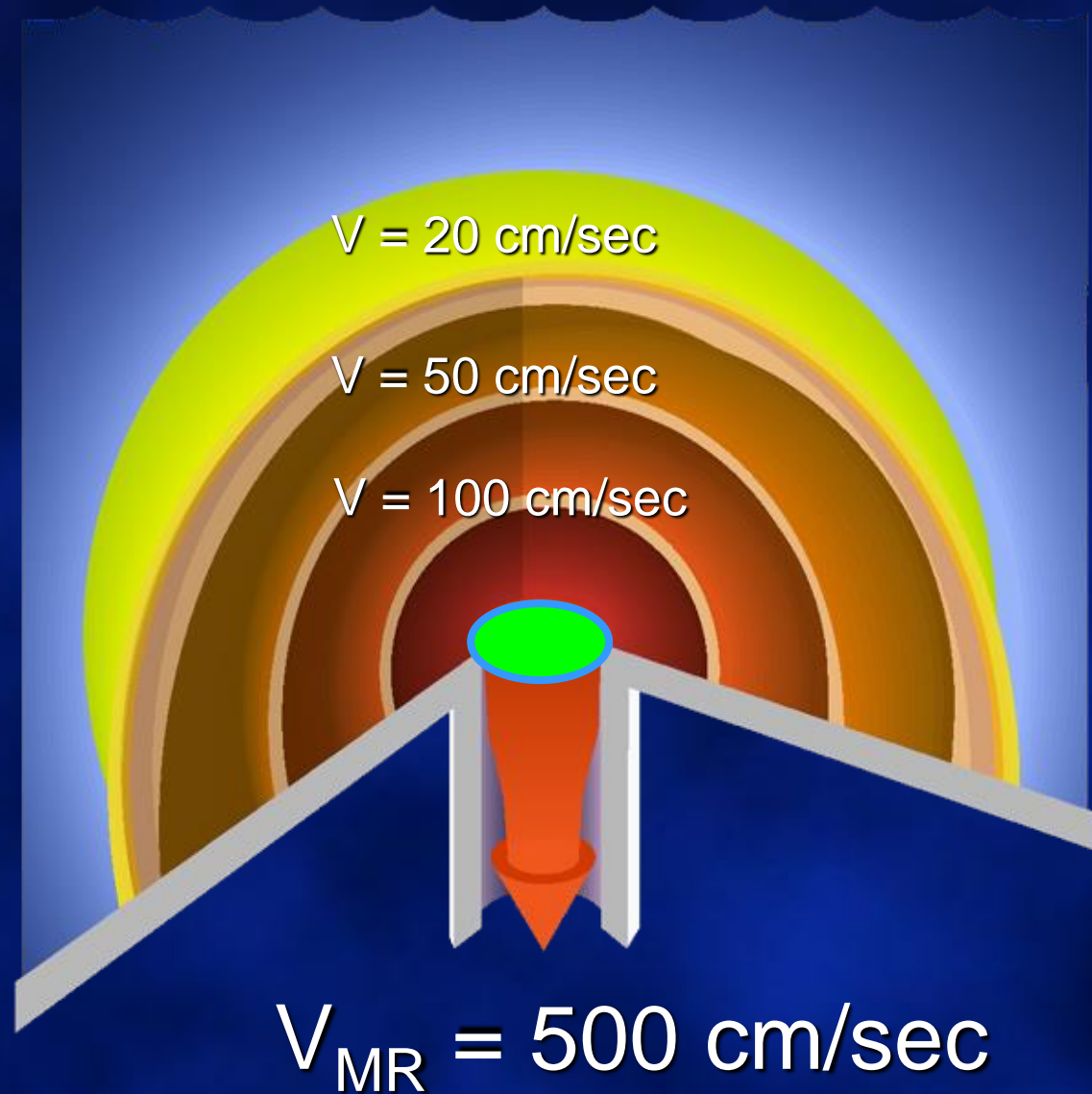
© Jaime Ascaso 1999

<http://www.geocities.com/SoHo/Veranda/9630/>



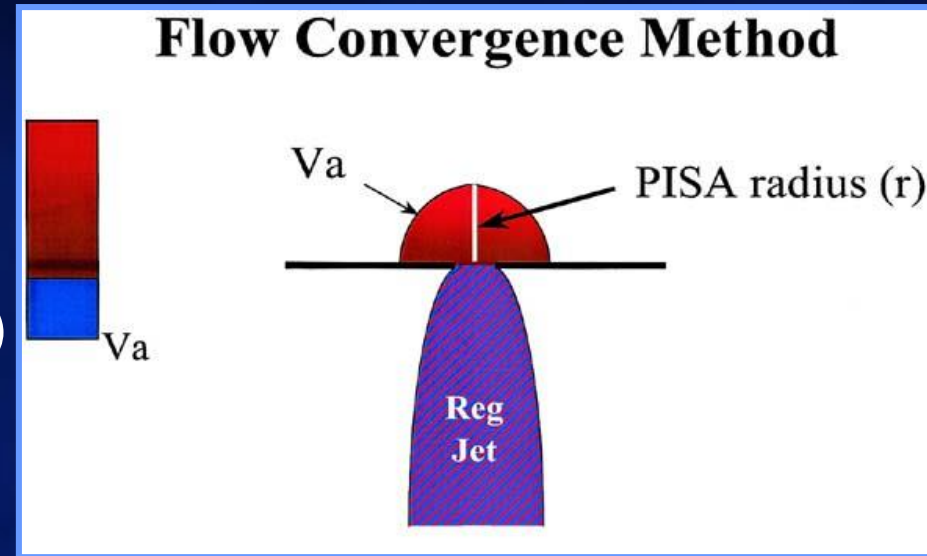
Flow Convergence

Proximal
Isovelocity
Surface
Area



PISA Calculations

(Proximal Isovelocity Surface Area)



Zoghbi WA et al. *J Am Soc Echocardiogr* 2003;16:777-802.

- **Flow (cc/sec)**

$$= 6.28 \times [r \text{ (cm)}]^2 \times V_a \text{ (cm/sec)}$$

- **ERO (cm²) = Flow (cc/sec)**

$$V \text{ (cm/sec)}$$

- **RV (cc) = ERO (cm²) x TVI (cm)**

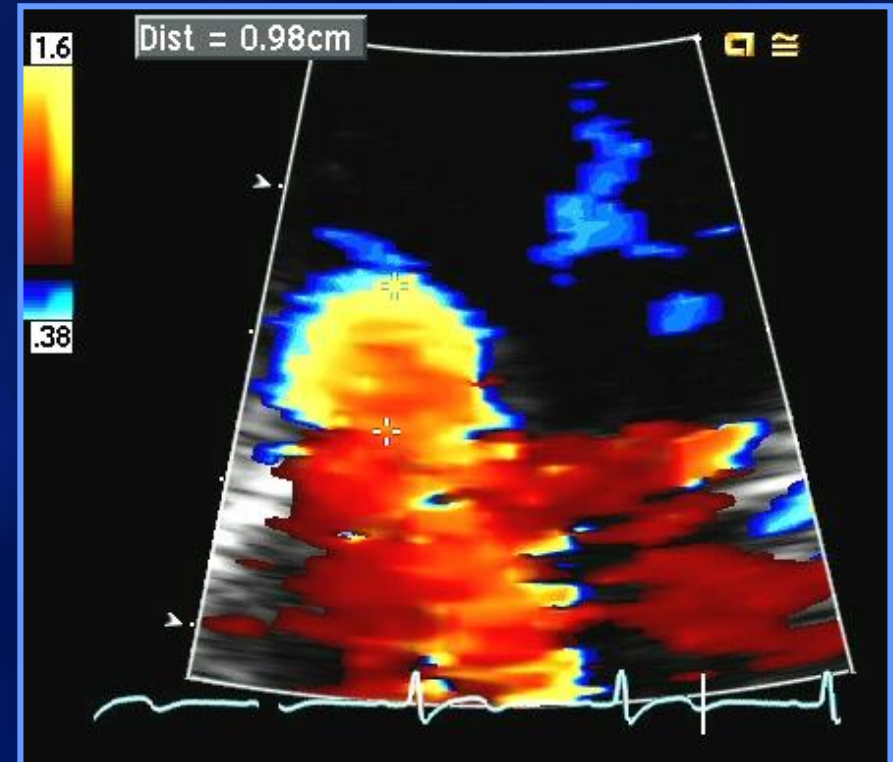
Locating the Color Flow Convergence

- **Zoom region of interest**
(Decreases error of radius measurement)
- **Shift color Doppler baseline in the direction of the regurgitant jet**
- **Baseline shift to obtain an optimal hemispheric flow convergence signal for PISA measurement**

Zoom In As Tight As You Can



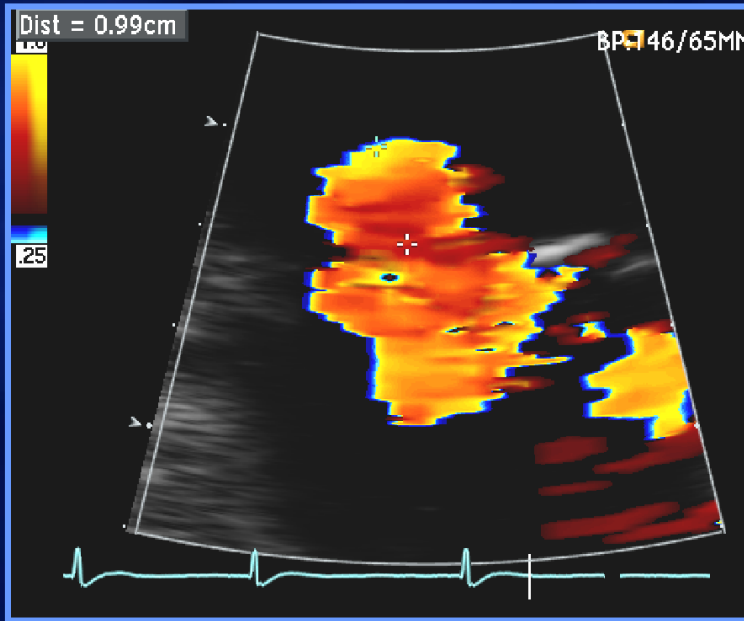
- **Larger zoom box**



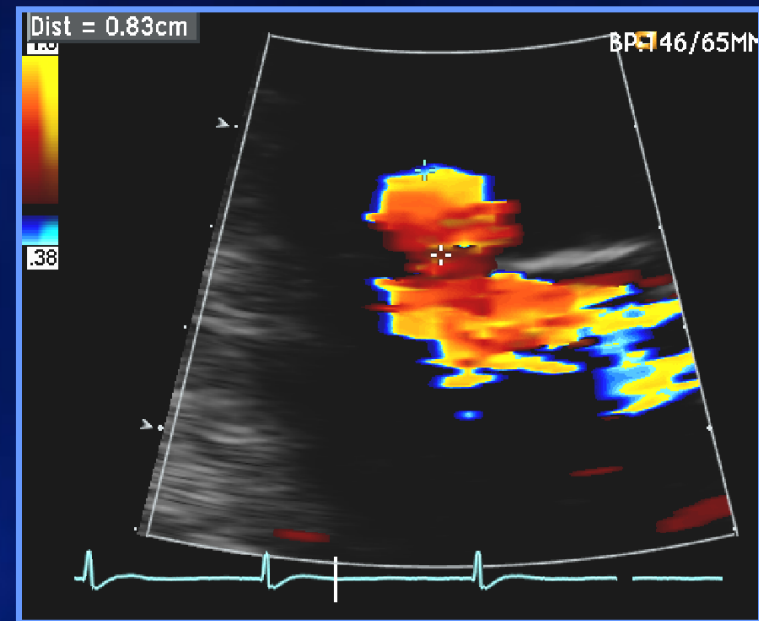
- **Smaller zoom box**

- Courtesy of Leslie Elvert, B.S., R.D.C.S.

What is the best aliasing velocity?



- Alias Vel. **25 cm/s**
- Radius **0.99 cm**
- ERO **0.32 cm²**
- Reg Vol **44 cc**



- Alias Vel. **38 cm/sec**
- Radius **0.83 cm**
- ERO **0.35 cm²**
- Reg Vol **47 cc**

Advantages of PISA Method


- Can be used in presence of other valvular regurgitation or shunts
- Can be used in presence of valve stenosis or prosthetic valves
- Uses fewer variables

Quantitation of Mitral Regurgitation

	Mild	Moderate	Severe	
MR Volume (cm ³ /beat)	<30	30 - 44	45 - 59	≥ 60
ERO (cm ²)	<0.20	0.20-0.29	0.30-0.39	≥ 0.40
Vena Contracta Width (cm)	< 0.3	0.3 - 0.69	≥ 0.7	

Simplified Approach to PISA (ERO)

- $ERO = 2\pi \cdot r^2 \cdot V/V_{max} \text{ of MR}$
 $= 6.28 \cdot r^2 \cdot V/V_{max} \text{ of MR}$
- If V/V_{max} of MR can be adjusted to $1/12$,
then $ERO = 6.28/12 \times r^2$
 $= 0.5 \times r^2$



Aliasing velocity set at 40 cm/sec assuming
MR maximum velocity \cong 500 cm/sec

Simplified PISA (ERO)

- Examples

- $r = 0.4 \text{ cm}$; $r^2 = 0.16 \text{ cm}^2$; $\text{ERO} = 0.08 \text{ cm}^2$

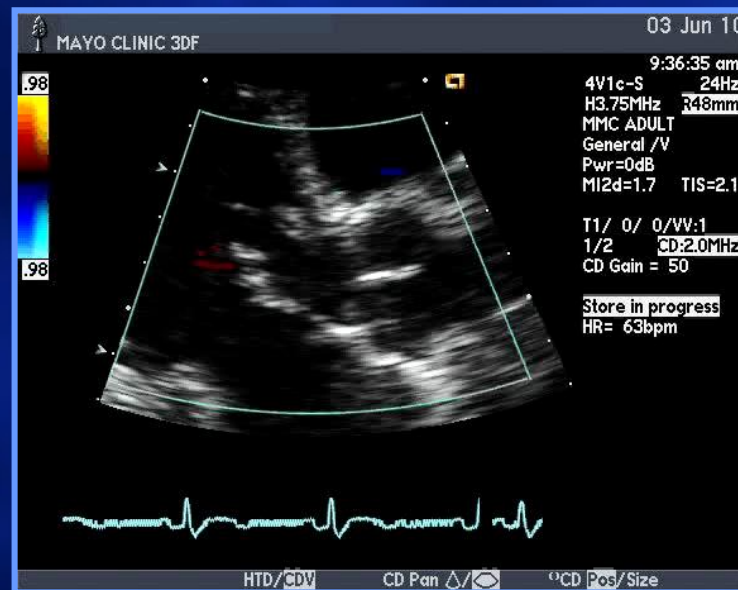
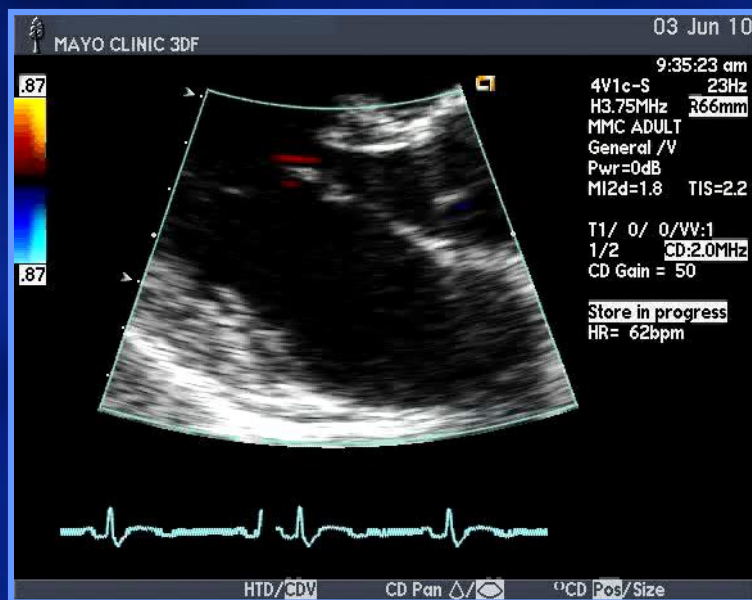
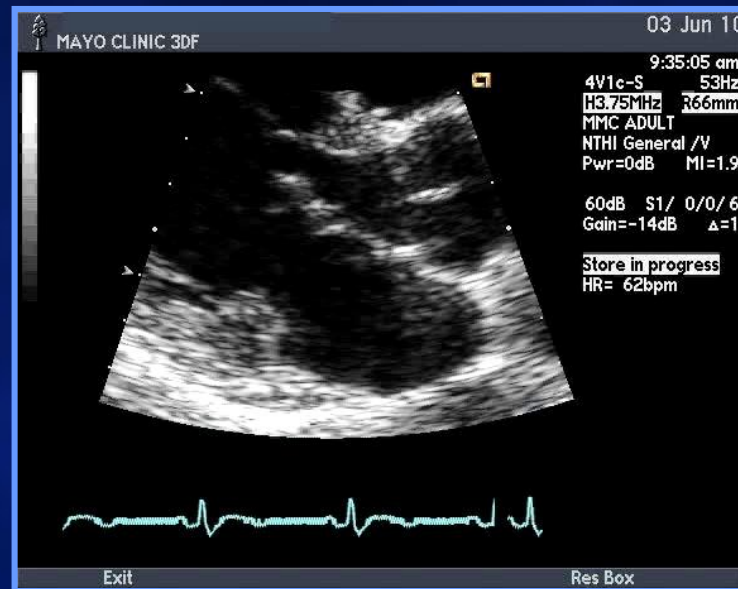
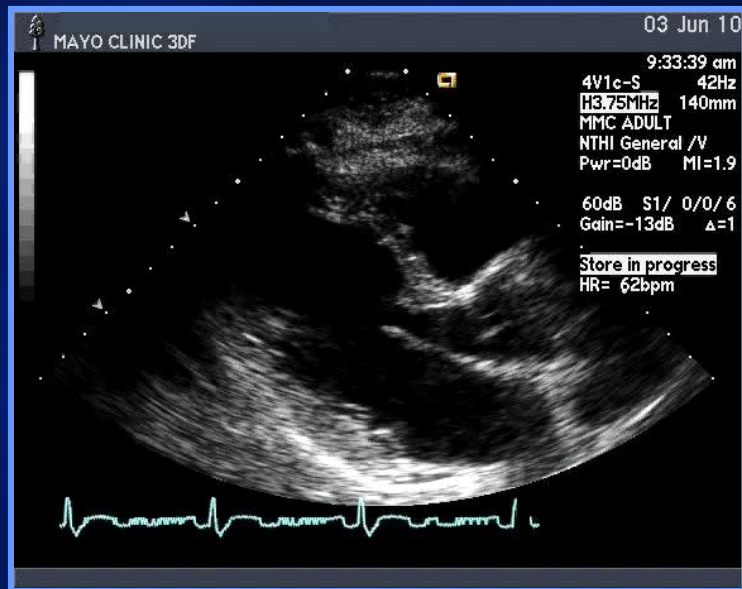
- $r = 0.6 \text{ cm}$; $r^2 = 0.36 \text{ cm}^2$; $\text{ERO} = 0.18 \text{ cm}^2$

- $r = 0.8 \text{ cm}$; $r^2 = 0.64 \text{ cm}^2$; $\text{ERO} = 0.32 \text{ cm}^2$

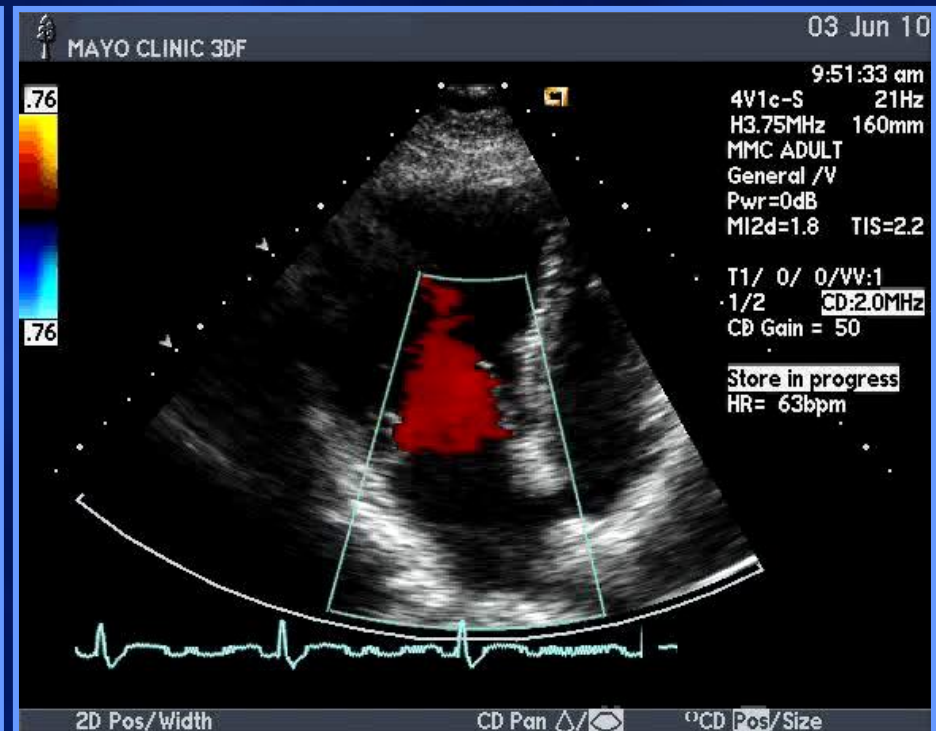
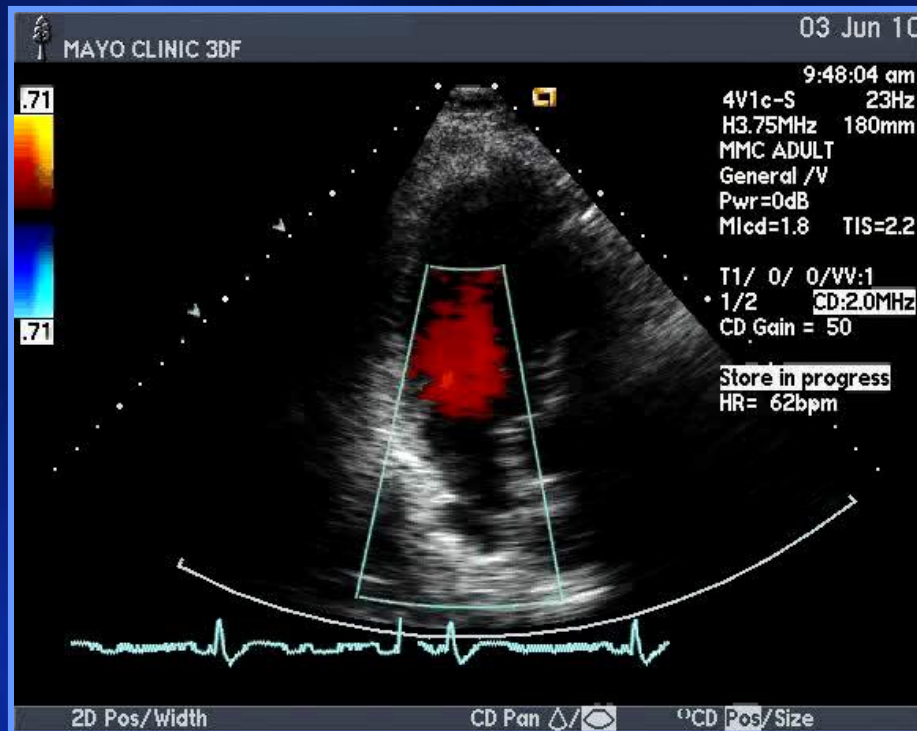
- $r = 0.9 \text{ cm}$; $r^2 = 0.81 \text{ cm}^2$; $\text{ERO} = 0.4 \text{ cm}^2$

- $r = 1.0 \text{ cm}$; $r^2 = 1.0 \text{ cm}^2$; $\text{ERO} = 0.5 \text{ cm}^2$

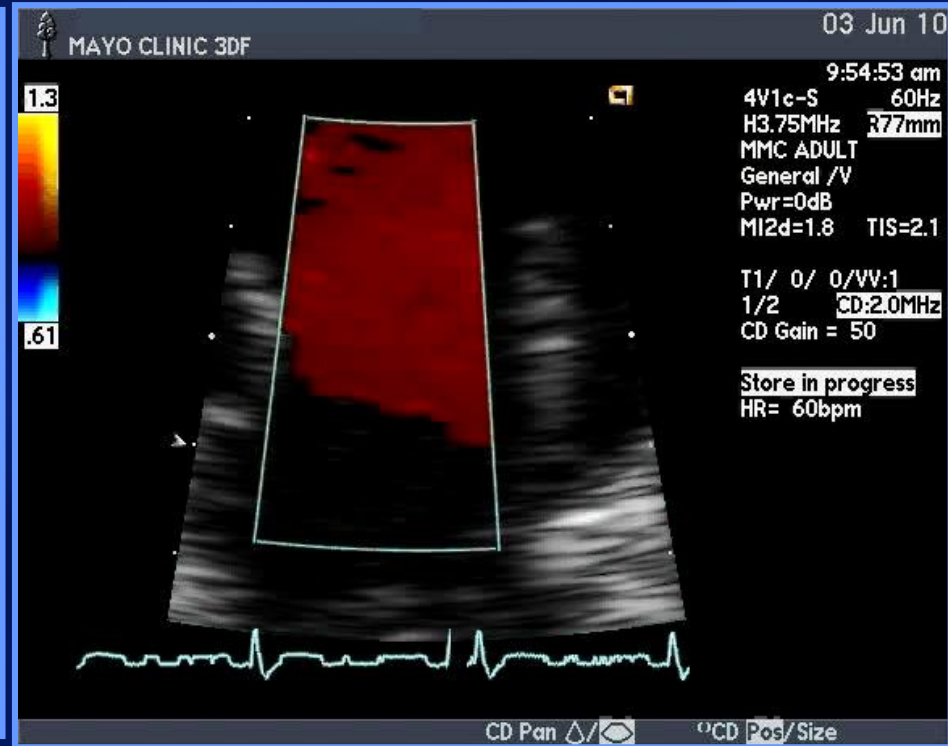
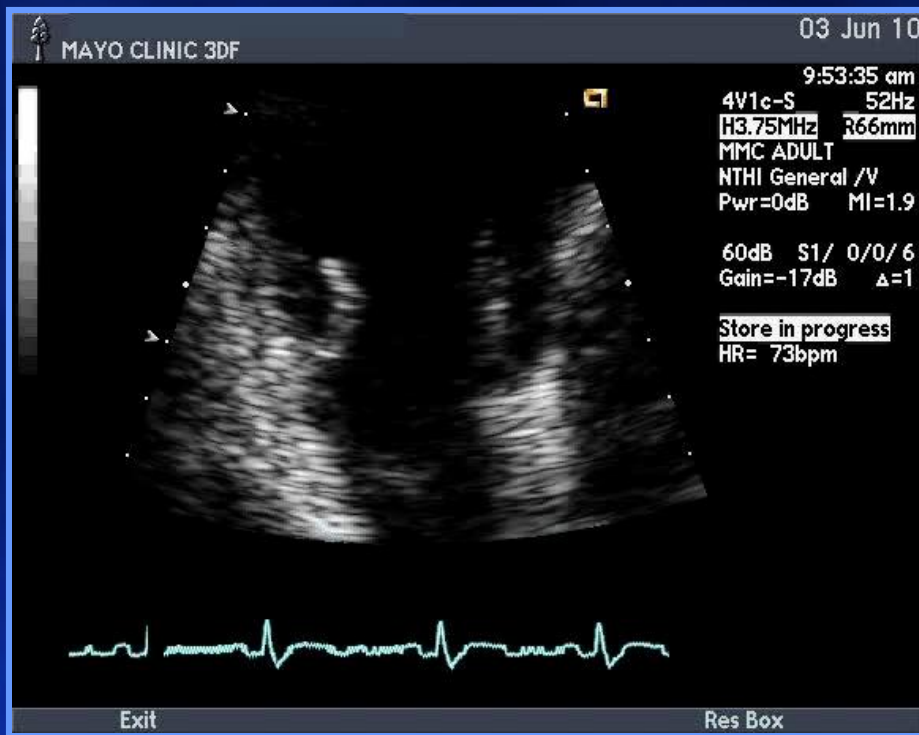
48 y/o Housewife: Heart murmur, dyspnea



Apical Color Views: Mayo Clinic Format (ASE Type B Format)



Mayo Clinic Format (ASE Type B Format)



PISA R = 0.5 cm; Aliasing velocity 61 cm/sec



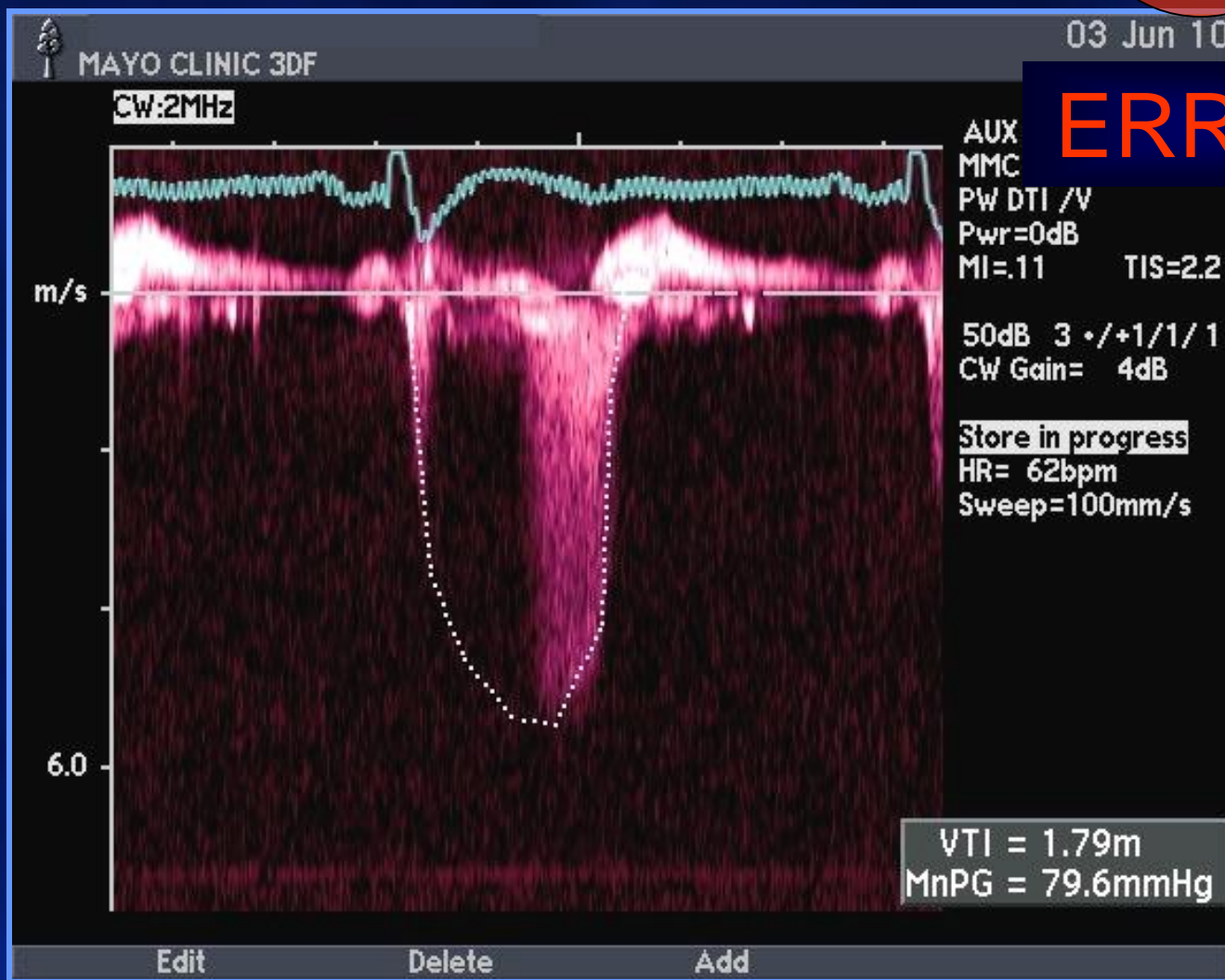
Step 1: Calculate proximal MR flow



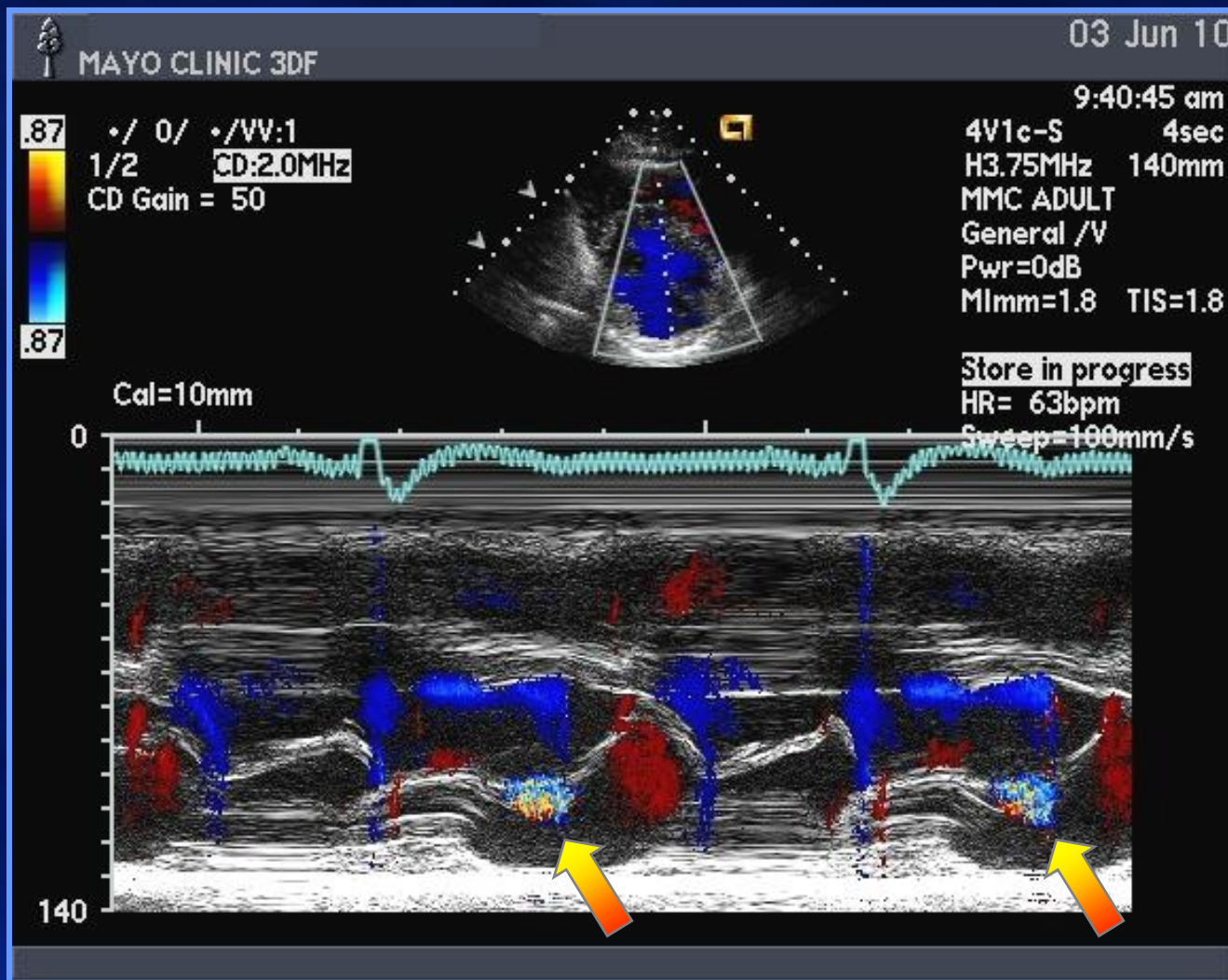
$$\begin{aligned}\text{Flow}_{\text{MR}} &= \text{Area}_{\text{PISA}} \times \text{Velocity}_{\text{Alias}} \\ &= 2\pi \times R^2 \times V_{\text{Alias}} \\ &= 6.28 \times (0.5\text{cm})^2 \times 61 \text{ cm/sec}\end{aligned}$$

$$\text{Flow}_{\text{MR}} = 96 \text{ cm}^3/\text{sec}$$

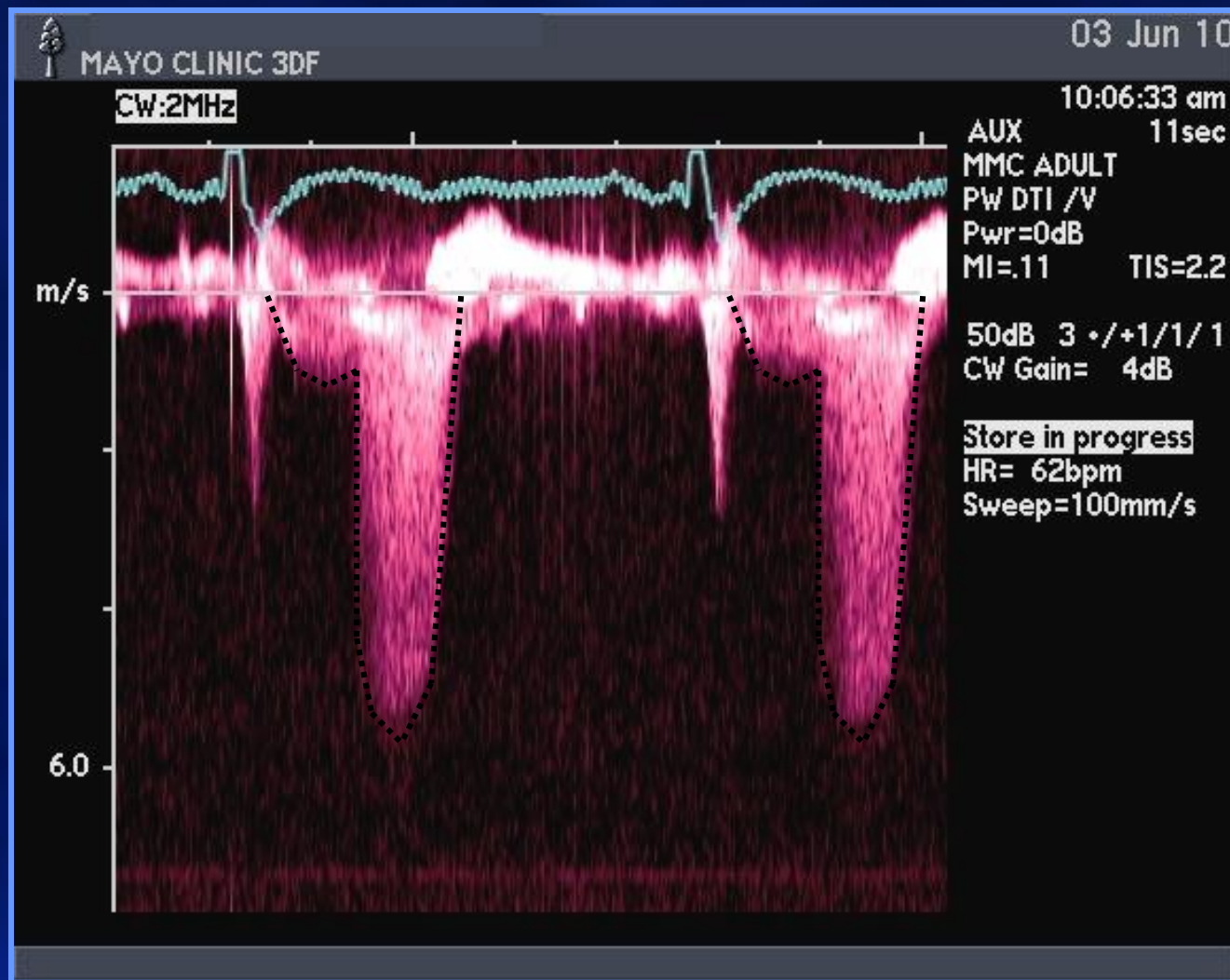
MR Peak Velocity 570 cm/sec; TVI = 179 cm



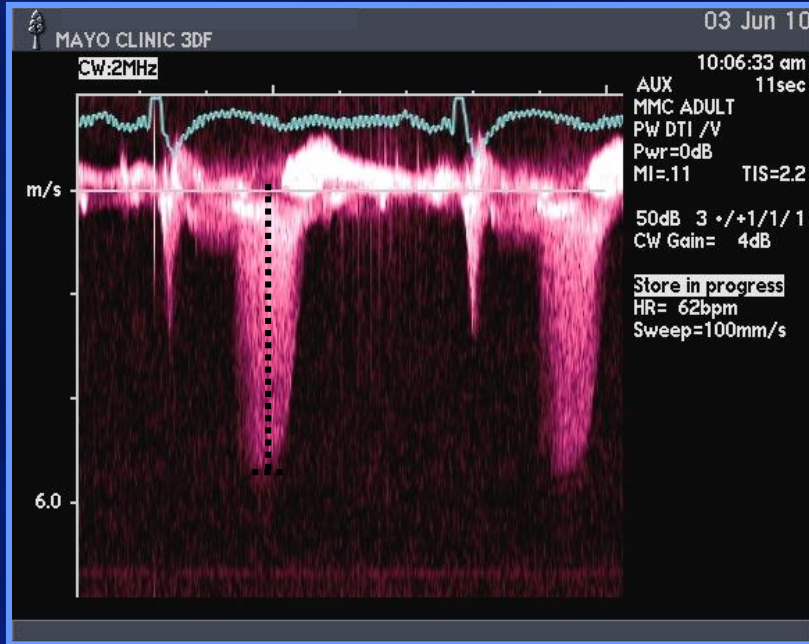
Color M-Mode: MVP and MR



MR Peak Velocity 570 cm/sec; TVI = 127 cm



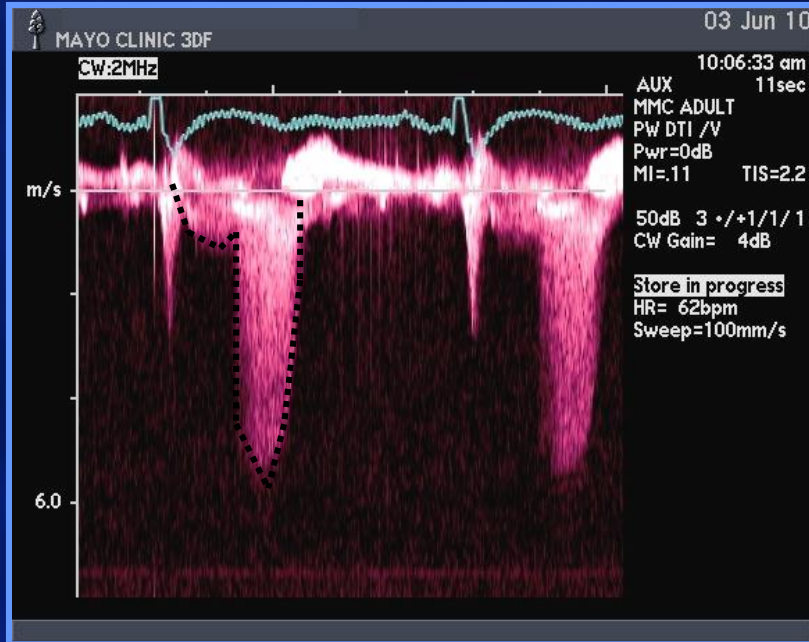
Step 2: Calculate the mitral ERO



Velocity_{MR} = 570 cm/sec

$$\begin{aligned} \text{ERO} &= \frac{\text{Flow}_{\text{MR}}}{\text{Velocity}_{\text{MR}}} \\ &= \frac{96 \text{ cm}^3/\text{sec}}{570 \text{ cm/sec}} \\ &= 0.17 \text{ cm}^2 \end{aligned}$$

Step 3: Calculate MR volume



$$TVI_{MR} = 127 \text{ cm}$$

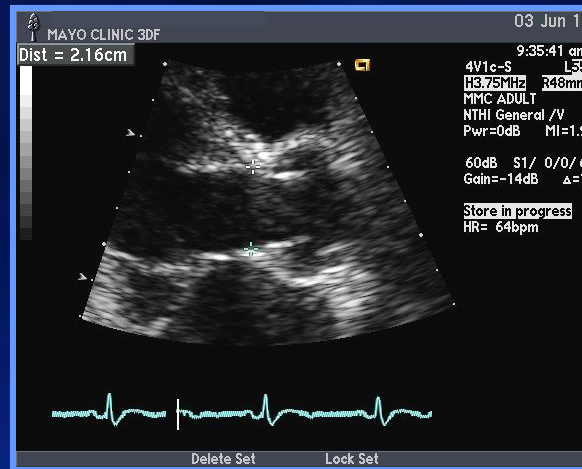
$$\text{Volume}_{MR}$$

$$= \text{ERO} \times TVI_{MR}$$

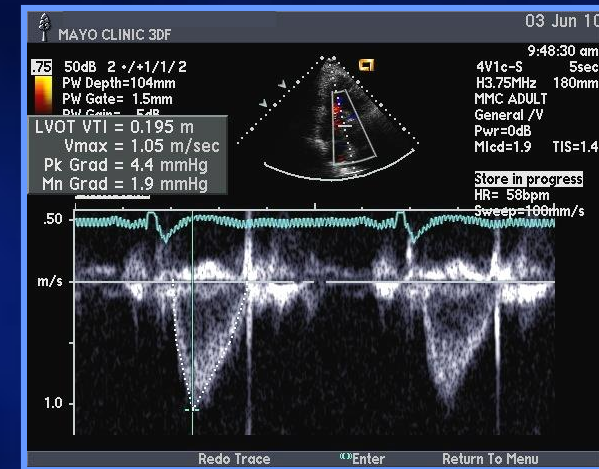
$$= 0.17 \text{ cm}^2 \times 127 \text{ cm}$$

$$= 22 \text{ cm}^3$$

Step 1: Calculate LVOT Stroke Volume



LVOT Diameter = 2.2 cm

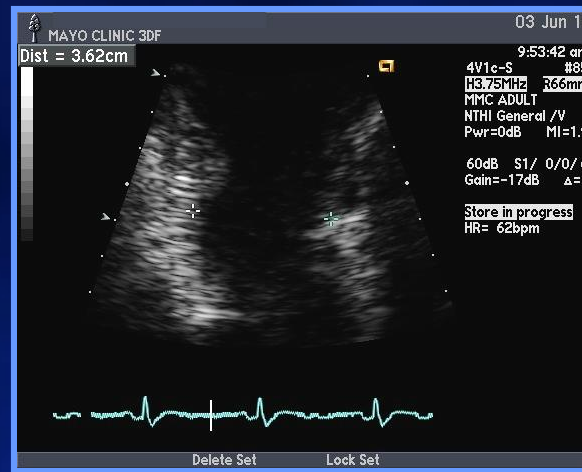


LVOT TVI = 20 cm

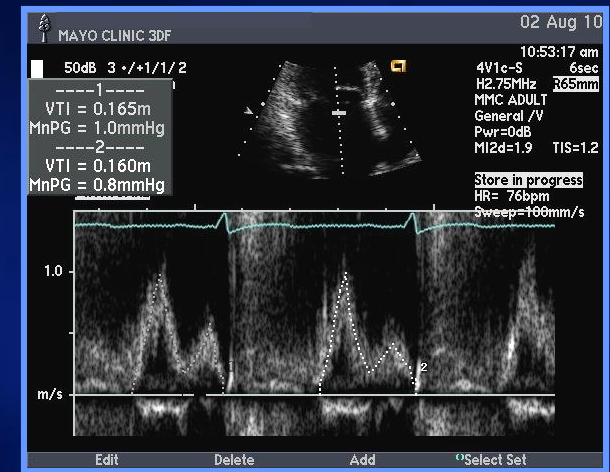
LVOT
Stroke
Volume

$$= 0.785 (2.2 \text{ cm})^2 \times 20 \text{ cm}$$
$$= 76 \text{ cm}^3$$

Step 2: Calculate MV Stroke Volume



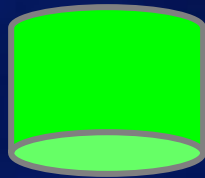
MV Annulus = 3.6 cm



MV Annulus TVI = 10 cm

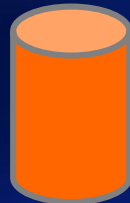
$$\begin{aligned} \text{MV Stroke Volume} &= 0.785 (3.6 \text{ cm})^2 \times 10 \text{ cm} \\ &= 102 \text{ cm}^3 \end{aligned}$$

Step 3: Calculate MR Volume



MV Stroke
Volume

-



LVOT Stroke
Volume


=



MR
Volume

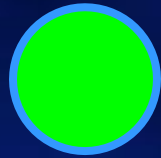
$$102 \text{ cm}^3 - 76 \text{ cm}^3 = 26 \text{ cm}^3$$

Step 4: Calculate Regurgitant Fraction (RF)

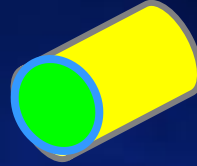
$$\text{Mitral RF} = \frac{\text{MR Volume}}{\text{MV Stroke Volume}} = \frac{26 \text{ cm}^3}{102 \text{ cm}^3} = 25\%$$


Step 5: Calculate MR ERO

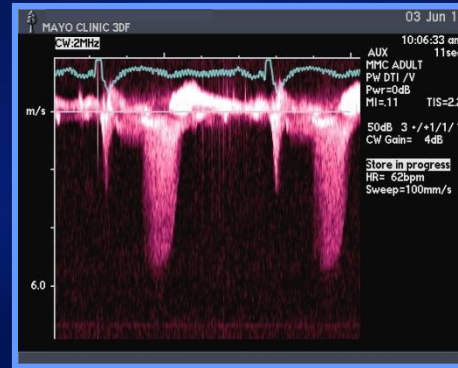
Effective Regurgitant Orifice



=



MR Volume
(26 cm³)



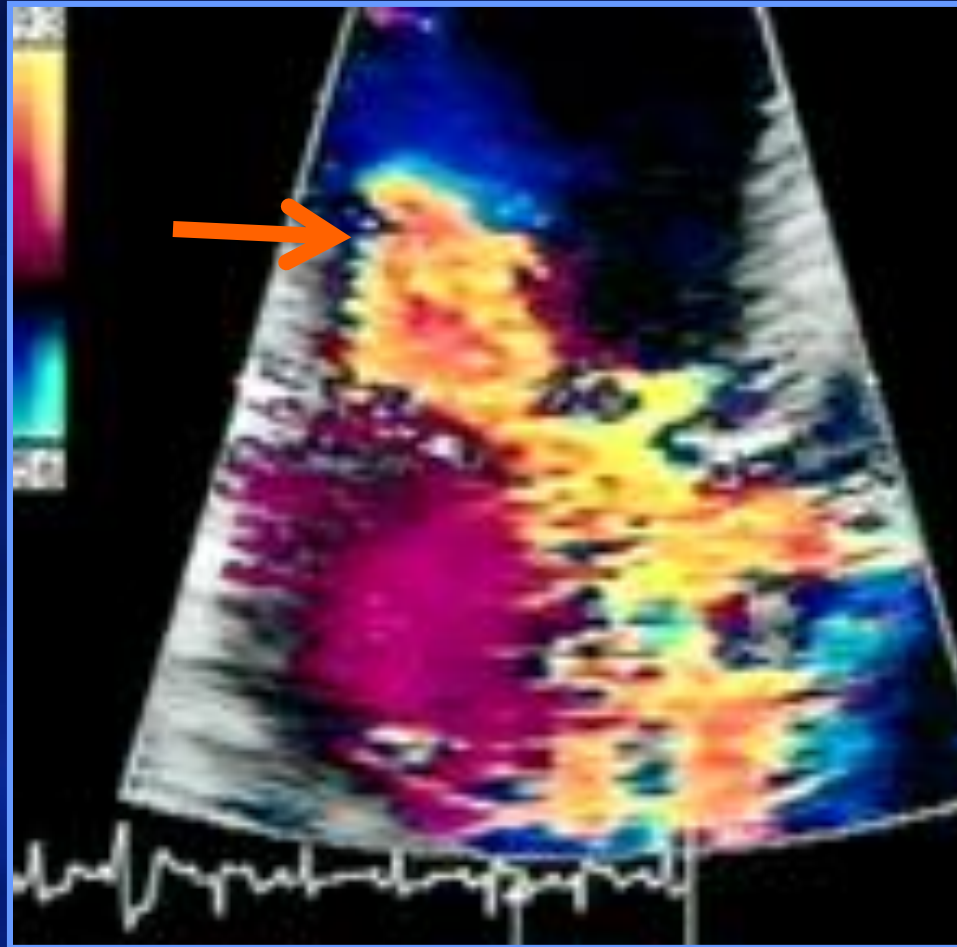
MR TVI
(127 cm)

$$\text{ERO} = \frac{26 \text{ cm}^3}{127 \text{ cm}} = 0.20 \text{ cm}^2$$

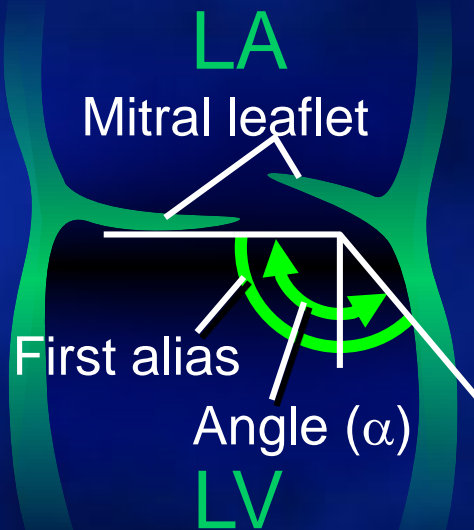
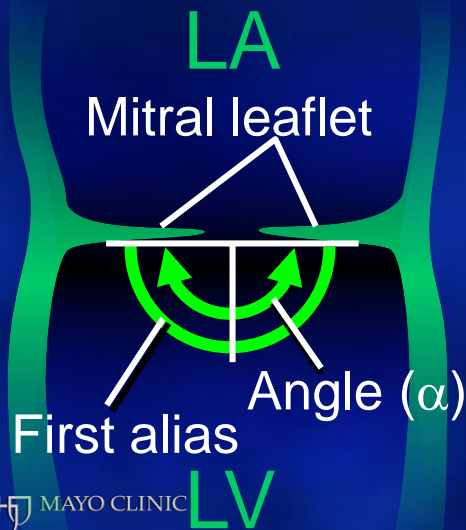
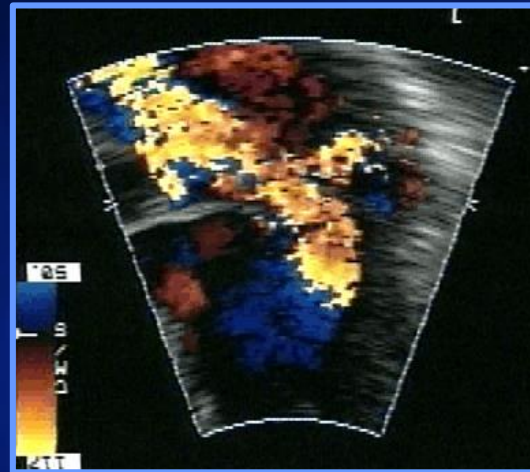
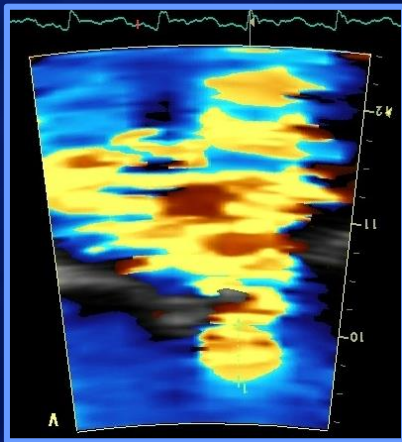
Problems with PISA

- **Sub-optimal flow convergence**
 - Non-hemispheric flow
 - Not useful in large orifices
- **Multiple MR jets**
- **Some eccentric jets may impinge on hemisphere**
- **LVOT obstruction may distort the isovelocity convergence zone**
- **PISA is dynamic during systole, timing is crucial**
- **PISA is too complicated for routine clinical use**
 - Simplified PISA
- **PISA just doesn't work**

Sub-optimal Flow Convergence



Non - Hemispheric Flow Convergence: Wall Impingement

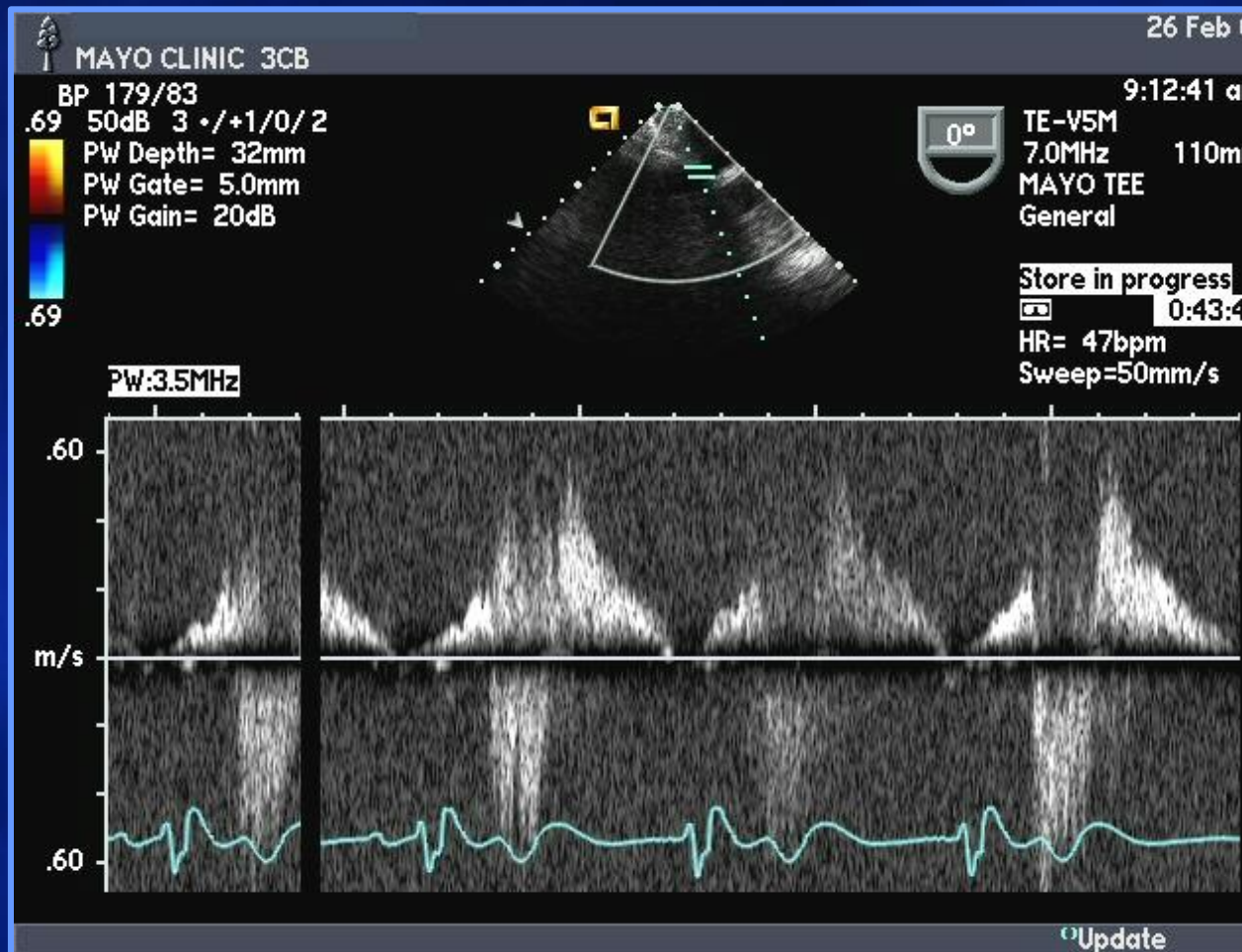


$$ERO = \frac{\pi \times r^2 \times Av}{MR V_{max}} \times \frac{\alpha}{180}$$

Severe Mitral Regurgitation

- Supportive Signs

Pulmonary Vein Systolic Reversal of Flow

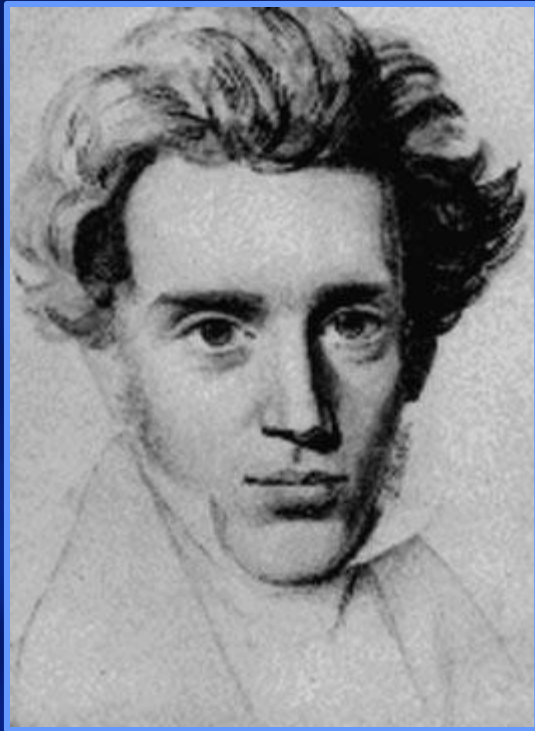


- Enlarged LA
- Enlarged LV

Final Points

- Mild, well visualized, central jet = MILD
- If suspect more than mild, analyze
- Use **all** available info, no method is perfect
- Learn to quantify
- **Responsibility to patients and colleagues to produce a report closest to the truth**

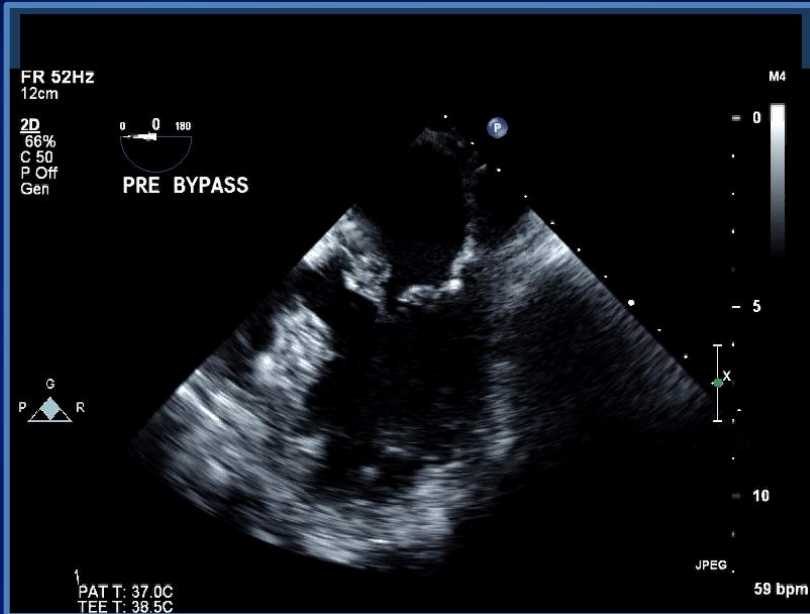
**To dare is to lose one's
footing momentarily,
not to dare
is to lose oneself**



- Soren Kierkegaard

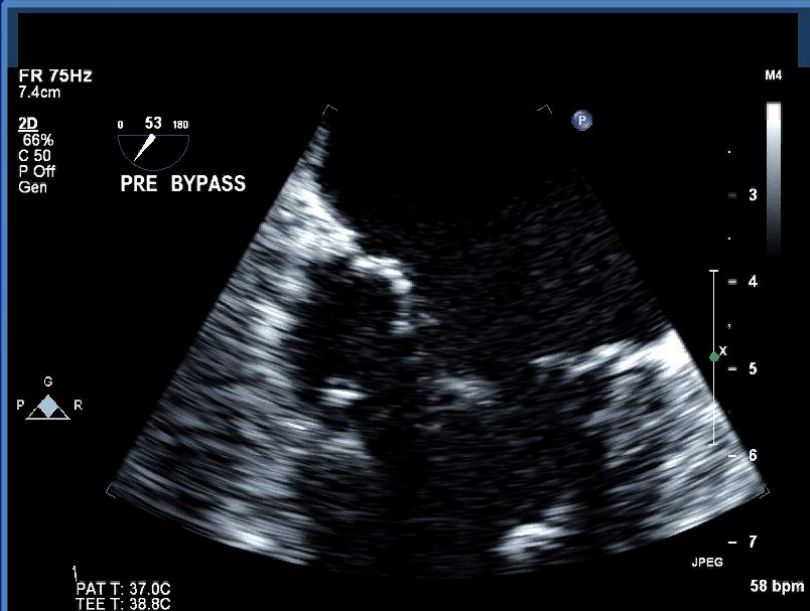
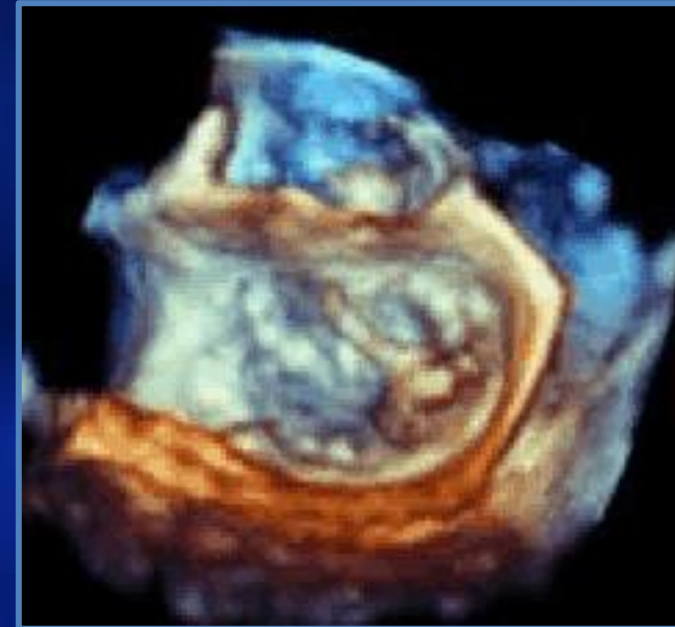
Post-Test Questions

What is the specific abnormality of the mitral valve shown on this pre-operative TEE?



← 0° View

3D TEE

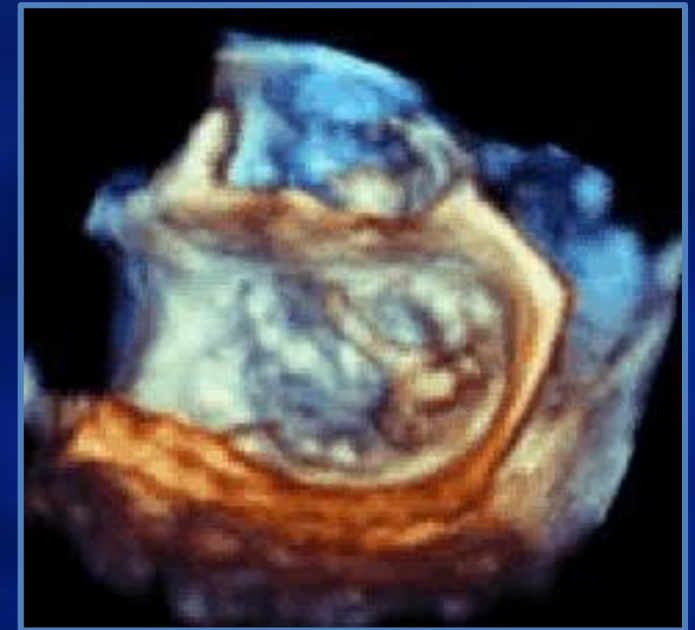


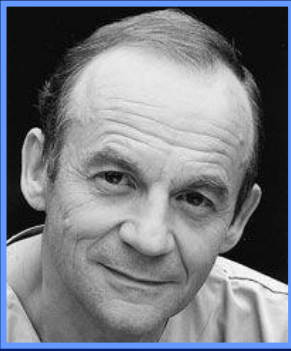
← 60° View

↑View from LA↑
“Surgeon’s View”

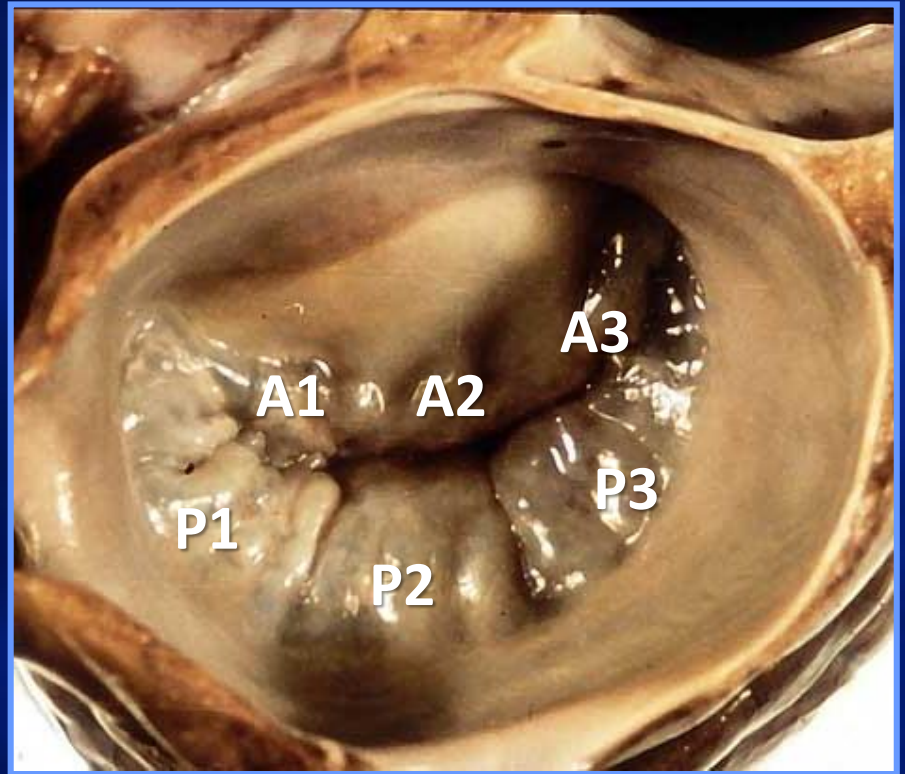
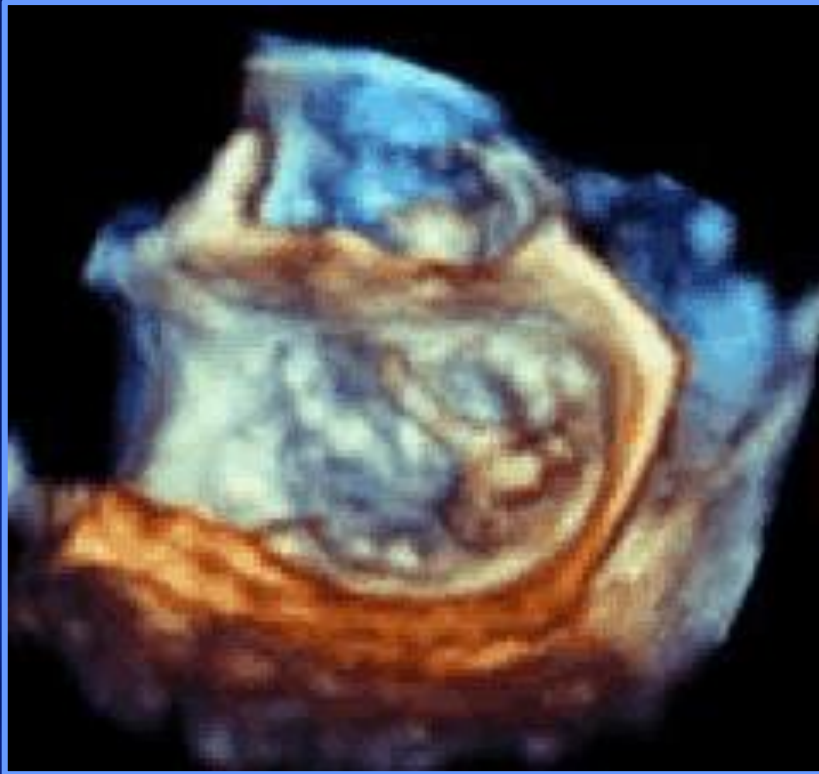
What is the specific mitral valve abnormality?

1. Flail P2
2. Flail P1
3. Flail P3
4. Barlow's Disease
5. Flail A3

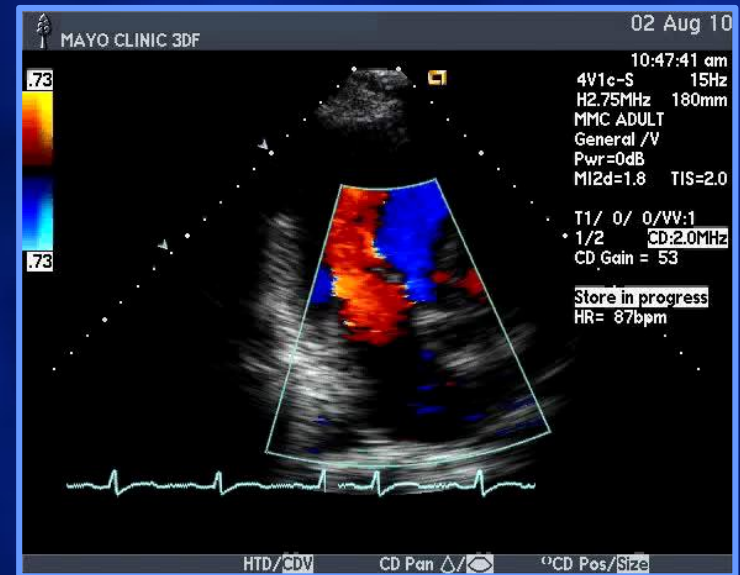
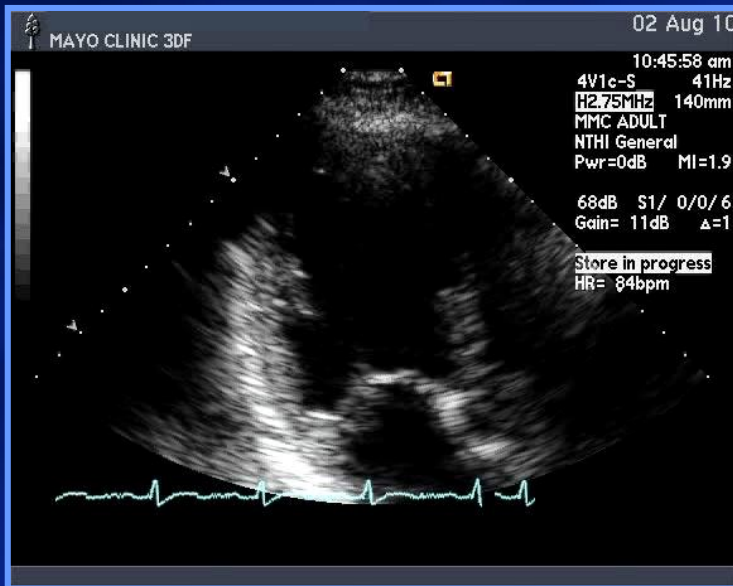
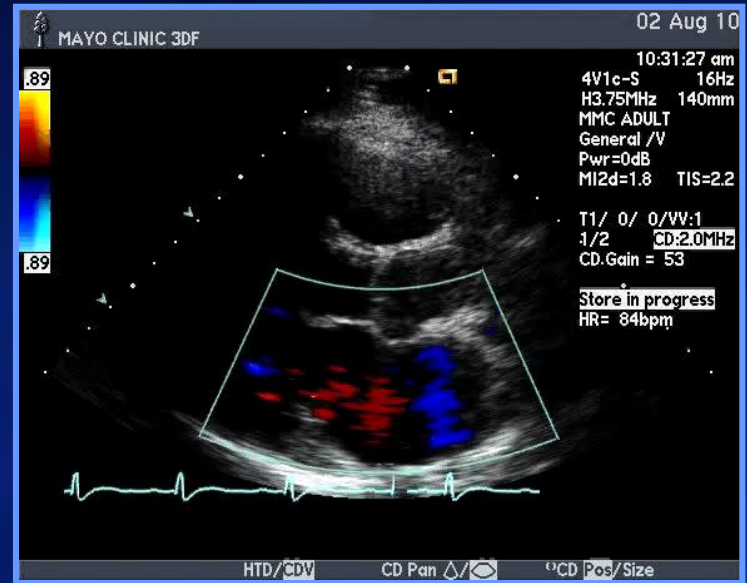
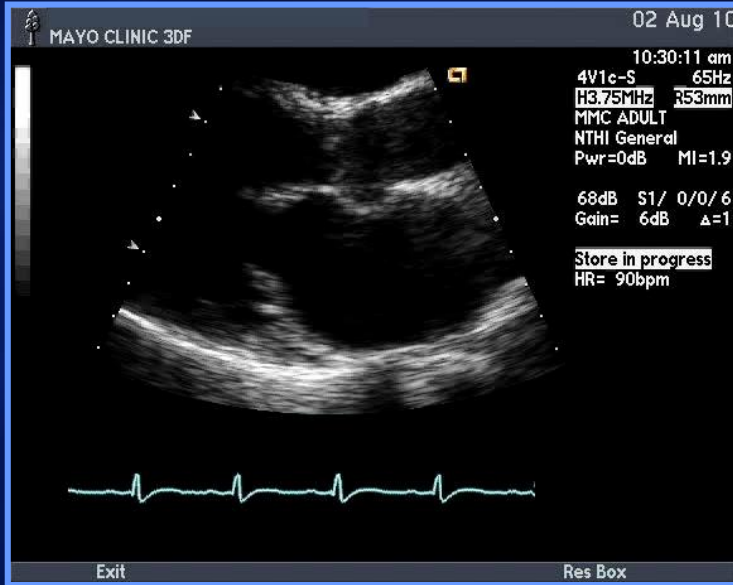


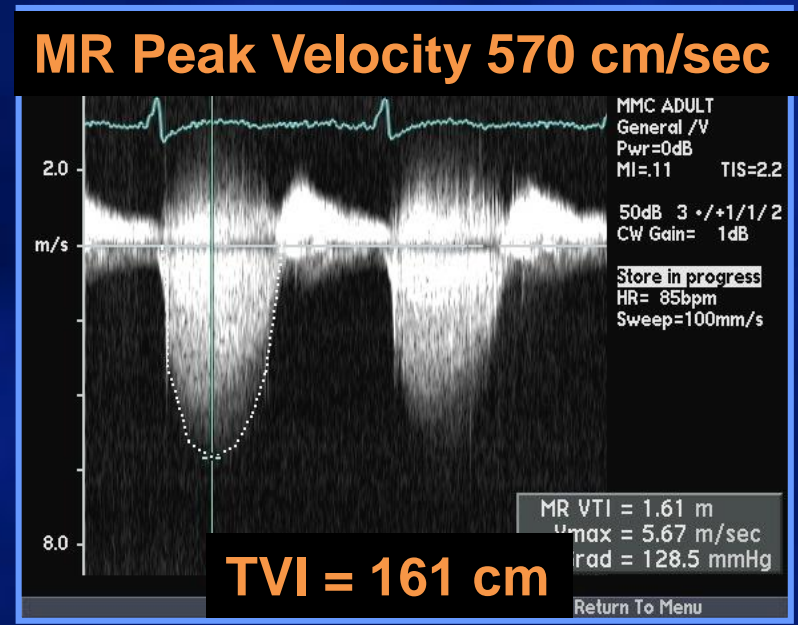
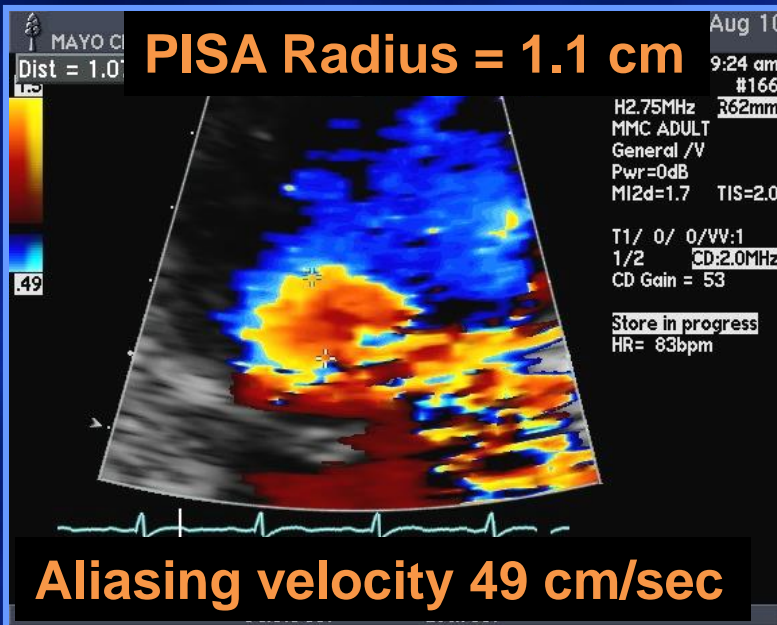
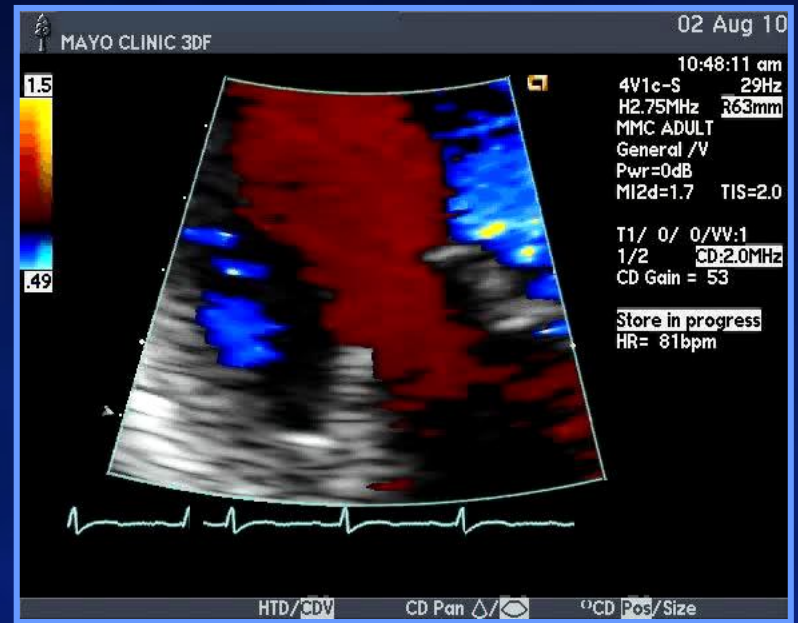
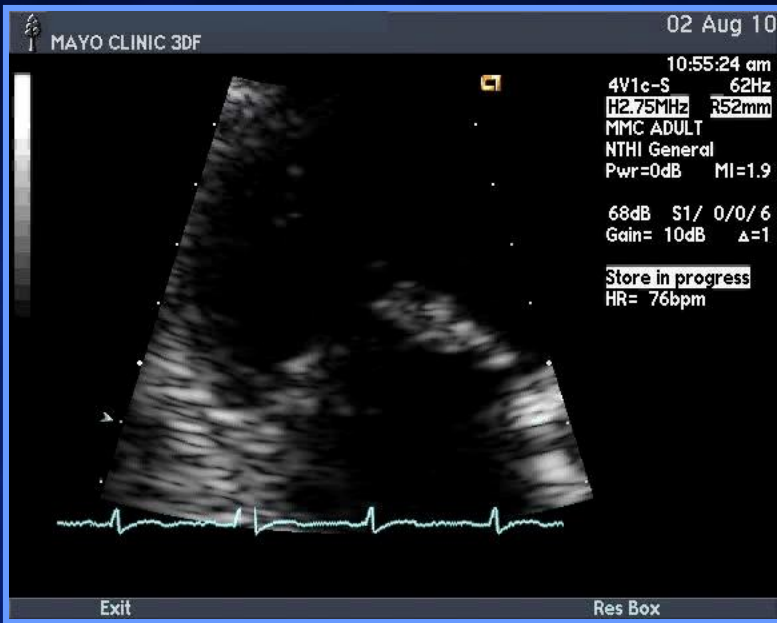


Mitral Valve Anatomy: View from the Left Atrium



41 y/o woman: Dyspnea on exertion





What is the calculated ERO?

1. 0.45 cm²
2. 0.55 cm²
3. 0.35 cm²
4. 0.65 cm²
5. 0.75 cm²

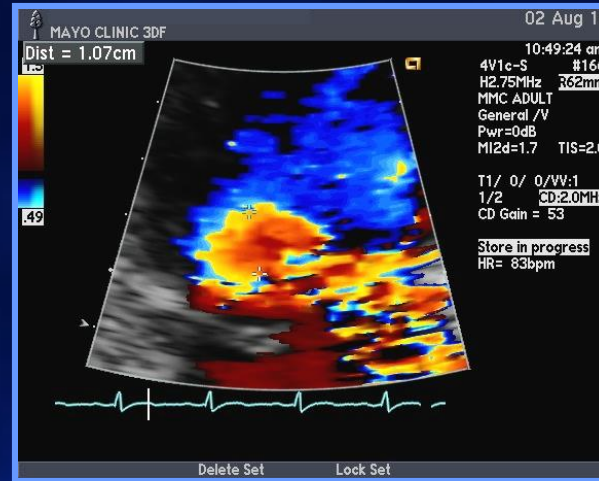
PISA Radius = 1.1 cm

Aliasing velocity 49 cm/sec

MR Peak Velocity 570 cm/sec

TVI = 161 cm

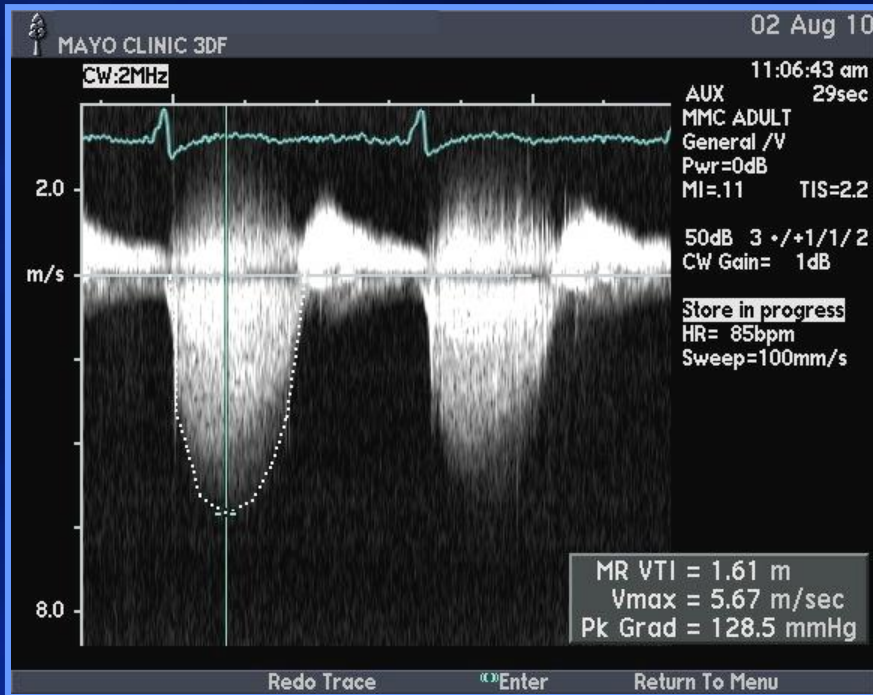
Step 1: Calculate proximal MR flow



$$\begin{aligned}\text{Flow}_{\text{MR}} &= \text{Area}_{\text{PISA}} \times \text{Velocity}_{\text{Alias}} \\ &= 2\pi \times R^2 \times V_{\text{Alias}} \\ &= 6.28 \times (1.1\text{cm})^2 \times 49 \text{ cm/sec}\end{aligned}$$

$$\text{Flow}_{\text{MR}} = 372 \text{ cm}^3/\text{sec}$$

Step 2: Calculate the mitral ERO



$$\text{ERO} = \frac{\text{Flow}_{\text{MR}}}{\text{Velocity}_{\text{MR}}}$$

$$= \frac{372 \text{ cm}^3/\text{sec}}{570 \text{ cm}/\text{sec}}$$

$$= 0.65 \text{ cm}^2$$

$$\text{Velocity}_{\text{MR}} = 570 \text{ cm}/\text{sec}$$

$$= 0.65 \text{ cm}^2$$

Thank You!

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